

BARSTOW LOG

SERVING MCLB DURING TRANSITION AND CHANGE

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Marine Corps Logistics Base Barstow, California

October 25, 2001

Gossip

Does gossip fall in line with the Corps Values?

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Time to

back one hour

Turn your clock back at 2 a.m. Sunday

Marine Corps homepage

<http://www.usmc.mil>

BARSTOW LOG

<http://www.barstow.usmc.mil>

Anthrax: how to handle a potential threat

By Gunnery Sgt. John Cordero
Public Affairs Chief

A suspicious letter discovered at the base post office Oct. 17 tested negative that evening for harmful biological agents.

Although the letter – which had a foreign postmark, a general address to the base, and a brown, oily stain – was not contaminated, the trail of bioterrorism since Oct. 5 has caused some people to ask how they should handle biological agent threats and what they should do about suspicious mail.

Whereas government agencies are trying to increase people's awareness of possible biological agent threats like anthrax, they also claim that there is no reason to panic.

Dr. Jeffrey P. Koplan, director of the Centers of Disease Control and Prevention, said that the best approach to dealing with anthrax is to know more about it. Anthrax, a bacterial disease caused by *Bacillus anthracis*, can form spores that can survive in the environment for prolonged periods. Anthrax spores germinate into bacteria once inside the human body. It takes about 10,000 spores to overwhelm the immune system and cause the disease.

"For one, it's not contagious, it doesn't spread from person-to-person," said Koplan in an interview published on The Centers for Disease Control and Prevention Web site. "Two, it's a disease that once exposed to is treatable, and we have a number of different antibiotics that can be used to treat it. And those antibiotics are very effective in preventing a person from ever getting the disease once exposed."

Although infected people are not contagious, anthrax can infect people in three ways. These ways are largely determined by the route of entry of the anthrax into the human body, said Koplan.

Cutaneous anthrax, also known as "skin" anthrax, is the mildest form of anthrax infection. Infection is introduced through scratches or skin wounds. Symptoms include itching, rash and possibly lesions near the site of infection. With proper treatment, less than one percent of all cases is fatal. Approximately 95 percent of human anthrax infections are cutaneous infections, and cutaneous infections present the greatest threat to personnel handling contaminated packages.

Gastrointestinal anthrax is contracted by eating or swallowing anthrax spores. Symptoms

NCO, MOQ named



Photo by Sgt. Anwaar AlMoribat

Corporal Jared Anderson fixes a security camera.

By Sgt. Anwaar AlMoribat
Press Chief

In most instances, the titles Noncommissioned Officer and Marine of the Quarter are held only once. However, for this quarter's selectees that is not the case. Both Marines have been in the spotlight before.

The NCO of the Quarter

After a competitive selection board, Cpl. Jared M. Anderson, a cryptological specialist with base communications, was chosen to represent the command as the Noncommissioned Office of the Quarter.

Anderson, a native of Arizona, joined the Corps after attending the University of Arizona in 1998 for definite reasons – adventure and a change of pace.

Competitive boards are nothing new to Anderson. This is the fourth quarterly title he has garnered since being stationed here in 1998. In total, the assistant communications platoon sergeant competed on eight boards.

According to Anderson, each board is easier than the last.

"When you make it a point to be on the boards and to compete against your peers, it only makes you that much better and more prepared for the future," said Anderson. "If you don't come out on top, you were still one of the few chosen to represent your unit."

In preparing for the NCO of the Quarter board, Anderson had yet another goal in mind – readying himself for the upcoming meritorious promotion boards.

"I'm grateful that I was selected to represent the command," said Anderson. "I've had the honor before. Now that I have it again, it really reminds me of how important it is to make it to the next level –



Photo by Sgt. Anwaar AlMoribat

Lance Cpl. Jason Fields coaches on the range.

getting promoted to [the rank of] sergeant."

Being comfortable and capable as a corporal of Marines, according to Anderson, is what makes a promotion the next step.

"I'm actually in radio, but I'm cross-training in Comm. since there are no slots for me in my actual MOS, and I have six Marines under me for the first time," noted Anderson. "So, I really feel the need to set the example all of the time and make sure that I'm influencing my seniors and getting the job done, too," he said.

Aside from his Marine Corps aspirations, Anderson is on the path to completing his bachelor's degree, which he started before enlisting.

"It's hard to compete today without good credentials," cited Anderson, who has yet to decide on how far he will pursue a Marine Corps career. "In or out of the Corps, a degree is a good start."

At this point in time, Anderson's chief task is helping advance the base communications center restructuring effort.

The Marine of the Quarter

Lance Cpl. Jason Fields, a drafting and surveying engineer's assistant, is MCLB Barstow's first Marine of the Quarter for fiscal year 2002.

The 20-year old South Dakota native's presence is commonplace on the meritorious and competitive boards here. Fields has competed on five boards, winning the Marine of the Quarter award twice and earning his current rank meritoriously.

Being the Marine of the Quarter puts him in prime contention for the upcoming meritorious promotion board. Quarterly board winners receive an additional ten points in the meritorious board scoring.

The typically soft-spoken and reserved Marine said

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The Marine Corps — a band of brothers or group of gossips?

By **Gunnery Sgt. John Cordero**
Public Affairs Chief

Gossip is verbal dynamite. It has entertainment appeal, yet wields the power to divide people and destroy reputations. Gossip is prevalent throughout society. Much of what the media reports as news and what many daily conversations consist of qualifies as gossip. The only difference between gossip and news seems to be whether you hear it or tell it. The prevalence of gossip does not make it right. Gossip has been defined as useless talk, especially about the personal or private affairs of others. It might even be called the art of saying nothing and leaving nothing unsaid.

Gossip, or scuttlebutt in naval terminology, is anything that anyone says unnecessarily about someone that damages that one's reputation in the minds of other people. Gossip is talking about someone's weakness, faults, conduct, or even your low opinion about him or her to people who are neither part of the problem nor part of the solution. While gossip may be more than that, it certainly is not less.

There are three reasons why gossip, both the practice and tolerance of

it, is wrong: it contradicts the core values of honor, courage and commitment; it violates several leadership traits and principles; and it can hurt the morale of a unit.

We as Marines, regardless of our personal beliefs before joining the Marine Corps, have assumed the values and ethics of the Marine Corps, whether they be found in the oath of office or allegiance, Uniform Code of Military Justice, or code of conduct. Since we have voluntarily placed ourselves under all of the Marine Corps' regulations and traditions, we should gladly embrace them for our good and the good of others.

Consider how lying and stealing relate to faithful submission to Marine Corps standards. While someone might not have thought lying and stealing were wrong before he joined the Marine Corps, he must now behave as if they are wrong if he intends to honor his commitment to the Marine Corps. Lying and stealing may seem like black and white issues for some people, but those same issues are gray areas for people who believe that abso-

lute or universal truth and morality are relative.

Some people in a unit may not think it is wrong to take something that is unsecured. After all, somebody would have properly secured an item if he really did not want it taken, right? Other people may not think it is wrong to claim to be ill to avoid duty or physical training. Yet those actions hurt the people involved and reduce their unit's readiness level.

A cursory reading of the following excerpts from the UCMJ indicate that it is wrong to lie or steal:

"Any person (in the U.S. military) who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct." (Article 107, UCMJ)

"Any person (in the U.S. military) who with intent to steal takes anything of value from the person or in the presence of another, against his will, by means of force or violence or fear of immediate or future injury to his person or property or to the person or property of a relative or member of his family or of anyone in his company at

the time of the robbery, is guilty of robbery and shall be punished as a court-martial may direct." (Article 122, UCMJ)

Someone who is merely concerned with the letter of the law may claim Article 121 applies only to people who sign or make false official documents or statements or that any article in the UCMJ applies only to people who get caught.

But integrity demands that all Marines obey all orders, regulations, and laws from the heart, not merely while knowing somebody else is watching.

The mandates of the UCMJ clearly have moral implications. And those ethical standards should not be viewed as chains that limit our freedom. They should be valued as precious precepts that aid us in taking care of each other and accomplishing our missions. As we value them, we should not seek to obey merely the letter of the law; we should conform our behavior to the spirit of those standards. Conforming our behavior to the deeper meaning of standards may be seen by applying the principles of not lying or stealing to gossip. Passing on unnecessary information might not be lying as in making up an untruth, but it can do the

same damage as a falsehood if it gives a false image about another person. And giving news may not be stealing as in taking something tangible from another person, but it can steal a person's reputation or peace of mind. That gossip is contrary to the standards that promote good order and discipline may also be seen by looking at gossip in the light of such things as the Marine Corps' core values, leadership traits and principles, and the concept of the Marine Corps as a "band of brothers."

It is not honorable to unnecessarily speak poorly of other people. Nor is it courageous to sit idly by while someone unnecessarily defames someone else. To do so reveals a lack of commitment to our treasured motto "Semper Fidelis" — to be always faithful to God, country, and the Marine Corps.

Anyone who considers the 14 leadership traits or the 11 leadership principles should conclude that there is no place for gossip in the practice of good leadership. For example, someone who is unselfish or loyal will not entertain himself or others at the expense of another Marine's reputation, whether that Marine is a superior, subordinate or

See **GOSSIPS** page 12

Righteous trees of life

By **Lt. Cmdr. Elmon R. Krupnik**
Base Chaplain



The base has been cutting down diseased and dying trees over the last several months. I was watching the process this weekend and I was amazed at the time and hard work it

takes to cut a tree down. The Bible uses the tree to represent different aspects of our life spiritually. In the book of Proverbs, it is referred to four times as a "tree of life." Proverbs 11:30 states, "The fruit of the righteous is a tree of life and he who wins souls is wise." Living in the High Desert, a tree is appreci-

ated because of the shade it offers and the symbol of life it represents. When we practice righteousness in our everyday lives, those around us appreciate it, and it offers a symbol of goodness and hope in a world that has at times gone bad. When we continue to practice being righteous, we grow spiritually and become stronger in our faith. Our roots in our being righteous are founded on serving God and establishing a practice of worship and dedication. It is through the living water we receive in the spirit of God that we grow and become strong. As we grow in God, it takes a lot of hard work and time to cut us down. Let all of us make it a practice to be righteous (doing what is good) for each other as we serve God together.

Blessings to all,
Chaplain Krupnik.

Just doing my job ...



Photo by Sgt. Anwaar AlMoribat

Staff Sgt. James M. Quinlan, Range staff noncommissioned officer-in-charge, calls orders from the center of the line at the Base Pistol Range Tuesday morning. Quinlan, an infantryman by trade, is known as a stickler for safety. Safety is the most important thing on every Marine Corps range.

Chapel Services

Protestant Sun. 8:30 a.m.
Mass Sun. 10:30 a.m.

Nebo Bible Study

Wednesday Noon-1:30 p.m.
At the Chapel Office

Catholic Rosary

First Saturday of every month. 3 p.m.

Confession services
before Mass

For more info call
577-6849.



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For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Suspicious phone calls or media queries

What should you do if you receive a suspicious phone call or a member of the media calls and asks questions about something occurring at the base?

If somebody you don't know calls you and asks for sensitive information, refer that person to the base public affairs office (577-6061/6449). If you receive a suspicious phone call, call PMO at 577-6666. For emergencies, such as a bomb threat, call 911.

If you receive a call from the media about any issue related to the base or Marine Corps, one of the things you should do is ask yourself if you are the appropriate person to answer questions related to the topic. Even if you are a subject matter expert, you should refer the reporter to the public affairs office.

Base personnel who give information or speculate about a base incident can be attributed by the media as base spokespeople, even if the conversation was "off the record."

Although the Marine Corps' best spokespeople are the individual Marines and civilians who work here, there are appropriate steps that should be taken for the release of information, especially regarding accidents, incidents or crises.

Parent Advisory Board Meeting

The Children and Youth Program's Parent Advisory Board will meet today at 5 p.m. at the McKinney Youth Center Training Room.

Topics to be discussed include the Base "Home Alone" policy. For more information, call 577-6287.

FMA nominations

The deadline to submit nominations for the Federal Manager of the Year awards is Oct. 31.

For more information about nomination guidelines and making nominations contact Anita Lewis, 577-

6788, Pat Snyder, 577-7284, Ken McFauls, 577-7717, or Brenda German, 577-7139.

Cancer Resource Center Benefit

The Mojave Valley Volunteer Hospice and Cancer Resource Center is having a garage sale Friday and Saturday from 8 a.m. to 1 p.m. at 1204 Navajo St. They are in need of donated items to sell at the garage sale. All persons who donate items will receive a tax deductible receipt. Call Rose Foster at 252-6011 or 255-2524 for more information.

Calico Ghost Haunt

Calico Ghost Town is hosting Calico Ghost Haunt Friday through Sunday.

There are various attractions such as a haunted mine, trick-or-treating, and pumpkin carving.

Calico Ghost Haunt will be open Friday from 5 to 9 p.m., Saturday from 12 to 9 p.m., and Sunday from 10 a.m. to 5 p.m.

Marine Corps Ball

Join us in celebrating our 226th Marine Corps Birthday Ball at Primm, Nev., on Nov. 8.

Ticket prices are as follows: officers, civilians and guests, \$20; staff non-commissioned officers, \$15; sergeants and corporals, \$10; lance corporals and below, free; guests of lance corporals and below, \$10.

All military personnel will be allowed one guest at their rate. Additional guests will be charged the maximum \$20 rate.

Cocktail hour is from 6 to 7 p.m. and the ceremony starts directly after cocktail hour.

Dinner will be served buffet-style at 8 p.m. and consists of grilled chicken breast, baked salmon and penne pasta as the entrees. Prime rib is at the carving station. There will also be an assortment of sides as well as condiments available and deserts of assorted

pastries and cakes.

The uniform for this event is Evening Dress, Dress Blue "A" or "B" or Service "A." For civilians this is a formal black tie affair.

Tickets are on sale at the base duty officer's office in Bldg. 15 from 11 a.m. to 1 p.m. Mondays through Fridays until Nov. 2.

Don't be left out in the cold. Reserve a room today. Call 1-800-FUNSTOP at the Primmadonna resort and Casino. Be sure to tell them code SMC1108 to get a great room rate. Room prices are \$25. Jacuzzi rooms cost \$119, and suites are \$129.

All room reservations must be made by Oct. 25. Also, room reservations come with a free breakfast pass on Nov. 9. Don't delay - call 1-800-FUNSTOP today.

CWRA Turkey Drawing

The Civilian Welfare and Recreation Association Committee will draw four names on Nov. 15 to win a \$15 gift certificate to Stater Brothers. The certificate can be used to buy a turkey, or \$15 worth of groceries.

Everywhere you see a can with a turkey on the side is a place to fill out a slip to enter the contest.

For more information, call Dan Keirn at 577-6614.

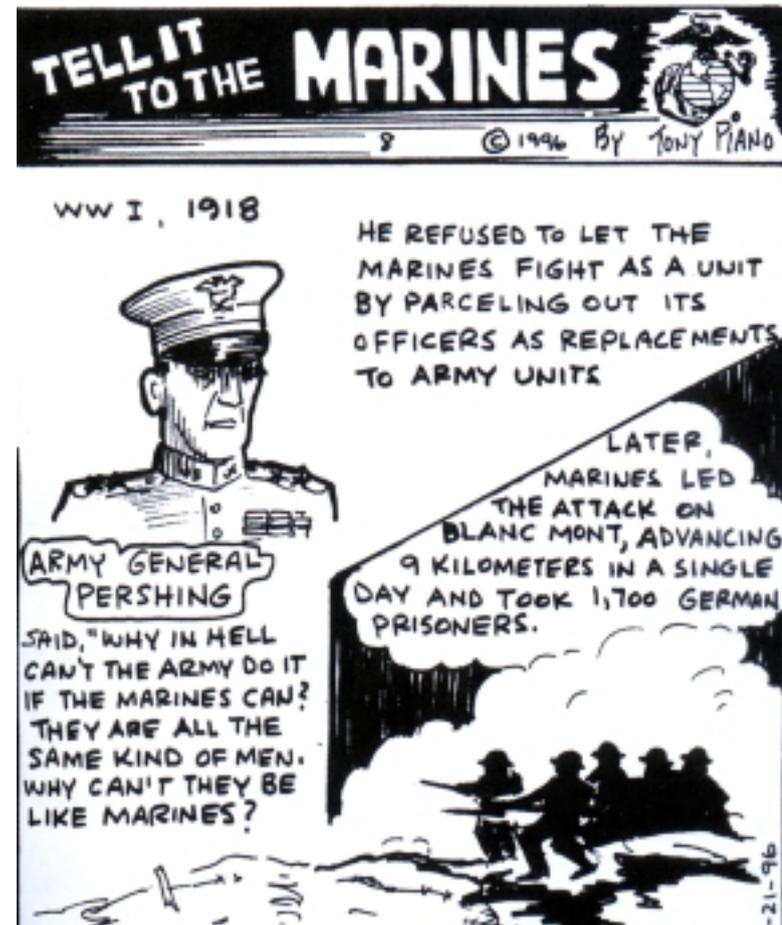
Adopt-A-Vet Program

The Chaplain's office is sponsoring the Adopt-A-Vet program for the holidays again this year. The program works by veterans sending a wish list to the Chaplain's office and Marines and civilian Marines buying what is on the wish list for the veterans.

If you would like to participate in the program, or for more information, call the Chaplain's office at 577-6849.

Free Amusement Park Passes

From now until Nov. 22, Knott's



Berry Farm is honoring past and present military personnel by offering free admission to U.S. veterans and active duty personnel.

The offer includes free admission for one active duty or veteran service member, their spouse, and two children ages 3 through 11.

For more information, call Knott's Berry Farm at (714) 220-5220.

Self Help Warehouse

The Self-Help Warehouse behind the Housing Office on base has recently been remodeled and furnished with new and working machines.

All the equipment is in good working order and is full of gas when it is checked out. The only thing tenants have to do, - is return it in good working order and full of gas.

For more information, call David Madrid at 577-6872.

Donation leads

In response to public inquiries regarding donations in support of the relief and recovery efforts in the aftermath of the terrorist attacks on the Pentagon, the following organizations have established assistance funds or programs.

Monetary donations to victims and/or their families may be made to one or more of the relief societies or funds below:

— The Air Force Aid Society, Suite 202, 1745 Jefferson Davis Highway, Arlington, Va., 22202. Call (703) 607-3134 or visit <http://www.asaf.org>.

—The Federal Employee Education & Assistance Fund, Littleton, Co. Send checks or mone orders

to: FEEA World Trade Center/Pentagon Fund, 8441 W. Bowles Ave., Suite 200, Littleton, Co., 80123-9501 or call (800) 323-4140 or (303)933-7580 or visit <http://www.feea.org>.

—United Service Organizations. Send checks or money orders to USO, 1008 Eberle Place, S.E., Suite 301, Washington Navy Yard, D.C., 20374-5096 or call (800) 876-7469 or visit <http://www.uso.org>.

For donations of building equipment and materials contact the Pentagon Renovation/Emergency Operations Site at (703)528-9524.

To donate volunteer services at the emergency site (e.g., rubble removal) contact the Arlington County (Virginia) Emergency Operations Center, (703) 228-7506.

To donate information technology support contact Gen Loranger at the Network Infrastructure Services Agency - Pentagon, (703) 695-3934.

To donate chaplain support contact Col. Henry Haynes, Pentagon Chaplain's Office, (703) 695-3336.

Additional information regarding donations is available at the Federal Emergency Management Agency Internet Web site, <http://www.fema.gov>.

SATO Changes

SATO Travel hours are now from 7 a.m. to 2:30 p.m. Mondays through Fridays.

For more information or for help viewing itineraries call Lance Cpl. Matthew Riley, 577-6891, or Staff Sgt. James Garza, 577-6259.

Job Watch

Annc No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-454-01-NR	Telecommunications Equipment Operator (Emergency Dispatcher) GS-0390-05	10-15-01	11-12-01	10-29-01	MCLB Barstow
DEU-456-01-NR	Cable Splicer GS-1102-07	10-16-01	10-30-01	10-22-01	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their résumé to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donbr.navy.mil>.

AROUND THE CORPS

Remembering those who gave the ultimate

By Sgt. Sharon Allen

THE GLOBE STAFF

CAMP JOHNSON, N.C. — The 18th anniversary of the bombing of the Marine barracks in Beirut, Lebanon, was commemorated October 23 at 10:30 a.m. at the Beirut Memorial. People from all over the country gather each year at the Beirut Memorial here in Jacksonville, N.C. to remember the 241 Marines and sailors of 1st Battalion, 8th Marine Regiment belonging to the 24th Marine Amphibious Unit who lost their lives in that attack.

The Beirut memorial states "THEY CAME IN PEACE," and at 6:22 a.m., Lebanon time, October 23, 1983, a five-ton Mercedes truck charged across a parking lot separating the Beirut airport terminal from the temporary U.S. Marine headquarters. After crashing through barbed wire fences and gates, the truck avoided bullets from a sentry's rifle and ran straight into the building where some 300



Photo by Sgt. Sharon Allen

A list of those who died Oct. 23, 1983 in Beirut Lebanon is imprinted on the Beirut Memorial.

Marines slept. It only took seconds to turn the four-story building into a heap of rubble, where hundreds were crushed under the weight of the broken building. Most of the victims were from Camp Lejeune and New River Air Station. They were members of the Jacksonville

community, known as fathers, coaches, church members, Marines, sailors and heroes.

According to the Beirut Memorial Web site, during his speech following the bombing, President

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his primary drives for joining the Marine Corps were his need to get away from the chilly confines of the Dakotas and to discover the truths his recruiter told him the Corps held for all who dare to venture into its ranks.

"I knew that I wanted to see what else was out there and to go places I'd never been," said Fields. "I'd lived a somewhat sheltered life, and there was something that my recruiter told me that I kept on thinking about over and over. My recruiter said 'even in the end if you decide that you don't like the Corps, the entire four years that you're in it, you're going to get something out of it — you'll be a better person when you leave.' And it's true."

That promise sealed the decision to enlist for Fields and he has not given a second thought to it since. Growth through learning and new experiences has been the trend, according to Fields.

"As a lance corporal, I have taken every opportunity to be a leader in my peer group and to share what I know with other Marines who haven't had the same experiences I've had," he said.

Aside from winning competitive boards, one of the highlights of his Marine Corps experience thus far is competing on the MCLB Barstow Rifle and Pistol Team at the 2001 Marine Corps Western Division Championship Matches.

"Shooting," said Fields, "is one of the things I enjoy most about the Corps. 'I'd never fired a weapon before I joined up," he smiled, "Now I instruct my fellow Marines in how to become more proficient rifle and pistol marksmen."

While admitting to continually pondering the options lying before him, Fields decided that only one thing is certain at this juncture ... his efforts to excel in the tasks at hand will continue so long as he serves the Corps.

"I have thought about becoming an officer, going on to college and, of course, staying enlisted for a career, and I haven't come to a conclusion yet," said Fields. "So, for now I've got to focus on doing my best for the rest of my tour. That's the most important thing."

Preparing for the upcoming meritorious promotion board and to compete in the 2002 Western Division Championship Rifle and Pistol Matches are Fields' primary focuses for now.

Sharing wealth doesn't always mean money

People helping communities... communities helping people

By Cpl. Cory Kelly
Editor

Albert Schweitzer, a Nobel Peace Prize winner, once said, "There is no higher religion than human service. To work for the common good is the highest creed."

It's not often one runs across a business or organization where the sole purpose of its being is for the common good of helping people help themselves and others.

And it's even less often one finds an organization that, in doing so, doesn't target a particular group, whether it be by race, religion, creed, financial status or another defining attribute.

Self-Help And Resource Exchange, SHARE, is an organization that does it all, without drawing lines. It's a social business that generates its income by and for the purpose of engaging people in self-help activities that improve the lives of individuals and their communities.

But the social business of SHARE doesn't actually do

anything. SHARE is run throughout the world, inside the country and in the backyard of the high desert by a series of volunteers. It's a completely systematic approach to assist people to help even more people, all under the precept of a couple of hours of community service and \$16 in exchange for \$30-35 worth of food - a savings of 50 percent or more.

Locally, the SHARE program is run out of First Baptist Church at 1320 Barstow Road. The local program coordinator said SHARE has been in Barstow for almost 18 years and its principles are simple.

"You do a couple of hours of community service for every \$16 package you order. It doesn't matter what you do as long as you're not getting paid for it. Anything you do for another person is a service to your community," the coordinator said. "You can take Miss Matilda to the store or the doctor or clean her house and that's community service. You can help out at your church or hospital. Anything that will benefit another person that you don't get

paid for will do. You can mow the lawn for the lady next door."

The coordinator explained that participating in SHARE isn't like doing court-ordered community service where one needs to hand in proof of his hours of labor. "We're on the honor system here. If you don't do anything to help anyone else, chances are no one's going to know, but that is on your head."

There are two packages available through SHARE every month, the standard SHARE and the Nu-SHARE (built for the vegetarian diet), and there is no limit to how many packages one can order every month. The standard package starts off with a collection of different meats, while the Nu-SHARE package usually begins with an extra dose of pastas and veggie burgers. Both packages include a rounded compilation of fruits, vegetables, cereals, rice and beans.

Every month there are specialty packages as well. For October, people could order a surf and turf package or a package full of T-bone and porterhouse steaks; for

SHARE

SHARE, Self-Help And Resource Exchange, is a non-profit network of people helping themselves and others to save on food while doing good in their communities. Every month, SHARE offers food packages valued at \$30-\$35 for only \$16 to anyone willing to do any kind of volunteering for just two hours a month.

The next sign up is Nov. 3 at the First Baptist Church at 1320 Barstow Road from 9 a.m. to noon, and the next pick up is Nov. 17 at the same location from 10 a.m. to noon.

There are no contracts, membership fees or intrusive paper-

work.

All are welcome to participate in SHARE. There are no income restrictions. The only thing required is for each food package ordered, patrons volunteer two hours helping others in their community.

SHARE classifies volunteer services as follows:

- Volunteering at churches, schools, hospitals, non-profit organizations, sports leagues, libraries, community centers, etc.

- Writing letters to one's congressperson, or going to town council meetings.

- Helping with distribution of SHARE packages.

November people will be able to order a Thanksgiving holiday package, for an increased price of \$21, complete with a turkey and all the fixings.

Regardless of what's on the SHARE menu from month to month, the sign-up for and pick-up of those orders runs the same way

every month - simply.

"The sign-up and pick-up days usually fall on the first and third Saturdays of every month, but sometimes they are on the second and fourth Saturdays," the coordinator said. November's sign-up

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HALLOWEEN COMETH

Trick or treaters arrive a day early in Barstow

Trick or Treaters

- Carry a flashlight
- Walk, don't run.
- Stay in familiar neighborhoods
- Don't cut across yards or driveways.
- Shoes should fit (even if they don't go with the costume)
- Avoid wearing masks while walking from house to house or consider using face paint instead of masks as masks can obstruct a child's vision.
- Go only to well-lit houses and remain on porches rather



than entering houses.

- If there is no sidewalk walk on the left side of the road facing traffic
- Approach only houses that are lit.
- Trick or Treaters should stay away from and don't pet animals they don't know.

Parents

- Have children eat dinner before setting out.
- Have children carry quarters so they can call home.
- Ideally, young children of any age should be accompanied by an adult.

- If children go on their own, be sure they wear a watch, preferably one that can be read in the dark.
- When buying a costume, look for

one made of flame-retardant the material.

- Although tampering is rare, tell children to bring the candy home to be inspected before consuming anything.
- Look at the wrapping carefully and toss out anything that looks suspect.

Homeowners

- Make sure your yard is clear of such things as ladders, hoses, dog leashes and flower pots that can trip the young ones.

- Pets get frightened on Halloween. Put them up to protect them from cars or inadvertently biting a trick-or-treater.

- Battery powered jack o'lantern candles are preferable to a real flame.

- If you do use candles, place the pumpkin well away from where trick-or-treaters will be walking or standing.

- Nonfood treats: plastic rings, pencils, stickers, erasers, coins.

Drivers

- Go slow all evening. (Adult Halloween parties should have a designated driver.)
- Watch for children in the street and on medians.

Base Halloween trick-or-treating hours are from 6 to 8 p.m. Oct. 30 - the day before Halloween.

SHARE from Page 5

day is Nov. 3 from 9 a.m. to noon at the fellowship hall in the First Baptist Church, and the pick-up day will be Nov. 17 at the same location from 10 a.m. to noon.

The coordinator also explained how many people don't participate in the program because they think they're not allowed. "There has always been the misperception that SHARE is only for the needy or underprivileged. It's not that at all. We don't care if you're a millionaire or a pauper," he said.

SHARE doesn't target anybody; it targets everybody. And it's open to be used as much or as little as the volunteer chooses.

"There are people who participate and order one package every couple of months, and then we have people who will use us as their sole source of food," he said. "The packages are designed to feed a family of four for three to four days. We have low-income elderly couples that order \$150 dollars worth of food and that's what they live off of."

April Nourse, a 24-year-old financial secretary, said she gets involved with SHARE every time she gets a chance. "I've gotten three or four packages in the last couple of months. I like doing it because it keeps me in the mindset of helping people. I like to help out, and getting cheap food is an added bonus."

Nourse noted that her favorite thing about SHARE is the quality of the food she receives. "The food in the packages isn't all bottom of the barrel stuff, it's good and fresh and worth the effort," she said. "They give you a little newsletter with your orders that tells you about the next month's packages and has recipes that work with the food in your orders, so you never have to wonder what you're going

to use the bag of beans for."

Randy Ward, a SHARE California representative, said, "The food distributed through SHARE is the same food you can get at the supermarket. It's often better. We get our fruits and vegetables straight from the farm, and we get first pick. Our meats are the same way."

Ward explained that people give of their time and of their energy to help others all the time. "So we reward each other for doing ourselves some good. We're all one big community, and when people help out the community it's a good thing. All SHARE is, is the community turning around to help the people who are helping it."

SHARE packages

The special package for the month of November will be the Thanksgiving holiday package for an increased price of \$20. That is in addition to the regular SHARE package, \$16, and the Nu-SHARE package (vegetarian version), \$16.

Also, people can double the meat on the regular package for an extra \$8.

Included in the Thanksgiving holiday package is one 9-10 pound turkey, stuffing, potatoes, cranberry sauce, yams, rolls, salad, onions, celery, apples, carrots, pumpkin pie and other traditional fixings.

For more information about SHARE or the sign-up, pick-up times call First Baptist Church, 252-2949, or visit the SHARE California Web site at <http://www.sharecalifornis.org>.

Anthrax from Page 1

include nausea, loss of appetite, vomiting and fever, followed by abdominal pain and vomiting of blood. Gastrointestinal anthrax infections are unlikely from handling contaminated packages.

Inhalation anthrax, the most lethal form of the disease, is contracted by breathing in particles. Although it is fatal in nearly 100 percent of cases after the onset of progressive symptoms, inhaled anthrax is exceedingly rare. Initial symptoms resemble a common cold but after several days may progress to severe breathing problems and shock. Moreover, prompt recognition and treatment are effective. It may be possible to contract inhalation anthrax infections from a contaminated package. However, in most cases deliberately causing such

infections would require some method of rendering the anthrax spores aerosol.

Although a few people have been infected with inhalation anthrax, the majority of infections related to suspicious mail have been diagnosed as cutaneous anthrax.

Suspicious mail, according to the U.S. Postal Service, can have the following characteristics:

- It's unexpected or from an unknown source.
- It shows a city or state in the postmark that does not match the return address.
- It's addressed to someone no longer at the address.
- It has incorrect titles or a title but no name.
- It has handwritten or poorly typed addresses, and has no return address or bears one that can't be confirmed

as legitimate.

- It has misspellings of common words.
 - It's lopsided or lumpy in appearance.
 - It's sealed with excessive amounts of tape.
 - It's marked with restrictive endorsements such as "personal" or "confidential."
 - It has excessive postage.
 - It has oily stains, discolorations or odor.
 - It has protruding wires or aluminum foil.
 - It has a ticking sound.
- If suspicious mail is found, the U.S. Postal Service and Center for Disease Control recommend the following:
- Don't handle a letter or package suspected to be contaminated unless necessary.
 - Don't shake or empty the con-

tents of any suspicious envelope or package. Don't bump it or sniff it.

- Put the mail piece in a plastic bag or some other type of container to prevent leakage of contents.

- If a container is not available, then cover the envelope or package with anything (e.g., clothing, paper, trash can, etc.) and do not remove the cover.

- If there is powder present, do not clean it up.

- Leave the room and close the door, or section off the area to prevent others from entering.

- Remove potentially contaminated clothing as soon as possible and place in a plastic bag, or some other container that can be sealed. This clothing bag should be given to the emergency responders for proper handling.

- Wash hands thoroughly with soap and water. If potentially heavily contaminated, shower with soap and wa-

ter as soon as possible. Do not use bleach or other disinfectant on skin.

- If at home, then report the incident to local police.

- If at work, then report the incident to local police and notify building security or an available supervisor.

- If possible, list all people who were in the room or area when the suspicious letter or package was recognized, especially those who had actual contact with any powdery substance. Give this list to both local public health authorities and law enforcement officials for follow-up investigations and advice.

[Some information in this story was gathered from an Oct. 12 CDC Health Advisory and Navy Anti-Terrorism Alert Center Advisory 020-2001. For more information, visit the following Web sites: www.usps.gov, www.cdc.gov (or call 1-800-311-4345).]



Charles Johnson, toolmaker for Cost Work Center 741 - Machine shop, plugs inserts into a frame-holder thingamajigs for an electrical box. The San Fernando Valley, Calif. born tool-and-die expert has been entertaining himself in the trade for more than 30 years.

Photo by Cpl. Cory Kelly



Photo by Cpl. Cory Kelly

CWC 741: Machine shop

By Cpl. Cory Kelly
Editor

At Maintenance Center Barstow, everything is specialized.

Each piece of equipment MCB refurbishes, fabricates or repairs practically requires its own set of one-of-a-kind tools. And the further one goes down in scale, the more distinctively unique one part is from another - a funny looking washer here, an awkwardly beveled plate there.

That's where Cost Work Center 741 comes in.

"We make square things round, round things square, rough things flat, flat things round ... and we make a lot of big things small," Brian Fisher, work leader for the CWC 741 machine shop, said.

"We don't make too many small

things big though," he added with a slight chuckle at the impossibility.

The machine shop is responsible for fixing all of the funny parts, the odds and ends, the doohickeys, thingumabobs and whatchamacallits. And, by all accounts, they're good at it - with an almost nonexistent reject or return rate. It's a feat in and of itself considering most of the equipment they use averages at about three quarters to a half a century old.

At any given time the machine shop has from 200 to 300 orders in for

refurbishing of thingamajigs and fabricated whosewhatsits to be either repaired or manufactured, yet it's only manned by a baker's dozen of aged, experienced machinists and tool makers. "And we've never missed a deadline," Fisher said.



Photo by Cpl. Cory Kelly

Resty Layon, machinist, removes bits of metals collected during the boring out of a hydraulic part.



Photo by Cpl. Cory Kelly

Roger Moncada, a machine tool operator, re-clamps a piece refurbished for the hydraulic system of the M-198 Howitzer.

Beirut from Page 4

Ronald Reagan told a story of something that had happened to the Commandant of the Marine Corps, Gen. Paul Kelley. While visiting injured Marines in a hospital, Kelley met a young, wounded leatherneck who could not see very well, so he reached up to touch the commandant's four stars, confirming his identity. The Marine signaled for some paper and on it he wrote "Semper Fi."

President Reagan stated to the nation in his speech that "Marines give willingly of themselves so that a nearly defenseless people in a region of great strategic importance to the free world will have a chance someday to live lives free of murder and mayhem and terrorism." He went on to say, "I think that young Marine and all of his comrades have given every one of us something to live up to.

We cannot and will not dishonor them now and the sacrifices they've made by failing to remain as faithful to the cause of freedom and the pursuit of peace as they have been."

When President Reagan spoke those words, he did not realize that 18 years later, the United States would once again face acts of terrorism, and be called upon to sacrifice

more Americans for the cause of freedom and the pursuit of peace.

Also in his speech, President Reagan spoke of Dr. Kenneth Morrison, the father of a Marine in Lebanon. Morrison told Reagan, "In a world where we speak of human rights, there is a sad lack of acceptance of responsibility. My son has chosen the acceptance of responsibility for the privilege of living in this country. Certainly in this country one does not inherently have rights unless the responsibility for those rights is accepted."

Reagan also quoted Sam Rayburn who once said that freedom is not something a nation can work for once and win forever. He said it's like an insurance policy; its premiums must be kept up to date. In order to keep it, we have to keep working for it and sacrificing for it just as long as we live. If we do not, our children may not know the pleasure of working to keep it, for it may not be theirs to keep. Although there are those in the world who do not approve of the American way of life and wish to take it away, the United States is a free land. Millions have died to give Americans that right.

For more Beirut information regarding history, visit www.beirut-memorial.org.

GUNNY'S PICKS

Week 7



Pfc. Chad Gecht is this week's winner. He looks to his hometown for inspiration. "It's all about Chicago," said Gecht. "Da Bears are playoff bound."

Due to rescheduling the NFL has scheduled a game on Thursday night. This game will not be in Gunny's Picks to give you die-hard fans more time to make your picks.

To submit your choices for Gunny's Picks, fill out this section of the newspaper and drop it off at the Public Affairs Office in the Red Wing of Building 15, or e-mail who you think will win each game to

editor@barstow.usmc.mil.

- New Orleans at St. Louis*
- San Francisco at Chicago*
- *NY Jets at Carolina
- *Minnesota at Tampa Bay
- *Jacksonville at Baltimore
- Cincinnati at Detroit*

- Buffalo at San Diego*
- *Miami at Seattle
- *New England at Denver
- Arizona at Dallas*
- *NY Giants at Washington
- *Oakland at Philadelphia

Monday Night

Tennessee at Pittsburgh*

Total points: _____

Name, work section and phone number: _____

Monday night's game is a tie-breaker and must include a total score.

MCCS



MARINE CORPS

Community Services Barstow

By Jim Gaines
MCCS Publicity

Wednesday – Beef and broccoli with steamed rice.
Lunch is served at the Nebo Fam-

ily Restaurant, 10:30 a.m. - 12:30 p.m. and at the Yermo Cactus Cafe, 11:30 a.m.- noon. Cost: \$3 military, \$4.50 civilians.

Family Night menu at Oasis Club Tonight – High Desert Octoberfest.

Family Night dinners are served Thursdays at the Oasis Club in conjunction with the Oasis Club Members Night..

The hours are 4:30 p.m.- 7:30 p.m. Prices: Adults \$4.50, children five to 11 years \$2.50, children under four-years old are free.

October sale - only seven days left

Don't miss out on the many great buys in the MCX/Seven Day Store. The sale includes men's and women's clothing as well as electronics. Drop by, shop and save.

The Super Seven Day Store is open Mondays - Fridays, 6:30 a.m. to 9 p.m., Saturdays, 8 a.m. to 9 p.m., and Sundays and holidays, 10 a.m. to 6 p.m.

The Yermo Exchange is open Mondays through Fridays 8 a.m. to 3:30 p.m. (During troop rotations open Mondays through Fridays 8 a.m. to 8 p.m.) and Saturdays and Sundays 10 a.m. to 5 p.m.

Lunch menu

Today – Chicken tenders with seasoned french fries.

Friday – Fried Hoki fish or catfish with fried rice.

Monday – Chicken breast cacchiatore.

Tuesday – Prime rib with baked potato.



KNOTT'S BERRY FARM

Knott's Berry Farm salutes past and present U.S. military personnel. A special free admission now through Nov. 22, is extended to all veterans and military personnel, their spouses (or one guest) and up to two children (ages 3-11).

Military member must show ID or "honorable" discharge papers (DD214). If the military member is unavailable for whatever reason, the spouse with ID and two children will be allowed in for free. The spouse is not allowed a guest. For additional guests and children, tickets must be purchased through the military ticket office. There will be no discounts at gate.

For more information contact ITT at 577-6541.



Find your roots at the library

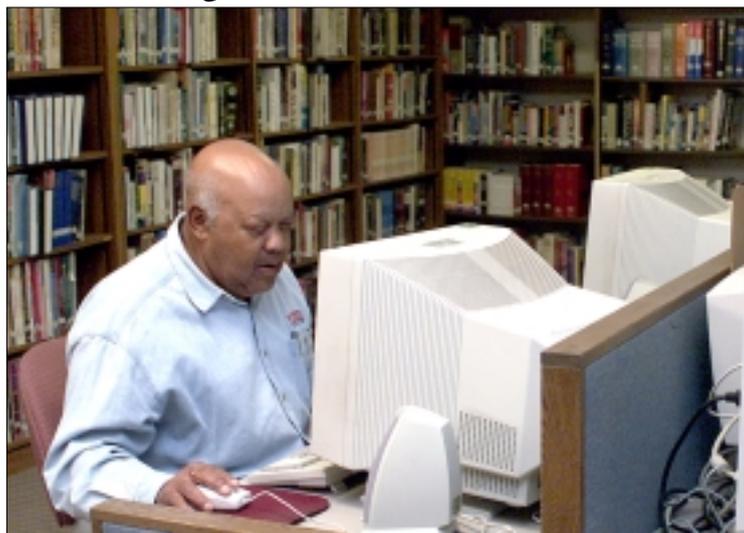


Photo by Sgt. Anwaar AlMoribat

James Brewer, a retired master gunnery sergeant, makes use of Internet access at the Base Library.

Compiled by Public Affairs Office

Know thy self.

The phrase entombs the prime tenets of the Egyptian Mystery System and is the unifying thread of the Greek theosophist and philosophers. As such, many Americans

cannot resist the natural urge to learn more about who they are, be it genealogically or spiritually.

Members of the base community can now take a closer look at their roots thanks to new genealogical research software at the Base Library.

Knowing where and who you de-

scended from and feeling spiritually complete go hand-in-hand, according to Robin Cross-Walker, base librarian. Cross-Walker anticipates a high level of interest in the new program.

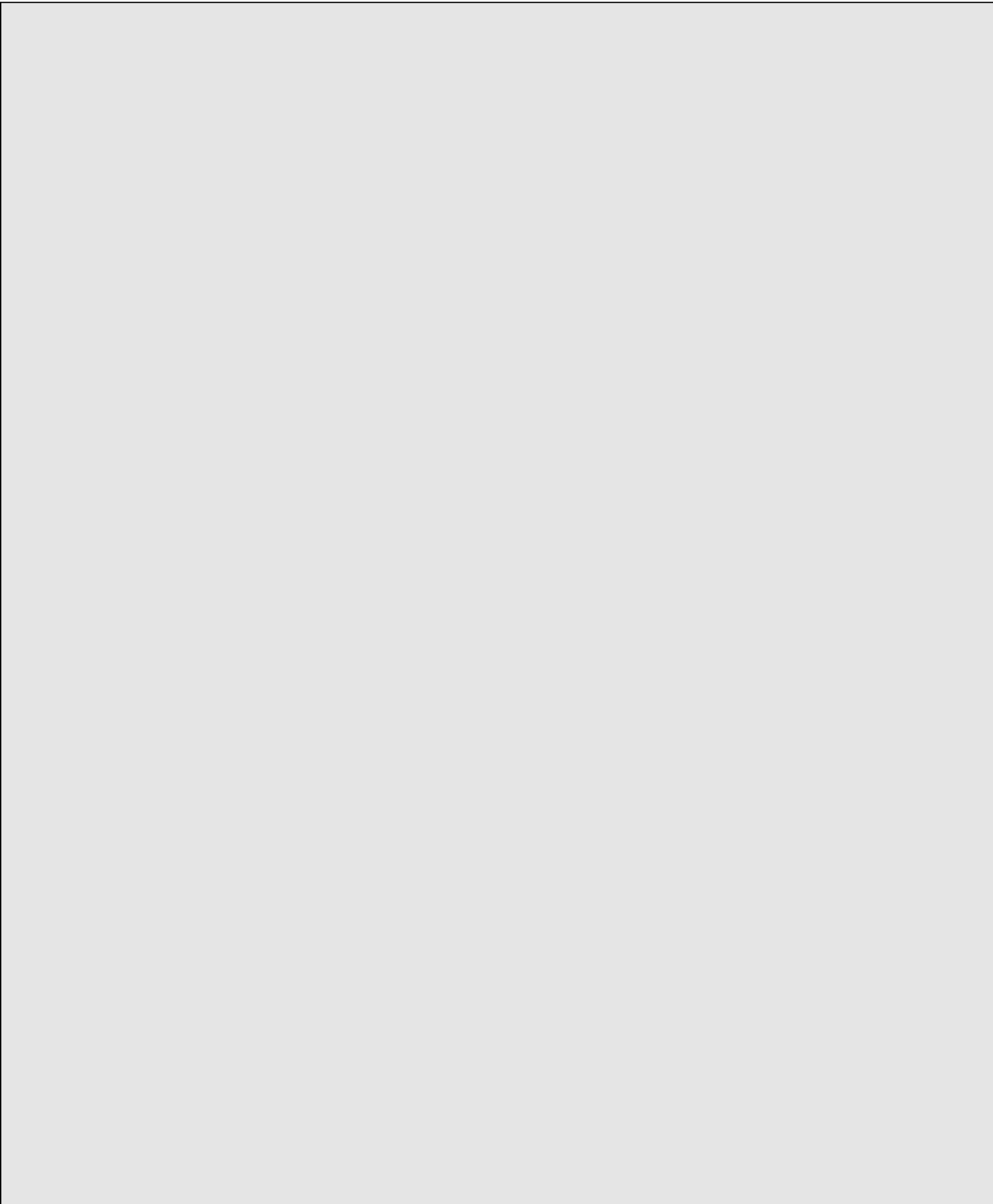
In addition to access to a variety of computer programs on the library's computers, patrons are reminded that a number of other materials are readily available for checkout.

Books in print and on audiotape and computer software in CD format are on catalogue. For movie buffs, regular movies and documentary series in a variety of titles are available.

Adult and child education videos are in stock, too.

To learn more about the new genealogical research software or other resources available to you, visit the Base Library or call Robin Cross-Walker at 577-6395.

The Base Library is open Mondays through Fridays from 10 a.m. to 6 p.m. and Saturdays and Sundays from 10 a.m. to 4 p.m.



Please submit all Trader Ads to editor@barstow.usmc.mil.

2001 VW JETTA GLX: V6, eng., manual, prem, Monsoon Sound Sys., Premium 17" wheels, sports susp., alarm, fog lamps, heatable leather poser seats w/memory, trip comp., auto climate control, power heated self dim mirrors, rain sensor auto wipers, power sunroof, all the toys possible, 12,500 miles, \$22,895. Call Jeremy or Laura 255-4465.

1999 BUICK CENTURY: White, take over payments. Call 253-1911 for more information 9 a.m. to 9 p.m.

1997 NISSAN PICK-UP XE: 62.5 K Miles, 4-Cyl., 5 speed manual, 2 WD, A/C, P/S, AM/FM cassette, shell, and alloy wheels, asking \$6,999 OBO. Call AWH 253-7182.

1997 JEEP GRAND CHEROKEE: V-6. 58K, gray, new tires, privacy glass, CE w changer, towing pkg., \$12,000. Call 252-8325.

1992 JEEP WRANGLER: 4x4, black, 5 speed, soft top, after-market rims and tires, asking \$3,500, OBO. Call 252-3355 before 9 p.m.

1988 CHEVY S-10 PICK-UP: xlt. cond. Best offer. Call 254-3675 After 5 p.m.

1983 EL CAMINO: 305 Eng., Automatic transmission, A/C, power door locks, rear air shocks, C/C, camper shell, good tires and wheels, body in good cond. \$3,500. Call 255-4205 AWH.

1979 SUBARU BRAT P/U: Good body, runs good, needs California registration, \$400. Call 253-1981.

1969 DODGE DART: V8 auto, runs, good body no rust, \$1,600; 66 Dodge Station Wagon, V8 auto, runs good, \$1,200. Call 252-9199

SERVICES: ATTN: LADIES, aesthetic body waxing and henna tattoos available right here on MCLB. Great rates, call for your appointment, 252-8666.

MISCELLANEOUS: Pageant dresses, sizes 2-7, xlt. cond. worn only once, best offer. Call 252-1311.

MISCELLANEOUS: Camper/ shell for 1992 Chevy, S-10 or Nissan pickup, \$50. Call 252-7582.

MISCELLANEOUS: Car parts, 440 Dodge engine, Many new extra parts, \$450; 318 Dodge engine, runs good, \$450; 4 Mustang rims aluminum, 4 lug, all \$25. Call 252-9199.

MISCELLANEOUS: Child's loft bed w/side rails and homework desk underneath, red metal, \$150, OBO. Call 256-1914 AWH.

MISCELLANEOUS: Awning for cars or patio, 30 plus feet long, aluminum, \$150; electric. Dryer older, works great, \$20; electric. Stove with

built in microwave on top, \$170; trundle bed, like new, \$110; water bed head-board, \$15. Call 252-9199.

MISCELLANEOUS: Cannon S400 color bubble jet printer and Mustek 600CP scanner, new condition, hardly used, \$50 for both, or \$30 ea. Call 253-5926.

MISCELLANEOUS: Alltrade 14" vertical wood cutting band saw, like new, \$150; Rockwell Model 9 wood cutting table saw, \$50, Call 253-1981.

MISCELLANEOUS: Porcelain collector dolls, (A) Shirley Temple Movie Classic Set (\$100 each firm), Little Miss Marker, 17 inch; Baby Take a Bow, 10 inch; Dimples, 10 inch; Curley Top, 10 inch; Heidi, 10 inch; Stowaway, 10 inch; (B) Special Miscellaneous Set; Joshua - an Amish Boy Doll, \$100; Tiny Tears Special Edition with case and clothes, \$125; Bride doll named "June", \$125. All dolls still in original box. Call 256-3727 or e-mail, penfold53@aol.com

MISCELLANEOUS: Refrigerator, Whirlpool, beige \$100; computer desk, Oak, with 7 drawers, \$125. Call 843-6682 AWH.

MISCELLANEOUS: Weed-eater, trim and edger, model XT 10, \$20; G.E. refrigerator, 18 cu. ft., white, xlt. cond., \$150; truck tire, LT 215 85 R16, \$25. Call 256-6629.

WANTED: Car pool, would like to join or establish new car pool, must have A/C and heater, Victorville area to Nebo, 5-4-9 schedule 6:30 a.m.-4:00 p.m. shift. Call 241-8528, lv msg.

GOSSIPS from Page 2

peer. Speaking poorly of a Marine is not looking out for his or her welfare. Gossiping does not set a good example.

Gossip can hurt a unit's morale by dividing people. It can cause disharmony among people and can prejudice one person against another person. If you found out that someone had spoken badly about you behind your back, it would probably make you angry with that person. You might resent the person for wronging you. It could even lead to open hostility.

When someone speaks to us about someone else, those words stick in our minds and are incorporated into our view of the person spoken of. Those words have the potential power to influence us for or against that person.

Anyone who values the mission and people of the Marine Corps, and who is serious about setting a good example, should not practice or tolerate gossip. On the contrary, we should carefully weigh the effects that our words are going to have whenever we speak to or about other people. We should THINK before we speak. Is what we want to say true, helpful, inspirational, necessary or kind?

Sometimes people repeat what they have heard without verifying whether it is true. Even if it is true, it may not be helpful to repeat it. For example, a Marine shares his personal problems with another Marine. The second Marine then tells other Marines about the first Marine's problems. Spreading the information will not be helpful if the other Marines do not need to know the information and cannot help. In fact, the information may cause the other Marines to look down upon him.

One way words can be helpful is if they inspire people to positive action. Sometimes words of rebuke and correction are also helpful. If a Marine consistently drops out of formation runs, a few strong words of encouragement, added with remedial physical training, may be the best thing for him. Yet many things that we speak are not necessary, especially unkind words. In this politically correct age, Marines often negatively refer to the Marine Corps as a "kinder and gentler Corps." There is, however, room for kindness in the Marine Corps. Kindness is not weakness, but strength shown in treating people respectfully, even when they might not deserve it.

Thinking before we speak can help us control a small but mighty tool. As leaders of Marines, we should be concerned about how our seniors, our subordinates, and we use words. We must be tactful in correcting seniors of their oral and moral errors. We must set the example for our contemporaries and subordinates by practicing self-control, refraining from that which is not profitable. Granted, gossip may not be the most pressing problem leaders face, but it can be very divisive. And anything that can affect a unit's morale and cohesion should and must be seriously dealt with.