

# BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 6, No. 19

Marine Corps Logistics Base Barstow, California

March 21, 2002

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Giving the military policeman what they deserve.

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Check out the Marine Corps Web site.

<http://www.usmc.mil>

**BARSTOW LOG**  
SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

<http://www.barstow.usmc.mil>

## Operational pause coming

By Cpl. Joseph A. Lee

BARSTOW LOG staff

An operational pause or "safety stand down" is scheduled to take place at the Oasis Club Tuesday to provide a day for all Marines to concentrate on operational risk management and safety procedures.

The pause, part of a Corps-wide safety effort, was directed by Commandant Gen. James L. Jones as a result of the increasing number of aviation and ground mishaps, both on and off duty since Oct. 1.

"FY01 was our best year ever in off duty fatalities, aviation mishap rate, and the lowest number of total Marine fatalities since FY94," said Jones. "FY02, thus far, is one of our worst years ever."

All Marines, except those required for operational requirements, are expected to attend an all-day briefing, according to an operational pause letter of instruction.

Marines should begin to arrive at the Oasis club at 7:15 a.m. to be seated before the base commanding officer begins a speech at 7:30 a.m. After her speech, the day is scheduled with a series of classes on topics such as operational risk management, emergency procedures and operations, and situational awareness.

After lunch, the medical clinic will help put the area's environmental dangers into perspective with classes on desert environment awareness and heat casualty prevention.

In addition to the classes given at the brief, individual section chiefs will also evaluate their internal standard operating procedures and go over them with their Marines, said Staff Sgt. Jimmy Hill, headquarters battalion training chief.

After the brief, "Marines should review their section's guidelines for hazardous materials cleanup, emergency procedures, recall information, and accident response and prevention," Hill said.

Jones charges "all Marines in a leadership position to use this time to look within themselves and their organizations to assess the causes of such avoidable loss of life and property. Only we can fix this, and we shall," Jones said, in reference to the high number of mishaps and tragedies that have occurred so far in fiscal year 2002.

"We owe it to the Marines we lead, the families we love, and the nation we protect," he said.

Information from ALMAR 013-02 was used in this article.

## Marines open local pageant



Photo by Cpl. Joshua Barnhardt

(From left to right) Lance Cpl. Derrick Christoff, Sgt. Jesse Williams, Sgt. David Meeden and Lance Cpl. James Hosey present the colors during the patriotic opening of the Miss Barstow Pageant Saturday night at the Barstow High School Gym.

## 'Smart Card' technology enhances readiness, security

By Gerry J. Gilmore

American Forces Press Service

WASHINGTON – Implementation of "smart card" technology across DOD by 2003 will enable the department to deploy troops faster and safeguard its people and facilities better, the card's program manager said March 5.

DOD's Common Access Card is a plastic identification card with an embedded 32-kilobyte memory chip, said Mary Dixon, director of the DOD Access Card Office. The card has already been issued at many stateside and overseas locales, and about this time next year, 4 million active-duty military, selected reservists, DOD civilians and eligible contractor employees are expected to have them, she noted.

The card and stored data can be tied into computer networks for personnel actions and added security. It has proven its worth in speeding troop processing

times during recent testing at Schofield Barracks, Hawaii,

Dixon noted. The 25th Infantry Division troops there used to have to spend one or more days preparing for deployments using paper records, she said.

The cards reduced deployment processing times to about an hour or two for each individual who took part in the test, Dixon remarked. And besides getting troops to the front faster, she noted, Common Access Cards could save time in a number of other ways.

"We're returning that time to the units — they can use it for training," she explained.

Security concerns across DOD have been greatly heightened because of the Sept. 11 terrorist attacks, Dixon noted. Widespread use of smart card technology for identification purposes will also enhance DOD's security infrastructure, she noted.

Personal identification num-

bers today, and biometric data such as fingerprints in the future, can be contained on the card, making it much more secure than paper IDs, Dixon said.

"There is a one-in-a-million chance that you might guess a person's six-digit PIN," she explained, adding that the card automatically locks up to deny access after receiving three incorrect PINs.

Widespread use of Common Access Cards should bolster security for DOD's people, buildings and facilities, Dixon noted.

The new technology, she added, also allows a "one-card-fits-all" system, so IDs, Public Key Infrastructure tokens, and multiple security passes could be melded onto one card.

Unlike easily duplicated paper ID cards, common access cards can facilitate secure access into a sophisticated computer security network, Dixon explained.

## Holy Week Schedule



**Palm Sunday**  
Marine Memorial Chapel  
Regular service for Catholic  
and Protestant



**Good Friday**  
St. Joseph's Catholic Church  
March 29  
Stations of the Cross  
at 7 p.m.  
Catholic service  
at 3 and 7 p.m.  
505 E. MT. View/  
Barstow Road



**Easter**  
Marine Memorial Chapel  
March 31  
Protestant Service  
at 8:30 a.m.  
Catholic Service  
at 10:30 a.m.

# THE COMMANDER'S FORUM

The "Commander's Forum" is a tool of the base commander to hear and address the concerns of base residents, employees and others. To contact the Commander's Forum, call the hotline at 577-6535 or send your concerns via e-mail to [Forumc@barstow.usmc.mil](mailto:Forumc@barstow.usmc.mil).

**Q** I just called to say that I know that the MPs have been going through a lot checking our badges.

They are sure very pleasant to deal with and they are very professional.

I just thought they needed a little pat on the back for being real good men and always treating us real nice.

I just thank you for them and keep up the good work.

**A** Thank you for calling the Commander's Forum with praise for our military police force.

They have been working long, hard

hours since Sept. 11, and it is good to hear that our work force appreciates all that they do to keep our base safe.

Again, thank you for your support, and I will pass your praise on to our military police force."

## SUBMISSION guidelines

The Commander's Forum is used to keep the work force informed, to explain why things are they way they are or appear to be, and, when possible, to correct situations or make improvements.

It is a valuable two-way communication channel through which

people may address concerns they're not able to resolve through the normal chain of command.

The key to having a question and its response published in the BARSTOW LOG is that it be specific and address things that may impact a significant amount of the base employees or tenants.

# Always driving forward

By Lt. Cmdr. Elmon R. Krupnik  
Base Chaplain



Of the more thought provoking commercials on television today, and I am not referring to the one with the hamster, the one where the gentleman is driving backward in his car to reduce the mileage accumulation drives me to think the most.

Of course, what he is doing is foolishness because there is no foundation for it. The commercial points out what makes the difference is a product that is internal.

In our own spiritual driving, many times we think we are doing the right thing, but we are actually going backwards instead of driving forward.

The Bible provides for us the right internal product and foundation along with direction and purpose.

We need to read it and study it more. Without it, we are driving backwards spiritually. The Sermon on the Mount closes with the parable of

the wise and foolish builders.

Matthew 7:24-27 states, "Therefore, whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock; And the rain descended and the floods came, and the winds blew and beat upon that house; and it fell not, for it was founded upon a rock.

"And everyone that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand.

"And the rain descended, and the floods came, and the winds blew and beat upon that house; and it fell and great was the fall of it."

The Sermon on the Mount contains spiritual teachings that Jesus taught to give us a greater understanding about our internal relationship with God. As was then and is now, the teachings of Jesus are forward thinking.

I encourage all to read the Sermon on the Mount and put our spiritual cars in gear to drive forward and not backwards as we apply one of the many products of wisdom that God has given us to our everyday lives.

Blessings to all,  
Chaplain Krupnik

## Just doing my job ...

Jennifer Patterson, health promotions coordinator, performs a yoga position during the first yoga class she taught at the base fitness center Tuesday. Yoga classes will be held Tuesdays and Thursdays from 11:30 a.m. to 12:30 p.m. The classes are open to all base personnel and are free of charge.

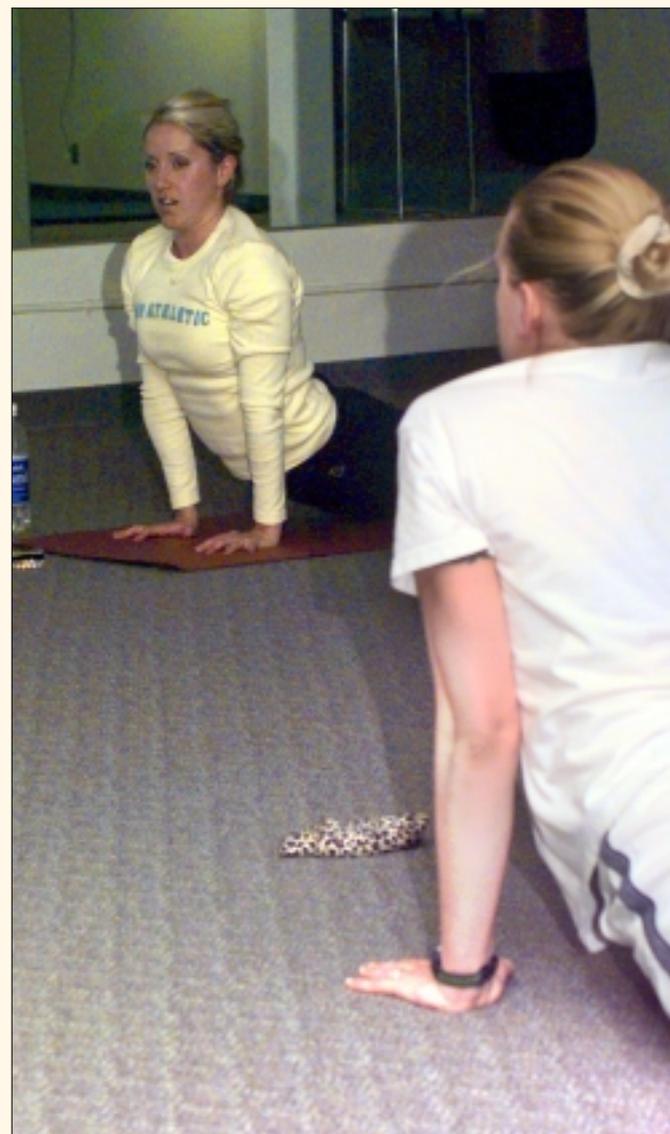


Photo by Cpl. Joshua Barnhardt

### Chapel Services

Protestant Sun. 8:30 a.m.  
Mass Sun. 10:30 a.m.

**Confession services before Mass**

### Catholic Rosary

First Saturday of every month.  
3 p.m. at the Base Chapel.

For more info call 577-6849.

### Nebo Bible Study

Wednesday Noon-1:30p.m.

At the Chapel Office.

For more info call 577-6849.



## BARSTOW LOG

Marine Corps Logistics Base Barstow, California  
Colonel Ingrid E. Bergman, Commanding Officer  
Public Affairs Staff



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The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office of Marine Corps Logistics Base Barstow, California. Mailing address: Commanding Officer (B130), Command Headquarters, Marine Corps Logistics Base, Box 110100, Barstow, CA 92311-5001. The Public Affairs Office is located in Building 15. Phones: (760) 577-6430, 577-6450, 577-6451, FAX 577-6350, DSN prefix 282.

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**BARSTOW LOG** is distributed every Thursday (or Wednesday preceding a holiday) 50 weeks a year. **BARSTOW LOG** is produced at Aerotech News and printed at Antelope Valley Press in Palmdale, Calif. Printed circulation is 3,500.

For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

# NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Fridays for the next week's issue. Submit news briefs via e-mail to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

## Veterans Home Relay Race

The 7th Annual Veterans Home Relay Race is scheduled for March 30. The course is a 40-mile stretch from Fort Irwin to the Veterans Home of California - Barstow.

The event will be a team relay race, each runner doing a two-mile leg. Practices for the race are Tuesdays and Thursdays at 11:15 a.m. There will be a two-mile time trial Tuesday. For

more information, call 1st Lt. Bryan McClune at 577-7174.

## Easter Egg Hunt

The 7th Annual Easter Egg Hunt for military family members 10 years old and younger is scheduled to start at 10 a.m. Saturday at the Barstow Heights Park in Barstow.

The Park is located at the corner of H Street and Rimrock Road. Call the Fort Irwin Outreach Center at 256-

1735 for more information.

## Easter Brunch

The Family Restaurant will be having an Easter Brunch March 31 from 9 a.m. to 1 p.m. On the menu is baron of beef, fried chicken, omelets cooked to order, pancakes, french toast, baked potatoes and an assortment of salad, fresh fruits and desserts. The cost is \$8.95 for adults and \$5.95 for children 5 to 12 years old. Children 4 and under are free. For reservations call 577-6428.

## Professional's Day luncheon

The Civilian Welfare and Recreation Association is having the Administrative Professional's Day luncheon April 25 from 11 a.m. to 12:30 p.m. at the Oasis Club.

The cost is \$7.50 and includes a chicken cordon bleu lunch or a chef salad. The guest speaker is Margaret Carter, the base comptroller.

For tickets call one of the following CWRA committee members:

Name	Phone
Dan Keirn	577-6614
Fred Molino	577-7210
Ed Guz	577-6813
Tangia Joseph	577-7230
Barbara Kulseth	677-6771
Ernie Hawkins	577-7046
Barbara Kent	577-7786

## Special Olympics

The Special Olympics of Southern California, Barstow, is looking for athletes, coaches and volunteers for future Special Olympics.

For more information on how to get involved call 255-2787 or 256-1690.

## Traffic court move

The Traffic Court Bailiff is now located in the east end of Building 236, at the Provost Marshal's Office. The hours of operation are 8 to 11 a.m. and 1 to 3:30 p.m., Mondays through Fridays. If you have concerns or questions about your traffic tickets, or need

Marines and sailors worldwide.

The following is a list of unit representatives for this year's fund drive. Please contact them to donate to this year's cause. If you have any questions or wish to volunteer as a key person, contact Ed Guz at 577-6183.

## N/MC Relief Society

The Navy/Marine Corps Relief Society's annual fund drive is well underway, and the food sales are already in full swing to help support it.

Every dollar donated to the society's fund drive translates into financial assistance available to

Name	Office	Phone
Bertie Dailey	Public Affairs	577-6430
HM1 Allan Maluto	Medical	577-6575
Staff Sgt. V.K. Nuuhiwa	Admin	577-6891
Bonnie Rasmussen	Budget	577-6519
Gunnery Sgt. Norman A. Tuzon	C & P	577-6506
Lance Kemock	Maintenance	577-6230
David Madrid	Housing	577-6872
Carlos Alborno	Environmental	577-6173
Ed Guz	Public Works	577-6183
Gunnery Sgt. Bruce Raymond	HqBn	577-6364
Brenda German	MCB	577-7139
Staff Sgt. Ronald Johnson	FSDB	577-7774

## Free-throw shooting contest

The base gym will be having a free-throw shooting contest April 8 in support of the Navy/Marine Corps Relief Society.

Each contestant will pay a \$5 entry fee and shoot 25 foul shots. The winners for most money raised and most shots made will receive trophies. Entry forms and sponsor forms are located in the base finance office in Building 15. For more information, call Sgt. Tim Robbins at 577-6623, or 2nd Lt. Michael Smith at 577-6726.

## Cow Pasture Pool

The first Cow Pasture Pool "Desert Terrain Golf" tournament will be held at the base stables April 6, at 10 a.m. The tournament will cost \$20 per team, consisting of three to four members.

It will be a nine-hole course. Each team will receive one club, and the team with the lowest score wins. The event is for the Navy/Marine Corps Relief Society.

The teams need to register by April 3 with Master Gunnery Sgt. Kim Ortamond at 577-7302, or 2nd Lt. Michael Smith at 577-6726.



to comply with the 72-hour deadline on your ticket, please visit during the above hours or call 577-6204 or 577-6513 for assistance.

## Hold on new cammies

The distribution of the new Marine Corps Combat Utility Uniform to all Marine Corps Exchanges has been put on hold. This is in an effort to keep the recruit depots supplied with enough sets of uniforms to issue to new recruits. As soon as production can meet demand, the supplier will resume shipping to Marine Corps Exchanges. There is no time table right now as to when that will happen.

## Volunteers needed: Barstow baseball leagues

The West Barstow Little League, celebrating its 50th year of baseball, is looking for volunteers interested in umpiring the minor league, little league, junior or senior leagues.

The season begins April 6 and ends June 17. Each league will have about 15 to 20 games playing Monday through Friday evenings. Weekday games begin at 5:10 p.m. There will be a free umpires clinic held in Hesperia.

For more information call Jim McCall, West Barstow Little League president, 256-1265 or 486-1265.

## Educational support

The base education office offers Marines a chance to earn an thing

from a vocational certificate to a doctorate. It provides information on resources, schools, and requirements for degrees. It also provides degree programs, college credit examinations, military classification exams, and educational counseling. For more information, call 577-6118.

## Semper Fit Yoga

Yoga classes will be starting Tuesday at the base gym. The classes will be held Tuesdays and Thursdays from 11:30 a.m. to 12:30 p.m. in the aerobics room at the base gym. For more information, call Jennifer Patterson, the health promotions coordinator, at 577-6817.

## Library/Research Center

The Library/Research Center provides free online computer support, reference material, inter-library loan support, professional reading materials, family entertainment and enrichment.

It is located in Building 218 and is open Mondays through Fridays from 10 a.m. to 6 p.m. and Saturdays and Sundays from 10 a.m. to 4 p.m.

## Marine of the Year

The Marine Corps Times is now accepting nominations for its second annual Marine Corps Times Marine of the Year Award. The deadline for nominations is April 12.

Nomination details and other information is available online at <http://www.marinecorpstimes.com/marine>. For more information visit the Web site.

## Job Watch

Annc No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-062-02-NR	Mareaterials Expediter WG-6910-07 (Term NTE 366 days)	03-07-02	03-21-02	03-14-02	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their résumé to:

Human Resources Service Center, Southwest  
ATTN: Code 522 (announcement number)  
525 B Street, Suite 600  
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service Center, Building 37, Mondays through Fridays from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donbr.navy.mil>.

This is not an official list. Please see the Web sites listed for a complete list.

# Semper Fit gets new talent, ideas

By Cpl. Joshua Barnhardt  
BARSTOW LOG staff

Two new employees are helping to make Semper Fit a better organization for MCLB Barstow.

Somer Meeden is the new athletic director for the base and Jennifer Patterson is the new health promotions coordinator.

Meeden is a Barstow native who knows quite a bit about sports.

"I played basketball, volleyball, ran track and cross country for Barstow High School," said Meeden.

After high school, Meeden continued her athletic career.

"I went to Victor Valley College and played basketball and volleyball for them, but I had a knee injury, so I didn't finish school there," said Meeden. "Then I played two years at Barstow College."

Meeden has insight for this job that many others might not.

"This job works for me because I love being involved with athletics," said Meeden. "And being around the base since I was 8 years old, I kind of know what the guys complained about when I was younger, so it gives me a

better insight on what hasn't been done and what I can possibly get done."

Meeden has already completed one successful athletic season and is getting ready to start another.

"So far we have had a football season," said Meeden. "The softball team is going to play in Victorville this year, so hopefully the competition level will get the team ready for (Marine Corps West) Regionals."

Meeden plans on fielding a team at the Marine Corps West Regional Basketball Tournament after an intramural season on base.

"Basketball will start in June, and Regionals will be in mid-October," said Meeden.

Barstow didn't field a team last year because the Marines could not be spared after Sept. 11, said Meeden.

Meeden said she thinks she can provide the attention necessary to athletics that was lacking before.

"We've got a lot of talent on this base. Now there is someone here that can just focus on that instead of having to run the gym and Semper Fit as well, which was how it worked in the past," said Meeden. "It is hard to have three

jobs and try to give the proper amount of attention to any of them."

Patterson is bringing her expertise on how to help people get and stay fit to MCLB Barstow.

"I have a bachelor's degree in kinesiology from California Baptist University," said Patterson. "Kinesiology is the study of human movement."

Adding to her degree, Patterson also has been on the job for a while.

"I've been a personal trainer for the past three years, helping people lose weight, gain muscle, putting together menus and supplements for them," said Patterson. "I've also been teaching yoga since December, at the Hook Community Center in Victorville."

She has already started a program for civilian Marines. It is a six-month wellness program where they get an hour a day, three days a week to work out in the gym and see Patterson, so she can follow their progress on work-out and eating habits.

"They come in and get an assessment and then get regular checkups with me where we go over

See **FITNESS** Page 8

# Celebrating 60 years

By Rob L. Jackson  
BARSTOW LOG staff

Celebrating 60 years of building bridges to victory, MCLB employees attended a cake-cutting ceremony March 5, in honor of the birth of the Navy "Seabees."

Col. Liz Bergman, base commander, cut the cake and presented the first piece to Steve Phalon, head of Installation Division, a retired Navy lieutenant commander and the only former Seabee in attendance for the ceremony.

In December 1941 the chief of the Navy's Bureau of Yards and Docks, then

Rear Adm. Ben Moreell, recommended establishing Naval Construction Battalions.

With the attack on Pearl Harbor and America's entrance into the war, he was given the go ahead.

On March 5, 1942, the name Seabees and their insignia were officially authorized. From island hopping in World War II to the desert of Afghanistan, the Seabees have built entire bases, bulldozed and paved thousands of miles of roadway and airstrips, and accomplished a myriad of construction projects.

Their motto tells the story: "We build, we fight."



Photo by Rob L. Jackson

Col. Liz Bergman, base commander, places a piece of cake on a plate for Steve Phalon, head of Installation Division and retired Navy Seabee, March 5 honoring the 60<sup>th</sup> anniversary of the Navy "Seabees."

# AROUND THE CORPS

Staff Sgt. John Mathews, executive president of Okinawan Bull Riding Association and rodeo clown, waits for the bull to be released from its pen at a rodeo recently.



Photo by: Lance Cpl. Nathaniel C. LeBlanc

## Cowboy Up!

### *The ride of a lifetime*

**By Lance Cpl. Nathaniel C. LeBlanc**  
OKINAWAN MARINE staff

**CAMP FOSTER, Okinawa, Japan** – Eight seconds may pass within the blink of an eye, but for some it is an eternity.

In eight seconds, bull riders desperately cling to an aggressive 1,500-pound beast as it thrashes violently in an effort to throw them off.

The next generations of cowboys are rising, not from the West, but in the East—the Far East to be exact.

Rodeos are part of an old western tradition, which has carried on from generation to generation.

Now service members island-wide have started a new rodeo scene in the back yards of Okinawa.

The Okinawa Bull Riding Association, which started in 1998, has grown like a brush fire on a hot, dry Texas day.

The fire has spread throughout the island and to parts of mainland Japan too.

Service members and thrill seekers alike are catching on to the adrenaline rush of bull riding.

“We have over 100 members and are expanding,” said Staff Sgt. John Mathews, executive president of OBRA. “We have members from all walks of life out here, Air Force, Navy, Army, Marines, officers, enlisted, and Okinawans.”

“Anybody who is looking for excitement and adrenaline can come out and join OBRA,” Williams said. “All they have to do is speak with a member, check out our member meetings at Western World bar and grill restaurant, or visit our Web site.”

“We have a try-out policy for people who are interested,” said

Staff Sgt. Randy Reese, president of OBRA. “Anyone can come and try out bull riding, and if they like it, they can join.”

The membership fees are \$100 a year for a full membership, which allows participation in all events. The supporting membership fee is \$25 for positions as wranglers and rodeo clowns.

“We have so much to offer for the members,” Mathews said. “We have cookouts, children events, practices, bull fighting classes and membership meetings. No one can beat the atmosphere. The members get a strong taste of home.”

The rodeo not only has a sense of home for Americans, but it is also family oriented. Family members and kids can get involved with events like the pig chase and hobby horse racing, Mathews

said.

Reese said families can come and see the action at Western World with

such events as bull riding and bull poker, which is an event where cowboys play poker inside the arena as a raging bull knocks over each player.

The rodeo is a family event that emulates the cowboy’s way of life with excitement and danger, Mathews said.

“Life is a precious thing, it is invaluable,” Reese said. “You don’t know the true sweetness of life until you’ve had the bittersweet taste of danger.”



Photo by Lance Cpl. Nathaniel C. LeBlanc

Staff Sgt. Jason Parker cowboys up as a bull tries to buck him off during the Okinawan Bull Riding Association Rodeo outside of the Western World bar and grill restaurant.

# COMMANDER'S CORNER

Maintenance Center Barstow

## MCB reaches out to USCS, supports homeland security



Photo by Charisma Turner

Chief Warrant Officer Paul Zacharzuk, Electronics Maintenance Officer and Jerry Meinicke, Communication/Electronics and Metrology Business Center manager. Maintenance Center Barstow received the letter of appreciation to the right from the U.S. Customs Service for the efforts of Zacharzuk and Jerry Meinicke. A job well done, noted Col. Ervin Rivers.



U.S. Customs Service

DATE: 22 February, 2002

FILE: PERS-1 OI:AMI:AMICC MAW

Commander  
Maintenance Center, Barstow  
U.S. Marine Corps

FROM: Mr. Joseph A. Bendig, Director  
Air & Marine Interdiction Coordination Center  
United States Customs Service

Letter of Appreciation

A member of my staff recently visited the U.S.M.C. Depot, located in Barstow, CA and was very impressed by the capabilities of the facility and the skilled and professional workforce.

I would like to express my appreciation of the efforts of Warrant Officer Paul Zacharzuk and Mr. Jerry Meinicke, of the Communications/Electronics Metrology Section who made this opportunity possible. Warrant Officer Zacharzuk and Mr. Meinicke took valuable time away from their busy schedules to ensure that all of my staff's questions were answered thoroughly and completely.

Warrant Officer Zacharzuk has followed up the visit with additional information that will hopefully lead to a cooperative effort between the U.S. Customs Service Air & Marine Interdiction Coordination Center, and the Marine Corps Systems Command. I am hopeful that this effort will lead to an enhanced ability to monitor our nation's borders, and enhance our efforts toward homeland security.

This cooperative effort by members of your command reflects credit upon your command, your facility, and the United States Marine Corps.

*Joseph A. Bendig*  
Joseph A. Bendig

TRADITION

SERVICE

HONOR

U.S. Customs Service, Air and Marine Interdiction Coordination Center, P.O. Box 6363, March ARB, CA 92518-6363

## Former Marine retired twice and still working

By Russell C. Schultz  
Brown & Root Services

I was a gunnery sergeant working as an engineering equipment chief in Quality Control in the Marine Corps at the maintenance center when I retired in Nov. 1976.

I went back to work at the maintenance center as a mechanic in civil service in 1983. I retired from civil service in July 2001. I had planned to take some time to rest.

But in mid-July 2001, I received a message from Brown & Root Services to send them a resume. After receiving the resume, Brown & Root offered me a job. In August I had two days to decide about taking the job before I had to report to Houston. No matter how old you get there are opportunities to

work if you want them.

I made my decision to take the job and left for Houston. I was processed in Houston, signed a contract for one year, and then flew directly to Kosovo, arriving on Aug. 23, 2001. I stayed at Camp Bondsteel for three months. The Corps of Engineers and Brown & Root started building the city of Camp Bondsteel from nothing but mud in 1999. This year they are building a hospital.

I worked at the headquarters of Brown & Root located about 3-5 miles from Camp Bondsteel in Kosovo. I am a foreman and

instructor teaching the local workers (Albanians and Serbs) how to work on vehicles and equipment. Vehicles include 900 series trucks, and the engineering equipment including road graders and scrapers. There are interpreters to translate

instructions to the workers, so knowing a foreign language is not required.

Living and working conditions are good. I live in my own mobile home at

headquarters and there is a PX at Camp Bondsteel. There is bus transportation to Camp Bondsteel. There are rules and restrictions similar to living on an Army base. We are told to take precautions, and

we need to report in when we travel from headquarters to Camp Bondsteel.

Brown & Root Services has a contract with the Army along with the United Nations to rebuild damage caused by wars. Brown & Root Services has a five-year contract to work in Kosovo.

I have been working in Kosovo for six months, and the company sent me on R&R to the United States with two weeks pay and my roundtrip ticket. I am visiting MCB to see old friends and chat with the commander of the maintenance center.

I have seen too many people die



Photo by Jack Kulju

Russell C. Schultz

after retirement just sitting around the house. You've got to keep yourself busy. I am 64 years old and still want to work. I will fly back to Kosovo tomorrow and work for another

six months. Then I will get another three weeks R&R back to the United States. After that R&R, I plan to sign another contract for one year.

I enjoyed my many years at Maintenance Center Barstow, and much of that training and experience is serving me well today. Maintenance Center Barstow is a good place to work and learn. Take it from me, the skills you hone today will serve you well in the future.

# Quietly making a contribution

By Rob L. Jackson

BARSTOW LOG staff

There have been many stories written about rescue efforts of organizations and volunteers that participated in the aftermath of the September 11 tragedy that took down the World Trade Center and many lives with it.

The New York City Fire and Police Departments have been honored tremendously for their heroic efforts, risking their own lives to save the lives of those still thought to be alive in the rubble and recovering individuals who perished in this disaster.

Alongside them assisting in the recovery efforts were volunteers from all over the country, to include Gary Heidorn, PAXMAN engine shop supervisor at Maintenance Center Barstow and a member of two of California's Disaster Medical Assistance Teams.

"You saw it on television - the planes crashing into the buildings - but you really didn't get the full effect of it all until you got there," said Heidorn. "I've been to hurricane disaster areas, plane crashes and earthquake areas like the Northridge quake, and those were pretty bad. But the World Trade Center was just overwhelming.

"The fires were still burning, and you could smell nothing but death when we dug into a pile of rubble. You could smell the plastic burning (and) diesel fuel from the equipment, hear sirens going off all the time, and (see) people running in and out of the area. They probably had close to 1,000 people working each shift."

According to Heidorn this was the most devastating event he's been involved with since becoming a search and rescue volunteer, and that's been more than 25 years. He's been with the California DMAT for about eight years now.

Heidorn got involved with the DMAT while working with the San Bernardino County Sheriff's Department search and rescue team.

"Information had filtered down through the channels that they were looking for volunteers to join this Disaster Medical Assistance Team," Heidorn explained. "I had nothing better to do, so a few of us went to the meeting. It caught my interest so I said 'OK, I'll join up.'"

There are approximately 40 DMATs throughout the United States, and 20 of them are Level-1 teams. Level-1 means the DMAT agrees to activate and be prepared for deployment within six to eight hours of a request. California has six Level-1 DMATs, identified by CA-1, 2, 4, 6 and 9. Heidorn is a member of CA-2 and CA-9.

The DMATs are sanctioned by the U. S. Public Health Department and were formed to provide additional medical assistance to hospitals in the event of man-made or a natural declared disaster. They are locally organized volunteer medical teams and can be activated for a number of missions for which they have been trained.

CA-2 and CA-9 have the same basic medical functions like being called in to establish and staff a patient field treatment site, or as a regional evacuation point. But CA-9, when activated, is also called a National Medical Response Team. Its responsibilities include health and medical response to terrorist acts involving weapons of mass destruction and act as medical reception centers.

Since becoming a volunteer member of the DMAT, Heidorn has been called up several times to aid in medical and recovery operations after major hurricane disasters, tornados and plane accidents.

Each time the DMAT members are activated, since they fall under the cognizance of the U. S. Public Health Service, they must be federalized and take the oath of office.

"I've said it once, and maybe 25 million times, but it's OK because it's all a part of the system," the PAXMAN shop supervisor said with a smile.

Married and the father of three, Heidorn said his wife has been very supportive of his volunteer work over the years.

"I started with search and rescue about 1980 with the sheriff's department, and we used to average about 40 to 45 calls a year. So just about every weekend we were gone. My wife has sort of gotten used to me being gone," he said.

See HEIDORN page 8



The grim, mangled aftermath of the Sept. 11 attacks undergoes night search and rescue efforts.



Three participants of the search and rescue effort pause to discuss their tasks.



An attack victim receives treatment for his injuries in a makeshift medical treatment facility.



Gary Heidorn (Far right) poses with members of his emergency response team moments before their shift begins.

All photos courtesy of Gary Heidorn

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their eating habits and get them eating healthy," said Patterson.

This month's program had people riding on stationary bikes to points across the desert. The goal is to add up the miles accumulated on the bike and reach a predetermined destination.

"It is just something to provide a little competition to motivate people so maybe they will try harder to stay fit," said Patterson.

April's program will be spent on the treadmill. After that, there will be a competition of three events in three months.

"Next month we will be running to Lake Havasu," said Patterson. "This summer we will be having an Iron-man competition where we will do running one month, biking one month and swimming one month."

Yoga classes are also going at the base gym Tuesdays and Thursdays from 11:30 a.m. to 12:30 p.m. Patterson said she believes this will help people have a more productive workday because of the benefits of yoga.

"Yoga is really good to help breathing, back aches, muscle pain and joint pain," said Patterson. "It is very good for stress relief and stress reduction."

**HEIDORN** from page 7

If that wasn't enough, he joined the volunteer fire department and worked with a few of the local departments in Newberry Springs, Yermo, Daggett and other volunteer departments. In this capacity, he and his fellow volunteers have trained with and for these departments, to include training with the National Park Service in Joshua Tree.

"It really takes a special breed of people – don't get me wrong, I'm not saying I'm special – to volunteer their time in some of the worst possible cases you can ever imagine," said Heidorn. "I've been on nine major deployments in the last six years, and New York City was by far the worst."

The stress level during one of these deployments can get pretty high, particularly when dealing with a major disaster like the WTC. For example, there were so many security measures installed to keep photographers, looters as well as general onlookers out of the area, according to Heidorn.

"Now, we've had other deployments that were more stressful, but this was down to business," he said. "You went to work, worked the hours of your shift and went back to your hotel. You were busy doing something."

When they deployed to Atlanta for the summer Olympics in 1996, the stress level was much higher

mainly because of the bombing and the high state of alertness set in place for those two weeks.

"Every day you went to work you knew something was supposed to happen, but you weren't really sure what," he said. "So with some of these deployments where there's a 'what if ... happened?' you're always at a high stress level. It's an adrenaline rush."

According to Heidorn the feeling was almost the same recently in Utah for the Winter Olympics. However, unlike Atlanta, there was a lot more free time, which meant more time for training classes.

"We had a lot of training classes. I was stationed in Park City, a beautiful place," he said. "We had 14 five-man teams and we split up into day shift, night shift and overlapping shifts. It was pretty easy, pretty laid back. The stress level wasn't as bad as Atlanta. We had a few standups but nothing really serious."

The DMAT, and search and rescue teams are made of people from all walks of life - doctors, nurses, paramedics, EMTs and people who just handle communications and logistics, according to Heidorn.

"The doctors get out there and help set up tents, nurses will clean toilets, and if you have to help a doctor do something, the EMTs will go and help.

It's just a very well-oiled organization," he said.

Maintenance Center Barstow has been very supportive of Heidorn's volunteer work.

"All I have to do is let my chief production boss, Dave Sloan, know about the team's activation. Colonel Rivers and Mr. Baker have been great; you can't ask for better people.

"In fact, they are so supportive that during the WTC I got a call from the command asking (if) I needed more time, but after about 15 or 16 days, I needed to come home.

"The little part that you do during these deployments doesn't seem like a whole lot at first, but when you add up all the elements it makes the big picture come together. Hopefully, something like this will never happen again, but you're a part of history, the whole team is a part of history," he said.

Heidorn has been lauded several times for his volunteer work. He's received recognition from Gov. Gray Davis, the California State Assembly, San Bernardino County Board of Supervisors, the Marine Corps, and this list goes on.

He would like some more people from the Barstow area to get involved in volunteer work like this.

"There is so much expertise out here that the base could have its own response team," he concluded.



**By Jim Gaines**  
MCCS Publicity

#### **Easter Sale in progress**

Check out the bargains at the MCX Easter Sale. Womens' winter fashions 30 percent off. Take advantage of the Tele-Floral Easter Specials. This sale runs through March 31.

The Exchange/Super Seven Store is open Mondays through Fridays 6:30 a.m. to 9 p.m., Saturdays 8 a.m. to 9 p.m., and Sundays and holidays 10 a.m. to 6 p.m.

The Railhead Exchange is open Mondays through Fridays 8 a.m. to

3:30 p.m. During troop rotations, open Mondays to Fridays 8 a.m. to 8 p.m., and Saturdays and Sundays 10 a.m. to 5 p.m.

#### **Lunch menu**

*Note: Unless otherwise stated, the menu for the Cactus Cafe is the same as the Family Restaurant.*

**Today** – Family Restaurant: baked potato and salad bar. Cactus Cafe: chicken teriyaki and steamed rice.

**Friday** – Hoki fish, macaroni and cheese.

**Monday** – Chicken cordon bleu, mashed potatoes and gravy.

**Tuesday** – Beef pot pie.  
**Wednesday** – Ginger chicken kabobs and fried rice.  
**March 28** – Prime rib and baked potatoes.

#### **Family Night Dining**

**Tonight** – Fried chicken, mashed potatoes, vegetable, rolls and dessert.

**March 28** – Beef and pork ribs, baked beans, cole slaw, potato salad and dessert.

#### **Members Nite tonight!**

Come join the other Oasis Club members for our weekly Happy Hour Members Nite.

#### **Auto Hobby Shop trip**

The Auto Hobby Shop will be making its annual trip to the Ceramic Show in Pomona Saturday. For more information call Marke at 577-6228. The Auto Hobby Shop is open Wednesdays through Fridays from 11 a.m. to 7 p.m., and Saturday and Sunday from 10 a.m. to 6 p.m.

## You're cordially invited to EASTER BRUNCH

at the Family Restaurant  
March 31 from 9 a.m. to 1 p.m.

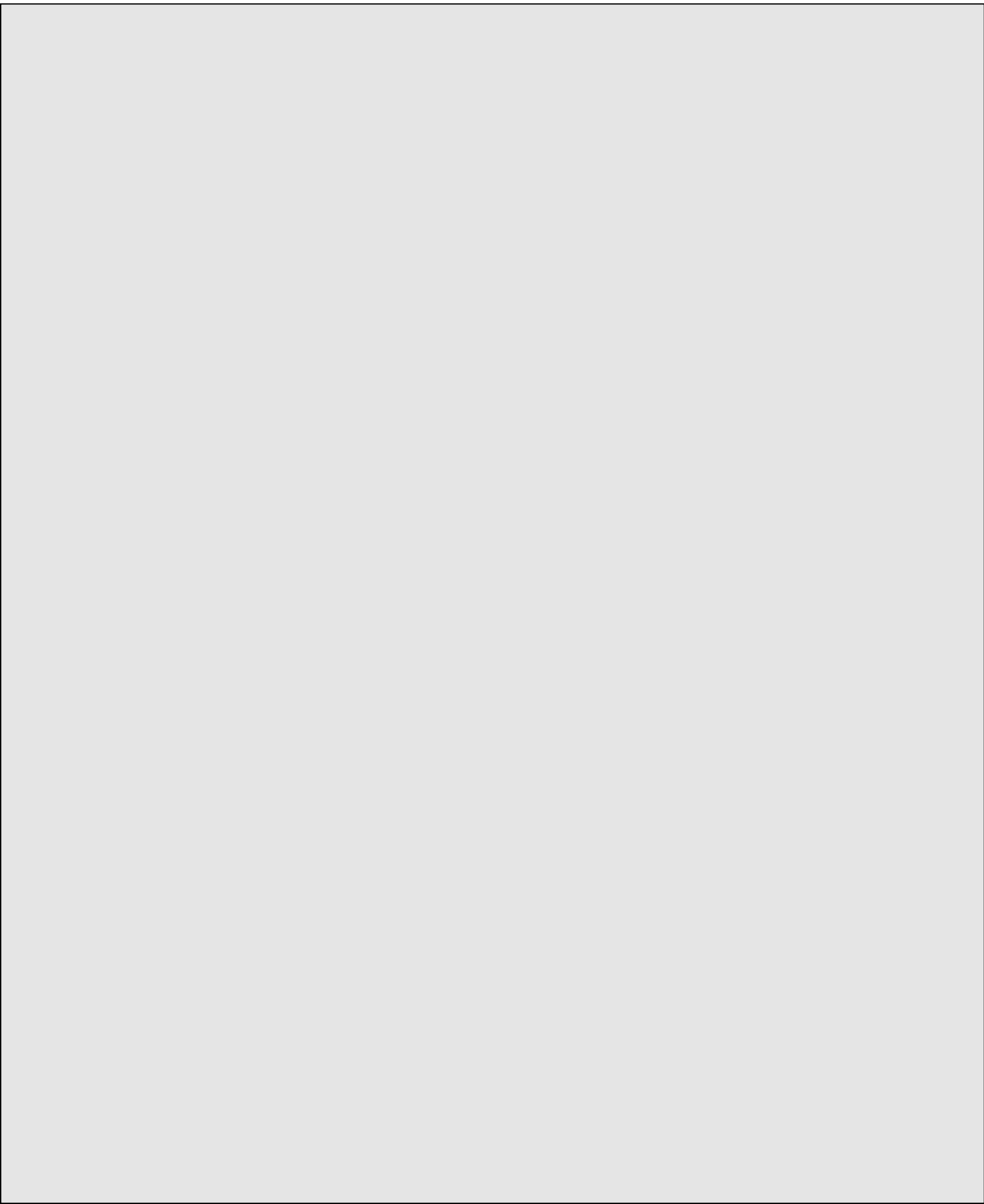
#### MENU

**Baron of beef, fried chicken, omelets cooked to order, pancakes, french toast, oven-baked potatoes, tossed green salad, assorted fresh fruit, assorted fountain drinks and dessert**

#### ALL WELCOME

**Adults \$8.95, Children (5-12 yrs.) \$5.95  
Children 4 yrs. & under are free  
Reservations highly recommended**

577-6428



Please submit all Trader Ads to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

**2001 HONDA CBR 929:** Low mileage, xlt cond \$9,500, OBO. Call 252-1502.

**1997 FORD 350 DUALY:** Crew cab, XLT package, automatic, diesel, long bed, camper shell, new tires/rims and windshield, power everything, tinted windows, sliding rear window, \$16,500 firm. Call 253-2133.

**1992 CHEVY 2500 SILVERADO PICK-UP:** Automatic, extended cab, long bed w/bed liner, heat and A/C, power windows and locks, tilt steering wheel, cruise control, AM/FM cassette, tow package, blue book list at \$9,690 asking \$6,800 OBO. Call 252-8839.

**1987 HONDA PRELUDE:** 2.0 SI, 5spd, clean inside, and outside, fully loaded, CD player, premium wheels, \$2,400, OBO. Contact Tom at 559-8461 during the evening.

**1987 NISSAN SENTRA:** 5 speed, new engine, new tires, A/C and heat. \$1,500. Call 255-4339.

**1983 EL CAMINO:** 305 engine, AT, A/C, PW, PDLK, rear air shocks, CC, camper shell, good tires and wheels, body in good cond \$2,500. OBO. Call 255-4205 lv. msg.

**1966 DODGE:** Station wagon, 383 engine, auto, air, runs needs TLC, \$1,200. Call 245-1913.

**MISCELLANEOUS:** 5 polished 15 x 7, six-lug steel wheels from 94 Nissan 4x4, \$100. Call 253-3081 lv. msg.

**MISCELLANEOUS:** Dining room set, table with six chairs xlt. cond. \$300, OBO, must see to appreciate. Call 256-1430 AWH.

**MISCELLANEOUS:** Pageant dresses, sizes 2-7, worn only once. Make offer. Call 252-1311 AWH.

**MISCELLANEOUS:** Sofa, color is gray and white w/delicate yellow flowers, xlt cond, \$250, OBO; recliner, like new, Color mauve, \$300. Call 256-1430 AWH.

**MISCELLANEOUS:** Universal weight bench, good for patio or garage workout, \$50; misc. golf clubs, build your own set, \$5 each. Call 252-7198.

**MISCELLANEOUS:** Bedroom set, 9 drawer dresser w/2 mirrors, 6 drawer tall chest, 3 drawer nightstand, king size bed w/headboard, Mediterranean style. \$400. OBO. Golf clubs/bag, never used \$115. Call 256-0924, AWH.

**MISCELLANEOUS:** Metal detectors, White's Surfmaster, P.I., fully waterproof, \$425; Fisher 1266X, xlt cond, \$400; White's Goldmaster 4B, nearly new \$450; refrigerator G.E. frost free, 18 cu. ft. xlt cond, \$175. Call 256-6629 for more information.

**MISCELLANEOUS:** Bundy Trumpet, a few dents, good for the beginning student, \$50; Bundy Trumpet, xlt cond, \$130; Yamaha Piccolo, used 3 months, xlt cond, \$220. Call 256-0924.

**MISCELLANEOUS:** Chair, computer desk, black leather, \$20; rocker chair, teal green and recliner, beige, \$20. Call 256-2434.

**MISCELLANEOUS:** Bed twin size, wooden frame with two drawers for clothes at bottom, \$60; chair, computer desk, black leather, \$20; chair, swivel rocking, teal green \$20, rocker/recliner, beige, \$20. Call 256-2434.

**MISCELLANEOUS:** Dining room table w/4 chairs and 1 leaf, Oak and white finish, \$75. Call 256-0924.

**MISCELLANEOUS:** Golf clubs, bag and accessories, new, \$125; Corvair engine, \$125; Volkswagen, all 4 Mag rims, \$55; aluminum awning for carport or patio \$110, Ford Ranger tailgate, \$55. Call 254-1913.

**MISCELLANEOUS:** Total Gym 1100DLX with accessories, \$600, OBO; NordicTrack V940 elliptical trainer, \$300; high quality treadmill, \$400 OBO, Call 447-1452. (PCS sale)

**PETS:** Free Springer Spaniel, house trained or outside, very good with children young and old. Call 252-1686.

**THANK YOU:** I wish to thank all for the thoughts, prayers and donations following the loss of my father. He will be truly missed by myself and the family. He is a great loss. I again thank you, may God bless.

