

BARSTOW LOG

Vol. 3, No. 15

Marine Corps Logistics Base Barstow, California

February 25, 1999

Beware of insurance dividend hoaxes

By GySgt. Frank Patterson
Public Affairs Chief

"Don't believe everything you hear or read."

That's what Sgt. Maj. William Walsh, base sergeant major, said when recently questioned about a supposed Department of Veterans Affairs (VA) insurance dividend.

An announcement — which claims that Congress recently passed a bill entitling veterans and service personnel to an insurance dividend based upon prior years of service — resurfaces and must be dispelled periodically, according to the VA.

Like all believable hoaxes, the origin of this one is couched in fact.

The VA said that in 1948 the Veteran's Administration did

pay a dividend to World War II veterans who had an insurance policy with National Life Insurance. Sometime in 1965 the dividend announcement resurfaced and was published by several newspapers. It has since been published in other well-known papers including the Navy Times. Well-meaning individuals also republished the announcement in newsletters, flyers and smaller periodicals, and the tale grew. The most recent version claims all active duty, reservists, and personnel who separated in the last few years are eligible.

The simple truth is that Serviceman's Group Life Insurance (SGLI) and Veteran's Group Life Insurance (VGLI) policies are group insurance policies that do not pay dividends.

"The VA continues to pay routine dividends on several policy series, but only to veterans who have kept their policies

in force," said Jacqueline Y. Howard, Chief, Policyholders Services Division, Department of Veterans Affairs. "There have never been any dividends, rebates or refunds due to surplus funds in the (Servicemen's Group Life Insurance) program."

The VA said they have received as many as 15-20,000 inquiries per week regarding these imaginary dividends.

Because of the volume of requests for this non-existent benefit, Congress passed a law in 1970 prohibiting payment of any special dividend declared prior to 1952 unless the application was received before 1954.

There has been no recent legislation authorizing any "special" dividends.

Call your local VA Regional Office at 1-800-827-1000 for additional assistance.

Battle Color Ceremony returns Monday



Official USMC photo

The Marine Corps Drum and Bugle Corps, designated as the "Commandant's Own," will open the Battle Color Ceremony here at Sorensen Field Monday at noon. The performance is free and open to the public. The ceremonial unit visits MCLB Barstow once a year during its annual tour of more than 400 events across the nation and abroad.

911 system costly when misused

By GySgt. Frank Patterson
Public Affairs Chief

How much does a 9-1-1 call cost? Up to \$600 when that call is made in a non-emergency situation.

There is no telling how much it could cost someone in terms of life or limb though.

A recent rash of phone calls has inhibited the ability of emergency services to respond to life-threatening situations, according to Fire Chief Bob Wyman, MCLB Fire Protection Division.

"We've been getting some calls, which, while they may seem important to the caller, are not true 9-1-1 emergencies," said Wyman. "This doesn't mean that people shouldn't use 9-1-1, but they must use it diligently; for true 9-1-1 emergencies."

A 9-1-1 emergency is any situation that threatens life or limb. Since most 9-1-1 calls are for an ambulance, there are several conditions that must apply for the call to be considered an emergency. According to Lt. Cmdr. Gregory L. Simpkins, Senior Nurse, Branch Medical Clinic here, a 9-1-1 call for an ambulance should only be placed in case of: sudden collapse, sudden onset of chest pain, major accidents, burns, severe unstopable bleeding, emergency premature childbirth (less than 32 weeks gestation), or severe difficulty in breathing.

"These are what TRICARE defines as 'emergency conditions,'" said Simpkins. "If an ambulance is dispatched by 9-1-1 to your home and one of these conditions does not exist, you will be liable for the full amount of the service. TRICARE will refuse to cover it."

"This only applies to ambulance services outside of the base though," added Simpkins.

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The Commander's Forum

The "Commander's Forum" is a tool the Base Commander uses to hear and address the concerns of base residents, employees and others. To contact the Commander's Forum, call 577-6535 or send your concerns via LAN to COMMANDER'S FORUM@HQTRS1.

Hazing incidents cause questions

Q: I was watching the news over the weekend on hazing, they are saying that the Marine Corps can't get a handle on it. You know, we're over here at the Maintenance Center trying to put a quality product out to the Marine in the field, but yet whenever I sit at home and watch the news, I've got to explain to my children and my wife why it is that there is hazing — these Marines are beating the out of each other and I don't understand why we're trying to give them a quality product to work with ... You know, it's kind of embarrassing to even say we work out here when we're trying to give those guys a quality product. I'm sure there is a lot of people that are real embarrassed to even say that the Marine Corps can't even get a handle on their own people. If you get a chance, a nice article would be interesting, if you have the time, I'd appreciate it.

A: In your call you speak about two separate issues, both of which I will address. First and foremost, is your concern about hazing in the Marine Corps. Until recently (about mid-1996) we, as an institution, did not believe we had a serious problem with hazing. Yes, it existed, however, it took a shocking video of Marines having their "jump" wings pinned on to bring attention to a tradition that dangerously and alarmingly had gotten out of hand.

The Commandant of the Marine Corps established regulations to enforce his new policies against hazing, taking effect on June 18, 1997. In this regulation he states, "Marines are our most precious asset. We will protect them through fair, scrupulous and unbiased treatment as individuals — caring for them, teaching them, leading them. It is the obligation of each member of the chain of command, from top to bottom, to ensure that this sense of fairness is constant and genuine. Every Marine will treat every other Ma-

rine with dignity and respect."

This is not always the case as we continue to see isolated instances that involve some type of hazing. The Commandant has made it very clear that ALL hazing will be dealt with swiftly and the maximum punishment will be imposed when an act of hazing is proven. It will take time for the message to "sink in" with all those non-believers that hazing will no longer be tolerated. The majority of the Marine Corps is complying with the established regulations and only the isolated incidents continue to receive all the media attention, giving the impression hazing continues to run rampant in our Corps. Rest assured that hazing is not a serious problem in the Marine Corps and commanders do have a handle on the problem.

Your second concern was why should you be working to put out a quality product to the Marine in the field. I can only comment that your work performance and the quality

of a product should not be linked to the hazing situations you read about or view on television. All Marines and Civilian Marines on base should take pride in the fact that they are recognized throughout the Marine Corps for producing a quality product. That equipment is destined for any Marine that may be forward deployed in a combat zone, whose life depends on the quality of gear you are providing them. Their only hope of returning is the trust they put in you to provide them with the best equipment so they can perform their job of defending and protecting. Do not let isolated incidents tarnish the fact that you provide a valued service to the best military organization in the world. Your continued pride in your work and pride that you support Marines that are willing to give the ultimate sacrifice to God, Country and Corps should be the only inspiration required to tell your family and friends that you are proud of what you do.

A highway traveller says thank you

On Jan. 9, my husband and I were traveling with some friends to Las Vegas. At Barstow, we pulled off the freeway to get gas. When entering the station, my friend turned her car too sharply, ran over the pavement and split a tire. To get the spare, we had to remove all the luggage from the trunk which we placed on the sidewalk by the gas station. She then took the car across the street to have the tire replaced. My husband (retired Air Force) and I waited with the luggage on the sidewalk at the gas station for approximately one-and-a-half hours. During that time there was a constant flow of traffic coming into the station. Three people asked if they could help us. All were Marines. One was especially thoughtful. There was a young lady

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The funny thing about anger

By Lt. Michael Michener
Base Chaplain



Warning! The following article may be a bit graphic and will portray the chaplain in a very ugly picture. If you have visions of the chaplain as being infallible, you may want to skip this article and read something else. On the other hand, if reality is helpful to you, please read on.

It had been quite awhile since I "dated" my wife. The kids were in school and I had the day off so I took her to a restaurant for coffee and conversation. I was really looking forward to our time together. We had just sat down and my pager went off -- one of the hazards of being on call everyday. The num-

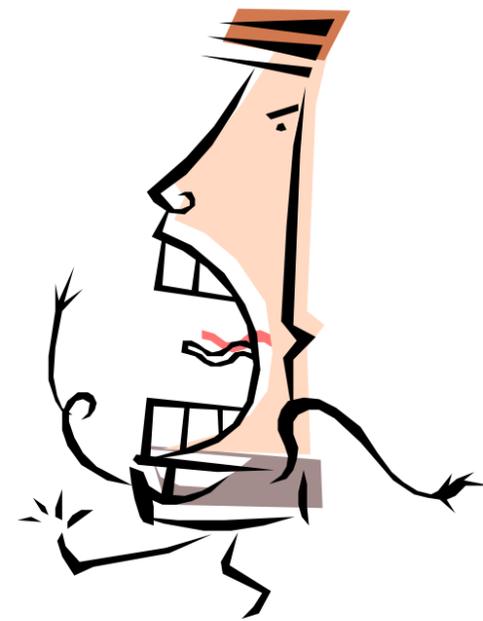
ber was unfamiliar. I tried to call the number on the pager but it kept ringing busy. I was starting to get frustrated. I called several other places that often are involved when I get paged. Each line was busy. I started to worry. "Something must be up since all these numbers are busy," I thought. I tried one last time to call the original number. Still busy. I went back to where my wife was sitting alone and said, "We have to go back." So much for our date. I was very disappointed and even angry that I had to be kept on such a short leash. "I hate that pager," I said to Jennifer.

Back at the base I stopped at the battalion. The first sergeant and the CO were gone. It was lunch time. I kept trying to call the number that was on my pager. Still busy. I was frustrated that someone would page me and then tie up the phone so I could not respond.

There are two phrases that I picked up somewhere that pretty much describe my state of mind. The first, "that makes me madder than a wet hen!" and the second, "that melts my wax!" I was thinking both. I called once more. Finally, I got through. Fortunately, it was not an emergency. Unfortunately, I blew. I was curt with the person on the phone and after I hung up I yelled, "that IDIOT!" Everyone around me was thinking, "He must be talking about himself to behave like that." Yes, the chaplain is human and blows it occasionally.

That incident reminded me of a passage in Proverbs that I should have considered as soon as the pager went off. *"A fool gives full vent to his anger, but a wise man keeps himself under control."* (Prov. 29:11) I was clearly the fool.

Anger is one of those funny things that often reveals so much about those who display it. Many believe that anger is a sin. Yet scripture does not bear that out. In fact, in Ephesians 4:26 the Bible says, *"In your anger do not sin."* It is acknowledged as an emotion but the emotion itself is not the sin. It is what we do with that emotion that often leads to



sin. Anger is a God given emotion that should be used as a tool. It should function as sort of a barometer of self esteem. If I allow others to make me angry, then I am depending on them for self worth or fulfillment. When that happens, I have misplaced affections. My fulfillment and self worth should not be based on what others do or think. It is even inappropriate for me to look for fulfillment in my

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Chapel hours

Protestant Sun. 8:30 a.m.
Cath. Mass Sun 10:30 a.m.

Confession services before Mass

Yermo Bible Study

Tue. & Thu. 11 - 11:30 a.m.
At the Colonel's Workshop
For more info, call Chris Moya
at 577-7268.

BARSTOW LOG

Marine Corps Logistics Base Barstow, California
Colonel Mark A. Costa, Commanding Officer

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For information on advertising in BARSTOW LOG, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (805) 945-5634.

News Briefs

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact, a phone number, and be received by noon, Friday for the next issue. Submit news briefs via LAN to PAO@PSD.

Marine of the Quarter

The Marine of the first quarter, 1999 will be determined at a board March 19. Open to all sergeants and below, Marines are evaluated on their appearance, bearing, military knowledge and military record. Marines who are interested should contact their platoon sergeant.

Edwards AFB job fair

The Oasis Community Center at Edwards Air Force Base will host a job fair March 31, free of charge to all active, reserve and retired military, spouses, federal employees and contract employees. Representatives from industries such as education, the railroad, law enforcement and others will attend. No reservations necessary. Just bring your resume and dress for success. For more info, call the Career Resource Center at 577-6265 or the Edwards Transition Assistance Office at (661) 277-0723.

Leave donors needed

Joaquin Santos, an employee of the Storage and Maintenance Branch, Fleet Support Center, continues to be affected by a medical emergency. Anyone desiring to donate leave under the Leave Sharing Program may obtain a Leave Do-

nor Application through their Administrative Officer.

For more info, contact Lorinda Meinicke at 577-7774.

Family Services Center relocates

The Family Services Center has completed its move to Building 129 and is once again fully operational. For assistance, call 577-6533.

Military spouses tour

The next military spouses' tour, sponsored by the Barstow Area Chamber of Commerce, will be held Tuesday through Thursday. The event is free and open to all military spouses from MCLB and Fort Irwin. The first two days are on Fort Irwin, and the last day features a tour of Barstow, including a trip to the Veterans Home, shopping at the outlet malls, free lunch at the Idle Spurs Steak House and a visit to Calico Ghost Town. For more info, call Peggy Teal at the Fort Irwin Outreach Center at 256-1735.

Wild West Night

The Fleet Support Center is sponsoring the 4th Annual Wild West Night March 27 at 6 p.m. at the Oasis Club.

Festivities will begin with a social hour followed by dinner from 7 to 8 p.m. The menu will include Baron of Beef, chili beans, coleslaw, corn-on-the-cob, apple cobbler and more. This year's event will feature live entertainment by Bob Fogel.

Tickets purchased prior to March 19 are \$8.95. Door admission at the door is \$10.95. The event is open to all military and civilian personnel and their guests. For more info, or to purchase tickets contact Danielle, Pat or Virginia at 577-7613.

Safety shoes

Safety shoes will be available for purchase Wednesday from 7 to 11 a.m. in Yermo at the parking lot in front of Building 573 and in Nebo across from Building 236 from noon to 2 p.m.

ASMC luncheon

The American Society of Military Comptrollers is sponsoring a luncheon at the Oasis Club March 4 at 11 a.m.

The featured speaker, Calvin F. Boles IV, will speak on the topic of "New Tax Changes for 1999, schedules C, G and individual taxes."

Boles is the base general counsel and serves as a consultant for a local CPA firm.

Lunch will be Teriyaki chicken and rice. The cost is \$5.00. For reservations contact Sophia Cisneros at 577-6104, or email her at cisneros@psd.

TRICARE coverage at new duty stations

Active duty personnel and fam-

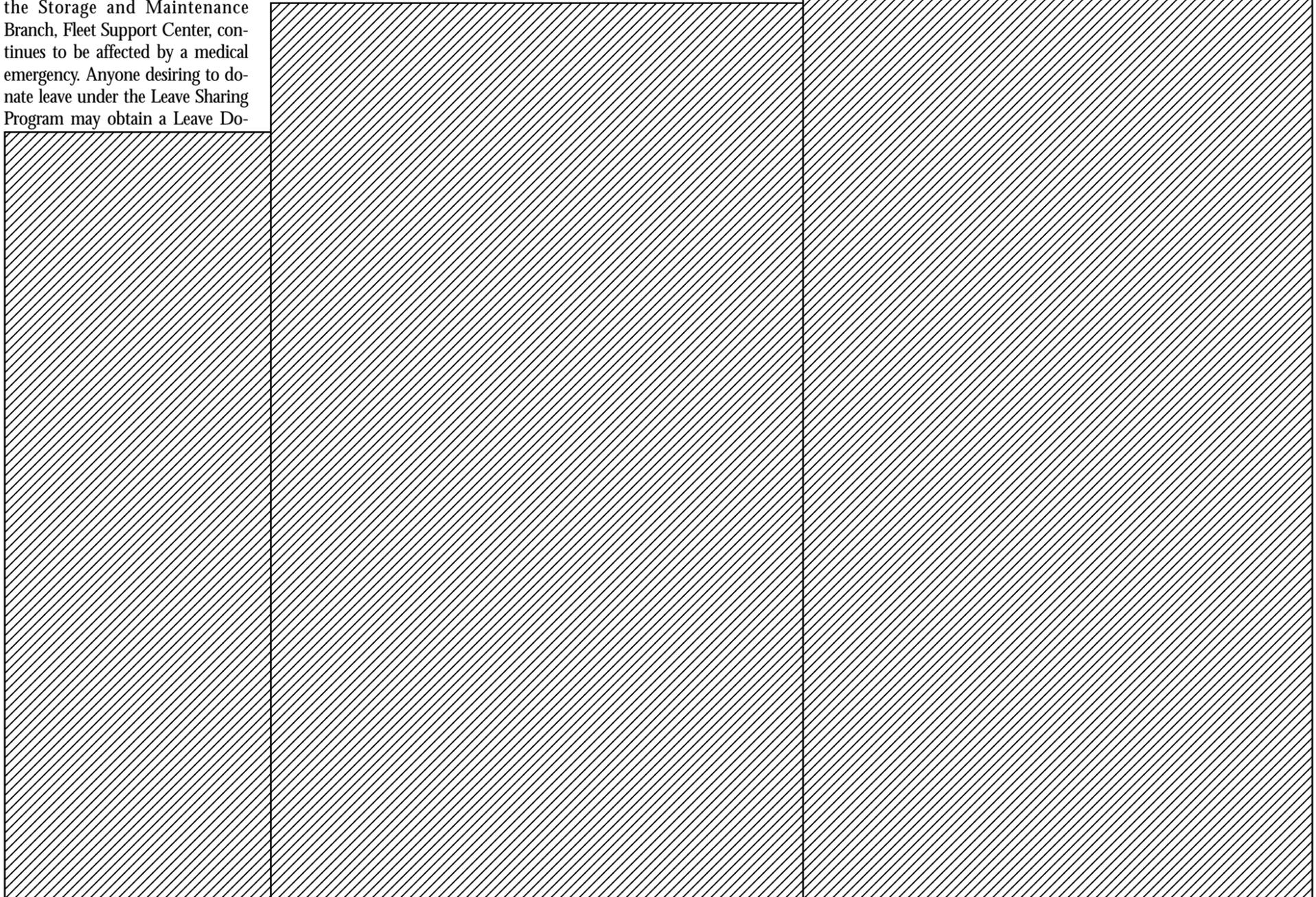
ily members making PCS moves may get information about medical care available at their new duty stations. Details, such as info about providers and answers to common questions, are available on the Internet at www.TRICARE.osd.mil.

Browsers can view provider directories, review commonly asked questions and answers, send E-mail questions, obtain forms to select a new provider and provide a new home address for DEERS.

For more info, call the TRICARE where your next duty station is located:

Region 1: NE states and Washington D.C. 1-888-999-5195.

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911 from Page 1

"But," he warned, "because of the way the 9-1-1 system operates, you can't always be sure that the fire department will respond — especially if they are at another call."

"The 9-1-1 system works like this," he explained. "When a person calls 9-1-1, the call is routed to the dispatcher at the Provost Marshal's Office. The dispatcher then routes the call to the fire department who is the ambulance service provider."

"Sometimes there is a few-second delay while the call gets routed to the proper area," noted 2ndLt. Daniel J. Morfitt, deputy, Provost Marshal's Office. "That is just the nature of the beast — it is how the system works. We can't do a thing about it."

"If the fire department is unable to respond, for whatever reason, the call is relayed to a local ambulance service provider who dispatches a vehicle based on the needs of the patient," continued Simpkins. "A basic support unit may cost up to \$300 not including travel costs. TRICARE will cover the cost of the ambulance (minus the co-pay) if the situation is a true emergency. If not, then the person will have to pick up the tab themselves."

"Those expenses can run upwards of a \$1000 if a cardiac unit is dispatched."

"Something else that must be

understood," added Simpkins, "is that once the call is made it is too late to stop the vehicle. Even if the person calls back and says 'never mind' they will still be charged for the trip because when a crew is out on a run they are out of service for other calls."

Simpkins suggested a few things that may be done before calling 9-1-1.

"The first thing a person should consider is whether the victim may be transported," said Simpkins. "If so, then they should be driven here to the clinic during work hours or to the Barstow Community Hospital or to Fort Irwin Community Hospital if after hours or on weekends."

Editor's Note: The caller should contact their primary care provider before calling a non-military hospital.

"Another option is to call the Health Care Information Line at 1-800-611-2883. It provides an audio library of health topics, or the caller

can talk to a registered nurse who can answer basic questions."

Simpkins added that the third option is for the person to look up the information they need.

"The 'Take Care of Yourself' (Sixth Edition) is out now, and we have lots of copies here at the clinic," said Simpkins. "Everyone should keep a copy of this book in his or her home. It addresses symptoms, and basic injury treatments as well as simple self-care items that have proven very effective."

Simpkins stressed that a person should not be afraid to call 9-1-1 if there is a life- or limb-threatening situation though.

"We've established a simple guideline that will let a person know if a 9-1-1 call is in order," said Simpkins. "But we want them to understand that 9-1-1 is not a trivial thing. If a real emergency comes up while the paramedics are out on a non-emergency call it could end up costing someone their life."

Navy and Marine Corps Relief Society
has layettes for expecting Navy and Marine families! Make an appointment today! Call Christy Latour at 577-6627.

9-1-1 Calls:

Emergency

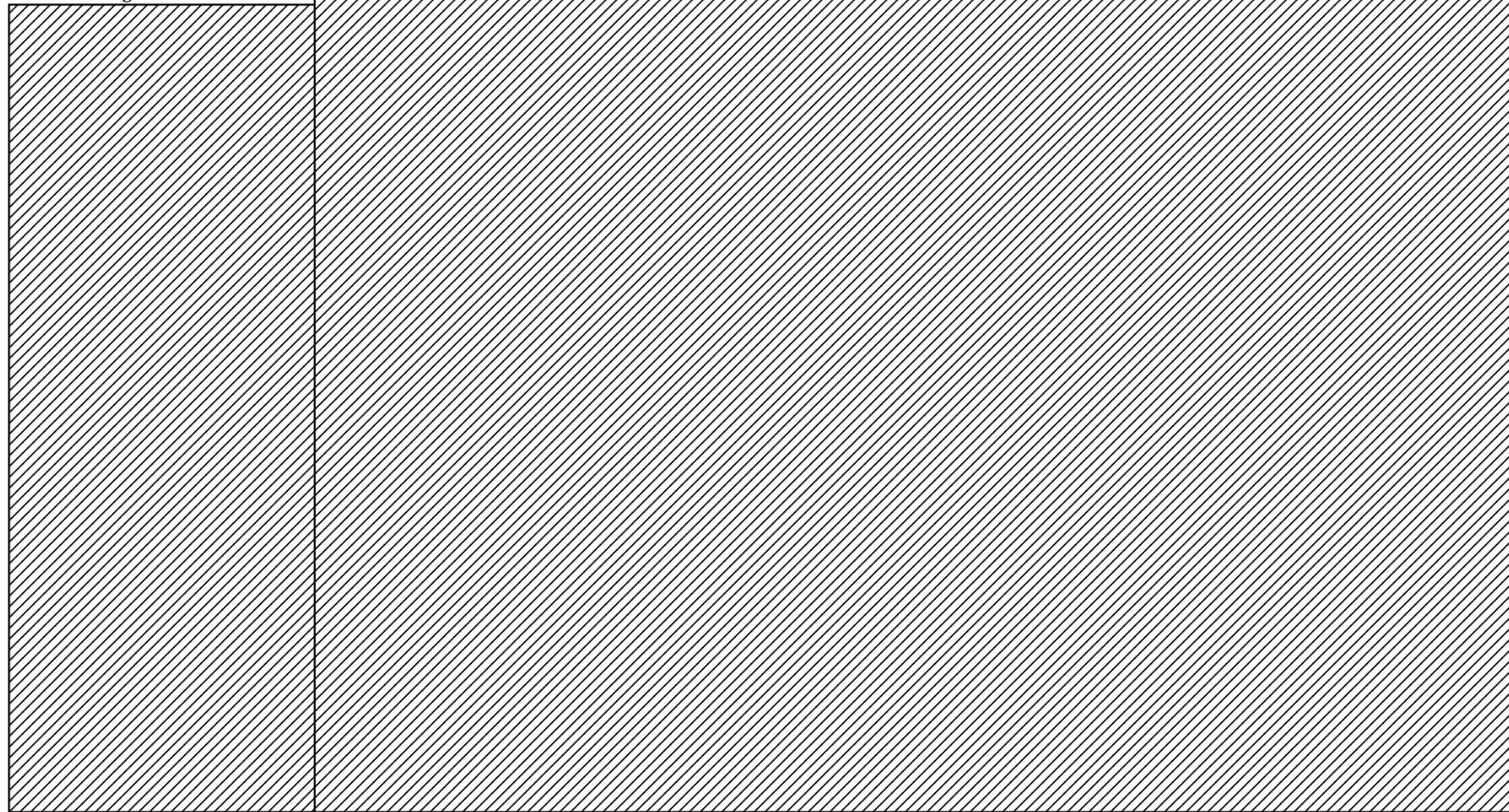
- Sudden collapse
- Sudden onset of chest pain
- Major accidents
- Burns
- Severe bleeding
- Emergency childbirth
- Severe difficulty breathing

Non-9-1-1 Calls:

Non-emergency

During Work Hours (7 a.m. to 4 p.m.):
Branch Medical Clinic: 577-6491

After Work Hours and Weekends:
(Call the Health Care Provider first: 1-800-611-2883)
Barstow Community Hospital: 256-1761
Fort Irwin Community Hospital: 380-3114
Health Care Info Line: 1-800-611-2883



MWR Update ...

By James H. Gaines
MWR Publicity

Shop at your Marine Corps Exchange

Selected gift ware on sale at 40% off. Select from Lenox and Waterford. Marine Corps logo glassware is priced at 30 percent off regular price. Shop early for the best selection.

The Base Exchange is open Mon. through Sat. 9 a.m. to 6 p.m. and Sun. 10 a.m. to 6 p.m. For more info please call 256-8974.

Family Restaurant & Cactus Cafe weekly lunch menu Feb. 25 through Mar. 3.

- Today* - Meatloaf.
- Fri. Feb. 26* - Hoki fish and trout.
- Mon. Mar. 1* - Steak & potato wedges
- Tue. Mar. 2* - Lasagna.
- Wed. Mar. 3* - Yaki Soba. Cactus Cafe closed today.

Family Night Dinner Menu at Family Restaurant

- Tonight*. Prime Rib \$5.50 oz.
- Thu. Mar. 4*: All you can eat: Beef ribs, baked beans, potato wedges and corn on the cob.

Specials at Tees & Trees

Seniors and Ladies Specials every Wed. Play 18 holes of golf for only five dollars. Does not include green fees or cart rental. Tees & Trees Golf Course is open Mon. 11 a.m. to 4:30. Tue. to Sun. 7 a.m. to 4:30 p.m. For more info call 577-6431.

Bowling Center Special

Half price bowling with \$5.50

shoe rental throughout Feb. for everyone. March specials are \$.50 per game & \$.50 shoe rental for children 16 years and under.

Bumper bowling lane available for children. \$1 per game for adults with \$.50 shoe rental.

The Bowling Center has cold drinks and snacks for your enjoyment, and a free pool table for

your use.

The Bowling Center is open Wed. through Fri. 11 a.m. to 7 p.m., Sat. & Sun. 10 a.m. to 6 p.m. Call 577-6264 for more info on these specials or about the bowling leagues.

Movie nights start at NCO/Enlisted Club

Starting March 1, Tuesday night is "Movie Nights" at the NCO/Enlisted Club. Country Western Night, which was a Tue. night fea-

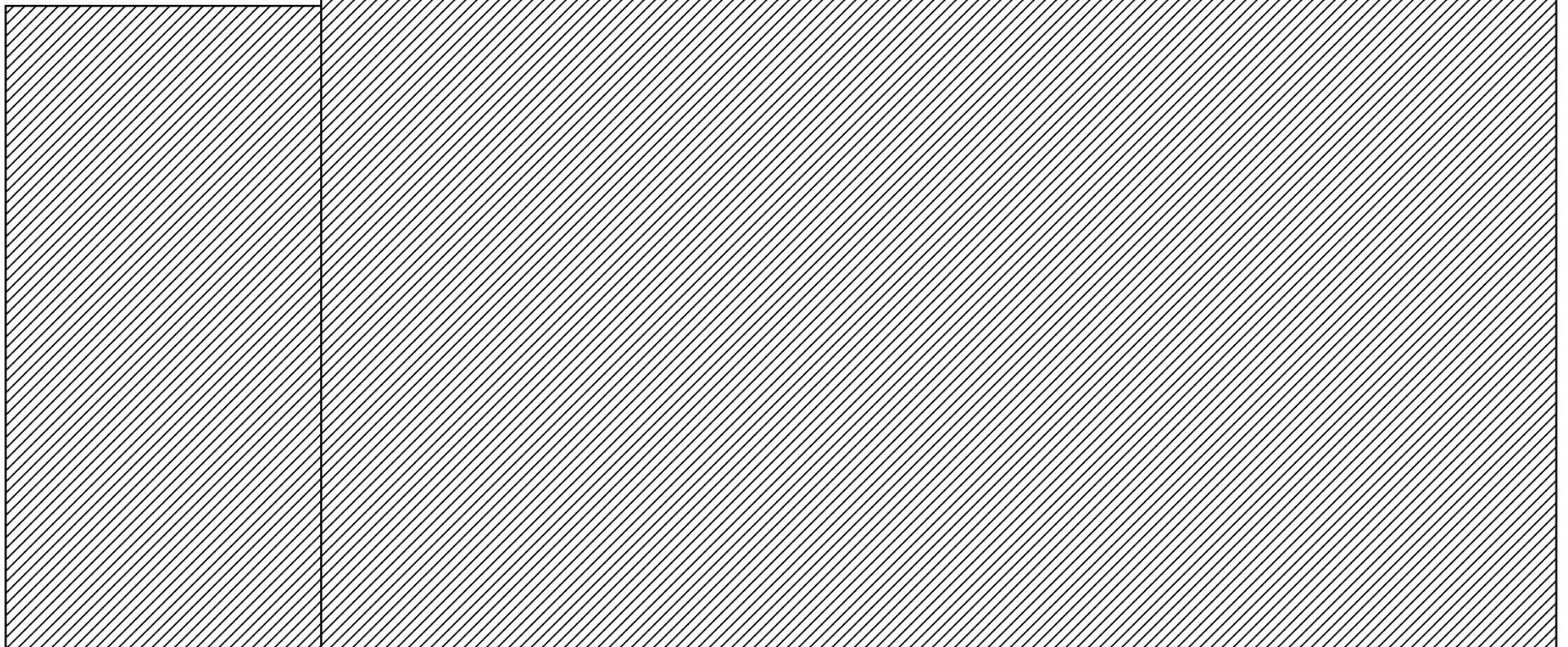
ture, moves to Thur. nights with Rock-and-Roll. Country Western Night is scheduled for Mar. 11 and 25. Rock-and-Roll Night is scheduled for March 4 and 18. Wed. Karaoke Night, Fri. TGIF Night, and Sat. TGIS Night are unchanged. The NCO/Enlisted Club is open Tue. through Sat. 6:30 a.m. to 1:30 a.m. Call 577-6532 for more info.

Volleyball season

With the basketball season end-

ing, it's time now for the volleyball season. The softball season also begins in April. If interested, call Gary at 577-6899 or drop by the gym. Don't wait until the last minute to sign up for these teams. The volleyball team roster needs to be completed by March 8. The softball team roster needs to be completed by April 5.

The gym is open Mon. through Fri. 5 a.m. to 9 p.m. and Sat. & Sun. 10 a.m. to 6 p.m. Call 577-6898 for more info.



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in the car so he may be married. Congratulations on having such a fine young man attached to your unit. They do you proud.

Jean Tennant,
Fairfield, Calif.

From the Commanding Officer:

It's always a pleasure to receive complimentary comments about members of this command. Marines are a proud lot who are known to take that extra step. I'm proud to be your Commanding Officer.

Semper Fidelis,
Col. Mark A. Costa

BRIEFS from Page 3

Region 2: VA and NC. 1-800-931-9501.

Region 3 and 4: SC, GA, FL, AL, MS, TN, LA. 1-800-444-5445.

Region 5: MI, WI, IL, IN, OH, KY, WV. 1-800-941-4501.

Region 6: OK, AR, LA, TX. 1-800-406-2832.

Region 7 and 8: NM, AZ, NV, TX (SW), CO, UT, WY, MT, ID, ND, SD, NE, KS, MN, IA, MO. 1-800-406-2832.

Region 9 and 10: CA. 1-800-242-6788.

Region 11: WA, OR, Northern ID. 1-800-404-0110.

Region 12: HI. 1-800-242-6788.

Overseas: 1-888-777-8343.

How to contact Marine Corps Institute

The Marine Corps Institute has a new telephone system with improved call receipt and routing capabilities, allowing easier access. The new prefix for all MCI phone numbers will be (202) 685. The new

DSN prefix will be 325. The most frequently called phone numbers are:

MCI Company Headquarters
(202) 685-7461

Deputy Director, MCI
(202) 685-7461

Executive Officer, MCI
(202) 685-7461

Operations, MCI
(202) 685-7475

Train the Trainer (T3) Group
(202) 685-7484

Distance Learning/ Technology
(202) 685-7516

PME Help Desk
(202) 685-7608

Systems Integration
(202) 685-7491

Marines or MCI program administrators in CONUS can still call 1-800-MCI-USMC to reach the Student Services Department.

Marine or MCI program administrators, CONUS, must call DSN 325-7438 or commercial (202) 685-7438.

Marine Corps Scholarship Foundation

The Marine Corps Scholarship Foundation is looking for a few good students who qualify for Academic Year 1999-2000 scholarships. Sons and daughters of Marines, past or present, are eligible. Awards range from \$5,000 to \$25,000.

At least one parent of eligible students must either be active duty or reserve Marines, or have received an

Jobs

<u>Ann.#</u>	<u>Title/Series/Grade</u>	<u>Open</u>	<u>Close</u>	<u>Cutoff</u>
DEA-25-99	Family Childcare/Training and Curriculum Director, GS-1701-09	01-27-99	02-26-99	02-10-99
DEA-02-99	Fire Communications Operator GS-081-03	01-11-99	03-31-99	01-25-99
DEA-08-99	Paramedic (firefighter) GS-640-08	01-11-99	03-31-99	01-25-99
DEA-35-99	Mathematician (Scientist) GS-1520-05 (Target GS-13)	12-14-98	INDEF	12-21-98
DEA-38-99	Industrial Hygienist GS-690-09/11/12	02-02-99	03-03-99	02-16-99
DEA-49-99	Medical Technologist GS-644-11	02-09-99	02-26-99	02-16-99
DEA-58-99	General Engineer GS-801-12	02-05-99	03-09-99	02-23-99
OTR-11-99	Railroad Repairer WG-3545-08	02-05-99	04-02-99	N/A

For more information contact Lucianna Wais at the Human Resources Office at 577-6484.

Honorable Discharge, Medical Discharge or who was killed while in service.

Applicants must be either a high school senior or graduate whose total family income does not exceed \$43,000.

For an application packet, write to:

Marine Corps Scholarship Foundation
PO Box 3008
Princeton, NJ 08543-3008
or email a request to: mcsf@aosi.com

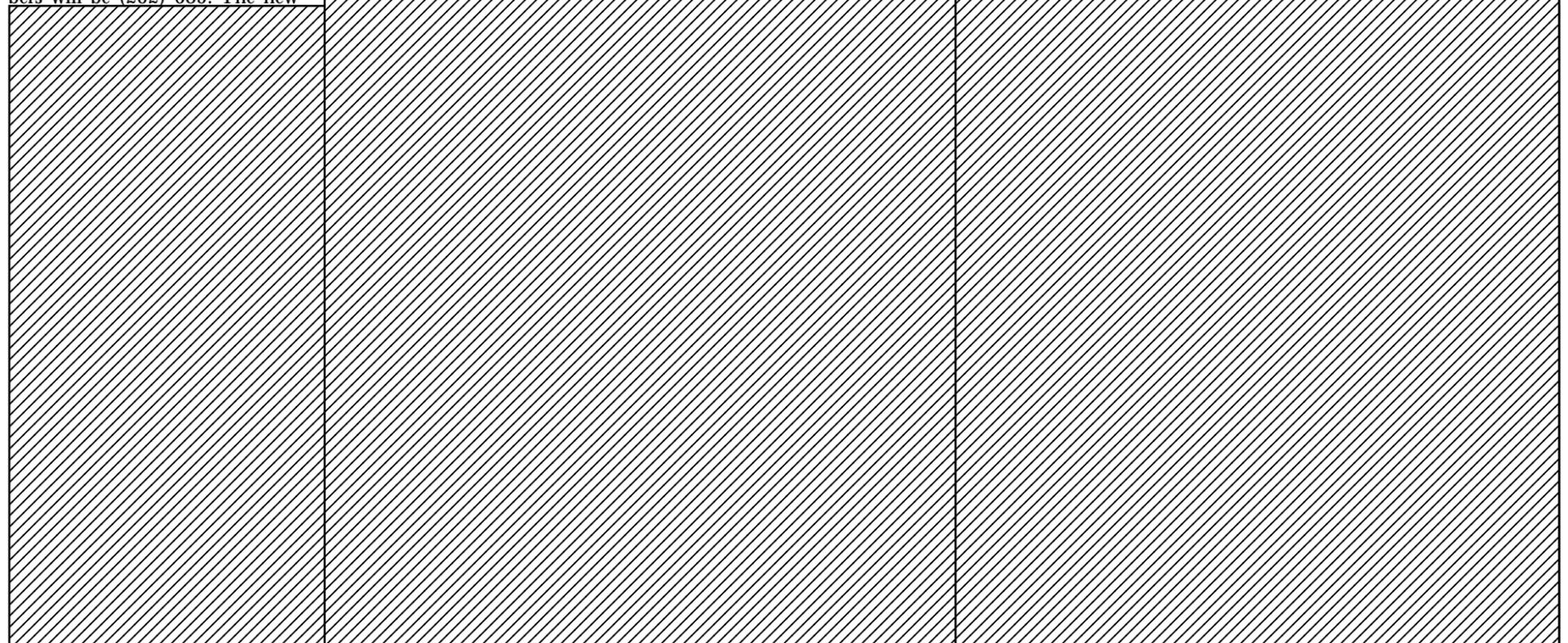
Deadline for submissions is April 1.

Cutting scores

The most recent cutting scores for promotions to corporal and ser-

geant have been released in Marine Administrative Message 069/99, entitled "Cutting Scores for Corporal

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wife. The reason is because she is human and will eventually disappoint me.

Anger is a good thing when we are angry about the right things. If it involves ourselves, then anger is something to be controlled. If anger occurs because of an injustice to others, then it should be used to make things right. Jesus was angry when He turned the tables over in the temple because people were taking advantage of the poor and missing the point in their relationship with God. His anger was about others.

The guy who paged me has been gracious enough to forgive me. I hope the others who witnessed my foolishness will also forgive me. I'm planning to use that event as a teaching moment in my life -- to be angry about the right things, and sin not. The end of Ephesians chapter four pretty much sums it up: *"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."* Eph. 4:32

Blessings,
Chaplain Michener

BRIEFS from Page 8

and Sergeant. The message is available on the Marine Corps home page at www.usmc.mil. Scores will also be released in an upcoming edition of the Marine Corps Times.

Scrap wood giveaway

The next scrap wood giveaways are scheduled for March 12 and 26 from 7:30 a.m. to noon at the woodpile at the Yermo Annex. The giveaway is open to the public.

Guests may not climb or walk on top of the woodpile. Appropriate clothing, including gloves and shoes, must be worn. For more info, call Pat Dillow at 577-6184.

Youth Activities Center

The Youth Activities Center is now part of Marine Corps Community Services under Child Development programs.

The center is open to all children of military and DoD employees ages six to 17. Hours of operation are Tuesday through Friday from 2-6 p.m. and Saturday from 10 a.m. to 6 p.m. For more info, call 577-6499 or 577-5473.

Semper Fit questionnaire

Would you like to see the Base Gym hours to change Monday-Friday?
(Current hours are 5 a.m. to 9 p.m.)
If yes, what hours would you like? _____

Would you like to see the hours of the Base Gym change on weekends and holidays?
(Currently, the hours are 10 a.m. to 6 p.m.)
If yes, what hours would you like? _____

How satisfied are you with equipment in the Base Gym? (Circle one)
Not satisfied somewhat satisfied satisfied very satisfied

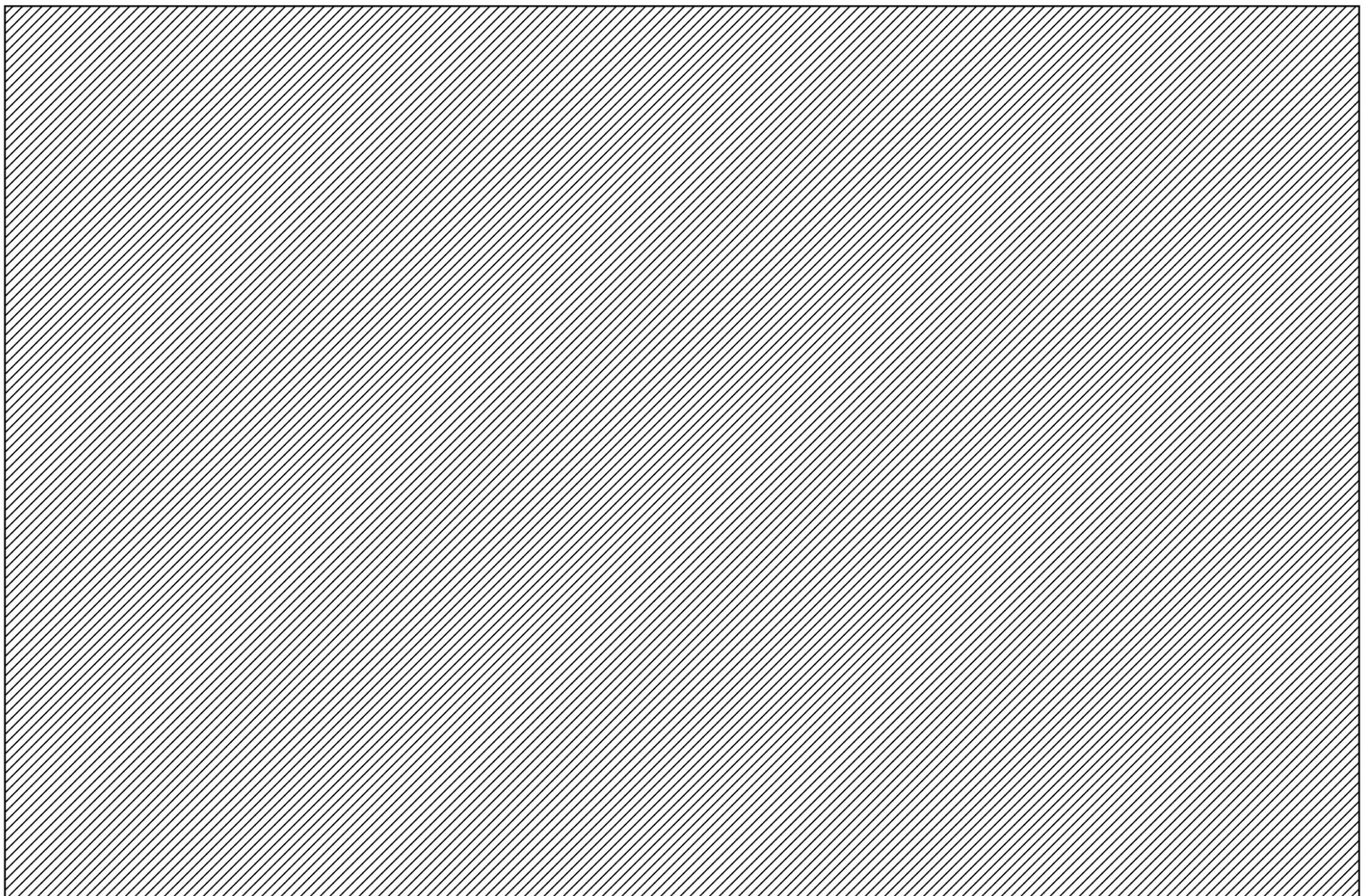
What kind of exercise equipment would you like to see in the gym?
How many days a week do you use the gym? _____

Which areas of the gym do you use most often? _____
How satisfied are you with the services provided? (Circle one)
Not satisfied somewhat satisfied satisfied very satisfied

Are you? Active duty Civilian Retired military Family member Other
If active duty, please indicate rank.

Questions/Comments: _____

Please turn survey in at the base gym, Building 44, or send via guard mail, Building 44. For more info, call CWO William Bradshaw at 577-6543 or the base gym at 577-6898.



What if there were no black people in the world?

Submitted by Sharon Lange
Equal Employment Opportunity Office

This is a story of a young man who woke up one morning and asked his mother, 'Mom, what if there were no black people in the world?'

Well, his mother thought about that for a moment, and then said, "Son, follow me around today, and let's just see what it would be like if there were no black people in the world"

Mom said, "Now go get dressed, and we will get started"

He went to his room to put on his clothes and shoes.

His mother took one look at him and said, "Son, where are your shoes?" and, "Those clothes are all wrinkled, son. I must iron them."

But when she reached for the ironing board it was no longer there. You see, Sarah Boone, a black woman, invented the ironing board and Jan E Matzlinger a black man, invented the shoe lasting machine.

"Oh well," she said, "please go and do something with your hair."

He ran in his room to comb his hair, but the comb was not there. You see, Walter Sammons, a black man, invented the comb.

He decided to just brush his hair, but the brush was gone. You see, Lydia O. Newman, a black female, invented the brush.

Well this was a sight; no shoes wrinkled clothes, hair a mess — even Mom's hair (without the haircare inventions of Madam C.J.

Walker, a black woman) — well, you get the picture.

Mom told her son, "Let's do our chores around the house, and then take a trip to the grocery store."

His job was to sweep the floor. He swept and swept and swept. When he reached for the dust pan, it was not there. You see, Lloyd P. Ray, a black man, invented the dust pan.

So he swept his pile of dirt over in the corner and left it there. He then decided to mop the floor but the mop was gone. You see, Thomas W. Stewart, a black man, invented the mop.

He yelled to his Mom, "Mom, I'm not having any luck!"

"Well son," she said, "let me finish washing these clothes and we will prepare a list for the grocery store."

When the wash finished, she went to place the clothes in the dryer but it was not there. You see;

George T. Samon, a black man, invented the clothes dryer.

Mom asked her son to go and get a pencil and some paper to prepare their list for the market. So he ran for the paper and pencil but noticed the pencil lead was broken. Well, again he was out of luck because John Love, a black man, invented the pencil sharpener.

Mom reached for a pen, but it was not there because William Purvis, a black man, invented the fountain pen. As a matter of fact, Lee Burridge, a black man, invented the typewriting machine, and W A Lovette, a black man, invented the advanced printing press.

He and his mother decided to head out to

the market.

When he opened the door he noticed the grass was as high as he was tall. You see, the lawnmower was invented by John Burr, a black man.

They made their way over to the car, and found that it just wouldn't go. You see: Richard Spikes, a black man, invented the automatic gear shift and Joseph Gammel, a black man, invented the supercharge system for internal combustion engines.

They noticed that the few cars that were moving were running into each other and having wrecks because there were no traffic signals. You see, Garrett A. Morgan, a black man, invented the traffic light.

Well, it was getting late, so they walked to the market, got their groceries and returned home.

Just when they were about to put away the milk, eggs and butter, they noticed the refrigerator was gone. You see; John Standard, a black man, invented the refrigerator. So they just left the food on the counter.

By this time, he noticed he was getting mighty cold. Mom went to turn up the heat, and what do you know? Alice Parker, a black female, invented the heating furnace. Even in the summer time they would have been out of luck because Frederick Jones, a black man, invented the air conditioner.

It was almost time for his father to arrive home. He usually takes the bus, but there was no bus, because its precursor was the electric trolley, invented by another black man, Elbert R. Robinson.

He normally takes the elevator from his office on the 20th floor, but there was no elevator because Alexander Miles, a black man, invented the elevator

He also usually dropped off the office mail at a nearby mailbox, but it was no longer there because Philip Downing, a black man, invented the letter drop mailbox and William Barry, a black man, invented the postmarking and cancelling machine.

The boy and his mother sat at the kitchen table with their heads in their hands.

When the father arrived he asked, "Why are you sitting in the dark?"

Why? Because Lewis Howard Latimer, a black man, invented the filament within the light bulb.

The boy quickly learned what it would be like if there were no black people in the world.

Not to mention if he were ever sick and needed blood; Charles Drew, a black scientist, found a way to preserve and store blood, which led to his starting the world's first blood bank.

And what if a family member had to have heart surgery? This would not have been possible without Dr. Daniel Hale Williams, a black doctor who performed the first open-heart surgery.

So if you ever wonder — like this young man — where we would be if black people weren't in the world then it would be pretty plain to see -- we would still be in the DARK!

MCLB Barstow commends Marine of the year

By SSgt. Matt Olivolo

BARSTOW LOG staff

The newly elected Marine of the Year for 1998 is Cpl. Mike McQuillan of the Public Affairs Office.

After winning the Marine of the Quarter for the fourth quarter, McQuillan set his sights for an even more honorable title "Marine of the Year," and achieved it.

"At first I doubted myself and didn't consider myself a contender," exclaimed McQuillan. "After a quick dose of reality, I realized I was every bit the Marine that my competitors were."

Competing alongside McQuillan were three previous Marine of the Quarter board winners, all salivating at the mere mention of the title "Marine of the Year."

McQuillan, a 22-year-old native of Massapequa, N.Y. and a graduate of Massapequa High School, joined the Marine Corps in September 1996. Before joining the Corps, McQuillan was involved with several sports. He was on the school wrestling team for four years and ran on the cross-country team for two. During his senior year he was the team captain for both sports.

"Being involved with these endurance type of sports helped me become a stronger person," exclaimed McQuillan. "Although these two sports took their toll on my body, I found it very rewarding. It's a lot like being in the Marine Corps." After receiving a phone call from a recruiter, McQuillan decided to see what the Corps had to offer him. After one brief meeting with a staff sergeant, he knew the Marine Corps was for him.

"I was a jock in high school. I knew the movie 'Full Metal

Jacket' line for line. I thought to myself 'why I didn't think of joining the Marine Corps sooner?'" he said. After being in the Delayed Entry Program for 11 months, McQuillan flew to MCRD Parris Island, S.C.

In boot camp, McQuillan showed off his physical abilities by achieving a perfect physical fitness score (300 points). He graduated as a meritorious PFC.

He then went on to Journalism School at Ft. Meade, Md., known as the Defense Information School (DINFOS).

"The most prosperous six months of my life were at DINFOS," said McQuillan. "It required a lot of individual thought and initiative to make it through school and to thrive



Photo by PFC. Brian Davidson

among fellow Marines." After graduating DINFOS in July of 1997, McQuillan reported to MCLB Barstow as a combat correspondent for the Public Affairs Division. Since McQuillan has been at Barstow, he has once again showed his excellence in physical achievements. He's run three perfect physical fitness tests, run two marathons (26.2 miles), and several other team races. "People think I'm crazy for running that much," said McQuillan with a slight grin. "The truth is I enjoy it." Although McQuillan plans on separating after one enlistment, attending to the University of Alaska, Anchorage and possibly joining the reserve, he will never forget the valuable lessons he's learned as a Marine. "I have other plans for the future, but that doesn't mean I'm done with the Marine Corps just yet," announced McQuillan. "I will always bring with me what the Corps taught me, -- to move with a purpose and march with an attitude." In recognition of McQuillan's accomplishments, he received: The Navy and Marine Corps Achievement Medal; a Harold Lucas Memorial non-commissioned officer's sword; a 96 hour liberty pass; a \$50 check from the Officers' Spouses' Club; base parking privileges; a plaque from the Staff NCO's; a plaque from the Barstow Area Chamber of Commerce and recognition through photographs throughout the base. An article about the history of the Harold Lucas Memorial Sword will appear in a future edition of the BARSTOW LOG.

1995 MUSTANG GT: Emerald green with chrome times, last of the 5.0's auto trans, CD, leather interior, power everything, viper alarm, 3.73 to 1 rear end, K & N equipped, 15K miles, always garaged and perfect. \$17,000. Call 247-5511.

1994 FORD : F-350 super cab dually, 7.3L turbo diesel, xlt cond., 77k miles, A/C, tow package, new tires, \$14,000. Call 253-7966.

1997 CHEY CAVALIER: 4 Door, near new, supreme sound system, ice cold A/C, low miles assume loan, dealership installed alarm system. Call 252-7037.

BICYCLE: Shoreline, 2 seater, 6 speed. \$125. Call 252-9155.

SALE: Baby stroller, sturdy metal tubing construction, clean. \$30. Toaster, electric, 2 slice, works well. \$3. Set of wooden horses for construction purposes. \$8. Roofing shingles about 6 sq. ft., composition hinges. \$5. Baby toy push car. \$10. Call 262-1766.

DINING ROOM SET: Table with 6 chairs. \$200. OBO. Call 256-6632 leave msg.

SPA: California, redwood siding, seats eight (8), complete with accessories and cover. \$500. Call 243-5265.

ROCKER: Swivel, brown, recliner rocker. \$150. Hardwood microwave stand with drawer and two shelves. \$100. White student desk. \$25. Call 254-2295.

WANTED: Camper Shell for Toyota P/U regular bed. Call 252-1766

WANTED: Wheel 14" regular. Call 252-1766

WANTED: Used high chair, portable crib and booster seat. Call Don at 242-1996.

WANTED: Looking for drivers to drive from Apple Valley to Yermo Annex Bldg. 573. No gas payment required. Work schedule is Monday, Tuesday, Wednesday 6:30 am to 4:00 pm. Call 240-4218. Ask for Phillip.

DINING ROOM TABLE: Oval shape, four chairs, "looks country" oak colored, Real wood. \$80 firm. Call evenings, 255-4666.

