

# BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 6, No. 15

Marine Corps Logistics Base Barstow, California

February 21, 2002

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Check out the Marine Corps Web site.

<http://www.usmc.mil>

**BARSTOW LOG**  
SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

<http://www.barstow.usmc.mil>

## Tax preparation – for free?

Did you know that if you did not receive a rate reduction credit, you might be able to claim the credit on your 2001 tax return? The credit is not refundable but reduces the amount of tax. Or, that the child tax credit increased to \$600 for 2001? A larger portion of the credit is now refundable, according to the Internal Revenue Service.

To find out more about the new tax laws and how they might apply to you, gather your documents for the 2001 tax year and make an appointment for the Office of the Staff Judge Advocate's Tax Center.

As part of the base's annual Volunteer Income Tax Assistance Program, all active duty service members, reservists on active status, and retired service members and their families now have access to tax preparation and electronic filing at no cost. The E-File program is a quality of life program initiated to support the readiness of Marines and Marine families.

The volunteers have been trained by the most prominent tax preparer, which means they can accomplish the same business – prepare forms and get it into the E-File system – with one exception, it costs you the tax payer nothing, said Maj. Brent Cherry, MCLB's staff judge advocate.

The VITA program started business Jan. 28 with 1040-EZ tax form preparation for all active duty and active duty reserve service members. However, appointments for other tax forms users began the week of Feb. 4 and will continue through the end of the tax season. Tax preparation is between the hours 7:30 a.m. and 3:30 p.m. Mondays through Thursdays.

Before you make an appointment for SJA's Tax Center make sure you have all your documents in order. You will need, of course, your W-2, documents showing interests and dividends earned (1099) and a valid identification card. You will also need to bring your Social Security Card.

"Some people seem to think a valid ID card is all they'll need," said Cherry, "but for some reason in the past when we've input the numbers from the ID into the E-File system it doesn't take. That's why we ask that they bring their actual Social Security Card too."

If you don't have your original, you can obtain one from the Social Security Administration.

Again, this service is free of charge. All one has to do is call 577-6874 to make an appointment with one of the VITA representatives. They will assist in preparing your forms, get you into the E-File system, and hopefully get you a refund.



## Senior, Junior Sailors of the Year

Near high school dropout gets career boost

By Cpl. Joshua Barnhardt  
BARSTOW LOG staff

Hospitalman 2<sup>nd</sup> Class Charles Borrego took an unusual route to get where he is today.

Winning Senior Sailor of the Year honors caps off an outstanding tour for Borrego at the Branch Medical Clinic at MCLB Barstow.

But before the Apple Valley native joined the Navy, he made choices that put his future in jeopardy.

"I hardly ever went to school my freshman and sophomore year," said Borrego.

After getting involved in track his junior year, he started to attend school and get decent grades to stay academically eligible to be on the school team. He then decided to join the Navy but ran into another snag. His previous attendance record had made it difficult for him to graduate.

"I wanted to join the Navy, but they said I had to have a high school diploma," said Borrego. "I took six classes during the day and another seven at night just to get enough credits to graduate."

Even though he crammed with his education, his grade point average was near the bottom of his class.

"I graduated high school with a whopping 1.96 GPA," said Borrego.

After getting his diploma and heading off to boot camp, Borrego started getting back on track. He became a corpsman for Marines and traveled the world with them.

"I went to Okinawa in 1998, went to the Gulf, Thailand, and Singapore with the 1<sup>st</sup> Marine Division," said Borrego.

After his tour at Camp Pendleton was over, he came to Barstow to be close to home. Once he was in familiar surroundings, Borrego sought out higher education to better himself.

"I was a full time student at Victor Valley College," said Borrego. "I went Monday through Saturday, and did homework on Sunday."

His hard work paid off, and he is now enrolled in a program to become a naval officer.

"Next week I go to Newport, Rhode Island, to go to the BOOST program," said Borrego. "Then I will go to college and then get my commission."

Borrego was selected through a program called Seaman to Admiral. It is a big step toward making himself into a success.



Photo by Cpl. Joshua Barnhardt

Hospitalman 3rd Class Dominic Topete, Junior Sailor of the Year, finishes administering a shot to now Hospitalman 2nd Class Charles Borrego, Senior Sailor of the Year.

## Junior Sailor of the Year has reasons to smile

By Cpl. Joshua Barnhardt  
BARSTOW LOG staff

Hospitalman 3rd Class Dominic Topete is the Junior Sailor of the Year at the Branch Medical Clinic at MCLB Barstow.

Topete won the award based on his work ethic and performance on the job.

"The way I see it is, you get chosen for the work you do here, and I think I do a lot of good work while I'm here," said Topete.

His duties at the clinic have changed since his reign as Junior Sailor of the Quarter.

"I do more work in the treatment room now, and sick call work," said Topete.

Topete spends his off time training his new Rottweiler.

"I am training my new puppy to be a good dog," said Topete. "He is getting big for being only 5 months old though."

He is married to Hospitalman 2<sup>nd</sup> Class Cynthia Topete, who also works at the Branch Medical Clinic. They met during their tour at Naval Air Station Rota, Spain. They have a 2-year-old son named Tristin.

He recently changed his appearance by getting braces on his teeth.

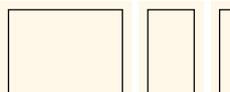
"When I was 18 or 19, I was in a car accident and it messed up my teeth, so I wanted to get them fixed," said Topete.

Topete had to change his eating habits because of them.

"For my birthday, I went to eat, and or-

See JSOY Page 8

# THE COMMANDER'S FORUM



The "Commander's Forum" is a tool of the base commander to hear and address the concerns of base residents, employees and others. To contact the Commander's Forum, call the hotline at 577-6535 or send your concerns via e-mail to [Forumc@barstow.usmc.mil](mailto:Forumc@barstow.usmc.mil).

**Q** I was in the base gym last evening to workout and was wearing a terry cloth head band and was asked to remove it, that they were no longer allowed in the gym. I find this highly unusual and unsatisfactory and would like to know why.  
Thank you.

**A** Thank you for allowing me to respond and clarify our dress code at the base gym. The active duty Marines are prohibited from wearing headgear indoors per the uniform regulations and also per MARADMIN 127/97, which pro-

hibits the indoor wearing of headgear by Marines whether in uniform or in civilian attire. Because it is a Marine Corps facility we do not desire to have a double standard for the Marines and other authorized patrons. If the headgear in question is part of the work-

out attire and is designed as such, for example a sweatband, then it is authorized.

Unauthorized headgear includes bandanas, baseball caps and dew rags. I hope this clears up why the policies are put in place and enforced.

## SUBMISSION guidelines

The Commander's Forum is used to keep the work force informed, to explain why things are the way they are or appear to be, and, when possible, to correct situations or make improvements.

It is a valuable two-way commu-

nication channel through which people may address concerns they're not able to resolve through the normal chain of command.

Every Commander's Forum call or e-mail is researched, even if it is not published in the **BARSTOW LOG**.

# African-Americans soar over setbacks

Submitted by  
Black Employment Program Committee

Black history is American history! That is something that means more to me than a luncheon or a parade.

The contributions made by African-Americans are as much, if not more than, anyone else in this country. We as a people have made tremendous strides toward the development of our country that we all love so much.

This article will be focusing on the achievements made in the space race. There are some people who seem to think the space program is the exclusive domain of white, middle-aged men with crew cuts. But the reality is that African-Americans have played

an active and important part in space exploration since the very beginnings of the program.

In addition to the 14 African-American astronauts, there have been countless more scientists, mathematicians, physicists, astronomers, doctors and engineers who have made significant scientific, engineering and medical contributions.

Take for example, Dr. Robert Shurney. A physicist from Tennessee State University, it was Shurney who designed the tires for the moon buggy used during the Apollo 15 mission in

See **HERITAGE** Page 5

# Olympians going beyond the gold

By Lt. Cmdr. Elmon R. Krupnik  
Base Chaplain



I have been watching the Olympic Games competition these past weeks (as many of you have). The pursuit of the gold medal, which identifies the recipient as

being the best in the world for that event, is the goal of the athletes.

Only one athlete or team receives that symbol of perfection. Each athlete or team in the competition has gone through trials to make it to the Olympic Games, not only the trials of competition but also individual trials of training and overcoming personal and institutional obstacles.

To be the best at something requires us to pursue the goal of perfection. The words of the Bible address a different type of perfection that goes beyond the pursuit of gold. They focus on spiritual and moral perfection.

In Psalms 19:7-10 we read, "The law of the

Lord is perfect, converting the soul: the testimony of the Lord is sure making wise the simple. The statutes of the Lord are right, rejoicing the heart: the commandment of the Lord is pure, enlightening the eyes. The fear of the Lord is clean, enduring forever: the judgments of the Lord are true and righteous altogether. More to be desired are they than gold, yea, than much fine gold: sweeter also than honey and the honeycomb."

Pursuing the goal of spiritual and moral perfection requires a commitment on our part to go through those trials and overcome individual and institutional obstacles.

When we make a moral mistake and fail, the best thing we can do for ourselves and others is pick ourselves up with God's grace and forgiveness, get back into the competition of life, and not give up on ourselves because God has not.

As we continue to pursue the goal of being what God wants us to be, let all of us be true spiritual and moral olympians.

Blessings to all,  
Chaplain Krupnik

## Just doing my job ...

James Padilla, heavy mobile equipment mechanic Cost Work Center 723, bolts on a hook to the back of an Assault Amphibious Vehicle. Padilla and the rest of the workers on the AAV line have performed exceptionally well in the past fiscal year, making a tough schedule and staying under cost, while producing \$5.5 million in revenue for Maintenance Center Barstow.

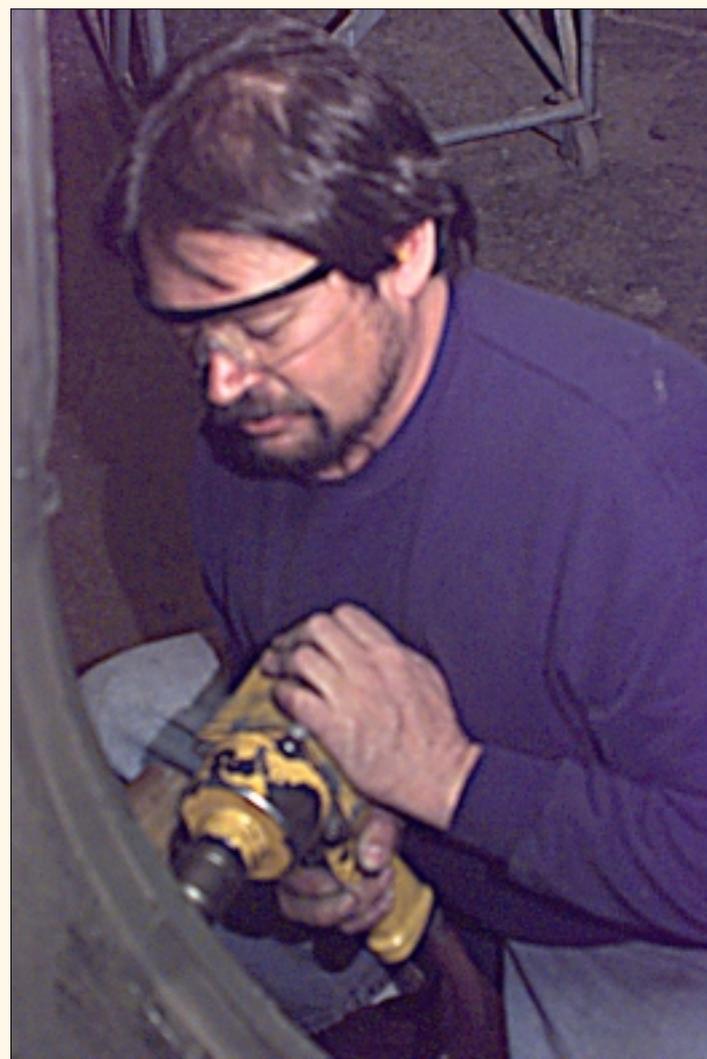


Photo by Cpl. Joshua Barnhardt

## Chapel Services

Protestant Sun. 8:30 a.m.  
Mass Sun. 10:30 a.m.

**Confession services before Mass**

## Catholic Rosary

First Saturday of every month.  
3 p.m. at the Base Chapel.

For more info call 577-6849.

## Nebo Bible Study

Wednesday Noon-1:30p.m.

At the Chapel Office.

For more info call 577-6849.



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For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

# NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Friday for the next issue. Submit news briefs via e-mail to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

## State of the Base Address

The American Society of Military Comptrollers and Federal Managers' Association will hold a luncheon at 11 a.m. Wednesday at the Oasis Club where Col. Liz Bergman, base commander, will give the "State of the Base Address."

This luncheon is open to all personnel base-wide. The cost is \$7 and must be prepaid by close of business today. The menu is pork roast and mashed potatoes with gravy, or a chef's salad.

Contact one of the following employee's for reservations:

Name	Phone
Conni Lewellyn	577-6596
Lorinda Meinicke	577-7774
Lorella Garcia	577-6352
Steve Baisa	577-7438

### Water Outage

A temporary water outage for the Desert View and Eniwetok housing units is scheduled for Monday from 9 a.m. to 5 p.m. for the installation of a new water meter.

For more information call Dental Technician 2nd Class Daniel Chadkewicz, 577-6497/6597.

### Iwo Jima

A memorial service and banquet commemorating the 57th anniversary of the Marines' landing on Iwo Jima is scheduled to be held at the South Mesa Staff NCO Club, Camp Pendleton, Oceanside, Calif., Saturday starting at 4 p.m.

The principle speaker will be James Bradley, author of "Flags of our Fathers" and son of Iwo Jima flag raiser, Corpsman John Bradley. The general public is invited to attend.

### African-American History Luncheon

The African-American History Month Luncheon, sponsored by the Black Employment Program Committee, is scheduled for Feb. 28 at 11 a.m. at the Oasis Club.

The guest speaker will be Rev. William Knight.

The luncheon is open to all military and civilian employees and their guests. Tickets are \$6.75 and must be purchased by today.

For more information, call Robin Cross-Walker at 577-6395, or Gunner Sgt. Bruce Raymond at 577-6364.

### CWRA Trip

The Civilian Welfare and Recreation Association is sponsoring a trip to the J. Paul Getty Museum March 2. The bus will leave Building 319 at 6:30 a.m., make the pick-up in Victorville at the International House of Pancakes at 7:15 a.m., and return to Building 319 by 10:30 p.m.

The cost of the trip is \$10. For more information, call one of the following CWRA committee members:

Name	Phone
Dan Keirn	577-6614
Frederico Molino	577-7210
Ed Guz	577-6183
Vince Chavez	577-7580
Barbara Kulseth	577-6771
Richard Tusing	577-6492
Earnest Garrett	577-6490
Barbara Kent	577-7786
Tangia Joseph	577-7230
Bruce Rowe	577-7207
Cliff Acles	577-6431
Ed Fry	577-6940
Ernie Hawkins	577-7046
Wrayanne Huddleston	577-7328

### FEEA Scholarships

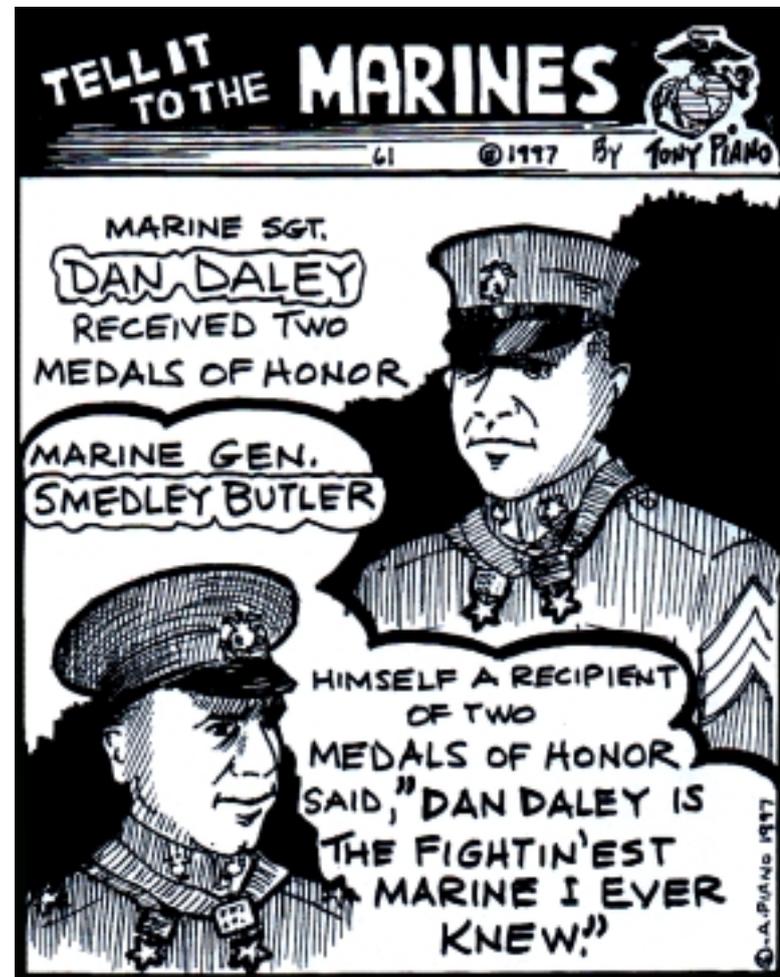
The Federal Employees Education and Assistance fund is accepting applications until March 29. Federal employees and their family members are eligible for the scholarships, which range from \$300 to \$1,500.

Applicants should have at least a 3.0 grade point average and be enrolled or plan to enroll in an accredited post secondary school in a course of study that will lead to a two-year, four-year or graduate degree.

For an application form, send a self-addressed, stamped #10 business envelope to: FEEA Scholarships; Suite 200, 8441 W. Bowles Ave.; Littleton CO 80123-9501.

### 3rdMarDiv Reunion

The 3rd Marine Division Association's 48th annual reunion is scheduled to be held in San Diego Sept. 4-8. All Marines who have served with or were attached to the 3rd Marine Division are invited to attend.



For more information about the reunion or to join the 3rd Marine Division Association visit <http://www.caltrap.com>, e-mail Eugene Ashe at [sargent@inetone.net](mailto:sargent@inetone.net) or call (304) 253-4339.

### Marine Security Guards reunion

A reunion for Marine security guards, American Embassy, Saigon, Vietnam, is scheduled to be held at Quantico, Va., June 26-29. For more information call Mike Bertini, (910) 353-7377.

### 2nd Battalion, 4th Marines reunion

The 2nd Battalion, 4th Marines Association Inc. is scheduled to have its next annual reunion in Savannah, Ga., in July. For more information about the reunion or for an application for membership contact Bob Bliss, membership chairman, by calling (845) 679-5909, send e-mail to [rbliss@aol.com](mailto:rbliss@aol.com) or write to: 43 Maeds Mountain Road; Woodstock, NY, 12498.

### Citizens on Patrol

The Barstow Sheriff's Station Citizens on Patrol unit is recruiting area citizens to participate in the program.

Citizens on patrol is a volunteer unit within the San Bernardino County Sheriff's Department. Citizens on Patrol performs proactive functions such as community patrol, special patrols, vacation checks and assists in

### TRICARE contest

Family members enrolled in the TRICARE Dental Program between the ages of 3 and 7 are eligible to participate in a TRICARE drawing contest. Pick up the entry forms from Gloria Sheppard, the health benefits advisor, at the Branch medical Clinic.



One winner from each TRICARE region will be selected to receive a \$100 savings bond. Submissions must be received by Wednesday.

public crime prevention programs.

To join Barstow's Citizens on Patrol unit or for more information contact Lisa Ramirez at the Barstow Sheriff's Station, 256-4838.

### Disney honors Armed Forces

Disney's Armed Forces Salute Program honors the men and women in active military who are fighting for freedom today by offering complimentary seven-day admission into Disney's United States theme parks, as well as ticket discounts for family members and friends until April 30, 2002, by all

## Job Watch

Annc No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-051-02-NR	Painting Worker WG-4102-07 (Term NTE 366 days)	01-24-02	02-22-02	02-06-02	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their résumé to:

Human Resources Service Center, Southwest  
ATTN: Code 522 (announcement number)  
525 B Street, Suite 600  
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donbr.navy.mil>.

This is not an official list. Please see the Websites listed for a complete list.

# Barstow Marine's special duty takes him to the Super Bowl

By Cpl. Joshua Barnhardt  
BARSTOW LOG staff

One of MCLB Barstow's Marines was part of the largest security effort in the history of the United States at Super Bowl XXXVI in New Orleans, Feb. 3.

Working with his dog, Bak, a 4-year old German Shepherd, Sgt. Michael Budabinmcquown, a military policeman with the K-9 section here, worked for the Secret Service, snooping around the Superdome for bombs.

"It was a Secret Service support mission, which is standard," said Budabinmcquown. "K-9 in all four branches does it."

The Secret Service requests military K-9 units regularly.

"We get requests for different missions a lot," said Budabinmcquown.

Budabinmcquown got to go to the Super Bowl by the luck of the draw.

"The Secret Service requests units from the Department of Defense, and the Department of Defense requests quotas from each service, and the services divide them up between their bases," said Budabinmcquown.

The increased federal task force is

becoming the standard at large events.

"Security is a big issue now, and federal law enforcement is getting more involved than it was before," said Budabinmcquown.

Barstow K-9 units have participated in Secret Service missions before, some to include government of-



Photo by Cpl. Joshua Barnhardt

Sgt. Michael Budabinmcquown puts a leash on his dog, Bak.

ficials.

"This base has helped the secret service with missions involving the President," said Budabinmcquown.

Budabinmcquown stressed that secret service missions are only secondary to their main objective.

"Our primary mission is the safety and security of this base, and anything we do for outside agencies is basically help," said Budabinmcquown.

The mission lasted all week heading up to the Super Bowl.

"We cleared vehicles that were coming in, checked where the VIP's were going, and anything else they wanted us to do," said Budabinmcquown.

He said the mission was tiring but fun.

"We had long hours, but it was interesting seeing all the players and coaches, and John Madden, and the bands that were there for the concert," said Budabinmcquown.

Budabinmcquown never realized the amount of behind-the-scenes work that goes into an event like this.

"It was amazing to see what goes into such a humongous event, and how

## Seat belts save lives

Submitted by  
Base Safety Office

Seat belts save lives. But seat belts can't save the lives of the 24 people who die every day because they didn't buckle up.

Failure to buckle up contributes to more fatalities than any other single traffic safety-related behavior. Despite terrible traffic problems such as aggressive driving, increasing seat belt use is still the single most effective thing that can be done to save lives and reduce injuries on America's roadways.

Adults who don't buckle up are sending children a deadly message that it's all right not to wear a seat belt. Children model adult behavior. Research shows that if a driver is unbuckled, 70 percent of the time children riding in that vehicle won't be buckled either.

The wearing of such safety devices as seat belts should be taught to children starting with their first ride in a vehicle. As they grow, children should progress through three types of child safety seats before using seat belts alone. Infants should be placed in rear-facing seats

until they are at least 1 year old and 20 pounds. Children between 20 and 40 pounds should be placed in forward-facing safety seats. California law requires children under 60 pounds or 6 years old to be in booster seats. The National Highway Transportation Safety Administration, however, recommends that children travel in booster seats until they are 8 years old and almost 5 feet tall. Children should wear seat belts after they outgrow booster seats.

Seat belts are the most effective safety devices in vehicles today, estimated to save 9,500 lives each year. Yet only 68 percent of the motor vehicle occupants are buckled. In 1996, more than 60 percent of the occupants killed in fatal crashes were unrestrained.

If 90 percent of Americans buckle up, more than 5,500 deaths and 132,000 injuries will be prevented annually.

The cost of unbuckled drivers and passengers goes beyond those killed and the loss to their families. Virtually everybody pays for those

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See **K-9** Page 8

**HERITAGE from Page 2**

1972. His ingenious design used wire mesh in the place of rubber to save weight yet still provide the needed flexibility.

Dr. Vance Marchbanks, a heart surgeon and medical specialist for NASA, helped develop ways to monitor astronauts' vital signs during space flight. It was Marchbanks who was responsible for John Glenn's health during America's first orbital flight.

George Carruthers, an astronomical engineer, built the camera that was carried to the moon on Apollo 16. He also designed and built a combination telescope and camera used on the shuttle missions. Some of the most enduring images from space were made using Carruthers' cameras.

Dr. Christine Darden, a mathematician and mechanical engineer, has been with NASA since 1966. Darden is a recognized leader in the reduction of shock waves from spacecraft wings and nose cones.

Dr. Patricia Cowings, a psychologist from the University of California, has been conducting NASA space flight research for more than 20 years. Cowings was instrumental in developing ways astronauts could use biofeedback to reduce space sickness and headaches in space.

Meanwhile, African-American

astronauts have played important roles and even led some of the most demanding and dangerous space missions. Guion Bluford, a former Air Force pilot and first African-American in space, logged 688 hours over four space shuttle missions, beginning with his first flight in 1983.

He was followed by Frederick Gregory, another Air Force pilot, and graduate of the Air Force Academy, who made his first space flight in 1985. Gregory went on to command Space Shuttle Discovery in 1989 and served as mission commander of the Space Shuttle Atlantis in 1991.

Maj. Gen. Charles Bolden, a graduate of the Naval Academy, logged two space shuttle missions in 1986 and 1990 before serving as mission commander on Atlantis in 1992 and Discovery in 1994. Bolden served as the commanding general of the 3rd Marine Aircraft Wing at MCAS Miramar in San Diego from August 2000, until January 2002, and now he has been nominated to serve as deputy administrator of NASA.

Dr. Mae Jemison was the first African-American woman in space. During an eight-day mission on Endeavor in 1992, she conducted space-sickness experiments and conducted research on bone loss in zero gravity. In addition to a bachelor's degree in chemistry and a degree in medicine, Jemison also holds a degree in African-American studies.

Dr. Bernard Harris, flight surgeon on the Columbia in 1993, was the first African-American to walk in space during his flight on the Discovery in 1995. During that same mission, Harris conducted experiments on the Russian MIR spacecraft after a linkup in orbit.

Astronauts merit special attention because, in addition to bringing a special set of skills, they're also willing to risk their lives. Two of America's astronauts of African descent have made the ultimate sacrifice. Ronald McNair, a much-loved physicist from New York, was aboard the 1986 Challenger Mission that exploded above Cape Canaveral. The other was Maj. Robert J. Lawrence, who was killed in a crash during a training mission in 1967. Both were highly respected by their peers. Both believed in the space program.

Sadly, most young people would not recognize any of these names. For these African-Americans to achieve their position within the space program required extraordinary courage and perseverance. They often had to work harder and longer to soar over the setbacks.

There are many interesting parallels between the civil rights movement and the space program. In 1957, while the nation was torn by the integration of the Little Rock

**See HERITAGE Page 8**



Photo by Sgt. Anwaar AlMoribat

**CAREFUL WHERE YOU POINT THAT THING!** Bayonets honed to razor sharpness are spun and tossed about as part of the Marine Corps Silent Drill Platoon's routine. Consider this fair warning: The Battle Color Ceremony returns to Sorensen Field at noon on March 7. See you there.

# COMMANDER'S CORNER

Maintenance Center Barstow

## Awards Program

By Col. Ervin Rivers  
Commander

The Maintenance Center annually budgets \$200,000 to \$250,000 for the Awards Program to recognize valued employees. The Awards program includes the following awards.

**Safety Awards** - Various awards and recognition used to make individual employees more aware of good safety habits. Organizational incentives are provided to elements that reduce lost time injuries and worker's compensation outlays.

**Command Coin** - This coin is handed out to retirees, significant visitors and to employees with Eagle Awards.

**On-the-Spot Awards** - This award is given to employees who are nominated by supervisors or other employees for exceeding job expectations.

**Eagle Awards** - This award is given to employees by the commander.

**Time-off Awards** - This award is given to employees by Supervisors in recognition of an act or service that exceeds work expectations.

**Quality-Step-Increase Awards** - This award is given to employees for exceptional performance by supervisors.

**Sustained-Superior-Performance Awards** - This award is given to employees for superior performance by supervisors.

December 2001

Edward Kenworthy	John Rapoza
Louise Lawler	Gilbert Sais
Paula Louis	Bob Sangster
James C. Lovett	Evelyn Scott
Cindy Malloy	Betty Sluder
Johnny Manes	Edward Speisser
Bradley Minneman	Doug Tate
Ellen Nemes	David White
Tom Pitard	Debra Wise
Vitomir Prtrovic	Thomas A.Yagla

Safety Awards

David Alley	Thomas Dittman
-------------	----------------

December 2001

On-the-Spot Awards

Fred Alley	John Mathias
Richard Baca	Danny Mathison
Louie Banwarth	Dianna McCormick
Charles Bohn	Jonathan Moore
Ronald Bourgeois	Daniel Sanchez
James Dube	Rosemaria Sauer
Alfredo Escareno	John Shrum
Brenda German	Carl Stevens
Clifton German	Douglas Tate
Dina Kimmerling	Marty Ulibarri
Gregory Langston	Tyrone White

## 1st Marine Division sends thanks MCB gets recognition for machine gun work

"I just wanted to take a quick moment and tell you that I appreciate the work that your people are doing in Barstow on the .50 Cal.

"Since Barstow has taken this responsibility from the Army in Anniston, there has been a significant difference in the quality of

weapons that we have received. The safety wire and basic quality control procedures are obviously much tighter than that of the Army. Please feel free to pass this on. Once again thanks."  
CWO Brian J. Spooner, 5th Marine Regiment ordnance officer, 1st Marine

November 2001

Time Off Awards

(5 hours)

Dianna McCormick

(9 hours)

Wayne Castillo	Steve Johnson
Donna Chisam	Joseph Lacanlale
James Dillon	Russell Lynn
Mary Eclarino	Dale Owen
Sheryl Forsythe	David Russell
Thomas Gutierrez	Thomas Ulibarri
Gregory Johnson	Robert Waterhouse

(18 hours)

Ronald Fillingame	Judy Rairden
Raymond Gutierrez	Lance Reese
Yolanda Jimenez	Brenda Thompson
Joann Johnson	Darlene Tilley

Robin Trujillo

On-the-Spot Awards

Birdenne Delaney	Alfredo Escareno
Richard G. Baca	David R. Fritz
Charles Hargon	

December 2001

(9 hours)

Frank Aleman	Lester Bonner
John Alley	Donna Chisam
Frank Alvarez	Dave Fritz
Joseph Atkins	Ronald Halliday
Felix Baca	Movita Hernandez
Doug Barr	Darrell Hill
Lorenzo Begay	Dennis Hill
Earl Bevans	Michael Jackson
Joann Bond	Sylvia Jones



Official MCB file photo

Pictured above is the M2HB .50 Cal. Machine Gun

## Management Labor Committee for Partnership

Agenda items for the next meeting:

1. Wellness Program follow up
2. Leadership sessions
3. Strengthening communication: solving issues at the lowest level.

To submit an item that should be adressed by the committee contact one of the following Management Labor Committee of Partnership members:

Joann Bond	PMD	577-7343	Darryl Kirkland	AFGE	577-7585
Ernie McAvoy	AFGE	577-7147	John Calvacca	AFGE	577-7204
Ruben Fabunan	AFGE	577-7078	Greg Wages	AFGE	577-7291
Pat Snyder	CWC 600	577-7284	Beverly Kulju	HME	577-7259
CWO2 Zacharzuk	CE/M	577-7277	Greg Johnson	SBC	577-7138

# READY, FRONT

Headquarters Battalion, Marine Corps Logistics Base Barstow

## Taking PT to new levels

*Battalion finds new ways to challenge Marines*

By **Cpl. Joshua Barnhardt**

BARSTOW LOG staff

MCLB Barstow Headquarters Battalion has been varying the method of battalion physical training, providing the Marines fun and challenging events to keep them motivated.

On Feb. 7, battalion Marines did a new competition that had them running and performing in events across the Nebo Annex.

The PT session started at Sorensen Field, where each team of four, or five if it contained an officer or staff non-commissioned officer, was given a 40-pound pack and two rubber rifles.

The teams had to compete in four timed events. The winner was determined by the lowest overall time.

At Sorensen Field, the first obstacle had the teams negotiate a stretch of wire.

The first part of the wire had to be stepped through, called the tangle foot. Next, the teams had to get down on the ground and do a combination of high crawl, low crawl, and back crawl under the rest of the wire.

Once the team cleared the wire, two teammates had to pick up the other two and perform a fireman's carry for about 50 yards.

The teams then ran through the enlisted housing area to the back side, where they came to their next event.

Two team members had to race the clock as they put on field protective masks and got under a covered area, symbolizing a chemical attack.

Once that was completed, the teams then made their way to the armory, where they had to disassemble and reassemble two M16 rifles. It took all four teammates, as two had to disassemble the rifle and the other two had to reassemble them.

After the event was completed,

teams raced over to the Oasis Club to participate in the Stretcher Run. Teams threw all their gear onto a stretcher and had to run from one end of the Oasis Club parking lot to the other, and back.

Once that was completed, the teams finished back at Sorensen Field. The team of Lance Cpls. Bryce Catlett, Travis Dilk, Joshua Lovett, and John Hubbard, and Staff Sgt. Keith Brotherson won by a total of one second.

The PT session was planned to give the Marines some battle skills training.

"I designed it that way because the basic job description for the Marines

here doesn't allow them to do Marine things," said Gunnery Sgt. Joseph Vanfonda, coordinator for the PT session. "Variety is the backbone of keeping PT interesting."

With the bonus of getting out of barracks duty for a month for winning the event, it helped motivate the Marines to perform well.

"Having an incentive to do well, plus given the chance to do something different for PT, makes it fun," said Lance Cpl. Bryce Catlett, member of the winning team. "It is a whole lot better than just running all the time."



Photo by Cpl. Joshua Barnhardt

Private First Class David Buls and Cpl. Elder Reyes lift their side of the stretcher during the Stretcher Run event at the Oasis Club parking lot.



Photo by Cpl. Joshua Barnhardt

Lance Cpl. Ernest Jones and Lance Cpl. Anthony Spart hit the deck and high crawl under the wire during the first timed event of the physical training session at Sorensen Field.

*Fair winds, following seas*



Photo by Curt Lambert

William Boxx, Marine Corps Community Services Personal Service Division head, presents Gunnery Sgt. Michael Claudio with a shadow box during his retirement ceremony. Claudio plans to move to Colorado springs, Co., to become a teacher.

## Rifle range scores

02-02

SSgt. Anthony Cisneros  
55 Expert  
SSgt. Christian Galbraith  
47 Expert  
Cpl. Forest Hill  
40 Expert  
Cpl. Joseph Huron  
49 Expert  
Lance Cpl. Bryce Catlett  
41 Expert  
Lance Cpl. Hawks  
49 Expert  
Lance Cpl. Hollis Hudetz  
48 Expert  
Lance Cpl. Patrick Jennings  
36 Sharp shooter  
SSgt. Shane Lopresto  
50 Expert  
Lance Cpl. Jaime Lugo  
37 Sharp shooter  
PFC Daniel Perez  
45 Expert  
Lance Cpl. John Poniske  
44 Expert  
Lance Cpl. John Rios  
43 Expert  
Lance Cpl. Eusebio Talamantes  
51 Expert  
Lance Cpl. Frank Weinald  
31 Marksman  
PFC J. S. Madrid  
51 Expert



# Fire stuns Supply, 27-0

By **Cpl. Joshua Barnhardt**  
BARSTOW LOG staff

The Firefighters put out another potential hazard by whipping Supply, 27-0 Feb. 13 at Sorensen Field.

After giving the 4-Runners a close game, Supply looked to be ready for the Firefighter onslaught, but Firefighter quarterback Jesse Griego used his arm to throw the deep ball and beat the Supply defense.

Griego used his main offensive weapon, Paul Purdy, to put the game away on a short pass, that Purdy turned into a long touchdown

with his legs.

After weaving through the defense with his legs, Purdy helped the Firefighter defense thwart the Supply offense. Supply's normally formidable air attack was stopped completely by defensive pressure. Supply was forced to throw short passes, but could not move far.

After being denied a first down in their first couple opening drives, quarterback James Hosey tried to get Supply back in the game on a long pass, but it was intercepted by Griego.

The Firefighters also used Ruben Rodriguez on offense as a secret

weapon by catching a touchdown and a two-point conversion.

The game was put away by the Firefighters on a trick play. They ran a double reverse, pitched the ball back to Griego, who threw a bomb to Purdy in the end zone for the score.

In other flag football action, the Phat Boys almost pulled off the upset, but fell short and lost to the 4-Runners 13-6. The Sorry Ones had no trouble against Clinic A, beating them 48-6. Clinic B pulled off a shocker and won their first game of the season by beating Comm 19-13.

## JSOQ from Page 1

dered a large pizza and some hot wings, but I only ate three wings and a half a piece of pizza, because the food got stuck in my braces and I lost my ap-

petite," said Topete. "I have lost 10 pounds in two weeks because of them."

His braces have also hindered him from going to Navy SEAL training.

"I'm not going special forces now,"

said Topete. "You can't go special forces with braces."

He is still in line to get his nursing degree though. "My plan is to finish my degree and move back home to Las Vegas," said Topete.

## BRIEFS from Page 3

four of the Walt Disney World Resorts – Orlando, Florida, Anaheim, Calif., Paris, France, and Tokyo, Japan.

Honored men and women will also receive a packet of special offer tickets.

The complimentary seven-day admissions passes and special offer tickets can be obtained only at the four Walt Disney World Theme Park ticket windows.

These tickets cannot be obtained at Shades of Green or military base

ticket offices.

For more information about tickets for shows or other theme parks call the Information Ticket and Travel office, 577-6541.

### Marine Corps Scholarship Foundation

Application packets for academic year 2002-2003 scholarships through the Marine Corps Scholarship Foundation are now available.

Sons and daughters of present active duty and reserve Marines; former Marines and reservists who have re-

ceived an honorable discharge, medical discharge or who were killed while in the service are eligible for the scholarship.

Active duty, reserve, or former Navy corpsmen who are serving or have served with the Marine Corps are also eligible.

The application deadline is April 1. For an application packet write to: Marine Corps Scholarship Foundation, P.O. Box 3008, Princeton, N.J., 08543-3008, or e-mail a request to [mcsf@aosi.com](mailto:mcsf@aosi.com), or visit <http://www.marine-scholars.org>.

## K-9 from Page 4

complex the whole thing is," said Budabinmcquown.

Bak and Budabinmcquown have developed a good working relation-

ship by being together for quite awhile.

"He is an explosive patrol dog, and has been in Barstow for two years now, and I have been working with him for the past nine months," said Budabinmcquown.

Overall, the experience is something he said he will never forget.

"It was a great experience being with my dog and helping out on one of the biggest events of the year," said Budabinmcquown.

## GOT NEWS?

*If you've got something newsworthy, call the public affairs office, 577-6430.*

## SAFETY from Page 4

who don't buckle up – in higher taxes, higher health care and higher insurance costs.

On average, inpatient hospital care costs for an unbelted crash victim are 50 percent higher than those for a belted crash victim. Society bears 85

percent of those costs, not the individuals involved. Every American pays about \$580 a year toward the cost of crashes. If everyone buckled up, this figure would drop significantly. By reaching the goal of 90 percent seat belt use, and 25 percent reduction in child fatalities by the year 2005, \$8.8 billion could be saved annually.

Not only does wearing seat belts save lives and money, it's the law. Additionally, Marine Corps policy requires base employees to properly use seat belts when operating or riding in any garrison mobile equipment so equipped.

Information from the National Highway Traffic Safety Administration was used for this article.

## HERITAGE from Page 5

schools, the country was also galvanized by the launch of Sputnik. In 1962, while the Freedom Riders were registering voters in the South, John Glenn bound us all by orbiting the earth.

And, at the end of the 1960s, Americans walked on the moon while

also mourning the loss of Martin Luther King Jr.

It's important to remember that throughout the entire civil rights movement there were African-Americans also involved in the space program. Blacks have always participated in the nation's progress. Black scientists, engineers and astronauts understood how important it was for African-

Americans to be at the forefront of a national scientific and technological endeavor.

Let us not stop now for there are many more places to explore and many more cures to come up with and many more ideas that need to be turned into inventions.

The soaring over the setbacks continues.

# MCCS



## MARINE CORPS

Community  
Services  
Barstow

By Jim Gaines  
MCCS Publicity

### Presidents Day Sale at MCX

The Presidents Day Sale is underway at the Super Seven Store (Nebo) and Railhead Exchange (Yermo).

All video cameras 10 percent off, all Palm Pilots 20 percent off, all MP3 players in stock 25 percent off.

The sale runs through Feb. 28.

Watch for manager's specials throughout the store all month long.

The Exchange/Super Seven Store is open Mondays through Fridays 6:30 a.m. to 9 p.m., Saturdays 8 a.m. to 9 p.m., and Sundays and holidays 10 a.m. to 6 p.m.

The Railhead Exchange is open Mondays through Fridays 8 a.m. to 3:30 p.m. During troop rotations, open Mondays to Fridays 8 a.m. to 8 p.m., and Saturdays and Sundays 10 a.m. to 5 p.m.

### Lunch menu

*Note: Unless otherwise stated, the menu for the Cactus Cafe is the same as the Family Restaurant.*

*Today* – Family Restaurant: Beef stew and salad bar.

*Friday* – Hoki fish, macaroni and cheese.

*Monday* – Veal Parmesan with egg noodles.

*Tuesday* – Chicken Curry with steamed rice.

*Wednesday* – Pork roast with mashed potatoes and gravy.

*Thursday* – Prime rib with baked potato.

### Family Night menu

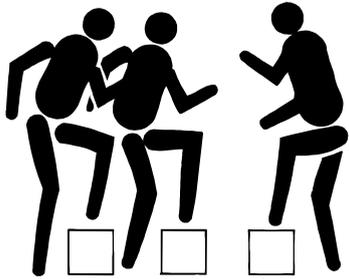
*Tonight* – Mexicali Night.

*Feb. 28* – Southern fried chicken Night.

Adults \$5.50, children five to 11 years \$3.50, children four years and younger are free.

All welcome!

## Aerobics



Aerobics - it works! Try our new work out with Fit Balls, Resistant Tubes and Stair Steppers.

Join Gina Galbraith's classes Mondays through Thursdays for a one hour class starting at 4:30 p.m.

The cost is \$25 per month or a \$2.50 walk in fee.

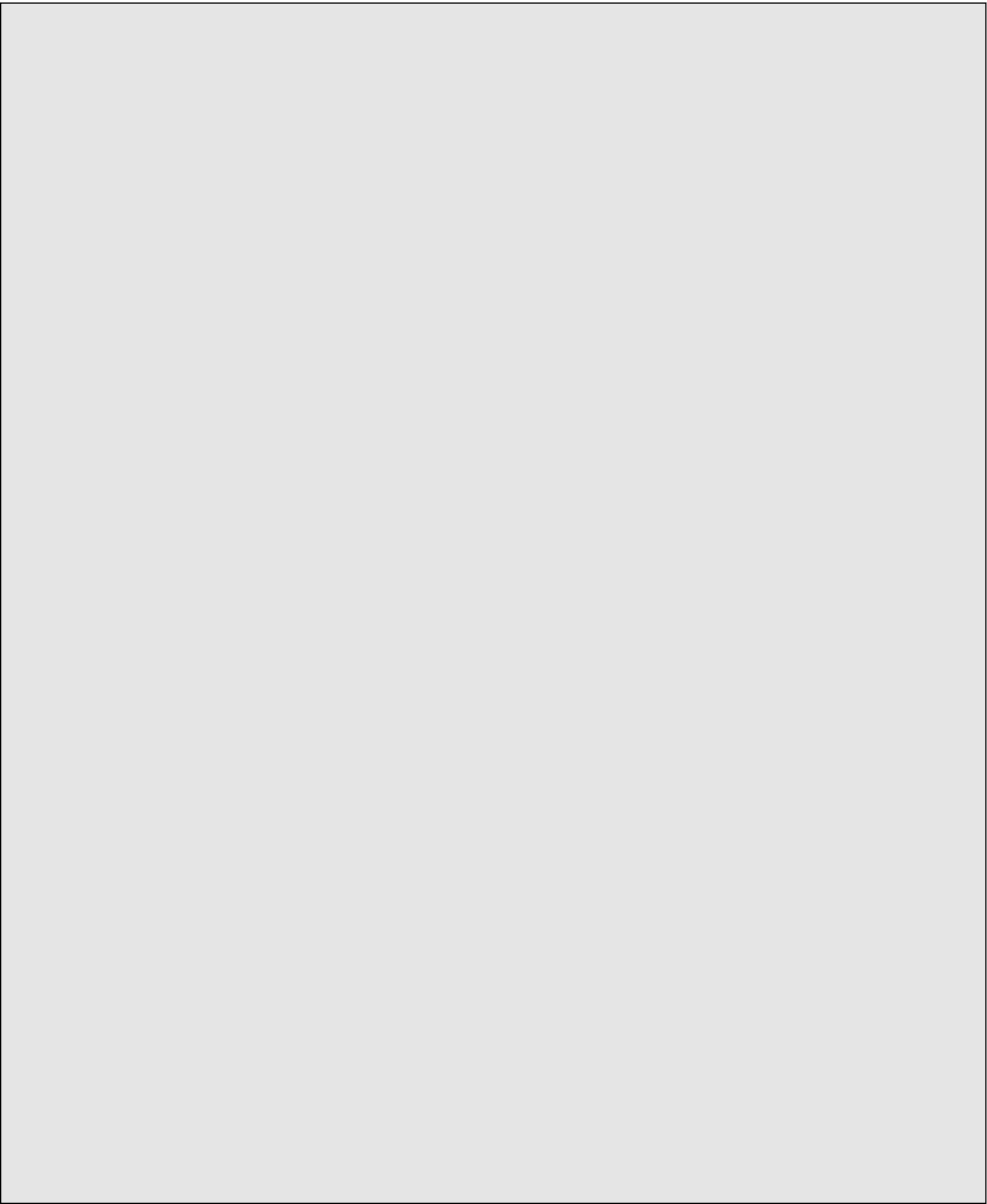
Everyone welcome. Drop by any afternoon while the class is in session and see what we do - you'll be impressed.

Classes are held in the Aerobics Room of the Base Gym. Call Semper Fit for more information at 577-6971.

**MCLB BASE GYM**

Mon - Fri 5 a.m.-9 p.m. Sat & Sun 8 a.m.-3 p.m.

**577-6971**



Please submit all Trader Ads to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

**2000 MUSTANG GT:** 5 Speed, performance Red, 59k miles, 16k miles remaining warranty, very, very good condition, asking \$11,250 OBO. Call Wyatt, 843-0665 8 a.m. – 10 p.m.

**1998 CHEVY S-10:** Fully loaded, lowered with rims, rear air shocks, \$12,000. Call 954-7567.

**1997 FORD 350 DUALY:** Crew cab, XLT package, automatic, diesel, long bed, camper shell, new tires/rims and windshield, power everything, tinted windows, sliding rear window, \$16,500 firm. Call 253-2133.

**1992 LEBARON:** Red, convertible, 104202 miles, timing belt changed on Sep. 17, 2001, power locks, windows and driver seat, cruise control and air-bags, \$4,000, OBO. Call Mario at 252-4688.

**1990 LINCOLN CONTINENTAL:** 3.8 engine, loaded, less 30k on rebuilt motor, \$2,500 firm. Call 257-3455 AWH, daytime 559-8461. Ask for Tom.

**1985 FORD BRONCO:** P/S, P/B, 4 Speed, 300 six cyl, trans and rear-end overhauled recently, runs good, \$3,500, OBO. Call 254-1978.

**1979 FORD VAN CONVERSION 150:** Runs great, has many new parts, \$1,200. OBO. Call 255-2115.

**1966 DODGE:** Station Wagon, 383 engine, auto air, runs, needs TLC, \$1,200. Call 254-1913.

**MISCELLANEOUS:** Polished steel wheels, five, 15x7, six lug, from 1994 Nissan, 4x4 pick-up, Call 253-3081, lv msg.

**MISCELLANEOUS:** Sweetheart shaped boxes with locking heart, handmade from exotic woods, felt lined, \$20. Call Jim 255-2115.

**MISCELLANEOUS:** Dining room set, table with six chairs xlt. cond. \$300, OBO; Seven piece bedroom set, includes new king size mattress and box springs, xlt cond, \$1,000, OBO, must see to appreciate. Call 256-1430 AWH.

**MISCELLANEOUS:** Pageant dresses, sizes 2-7, worn only once. Make offer. Call 252-1311 AWH.

**MISCELLANEOUS:** Sofa, color is gray and white w/delicate yellow flowers, xlt. cond, \$300, OBO; recliner, like new, Color mauve, \$300. Call 256-1430 AWH.

**MISCELLANEOUS:** Twin size bed, wooden frame with two drawers for clothes at bottom, \$60. Call 256-2434.

**MISCELLANEOUS:** Universal weight bench, good for patio or garage workout, \$50; misc. golf clubs, build your own set, \$5 each. Call 252-7198

**WANTED:** Honda CRX or Honda Civic, running or not. Call 254-1913.

**LOST AND FOUND:** Two pair of prescription glasses found in government vehicles. One pair tinted. Can be claimed at Dispatch Desk, Building 322 between 7 a.m. and 3:30 p.m.

**THANK YOU:** Thanks to the I&L Department and all base personnel for your prayers, donations and kindness shown during the loss of our mother, Mae Natani Harris. God bless you all, Loretta Lopez and family.

