

BARSTOW LOG

SERVING MCLB DURING TRANSITION AND CHANGE

Vol. 5, No. 40

Marine Corps Logistics Base Barstow, California

August 16, 2001

CO's Corner

Col. Costa writes his final CO's Corner as he is relinquishing command today.

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Tree Removal

Base Housing is beginning a tree removal project.

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Commander's Corner

Safety is always an issue and it can be helped with a positive attitude.

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MEO

Training is being provided to maintenance workers, just like they were told.

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Check out the new Marine Corps homepage.

<http://www.usmc.mil>

BARSTOW LOG

<http://www.barstow.usmc.mil>

Marine base receives first lady commander

By Gunnery Sgt. Frank Patterson
Public Affairs Chief

Colonel Ingrid E. Bergman assumes command this evening in a ceremony on Sorensen Field.

Bergman replaces Col. Mark A. Costa as base commander. Costa will move on to become the commanding officer of the Naval Reserve Officer Training Corps Unit at Norwich University in Norwich, Vt. Costa will also be named the university's Professor of Naval Sciences. Costa has been base commander since July 1998.

Brig. Gen. Richard S. Kramlich, commander, Marine Corps Logistics Bases, Albany, Ga., will review the parade of the base's troops and the Marine Band from Marine Air Ground Task Force Training Command Twentynine Palms, Calif.

Bergman, a native of Geneva, N.Y.,

comes here from assignment as the Chief, Joint Training and Exercise Command, U.S. European Command, Stuttgart, Germany.

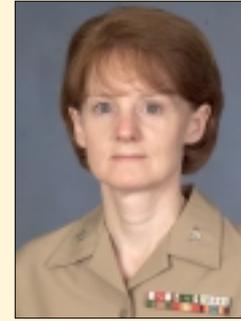
She initially entered the Marine Corps as a second lieutenant in December 1977 after graduating from State University of New York.

Bergman has performed a wide range of duties throughout her career including serving as an instrumental member of Aviation Intermediate Maintenance Department, Marine Air Group 13, when it moved from Marine Corps Air Station El Toro to MCAS Yuma in 1986.

In June 1998, she was ordered to Headquarters Marine Corps, Manpower and Reserve Affairs Department, Manpower Plans Division,



Col. Mark A. Costa



Col. Ingrid E. Bergman

Change of Command

All members and friends of the MCLB Barstow community are invited to attend the ceremony at 7:30 p.m. this evening at Sorensen Field.

where she served as the logistics element manager for personnel for aviation command and control projects.

After graduation from Marine Corps Command and Staff College in June 1991, Bergman transferred to the Third Marine Aircraft Wing, Aviation Logistics Department as the ALD Plans Officer where she participated

in several joint exercises and planned the aviation logistics for Operation Restore Hope.

Bergman transferred to the Naval Warfare College, Newport, R.I., where she received as master's degree in National Security and Strategic Studies. Upon graduation, she received orders to U.S. European Command.

MCB rolls out first MK-48 in two years



Photo by Gunnery Sgt. Frank Patterson

Glen Rasmussen, heavy mobile equipment mechanic, Cost Work Center 725 - Teardown, reassembles a MK-48 Logistics Vehicle System Front Power Unit at the maintenance center.

By Gunnery Sgt. Frank Patterson
Public Affairs Chief

Maintenance Center Barstow re-established the MK-48 Front Power Unit repair line in February with a goal of refurbishing 61 units by March 2002 for almost \$8 million. The last MK-48 repaired at MCB rolled off the line in 1999.

Using a management concept known as Theory of Constraints which assists personnel in increasing throughput while minimizing inventory and opera-

tional expenses, they are expected to roll out their first unit August 16 in a ceremony here.

The vehicles are undergoing an "enhanced" IROAN, according to Jan Vuiller, MK-48 project manager, referring to an Inspect and Repair Only As Necessary maintenance process.

"This includes rebuilding the transmission, transfer case, and engine, 100 percent replacements on the cab and radiator core, replacing all hydraulic hoses, brake linings, and conversion of the Deadman Axle," said Vuiller.

"The original plan in the statement of work is to replace the cabs 100 percent," explained Vuiller. A contract has been let with Oshkosh Trucking Company to provide "turnkey" cabs. Turnkey cabs are completely pre-assembled cabs that come from the factory with all instrumentation and accessories installed, as opposed to "bare" cabs that are nothing but a shell, which must be assembled. Turnkey cabs cost around \$13,000 each while bare cabs cost only \$8,000, but that doesn't take into account the cost of the gauges, instrumentation, seats, accessories and man-hours spent assembling the cab. According to Vuiller it is more cost-effective to use turnkey cabs.

Despite initial parts problems the MK-48 team has been working hard to produce the first vehicle. Some incidents they have overcome were long lead times on items that were not ordered through the system in the past therefore, there is no requirement to stock that particular item.

"A 16-week delay on transmission oil coolers from the Oshkosh Truck Corporation, Oshkosh, Wi. - the original equipment manufacturer of the MK-48 - has caused us to try to find other sources for that cooler to fulfill our immediate requirements," said Vuiller. "One such source has been the [Defense Reutilization Marketing Office] at Camp Pendleton where we will be receiving 16 condition code 'A' assets to fulfill our requirements."

A condition code of "A" is assigned to an item that is still in good, usable condition and still within specifications.

Other parts have been discontinued without replacement. While such an occurrence might have been a devastating blow to any other company, the MCB

See MK-48 Page 5

THE CO'S CORNER

The "CO's Corner" is a tool the Base Commander uses to open the lines of communication from the command deck to all personnel and to disseminate essential information as rapidly as possible.

MEMBERS OF THE LOGISTICS BASE COMMUNITY,

It's time to reflect.

Looking back over the past three years, I reflect on what I said on Sorensen Field as I assumed command. I said that your greatest achievements still lay ahead and beginning that day I was proud to say I was your commanding officer.

Through the past three years, we have done much. We have cried together and rejoiced; we have worked hard and played with equal vigor; we have agreed and disagreed; we have said good bye to many old friends and co-workers and we

have welcomed new members to our team; we took on every obstacle that lay in our path and found a way to overcome it, remove it or by pass it; we have climbed the hills to sometimes see there was a higher one before us; and we have gone into the valleys to find they are not necessarily the low points but areas of rest.

Yes, we've done a lot, YOU HAVE DONE A LOT. You have achieved some great successes, individually and collectively. And I still believe your greatest achievements still are ahead.

You made it easy to be proud to be the Base Commander. It was always a pleasure to introduce myself that way and to expound on the

leadership role the base and its tenants plays and the successes we have achieved. It was a true honor and privilege to be your commanding officer.

But all the achievements will not be what my family and I will remember and therefore miss the most about our tour in Barstow; it will be the people; you are truly what make Barstow unique. Saying thanks does not appear to be enough.

I hope that through my words and actions over the past three years I earned your respect, trust and confidence to represent you and your accomplishments, and by doing so, express my

appreciation for your efforts.

And so for a final time, I will close the C. O.'s Corner with encouraging you to stay informed and stay involved.

Thank you, for sustaining the reputation of MCLB Barstow, for supporting the Marine operating forces, our other services and federal agencies. Thank you for being who you are. Thank you for being there when I needed you. Thank you for making Kathy, my daughters and I part of the Logistics Base Community.

God Bless you till our paths meet again. For a final time,
THE C.O. SENDS.

Just doing my job ...



Photo by Sgt. Brian Davidson

Lance Cpl. Brandy Colbird, supply clerk, inspects 782 gear upon return to Base Property. She and her husband Lance Cpl. Steven Colbird are anxiously awaiting the birth of their first child that she is five and a half months pregnant with.

Life before ...

By Lt. Cmdr. Elmon R. Krupnik
Base Chaplain



I was driving on I-15 south to Ontario and a semi-tractor trailer passed me. On the side of the trailer were the following words, "Remember life before . . ."

The words were referring to what life was like before the use of the product that the trailer was carrying.

What would life be like without God? How we answer that question as individuals is, of course, personal. However, it should reveal to us the depth and breadth of our relationship. How important is God to us?

I believe that the importance of our relationship with God is revealed in our daily

lives and how we treat each other. If we truly value that relationship with God, we would act accordingly.

James 3:17-18 tells us, "But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.

Peacemakers who sow in peace raise a harvest of righteousness." As with the value of the product that the truck was carrying, our value in our relationship with God is not any value at all unless it is being put to use by our attitude and our actions.

As we go through our daily lives, our relationship with God accompanies us along the way.

We make a decision whether or not to put into practice that relationship.

It is my hope that we value our relationship with God and put into practice with others that peace-loving wisdom that comes from heaven.

Blessings to all,
Chaplain Krupnik

As we go through our daily lives, our relationship with God accompanies us along the way.

Chapel Services

Protestant Sun. 8:30 a.m.
Mass Sun. 10:30 a.m.

Confession services before Mass

Nebo Bible Study

Wednesday Noon-1:30 p.m.

At the Chapel Office

For more info call 577-6849.



BARSTOW LOG

Marine Corps Logistics Base Barstow, California
Colonel Mark A. Costa, Commanding Officer
Public Affairs Staff



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NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Safety Shoe Sale

Safety shoes will be available for purchase Wednesday in Yermo at the parking lot in front of Building 573 from 7-11 a.m.

Safety shoes will also be available in Nebo at the parking lot at the east end of Building 236 from noon-2 p.m.

Wednesday Playmornings

Every Wednesday morning from 10-11:30 a.m. the New Parent Support Program hosts Play Morning at the McKinney Youth Center for parents with children ages six and under.

Among the numerous activities are crafts fun for children and parents alike.

For more information call June Treadwell, 577-6332.

Route 66 Street Fair

The Barstow Area Chamber of Commerce's Annual Route 66 Street Fair and Market Festival began June 5 and continues through August 28.

This Tuesday is Off Road Night.

The fun starts at 6 p.m. on Main Street in Old Town Barstow, between Barstow Road and Second Avenue.

Festivities begin at 6 p.m. and runs until 10 p.m.

Anyone interested in being a vendor call Cheryl Beardshear, 255-4834, or the Chamber of Commerce, 256-8617.

Archery Practice

The base archery club wishes to remind readers that it's time to start practicing before the hunting season begins.

The base archery range is open Tuesday nights, 6-8 p.m. for general practice.

All military members and civilian workers from the base are invited to come down and visit the facilities at the old steam plant on Golf Course Road.

Note: Only people who are legally allowed to use MCCS facilities may use the range.

Childbirth Preparation Classes

The New Parent Support Program offers assistance to expectant parents with childbirth preparedness classes.

The classes are free and, best of all, they are taught in a one-on-one environment at home. June Treadwell, a registered nurse, gives the classes and covers everything about labor and delivery, including how 'dad' can be actively involved during the process.

New parents are encouraged to participate. To arrange appointments or for more info, call June Treadwell, 577-6332.

Head Start/State Preschool

San Bernardino County Head Start/ State preschool is offering a free comprehensive child development program to low income families, families receiving CalWORKS/TANF and children with special needs regardless of citizenship status. The program is open to children three or four years of age for full-day or part-day sessions five days a week.

The full-day program already began but is still accepting applicants. The part-day program is three-and-a-half hours a day in the mornings or afternoons and begins September 11.

Children will receive nutritional meals and there are individualized services for families. Buses are running, so transportation is available to applicants who need it.

For more information stop by Barstow Head Start at 25757 Agate Rd., or call Lucille Stanson, eligibility worker, at 253-2957.

Marine Mail

MARADMIN 031/01 recently released the third quarter calendar year "Question to the Corps."

The third quarter's question is "How can we further reduce time in training, time awaiting training, and/or time in transit without diminishing the quality of required Military Occupational Specialty training?"

Marine Mail is also open to suggestions containing any or all of the following four criteria: What aren't we doing that we should be doing? What are we doing that we should do differently? What are we doing that we shouldn't be doing? What new concept or idea should the Marine Corps investigate to improve its warfighting capability?

Submissions meeting the criteria for Marine Mail should receive a reply within 30 days of receipt. All submissions that do not meet at least one of the criteria or respond to the "Question to the Corps" will be immediately returned without action taken. Submit a "Question to the Corps" reply and/or Marine Mail response via e-mail at marinemail@hqmc.usmc.mil; postal mail to: Marine Mail (CMC), HQMC, 2 Navy Annex, Washington D.C., 20380-1775; or by FAX at (703) 614-5035.

Enlisted to Officer Selection Boards

Headquarters Marine Corps released the deadlines and convening dates of fiscal year 2002's enlisted to officer selection boards.

Enlisted Commissioning Program and Meritorious Commissioning Program boards for FY02 are as follows:

The first deadline for package submission is October 1. The board convenes December 1, and the selected Marines attend Officer Candidate School from January 20 to March 29. The second deadline for

package submission is February 1.

The board convenes April 1, and the selected Marines attend Officer Candidate School from June 2 to August 6. The third deadline for package submission is June 3. The board convenes July 29, and the selected Marines attend Officer Candidate School from October 6 to December 13.

Warrant officer selection boards for FY02 are as follows:

The deadline for regular warrant officer package submission is March 1, and the board convenes June 4.

The deadline for reserve warrant officer package submission is April 3, and the board convenes July 1.

The deadline for warrant officer gunner package submission is May 1, and the board convenes July 23.

The deadline for warrant officer recruiter package submission is June 1, and the board convenes August 8. For more info see MARADMIN 312/01.

Mounted Color Guard

The Marine Corps Mounted Color Guard is seeking members. There are no prerequisites, other than being an active duty Marine.

Previous experience with horses is not necessary.

Mounted Color Guard Marines represent MCLB Barstow at parades and events throughout the country.

To join or find out more, visit the base stables at the rear gate of the Yermo Annex during normal working hours, or call Master Gunner Sgt. Kim Ortamond at 577-

7302 or 577-7003.

Trailblazer Club

The Happy Trails Children's Foundation started by Roy Rogers and Dale Evans created a membership organization called the Trailblazer Club.

The existing Cooper Home houses 40 boys between the ages of seven and 15 with a waiting list to get in. The new home would increase the capacity to 60 beds. Since 1997, more than 300 children have received help from the Happy Trails Children's Foundation located in Apple Valley. For more info about becoming a member call 240-3330.

ASMC Meeting

The American Society of Military Comptrollers is scheduled to hold its next meeting Thursday at 11 a.m. at the Sizzler on East Main St. Attendees will have their choice of the restaurant's full menu. The meeting will be held in the Rotary Room. The guest speaker will be Joe Clark, vice president of the Business Management Division at Barstow Community College. Also the winners of the ASMC Scholarship fund will be presented with their awards. Those donating blood will be able to make their donations after the luncheon. Those planning to attend should call:

- Conni Lewellyn 577-6596
- Lou Ann Presley 577-6636
- Erin Foster 577-6643
- Andy Henderson 577-7344
- Rand Me er 577-6366

Job Watch

Ann No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-329-01-NR	Firefighter GS-0081-05	07-02-01	08-15-01	08-01-01	MCLB Barstow
DEU-343-01-NR	Electronics worker WG-2604-08	07-13-01	08-10-01	07-27-01	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their résumé to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donbr.navy.mil>.

MCB welders receive training

New equipment brings CWC 743 on line with latest welding technology

By Cpl. Joshua Barnhardt
BARSTOW LOG staff

In the Maintenance Center at MCLB the Civilian Marines continue to improve themselves by purchasing state of the art equipment and receiving extensive training to know how to use them properly.

At Cost Work Center 743, the Welding Shop just received new welding machines from Miller Electric. The problem was the machines were so high tech that the employees needed to be trained how to use them.

CWC 743 had a representative from Miller Electric come to the Welding Shop and demonstrate how to use each machine. The best part about the training is he taught the employees exactly how to use certain tools on the new machines that are designed to make it easier for the welder to get a desired effect from his torch.

The machines can be tweaked to certain settings that provide just the right amount of heat from the torch to perform different kinds of welds.

"The training we are receiving will help us use our equipment properly and effectively to help us do a better job," said Greg Johnson, senior production supervisor. "We are striving to become what Col. (Ervin) Rivers wants as the premiere Military Maintenance Center west of the Mississippi River."

That is a goal MCB has been striv-



Photo by Cpl. Joshua Barnhardt

A representative of Miller Electric explains to the welders of Cost Work Center 743 how to properly use their new welding machines purchased from Miller Electric.

ing for by performing projects such as painting Army tanks from Fort Irwin and other unique jobs that could put Barstow's Maintenance Center on the map.

Recently some welders from MCB came back from Marine Corps Base Camp Lejeune where they performed a unique job of repairing a vehicle in

the field. The Welding Shop at MCB is well on its way to the Maintenance Center achieving that goal. With new equipment that is safer for the workers and can do the job better, it only makes the Welding Shop better all around.

The Welding Shop also goes through semi-annual training to help

hone their skills and freshen up on things they may be rusty on. All of these things are beneficial to producing a better product for the Marine in the field.

"What we are trying to do by teaching our workers how to use the equipment is make a safe work environment and give them the tools to do the best

job they can as quick as they can," said Johnson. "This is also emphasized in semiannual training that we do."

By providing them with the best tools to do the job, the MCB Maintenance Center is putting the Welding Shop in a position to succeed in providing top of the line service to the Maintenance Center's customers.



Photo by Gunnery Sgt. Frank Patterson

Dave Cordoba, heavy mobile equipment mechanic, Cost Work Center 725 - Teardown, disassembles the hub of a MK-48 Logistics Vehicle System front Power Unit.

MK-48 from Page 1

material management personnel have been able to perform miracles, according to Vuiller.

"I don't know how they did it, but our material management personnel are wizards at doing stuff," said Vuiller. "Through another business they found the original manufacturer of the wheels, and he agreed to tool up and provide them to us.

"Good Year Tire and Rubber Company has been very supportive of our efforts tooling up to provide us with tires because there are none available in the system right now."

Even though production has been slow getting started once the pipeline is full of parts the MK-48 team will be able to turn out a quality product on time, with expectations of producing seven or more vehicles per month.

"What makes project management so effective is a team concept that provides flexibility to improvise and relay quick and accurate decisions that everyone can buy into," said Vuiller.

"The MK-48 line not only supports the equipment readiness of Marine Corps Forces, but this workload helps to maintain critical skill levels in the depot and introduces a process modernization improvement that makes us responsive to our customers needs, said Col. Ervin Rivers, maintenance center commander. "It represents, yet another step in our journey to be the maintenance provider of choice located west of the Mississippi."

The MK-48 is the only heavy transport mover in the Marine Corps. The Corps originally had 1,800 of the units when they were fielded in 1988, but only 1,753 still remain. Since being fielded 900 of these units have been reconditioned. The unit was chosen because it can ford water up to five feet deep and move payloads up to 22.5 tons on the highway and 12.5 tons off road at a maximum speed of 57 miles per hour and a 300-mile range.

Oshkosh Truck also builds the Corps' newest transport truck, the Medium Tactical Vehicle that is replacing the M809 and M939 Medium Tactical Trucks.

AROUND THE CORPS

New career guidance for experienced NCOs

By Lance Cpl. John Lawson
Headquarters Marine Corps

WASHINGTON, D.C. — Now it's going to be a lot easier for enlisted Marines at the rank of sergeant or higher to keep up with the things they need to know to get a promotion.

That's because "Career Newsflash," a new quarterly newsletter, will keep those experienced NCOs advised on three fronts.

First, if there have been orders or policy changes affecting career planning, "Career Newsflash" will explain the changes in layman's terms.

Secondly, if there are changes or key opportunities on the horizon, "Career Newsflash" will deliver a "heads-up."

Lastly, if there are recurring issues that generate a lot of questions from Marines, the newsletter will spell out some answers.

The Enlisted Career Counseling and Evaluation Unit is publishing the newsletter, which debuted recently with an issue for the third quarter of 2001.

If you're an enlisted Marine at the rank of sergeant or above, you are or should be familiar with the counseling office, which is based in

Quantico, Va. The counseling office advises experienced NCOs on how to improve themselves, beef up their records, and make a good impression on promotion boards. Also, the counseling office can help experienced NCOs choose career moves wisely.

An example of how the newsletter keeps Marines informed of changes is the cover story of the current newsletter. Starting this fall, the newsletter reports, reviewing officers on promotion selection boards will include an evaluation that compares a prospect to all prospects that the reviewing officer has ever considered throughout his career.

While sergeants and above need to know what's new about getting promoted, they also need to know the rules of thumb that have been true for years. The newsletter takes care of this with articles of general advice.

For example, the current newsletter has an article on how best to present your accomplishments in a given billet. Always strive for clarity when explaining your accomplishments. "Never presume that Selection Board members know all the acronyms specific to a MOS."

The newsletter also discusses the general nature of the promotion process. As one article states, it's not enough to look like a good Marine. You have to look like a good Marine while being compared to other good Marines. "It is critical to realize that this is a competitive process and limited allocations may cause well qualified Marines to fail selection when competing with Marines that have competitive records."

Gunnery Sgt. Anil Lund, the chief career counselor with the counseling office, said it's important for Marines to stay on top of all the rules and policies governing promotions. However, he added, that's not always the easiest thing to do. Gunnery Sgt. Lund said the newsletter eases that problem by providing a short, concise overview in simple English.

Gunnery Sgt. Lund sees the newsletter as an accessory for career planning. "We think that Marines should pursue every avenue of information," he said.

Approximately 65,000 Marines are enlisted personnel at the rank of sergeant or higher, Gunnery Sgt. Lund added. That means this newsletter is something that can be helpful to "more than one third of the Marine Corps that's out there."

MRE supplements?

By Cpl. Kimberly Leone
MCRD San Diego

MCRD SAN DIEGO, Calif. — Not a big fan of that Meal Ready to Eat? Always leaving the orange pound cake for the birds? Found some forgotten potato sticks in a muddy brown vacuum pack?

The Department of Defense is afraid that service members may not always be finishing their MREs and is continuing research to supplement the diet of service members in the field.

Harris R. Lieberman, deputy chief of military nutrition and biochemistry, told the American Forces Press Service that the military is always looking for ways to improve the nutrition of service members.

The military is turning to food supplements to improve this situation. Their efforts have produced "Energy Rich Glucose Optimized" (ERGO) beverage powder and HooAh bars. (A prototyped packaging bearing the term "oorah" is under consideration for the Marine Corps.)

Studies with Army Ranger units have shown improved physical performance through the use of ERGO, but results have yet to be garnered from testing with the HooAh bars.

Any products containing either caffeine or amino acids would be clearly labeled and not just added to current products.

"We don't want people who can't sleep because they ate caffeinated rations," Lieberman told the American Forces Press Service.

For many service members, dietary supplements are something most

commonly used by the sweating, ripped, bulging bench-pressers in the base gym.

That is where supplements should stay according to SgtMaj. Willie F. Metoyer, sergeant major, Support Battalion, Recruit Training Regiment.

"Every person is different and not all service members who eat MRE's will eat the supplements they put in them, Metoyer said.

"Plus, when servicemembers go to the field we are not trying to build their muscles. We are trying to give them enough calories to sustain themselves in the field. Most Marines I know will continue to bring what they want to eat while in the field."

As researchers consider concerns similar to Metoyer, they are looking into making the supplements a separate option that units headed to the field can choose to take with them. This eliminates putting supplements in all MRE's and suits Metoyer's view that current MRE's would not be improved by the all-encompassing addition of supplements.

The benefit of a quick energy boost with more nutritive value than a candy bar is something Marines who are diet conscious can appreciate when they have to leave behind their training schedule and carefully crafted diets for the field.

If new products currently being developed at the U.S. Army Research Institute of Environmental Medicine in Natick, Mass. are approved, Hess and his fellow Marines may find products similar to name brand energy bars and carbo-drinks in that ever-popular brown vacuum pack.

COMMANDER'S CORNER

Maintenance Center Barstow

Recognition

By Col E. Rivers
Commander

I would like to take this opportunity to thank and recognize members of the Maintenance Center Barstow Team for their hard work and dedication. Let's continue to excel in our competitive priorities of throughput, quality, and cost. Keep up the great work!

March 2001

Eagle Award/Time Off Awards

1stLt Bryan McClune CWO3 Francis Babeu

Eagle Award/On the Spot Awards

Fred Alley Jay D. Hunsaker
Louis Alvarez Darrell Jones
Joann Bond Dianna McCormick
Michael Burke Margot Padilla
Carl Chisam Ben Santos
Tomas G. Cooper, Jr. Patricia Snyder
Duane E. Holmes, Jr. Vaughn E. Thomas

Carolyn Wooten

April 2001

Time Off Awards

(9 hours)

Ronnie Baca Steve Cruz
Joann Bond Cheryl Haines
Howard Brannon Albert Harden
Michael Burke Bernadine Kimmerling
Donald Campbell Dean Knutson
Robert Cardenas Dianna McCormick
Sharon Ramsey

April 2001

Time Off Awards

(18 hours)

Edward Gleason

(27 hours)

Reginald West

On the Spot Awards

Michael McCarty

Eagle Awards

Louis Alvarez Bernadine Kimmerling
Steve Baisa Beverly Kulju
Joann Bond Benjamin Kump
Michael Burke Dianna McCormick
Tomas G. Cooper, Jr. Rodney Oakes
Pedro Delgado Randall Spencer
William Hennings Robert Ulibarri
Leonardo Jimenez William Winegar

May 2001

Time Off Awards

(2 hours)

Francis Alston Charles Mattingly
Roger Castillo Michael Milender
Cameron Dill Jose Rivera
Arthur Hall Claude Tuers
Marvin Kauth Melcom Ulibarri
Ernest Langford Robert Ulibarri

(4 hours)

Steve Baisa Roy Gilman David Merica
Terry Berg Earnest Hawkins Colleen O'Conner
Alton Deshazor Marion Hudson William Perry
James Ervin Donnie Hulsey John Smith
Reynaldo Fernandez George Jaus Raymond Thorn
Robert Fogle Dean Knutson Leroy Trujillo
Andrew Maestas

TO ALL PERSONNEL:

Misuse of government vehicles

No one is authorized to use a government vehicle, i.e., cart, forklift, etc. to go to and from the cafeteria or vending machines to purchase food even if they work in outer areas of MCB.

In Accordance With DOD 4500.36R and BO 11240.24C (3006):

MISUSE AND PENALTIES FOR MISUSE OF GOVERNMENT-OWNED VEHICLES the following applies:

A government owned vehicle will not be used, unless authorized in writing, for transporting personnel *to or from an individual's quarters, BOQ, or barracks; the Commissary and Marine Corps Exchange, including barber shop; any club system, snack bars, cafeteria, or bowling alley, post office, bank or credit union.*

The penalties for misuse of a Government-owned leased vehicle (GOV) are severe.

There are stringent regulations, outlined in DOD 4500.36R and BO 11240.24C, to preclude the misuse, or personal use of a GOV. Any civilian employee who willfully uses, or authorizes the use of any GOV, except for official government business only, *can and will be suspended from duty without compensation for up to 30 days. Military personnel can be disciplined under provisions of the Uniform Code of Military Justice, or other procedures deemed appropriate.*

Safety and security concerns

To meet safety and security concerns, the Commander has directed that NO vehicles (POV or government) be allowed to park on the yellow striping in front of building 573.

Personnel driving electric or gas carts are requested to refrain from parking in front of the building, except when engaged in command visits/tours, or mail drops.

Security personnel performing entry control duties will be enforcing this requirement.

EVERYONE is requested to comply with the Commander's direction. Violators will be identified and reported to their supervisor.

How's your safety attitude?

By Randy Spencer

Environmental and Safety Office

When is the best time for a good safety attitude? ALWAYS!!! What are the ingredients for a good safety attitude?

FOCUS - STRENGTH - TIME - RESPONSIBILITY - RISK

FOCUS: A good safety attitude means to focus and concentrate on the job at hand. If you have other things on your mind you may be distracted. If you are tired or bored a mishap could be just around the corner.

STRENGTH: What this means is the strength to do the right thing, even when you are under pressure to take shortcuts. A good safety attitude means you have the strength to stick with the procedures and work safely.

TIME: Take the time to do the job correctly and use the correct Personal Protective Equipment. Is saving a few minutes worth a lifelong injury? If you add up the human toll and the cost of injuries isn't it obvious that it's cheaper to do the job the right way the first time?

RESPONSIBILITY: This is simply caring about yourself and your co-worker, taking responsibility even when a task "isn't my job". A good safety attitude means thinking of yourself as part of the team.

RISK: No doubt our jobs are inherently risky but we can weigh the risks of performing a job a certain way and take measures to reduce the risk. A good safety attitude means being smart and avoid taking unnecessary risks.

A positive safety attitude will be an attitude that affects everyone around you. We can always think of excuses why we do not act with safety in mind. In order to conserve our lives and our resources it makes a lot more sense to maintain a good safety attitude. (Reprinted in part with permission.)

Safety stand down

Story and photos by Sgt. Brian Davidson

Press Chief

Headquarters Battalion Marines received a safety awareness brief on the number one cause of death to active duty Marines at the Oasis Club Friday morning.

The all-hands safety stand down focused on vehicle safety and the negative ramifications of drinking and driving. Members of the California Highway Patrol, the Base Safety Office and the Camp Pendleton Base Safety Office were on hand to share their knowledge and expertise.

One of the first things Marines did during the presentation was learn the differences between facts and the many myths about alcohol consumption and California State Law.

Some people mistakenly believe that they can drink one beer in an hour and be fine to drive, right? Wrong. You may have a breath alcohol level of .01, but if you are in an accident and someone is injured or complains of neck pain you can still be charged with a felony D-U-I. Whether you are at fault or not, it could still amount to a a felony D-U-I.

As myth after myth was dispelled, the full attention of the crowd lay at the front of the room, focused on the brief.

Headquarters Battalion Substance Abuse Counseling Officer Gunnery Sgt. Bruce Raymond noted that the purpose of the safety standdown was "to convince Marines to wear their seat belts, to minimize their risks,

and to remind those Marines who are parents not to ride with their children in their arms."

"Some parents and grandparents like to ride with their children in their lap," said Raymond. "That is one of the worst things they could possibly do."

Still, some people need to be convinced.

"When they ride in The Convincer with a doll in their lap, they are unable to hold on to it and the doll crashes into the dashboard," remarked Raymond. "They are riding The Convincer and wearing a seat belt and the five-mile per hour collision jars them. So, they can begin to imagine what it would be like if it was a two-car, 30-mile per hour collision.

"I rode it 1984. I've been wearing my seat belt every since ... it convinced me," said Raymond.

One Marine may have summed up the short ride in the mechanical contraption best of all who braved The Convincer.

"It was like being hit in the gut by a freight train," said Sgt. Brian Gerck, postal chief. "I was in an accident where a kid ran into to my truck, so I know what it feels like to be in an accident. I was wearing my seat belt at the time and do believed that it saved my life.

"I only hope that perhaps a Marine who doesn't wear their seat belts will be convinced that wearing a seat belt can save their

life, and that drinking and driving kills," added Gerck. "No one should ever leave the parking lot without buckling up first."

Giving Marines the information they need to make well-rounded decisions is a major part of the Corps' safety strategy, according to Gunnery Sgt. Andre Armstead, vehicle safety and driving instructor with the Camp Pendleton Base Safety Office.

"In my line of work, we always try to stress to Marines to avoid the things that cause accidents; speeding is the number one cause of all accidents now, driving under the influence, fatigue – these are the primary things that kill Marines," said Armstead. "The Commandant has some guidance about the role that fatigue plays. There are always instances where Marines will get behind the wheel and try to drive long distances with only two or three hours of sleep because they're trying to make it back from liberty in time for a formation."

Knowing that making that type of decision could be their last, Armstead said he hopes that more will think before they act and pick up the phone, instead of getting behind the wheel tired or under the influence.

"I think that we are making a difference in how Marines make their decisions," noted Armstead. "After they receive this type of training, they tend to take safety more personal. Overall, we're doing well but there is always room to do better.

"We are coming upon the last holiday of summer, we can't just blow it now."



From the moment he was strapped into The Convincer, Lance Cpl. Tyrell Dikes knew he was in for a ride, but it was much more intense than he anticipated. A regular at the Base Fitness Center, Dikes, like all other riders, was unable to maintain a positive handle on the baby doll that accompanied him for the ride. The doll had much less momentum than the average infant would bring to bear in the event of a 10-mile per hour collision as it weights less than 3 lbs.



MCCS



MARINE CORPS Community Services Barstow

By Jim Gaines

MCCS Publicity

Clothing Bargains at MCX

Selected men's and women's fashions slashed 10% to 50% off regular prices. Sale lasts through end of August.

Also great TV buys during the August sale - come in and browse.

Summer giveaways and manager's specials continue throughout the month.

Movie Mania is coming to the MCX/Super Seven Store: If you're a movie fan you'll love this video special! More details to come in this column.

The Nebo MCX/Super Seven Store is open Mondays-Fridays, 6:30 a.m.-9 p.m., Saturdays 8 a.m.-9 p.m., Sundays and holidays, 10 a.m.-6 p.m.

The Yermo MCX/Railhead Exchange is open Mondays-Fridays, 8 a.m.-3:30 p.m. During troop rotation: Monday-Fridays, 8 a.m.-8 p.m., Saturdays and Sundays, 10 a.m.-5 p.m. For more information call 256-8974.

The MCX Gas station is open Mondays-Fridays 6:30 a.m.-9 p.m., Saturdays, 8 a.m.-9 p.m., and Sundays 10 a.m.-6 p.m. Credit card purchases are available 24 hours.

Lunch menu

Today :

- Nebo - Soup/salad bar.
- Yermo - Cornish game hen
- Friday* - Baked trout.
- Monday* - Baked chicken.
- Tuesday* - Pizza & salad.
- Wednesday* - Beef stir fry.

Lunch is served:

- Nebo - 10:30 a.m.-12:30 p.m.
 - Yermo 11:30 a.m.-noon.
- \$3 military, \$4.50 civilians.

Family Night menu

Tonight - Closed for the Change of Command Ceremony.
Family Night dinners served Thursdays: 4:30 p.m.-7:30 p.m. Prices: Adults \$4.50, children five to 11 years \$2.50, children under four years are free.

Semper Fit's Swimming class

Introduction to Swim Team is the name of the class. This class is for students who have all the skills through level IV and are interested in possibly becoming a member of a school swim team. The class lasts for one week and is free. Students must pass an assessment prior to the class.
Maximum enrollment will be lim-

ited to ten students in each class. For more information on registration, contact Marisa Klavon, Health Promotions at 577-6817, or drop by the Gym/Fitness Center, Bldg 44.

Get in shape and stay in shape with aerobics! It's fun, it's exhilarating and it works. Join Gina Galbraith's classes Monday through Thursday 4:30 p.m. to 5:30 p.m. The cost is \$20 per month or a \$2 walk in fee. Everyone welcome. Aerobic classes are held in the Aerobics Room at the Gym/Fitness Center bldg 44. For more information call 577-6971.

Water parks and Legoland

ITT has discount water park tickets: 22%-33% off gate prices at Soak City, Hurricane Harbor, Wild Rivers and Raging Waters.

Get in on the Legoland two-for-one special: ITT has tickets that are good for an additional free ticket at the gate - any combination. Hurry! This special ends September 3rd, 2001.

ITT is open Mondays-Fridays 8:30 a.m.-4 p.m. ITT tickets are available after business hours at the Bowling Center.

Call 577-6541 for more information on tickets, trips and specials.

What's your handicap?



Want to establish a SCGA handicap so you will be eligible to play in the tournaments? The cost is \$25 per year, and Susan at Tees & Trees will take care of the paperwork for you.

Tees & Trees Golf Course

577-6431

Open 11 a.m. to 7 p.m. Monday.
7 a.m. to 7 p.m. Tuesday through Sunday.

Do-it-yourself and save



With the right tools (and we have all the tools you'll need), and knowledgeable help (and we have that too), you can do things like: oil changes, tune-ups and tire rotation with ease and save money too.

Drop by our shop and see what we offer - let us show you how to do it yourself and save you money. Available to military, military retirees and MCLB DoD employees.

AUTO HOBBY SHOP

577-6441

Open 1 p.m. to 9 p.m. Wednesday through Friday.
10 a.m. to 5 p.m. Saturday & Sunday.
Closed Monday and Tuesday.

MEO: Training employees

By Cpl. Joshua Barnhardt
BARSTOW LOG staff

The Installation and Logistics Department is providing training for their employees in maintenance areas to make them more efficient.

This time, I&L is bringing the training to the employees.

"We will have classes for Basic Industrial Electricity, Building and Facilities Electrical Systems, Electrical Print Reading, and Air Conditioning and Refrigeration," said David Arizaga, maintenance supervisor.

The maintenance employees are being taught by professionals.

"Performance Training Associates Incorporated was hired to come in and teach the courses," said Arizaga.

Two of the courses are two day courses and the other two are one day events. They will be taught in Building T-117, the Safety Classroom by Public Safety, and I&L plans to send employees from both Nebo and Yermo annexes.

All of this training has been brought on by the new Most Efficient Organization, or MEO, set up to make I&L be more cost effective.

"A lot of the workers are already doing this type of maintenance, but

since we went into the new MEO, a lot of these guys don't have the electrical background," said Arizaga. "And with electricity being what it is, we need to make sure they understand the dangers of it and they can work safely with it."

Safety is a major factor for some of the training, especially electrical work. If someone is not properly trained, they could suffer major injury or even death from electrical accidents.

The training is not only going to be confined to the electrical arena. I&L also has correspondence courses for their workers in Introduction to Carpentry, Plumbing Systems Maintenance, Understanding Basic Electricity and Electronics, and Air Handling Systems, according to Arizaga.

Most of the maintenance employees will be proficient in all areas.

"We are going to have at least 35 people take all the courses," said Arizaga.

The way employees are being trained now is different since the implementation of MEO. Before, if there was a problem of a pipe leaking on an air conditioner, they would have to send a plumber for the leak, an electrician for the electrical wiring and an

air specialist to check out the air conditioner. Now they only have to send one person to do the job it used to take three to do.

training is not going to stop at the basics of each area. "I'm starting with the basics because I don't want to overwhelm them, but later we can go deeper into the trades, even as far as apprenticeship programs," said Arizaga.

Apprenticeship programs could qualify workers as experts in certain fields of maintenance, such as air conditioning, or electricity. This would make the work done at MCLB better and would require fewer repairs in the future.

"The training will make the workers a much better employee," said Arizaga. "Not only will they be a better employee for us, they will be much more marketable anywhere else."

All the training the employees receive will be documented for their benefit in the future.

"They will receive certificates for the correspondence courses that will go in their personnel files, so it is on file that they have completed that course," said Arizaga.

The people going through the classes think it is beneficial so far.

"We are learning a lot of different things and doing some good experiments in the classes," said Sandy Williams, maintenance worker.

"With the downsizing here at Nebo, we are going to have to do the same amount of work with fewer people using a multiple trade," said Skip Sardeson, maintenance worker. "This training is beneficial in helping us do that."

Basically the workers see the training as the new MEO coming through on what it was designed to do.

"They have said all along that the people who are working are going to receive training to help do our jobs," said Sardeson. "That is what they said in the MEO and this just goes to show you that it is actually set up that way."

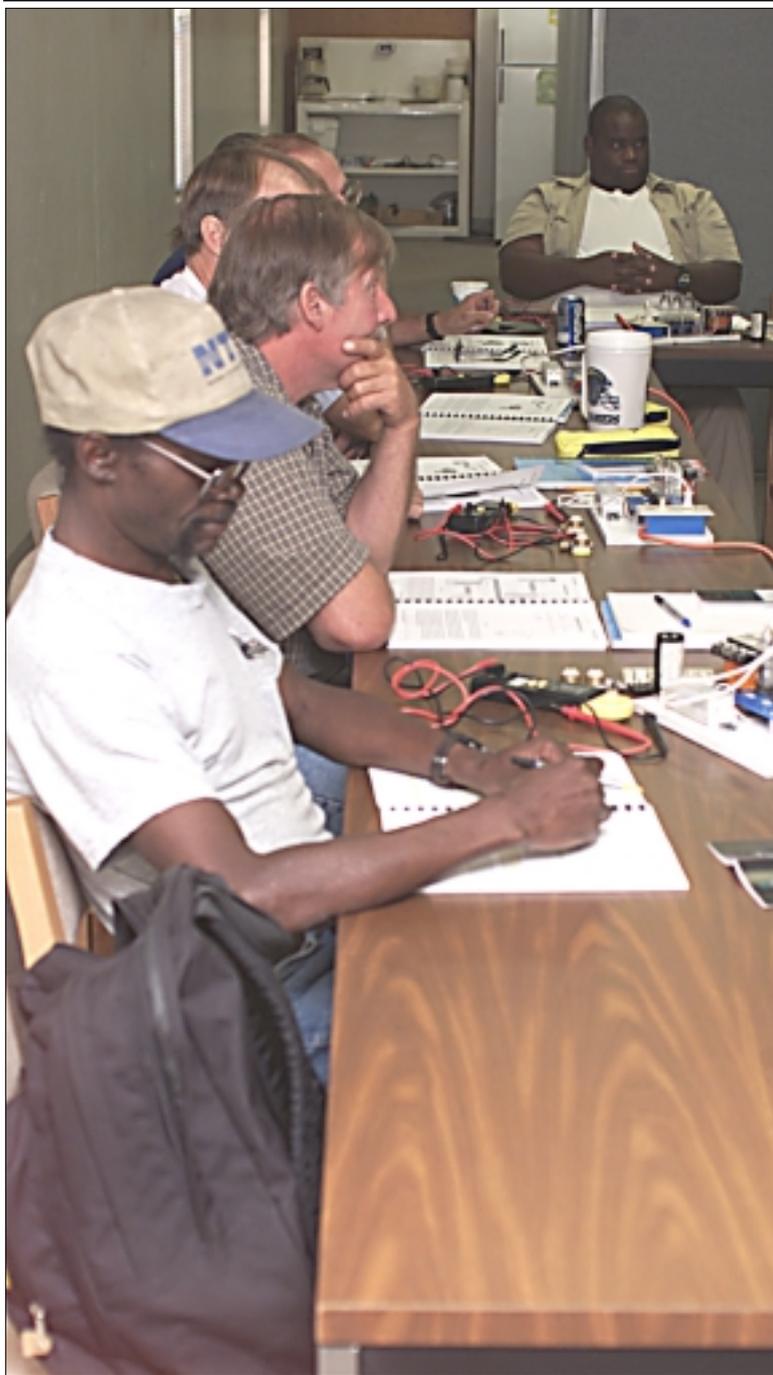


Photo by Cpl. Joshua Barnhardt

(Above) Maintenance workers attentively listen as they are instructed in the basics of electrical work.

The instructor from Performance Training Associates Incorporated reads over the procedures on how to test a circuit breaker.



Photo by Cpl. Joshua Barnhardt

The

Corps scores big at X Games

By Sgt. Matt Butler
1st Marine Corps District

The Marines of the 1st District managed success through a mix of hot, humid weather and heavy showers, the show went on at the ESPN Summer X Trials in Bristol, Conn.

Tony Hawk, Andy MacDonald, Kevin Robinson, and Jay Miron may not be household names to most people, but these world-class athletes drew thousands of age-qualified people. Additionally, millions of age-qualified people saw the 32 hours of X Trials footage on ESPN and ESPN 2 throughout July. During that 32 hours of coverage, and even more projected for the X Games in Philadelphia, spectators and TV viewers will be swamped with Marine Corps commercials and marketing messages.

An estimated 1500 spectators stopped by the Marines booth in the Xperience Village to challenge their strength on the pull-up challenge. More than 100 leads generated were age-qualified. People who filled out a special event registration card had their name entered into a raffle for a limited edition Marine's X Games skateboard.

A tag team of Marines generated leads, got people on the pull-up bars

and handed out prizes for the participants, including key chains, X Games/Marines dog tags, stickers, posters, and Marine sunglasses.

The Marines are the proud sponsors of the ESPN X Games, one of the leading national awareness campaigns negotiated by J. Walter Thompson and the Marine Corps Recruiting Command for the sole purpose of making the job of a recruiter easier by generating awareness and tangible leads and branding the Corps as an elite organization with high standards and a tradition of being the best.

Most of the spectators and TV viewers desire to emulate the athletes they see competing. For many, this attraction to go extreme and take up a chal-

lenge fits nicely with the attraction of being a Marine, which requires dedication, taking up extreme challenges, and a desire to be the best.

The 1st Marine Corps District will host X Games in Philadelphia August 11-22.

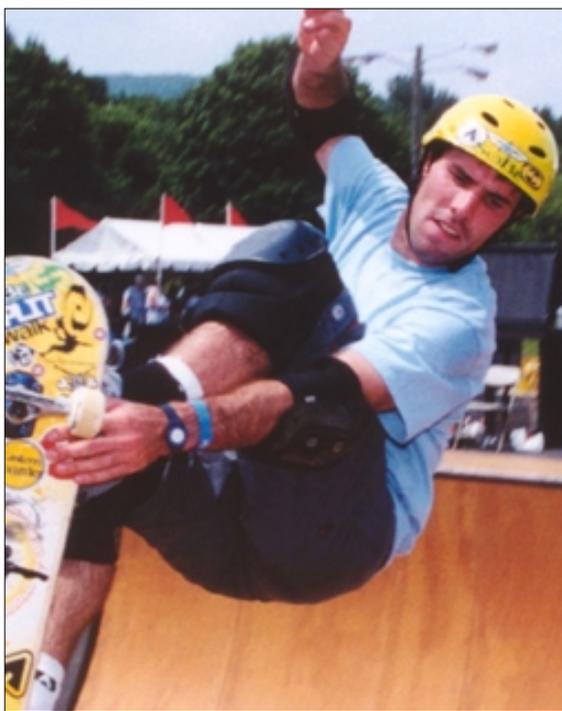


Photo by Sgt. Matt Butler

Andy MacDonald, professional skateboarder, hits the Vert Ramp at the X Trials in Bristol, Conn., July 18.

Turn your computers off at the power source ... it really adds up

The Math

Workstations use 50 watts per hour on the average.

Average Weekdays: 50w for 24 hours x 7 workdays at \$.89/kWh = \$39 annually. 438 kWh

Average Weekdays: 50w for 12 hours x 5 workdays at \$.89/kWh = \$13 annually. 151 kWh

MCLB has 1,350 workstations.

At 24/365: 438 kWh x 1350 = 591,300 kWh \$39 x 1350 = \$52,650

At 12/251: 151 kWh x 1350 = 203,850 kWh \$13 x 1350 = \$17,550

Savings: 387,450 kWh

SPORTS

Intramural Basketball League Summer season underway

By Cpl. Joshua Barnhardt
BARSTOW LOG staff

Two of the lowest scoring games in recent memory were played at the base gym August 8, in the intramural basketball season.

The score of the first game was 2-0. PMO beat Fire by forfeit, so the score was automatically 2-0.

In the second game of the evening, the Clinic Clippers took on the Rite-Jus-Ones.

For most of the game, it looked as if somebody put lids over the baskets, as neither team could get much offense going. The score was 3-0 in favor of the Clippers with 12 minutes left in the first half.

The Rite-Jus-Ones looked ter-

rible as they could not hit a shot inside or outside. They were missing easy lay-ups and wide open three-pointers.

As the Clinic gradually increased their lead, the Rite-Jus-Ones started to panic and looked as if they were trying too hard, because they started making mental mistakes which turned into turnovers.

Dominic Topete of the Clinic was the only player on the court who seemed to be able to hit a shot, as everything he threw up at the end of the first half seemed to rattle around and finally fall in the hole.

Giovanni Valladeres was the only player for the Rite-Jus-Ones to hit a shot from outside five feet as he nailed a three-pointer with less than five minutes remaining in the first half.

At halftime the score was 15-8 in favor of the Clinic.

The second half turned out to be pretty much the same as the first half, except with a little more scoring. The Clippers came out roaring and it seemed like every bounce went their way.

While going up for a rebound, one Clinic player, and two players from the Rite-Jus-Ones all hit the ball at the same time, and the ball took a funny bounce off the backboard and went in the basket.

On the other end, it looked like the Rite-Jus-Ones had an easy lay-in off a rebound, but two players from the same team went up for it and knocked it right in the hands of the Clinic.

At that point, the Rite-Jus-Ones became too frustrated to play effectively and the Clinic Clippers cruised to a 15 point victory with a final score of 35-20.

The Clinic meet the Fire and the Yermolites face off against PMO Wednesday in further intramural basketball play.

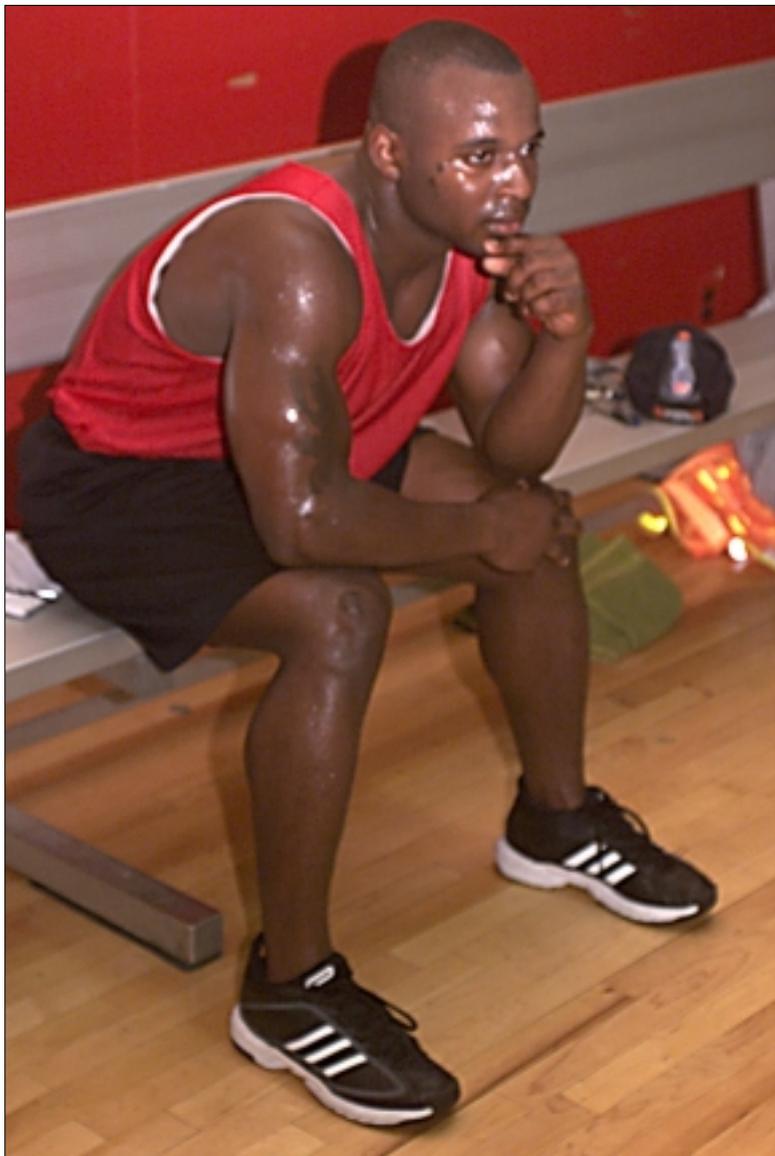


Photo by Cpl. Joshua Barnhardt

Derrick Christoff, Rite-Jus-Ones guard, fumes as he sits on the bench moments after his team's 15-point defeat by the Clinic.

SPORTS BRIEFS

All-Marine Ultra Running Team

Semper Fit is seeking résumés for the All-Marine Ultra Running Team. The ultra team is for ultra-marathoners who compete in extended distance runs exceeding 50 kilometers.

The John F. Kennedy 50-mile race is being held November 17 in Washington, D.C. A 10-person team is being selected to compete in this event. The top five finishers for the team count for the cumulative team time.

Interested Marines can submit a résumé in accordance with Marine Corps Order P1700.29 figure 3-4 to the base Semper Fit officer by September 1. Résumés must contain a command endorsement stating the Marine will be made available to attend all events if selected.

Résumés must also contain previous JFK 50-mile finishes (year and finish time) and any previous race finishes of 50K or longer over the past two years (race name, date and finish time).

For more information refer to MARADMIN 351/01 or call Semper Fit at 577-6971.

All-Marine Women's Sports

The Director, Semper Fit athletic program, is seeking applicants for All-Marine Women's team sports.

Applications must also contain a command endorsement. Send applications to the local MCCS Semper Fit athletic director. Refer to Marine Corps Order P1700.29 for specific details. The order is online at <http://www.usmc-mccs.org> under Policy.

All-Marine Trial Camp date and site are:

Soccer MCAS New River, N.C. Aug 19-September 8
For more info call Staff Sgt. Dennis W. Owen, 577-6899.

MCLB Soccer seeks players

Once again soccer season is approaching, and the base soccer team needs players to fill the roster. This year the team is competing against teams at MCCDC Twentynine Palms. Practice is Tuesdays, 4-5 p.m. at Sorensen Field. Military and civilian family members are welcome to join.

For more info call Lance Cpl. Edward M. Torresosorio, 577-6408, or Lance Cpl. Eduardo H. Nuno, 577-6475.

All-Marine Skeet Team

The world skeet championships are at San Antonio, Texas, October 12-20.

A five-person all-Marine team will be selected by résumé to compete in this event. Interested Marines must submit résumés to the Semper Fit athletic director by August 1.

Résumés must contain:

- National Skeet Shooting Association membership, average based on a minimum of 500 targets in each gauge (12-, 20-, 28-gauge and .410 bore),
- Current classification in each gauge of at least A-class or higher,
- A copy of an NSSA classification card. Refer to Marine Corps Order P1700.29 for specific details. The order is also online at <http://www.usmc-mccs.org> under Policy.

Marine Toys for Tots Foundation

The Marine Toys for Tots Foundation recently announced that Team Toys for Tots is once again being formed to participate in the 26th Annual U.S. Marine Corps Marathon on October 28.

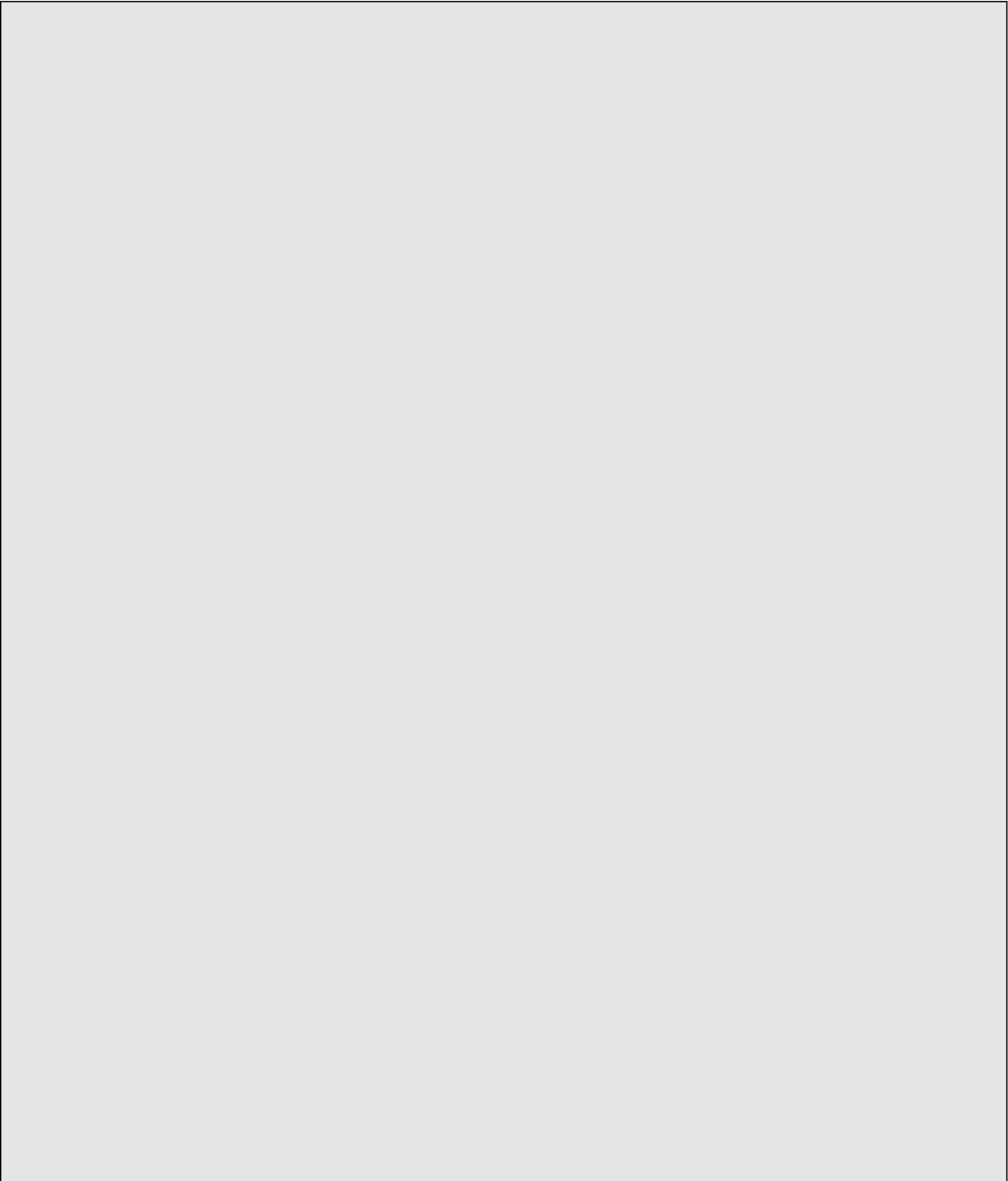
MTFTF has purchased 20 slots for this year's Marine Corps Marathon with the confidence that each team member will obtain sponsorship(s) to raise \$2,500 for Toys for Tots.

If interested in participating in this year's Marine Corps Marathon as a member of Team Toys 4 Tots, contact Major Brian A. Murray, USMC (ret) at (703) 640-9433 or e-mail: murrayba@nt.quantico.usmc.mil.

Basketball Standings

PMO	2-0	Yermolites	0-1
Clinic Clippers	1-1	Fire	0-1
Rite-Jus-Ones	1-1		

Games are played every Wednesday at the Base Gym at 6 and 7 p.m.



Please submit all Trader Ads to editor@barstow.usmc.mil by Friday at noon for publication.

2001 CHEVY CAMERO: w/T-top, V6, Auto CD, P/W, P/S, A/C, 11,000 Mi. , \$17,000, OBO. Call Betsy 254-0016.

MOTORCYCLE: 1978 Husky 256CR, restored, \$1,000. Call 254-2095.

MOTORCYCLE: 550 Kawasaki, runs great, must see to appreciate, \$500 OBO. Call 256-1914 AWH.

SERVICES: ATTN: LADIES, aesthetic body waxing and henna tattoos available right here on MCLB. Great rates, call for your appointment, 252-8666.

MISCELLANEOUS: 4 chrome spoke wheels 15", five lug, \$50. Call 254-2095.

MISCELLANEOUS: Child's loft bed w/side rails and homework desk underneath, \$200 OBO. Call 256-1914 AWH.

MISCELLANEOUS: Bed, queen size, four poster, cherry wood, mattresses included., \$200, OBO Call 256-1914 AWH.

MISCELLANEOUS: Stereo System, Sharp with CD player and 2 large 3-way speakers (10" woofer and 3" tweeter), \$100; Hobart M. Cable piano, xlt. cond. \$750. Call 252-1059 AWH.

MISCELLANEOUS: Freezer, 13 cu. ft., manual defrost, works good, \$100. Call 254-3788.

MISCELLANEOUS: Wool rug, Flokati, approx. 6 x 9 ft., \$100, OBO. Call 252-1908.

MISCELLANEOUS: Kenmore electric dryer, xlt cond., \$125; window G.E. room air conditioner, 8,000 BTU/9.8 EER, will cool approx. 250-300 sq. ft. , 3 cooling and 2 fan speed, still in the box, \$175. Call 252-3309 Lv Msg.

MISCELLANEOUS: Three end tables; one glass dining room table, blue couch and matching sofa; two wooden dressers, twin bed; a queen bed, refrigerator, very low prices, go to go by the end of the week. Call LCpl. Woods at 957-1784 or come by 1516B Inchon Street.

MISCELLANEOUS: Grass trimmer, cordless battery chargeable, \$25; Nokia 5120 cell phone with battery and case, \$35. Call 242-8839.

MISCELLANEOUS: Sturdy loft bed with two-drawer dresser, desk and two shelf bookcase, needs one mattress, \$375 OBO. Call 256-3647.

GARAGE SALE: Saturday 9 a.m.-12 p.m., barbecues, lamps, baby items, children's toys and much more, 1905 Sunset Street..

