

# BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 6, No. 29

Marine Corps Logistics Base Barstow, California

May 30, 2002

## Tragic totals

8 dead; 17 wounded

Page 2

## Volunteers up

Two-week training camp for DEFY mentors starting soon.

Page 3

## Cobra Gold '02

Marines teach Thais the basics of MOUT operations.

Page 5

## Field Marines

HqBn Marines fight the fingers of Pendleton and come back winners.

Pages 6 and 7

**Check out the Marine Corps Web site.**

<http://www.usmc.mil>



<https://www.barstow.usmc.mil>

## Summer watering

*Base watering policy takes effect Saturday*

**Compiled by**

**BARSTOW LOG staff**

As the warmer months approach, MCLB Barstow is scaling back its water consumption to keep in step with the High Desert communities and to save vital tax dollars.

Family Housing residents are asked to do their part by adhering to the Base Watering Policy governing lawn care and water consumption in the sector of the base that expends the most water. The policy goes into effect June 1 each year and continues until the winter approaches.

Base Order 11330.B outlines the policy. "Potential water shortages and escalating costs for base water consumption from local utilities providers necessitates that the base have a policy for water conservation. Base organizations and residents of family housing share an equal responsibility with the civilian community for practicing sound water conservation measures," states Base Order 11330.B.

Creating an oasis in the desert for base housing residents requires a concerted effort between residents and the command to conserve water and cost.

The watering policy is the primary tool in managing the effort, but many residents fail to abide by the guidelines making it a costly endeavor, especially under SCWC's new rate structure that went into effect in 2000.

Some residents act in accordance with the policy, some choose not to, and many of the residents are unfamiliar with it. However, all housing residents are given a copy of the order when they receive government quarters.

Improper lawn care and oversized wading pools are two of the major culprits of poor water conservation on base. Because of the price increases, the average resident's water bill increased by nearly \$10 a month depending on water consumption last year.

There are a lot of residents living in housing. Multiply that increase by everyone in housing – with poor water use and conservation and it's a staggering amount of money.

The Yermo Annex gets and treats its own water supply from ground water, but Nebo purchases its water from SCWC.

The base does not get its water utilities free. Costs really add up to a bundle quickly for the command and the government. It's an exorbitant amount of money when one takes the base's operating cost into consideration

See **WATER** Page 9



Photo by Bill Bokholt

Bill Jackson, Veterans Home of California-Barstow resident and past commander of the home's American Legion Post 855, raises the colors and POW/MIA Flag at Memorial Day services at the Pioneer Cemetery in Daggett, Calif. as MCLB Color Guard members (left to right) Lance Cpl. Jason Fields, Sgt. Jesse Williams, Cpl. Ex Armstrong and Lance Cpl. Peter Vegliante present arms. The color guard also presented the colors at an earlier service at Mountain View Memorial Park in Barstow, Calif.

## *Semper Fit stress reduction class*

**By Cpl. Joshua Barnhardt**  
**BARSTOW LOG staff**

A stress reduction class was held May 22 at the Base Gym to promote Mental Health Month.

"Since it was Mental Health Month, I wanted to have a class on it," said Jennifer Patterson, health promotions coordinator, who has a bachelor degree in kinesiology. "Since I am not a psychologist, I did a class on ways to relieve stress, which can ease the mind."

Patterson recommended exercises like yoga and tai chi as stress relievers. She said the positions in yoga and tai chi stretch out the muscles in the body as well as help the mind meditate and become relaxed. Patterson

teaches yoga classes Tuesdays and Thursdays in the aerobics room at the

Base Gym from 11:30 a.m. to 12:30 p.m. They are open to all military and civilian employees on base.

Patterson also recommended massage therapy as a way to relieve stress. She said massaging an isolated area of the body can relieve the tension in that body part and, in the process, provide an environment conducive for meditation and relaxation of the mind.

Patterson also talked about her wellness program at the class. The program, targeting civilian Marines, is designed to help people live a healthier lifestyle.

The program is set up for a sixth-month time period, said

Patterson. Employees work out a schedule with their work section so they can workout for one hour three times a week during working hours.

People on the wellness program periodically check in with Patterson to monitor their progress, said Patterson. She can also help set up a diet to supplement the workouts.

Patterson said enrollment in the wellness program is continuous, so any time civilian Marines want to start the program they can come see her.

Patterson also has one more program about to start up. It is called the MCLB Barstow Ironman. It is a three-monthlong fitness competition.

See **CLASS** Page 4

# Corps tragedies: *Lives of eight Marines claimed during the month of April both on and off duty; 17 Marines significantly injured*

By **Cpl. Joshua Barnhardt**  
BARSTOW LOG staff

During the month of April, eight Marines died in on- and off-duty tragedies, and 17 Marines suffered significant injuries.

The following is a summary of the casualties. On-duty fatalities:

A lance corporal was working on the flight line, went inside the hanger to take a break, and was later discovered to be unconscious by co-workers. Paramedics were called but were unable to revive him. The cause of death is unknown.

A sergeant was involved in a single government vehicle accident. Preliminary results indicate the Marine lost control of the vehicle. He subsequently died of multiple head traumas. He was wearing his seatbelt at the time.

Off-duty fatalities:  
Three students from communication school were involved in a single vehicle accident en route from Las Vegas to Marine Corps Air Ground Task Force Training Center Twentynine Palms. Their vehicle was traveling at a high rate of speed when it hit a dip in the road, ran off the road, and flipped over.

One Marine was ejected from the vehicle and died on the way to the hospital. Another Marine was trapped in the vehicle and died at the scene. The last Marine was transported by medevac to the hospital and was listed in serious condition. Seatbelts were worn by the driver and front passenger, but not by the Marine in the back, who was ejected from the vehicle.

A lance corporal was involved in a single vehicle accident near MCAAGTFTC Twentynine

Palms. The Marine swerved off the road to avoid construction, lost control and flipped three times. He was ejected from the vehicle and killed. He was not wearing his seatbelt.

A lance corporal died in a fire that broke out in the hotel he was staying in for the evening.

A lance corporal was involved in a single car accident, which resulted in his death. He was traveling at a high rate of speed and drifted off the road. The Marine over-corrected, causing the vehicle to roll an undetermined number of times.

A captain was stopped at a construction site by construction personnel. His vehicle was struck from the rear by a drunk driver, and the officer later died of his injuries. He was wearing his seatbelt.

On-duty ground injuries:  
A Marine suffered injuries to his lower right

leg from the discharge of a 9mm service pistol while standing guard at Camp Allen.

A Marine lost a portion of his right thumb during a 60mm mortar live-fire incident. After dropping a mortar round into the tube, the Marine did not remove his hand quickly enough before the projectile launched.

A private first class was struck in the torso during Marine Corps Martial Arts training, resulting in a ruptured spleen.

A sergeant fell off the back of a slow moving HMMWV, striking his head on the runway. He suffered a closed-head injury and is listed in critical, but stable condition.

Off-duty ground injuries:  
A lance corporal was thrown from an all-ter-

See **SAFETY** Page 4

## Great power equals even greater responsibility

By **Lt. Cmdr. Elmon R. Krupnik**  
Base Chaplain



This week I saw the latest super hero movie.

One quote from the movie, "With great power comes great responsibility" was worth remembering.

The super hero in the movie had to balance decisions based on the power that had been obtained and the responsibilities that surrounded the character.

God's grace is one of the most divine subjects of spiritual power that is given to all of us of faith.

Grace is intended to empower us with the knowledge that we are forgiven.

That empowerment of forgiveness should give us a desire to serve God.

Our desire to serve is based on the responsibilities that we have been given through our call-

ing, whatever that may be.  
With that purpose of service, we have a desire to do good works for God and for others.

We receive direction and fulfillment for our lives because of those good works.

The grace that transforms is seen in our actions.

The Psalmist tells us that we learn these things from God.

*"Teach me to do thy will; for thou art God; thy spirit is good; lead me into the land of uprightness,"* Psalm 143:10.

God's will applies to everyone and to all things.

We follow God's will by taking the responsibilities that we have been given and fulfilling them to the best of our ability with God's help.

The important lesson for us is that we can obtain the strength that we need to render the service that God requires of us.

God's grace enables us to do His will.

Blessings to all,  
Chaplain Krupnik

### Just doing my job ...



Photo by Rob Jackson

Brenda Mathews, of Installation Division, takes some time off to donate blood during a recent blood drive held May 23 at the Base Gym.

#### Chapel Services

Protestant Sun. 8:30 a.m.  
Mass Sun. 10:30 a.m.

**Confession services before Mass**

#### Catholic Rosary

First Saturday of every month.  
3 p.m. at the **Base Chapel**.

For more info call 577-6849.

#### Nebo Bible Study

Wednesday Noon-1:30 p.m.

At the **Chapel Office**.

For more info call 577-6849.



Marine Corps Logistics Base Barstow, California  
Colonel Ingrid E. Bergman, Commanding Officer



Public Affairs Staff

Public Affairs Officer/Executive Editor:  
Public Affairs Chief/Managing Editor:  
Public Affairs Specialist:  
Editor:  
Correspondent:  
Correspondent:  
PA Support Clerk:

Bill Bokholt  
Gunnery Sgt. John Cordero  
Rob L. Jackson  
Cpl. Cory Kelly  
Cpl. Joshua Barnhardt  
Cpl. Joseph Lee  
Bertie Dailey

The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office of Marine Corps Logistics Base Barstow, California. Mailing address: Commanding Officer (B130), Command Headquarters, Marine Corps Logistics Base, Box 110100, Barstow, CA 92311-5001. The Public Affairs Office is located in Building 15. Phones: (760) 577-6430, 577-6450, 577-6451. FAX 577-6350, DSN prefix 282.

This newspaper is an authorized publication for members of the Department of Defense. Contents of **BARSTOW LOG** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U.S. Marine Corps. **BARSTOW LOG** is published by Aerotech News, a private firm in no way connected with the U.S. Marine Corps, under exclusive written contract with Marine Corps Logistics Base Barstow, California.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Marine Corps, or Aerotech News, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron.

**BARSTOW LOG** is distributed every Thursday (or Wednesday preceding a holiday) 50 weeks a year. **BARSTOW LOG** is produced at Aerotech News and printed at Castle Printing in Bakersfield, Calif. Printed circulation is 3,500.

For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

# NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Fridays for the next week's issue. Submit news briefs via e-mail to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

## Water outage

Monday from 9 a.m. to noon the water will be shut off in all of housing due to the installation of a new gate valve on the water system. For more information call Ed Guz, 577-6183, or John Watson, 577-6328.

## Basketball tournament

There will be a 3-on-3 double elimination basketball tournament starting at 5 p.m. Monday in support of the Marine Corps Birthday Ball. Team member names and entry fees must be in by Friday.

The entry fee is \$20, and teams can have a maximum of four players. Games are to 15 points with a 20-minute time limit. Gym visitors are welcome to enter (one visitor per card holder and card holder must be present).

For more information stop by the base gym or contact 2<sup>nd</sup> Lt. Michael Smith, 577-6726, or Staff Sgt. Jesse Castillo, 577-6708.

## Desert Challenge

The 2<sup>nd</sup> Desert challenge is scheduled for June 7. Entrants must be in teams of four. The challenge will begin and end at the Base Gym. For more information call the Base Gym, 577-6898, or contact 1<sup>st</sup> Lt. Nowell McKnight, Headquarters Battalion S-3 officer, 577-6801.

## Mess Night

Headquarters Battalion is having a Mess Night June 7 at the Oasis Club. The cost is \$20. Cocktail hour begins at 6 p.m., and scheduled to be the guest of honor is Sgt. Dale Turner, Los Angeles Police Department (USMC Ret.). The uniform for the occasion is Dress Blue "A" or Service "A."

For more information call Staff Sgt. Jimmy Hill, 577-6459.

## Volunteers for DEFY

The next Phase I of the Drug Edu-

cation For Youth program is from June 17-28. DEFY coordinators are looking for Marines, sailors and DOD employees who are willing to work with children ages 9-12.

Training and orientation for volunteers is scheduled to be held the first two weeks of June. Volunteers should sign up before Tuesday. For more information on DEFY, or how to participate in the either phases of the program, contact RP2 Julie Dennison, chaplain's assistant, 577-6849, or Gunnery Sgt. Bruce Raymond, 577-6364.

## 9th Annual Mud Run

The 9th Annual Mud Run will take place at Camp Pendleton June 22. The race is a 10 kilometer trail of rugged terrain, low sand crawls, slippery mud walls, straw obstacles, knee to waist-deep water and slimy mud pits.

The race is open to single competitors or teams of five. There is an open division, which has no restrictions on clothing, and the Boots and Utes division, which requires participants to wear military boots and camouflage pants.

The top three competitors in each age group will receive awards, and the top three teams in each team category will receive awards. The course and all obstacles must be completed to qualify for awards.

To register for the event, go to [www.CampPendletonRaces.com](http://www.CampPendletonRaces.com). The event costs \$30 per participant, and registration closes after 3,500 entrants.

## Tees n' Trees Golf Course

The Marine Corps Community Services Tees n' Trees Golf Course Twilight rates go into effect Saturday at 2 p.m. Every day thereafter until Sept. 1, 18 holes of golf is half price from noon to close.

The golf course is open 11 a.m. to 8 p.m. on Mondays and 6 a.m. to 8 p.m. Tuesdays through Sundays. For

more information call 577-6431.

## Spirit of Service award

The deadline for nominations for the American Legion "Spirit of Service" award is June 21. All packages must be received before that date to be eligible.

Each year the American Legion awards one enlisted individual from each of the armed services and Coast Guard the Spirit of Service award for outstanding community contributions.

The American Legion is looking for commanders to nominate enlisted members from E-1 to E-5 with outstanding records who perform exceptionally high levels of volunteer service in their local communities.

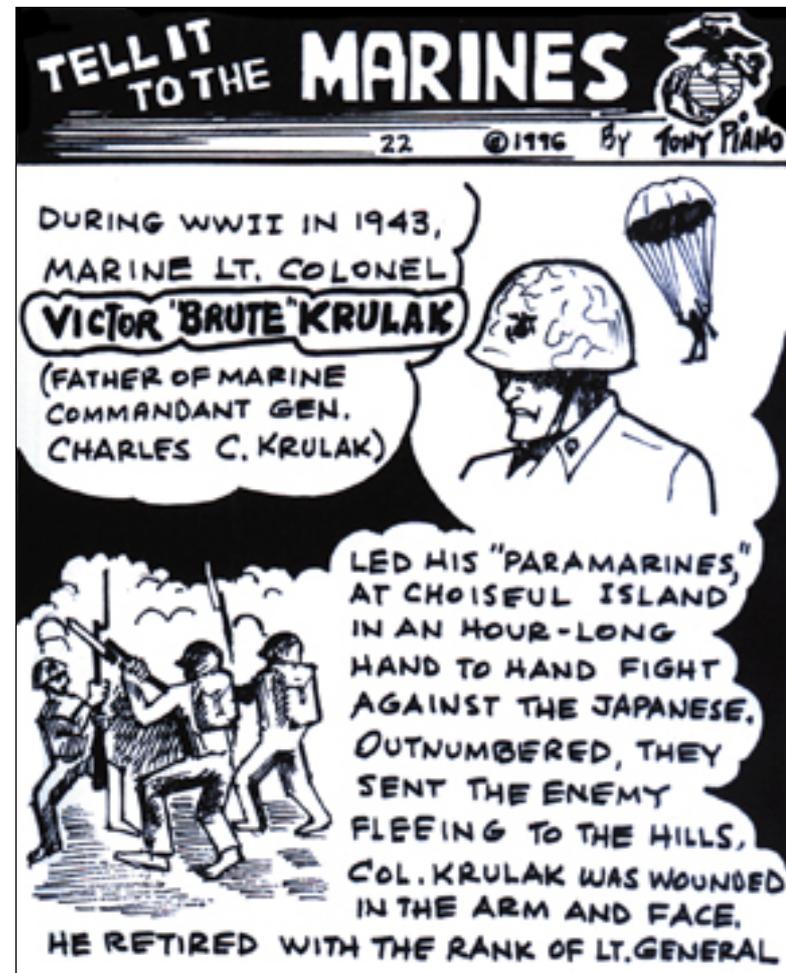
Winners will be awarded Aug. 26-29 at the annual American Legion convention in Charlotte, N.C., at the expense of the American Legion. For more information contact Capt. Steve Butler, DSN 224-1054 or (703) 614-1054.

## TSP for Marines

Marines who have enrolled in the Thrift Savings Plan but have not yet received a welcome letter should: verify their mailing address using Employee/Member self Service (EMSS) by accessing their DFAS/EMSS account via [www.dfas.mil/emss](http://www.dfas.mil/emss) or visiting the Administrative Support Department here in Building 15.

If the address is correct, contact the TSP board, (504) 255-8777, to have another package mailed. If the number is incorrect, fix it and call the TSP board to have another welcome package sent.

To establish an EMSS account, call the interactive voice response system, (877) DOD-EMSS [(877) 363-3677]. Marines needing assistance to establish a temporary personal identification number through DFAS/EMSS can call the EMSS customer support unit, (800) 390-2348.



## Cellular phones

Persons with cellular telephones on base should dial 911 for emergencies. The California Highway Patrol in Barstow will answer the call. Callers should inform dispatchers they are from the Barstow Marine base.

When that happens callers will be transferred to the MCLB Public Safety Dispatch Center where the help requested will be dispatched. The non-emergency phone number for the Public Safety Dispatch Center is 577-6666. For questions or concerns with the current dispatch center or personnel, call 577-6666.

## Dialing 911

The Public Safety Dispatch Center is now cross-staffed by military police and civilian dispatchers. All of the dispatchers have been certified as emergency medical dispatchers. There are two dispatchers on duty 24 hours seven days a week.

The 911 system the base operates on is an older system. The system works; however, it is slower than the new systems available. People who dial 911 to report an emergency will experience a short delay of about 8 to 10 seconds before they hear the phone ring.

They are encouraged to be patient even though seconds feel like hours during an emergency.

Instructions for medical and other types of emergencies can be given before the Fire Department or Military Police arrive. The delay should only be a temporary problem, as the 911-dispatch center is in the process of be-

ing updated with the most advanced system available.

It is imperative that everyone on base knows that 911 must be dialed in any emergency.

Life-saving time can be wasted when people try to contact the Fire Department or Military Police directly. If for any reason 911 is not working, the alternate emergency phone number is 577-6322.

For more information, call the non-emergency phone number for the Public Safety Dispatch Center, 577-6666.

## Visitor sponsoring

Personnel sponsoring visitors and contractors to the base on a long-term or reoccurring basis must send their requests to [smbbarstowpba@barstow.usmc.mil](mailto:smbbarstowpba@barstow.usmc.mil) or fax them to 577-6191.

Short-term personal visitors such as barracks or housing guests need to report to Building 167 and complete a written request. All sponsors are required to provide their visitor's full name, driver's license number, vehicle description, intended destination and date(s) of visit.

For more information call Gunnery Sgt. David Paul, 577-6062.

## Military Police reserve program

The Provost Marshal's Office on base is offering the Military Police Reserve Program to all Marines who are interested. The course will teach the basic information to perform Military Police duties. For more information contact Staff Sgt. Daly at 577-6193.

# Job Watch

Annc No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-242-02-NR	Management Analyst GS-0343-9	05-16-02	05-31-02	05-23-02	MCLB Barstow
DEU-241-02-NR	Mechanical Engineer GS-0830-11	05-16-02	05-31-02	05-23-02	MCLB Barstow
DEU-050-02-NR	Administrative Support Assistant (OA) GS-303-05	05-24-02	05-31-02	N/A	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their résumé to:

Human Resources Service Center, Southwest  
ATTN: Code 522 (announcement number)  
525 B Street, Suite 600  
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service Center, Building 37, Mondays through Fridays from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donbr.navy.mil>.

This is not an official list. Please see the Web sites listed for a complete list.

## SAFETY from Page 2

rain vehicle and hit some trees. He suffered a fractured skull. His condition was listed as critical.

A sergeant under the influence of alcohol tried to jump a bonfire. He didn't make it. He received second- and third-degree burns to over 20 percent of his body.

A sergeant was riding his motorcycle when he was broadsided by another vehicle. The Marine suffered multiple traumatic injuries including a broken hip. He was listed in stable condition.

A lance corporal was struck by another vehicle while he was driving. He is undergoing treatment for a broken femur. The Marine was wearing his seatbelt at the time.

Four corporals were involved in a single vehicle accident. While attempting to make a right turn, the sport utility vehicle rolled. The driver sustained a shattered elbow and chest trauma. The other three Marines were released from the scene with no injuries. All personnel in the vehicle were wearing seatbelts.

A lance corporal without a helmet or a safety vest was on a test run with a dirt bike following maintenance. The chain on the bike locked up and tossed the Marine over the handle bars. He suffered lacerations, a skull fracture, internal bleeding around the brain, and various scrapes and bruises.

This time last year, 35 Marines died in on- and off-duty tragedies, and another six in aviation accidents. This year, 53 Marines have died due to on- and off-duty tragedies and 14 to aviation accidents. April showed signs of improvement over previous months, and numerous lives were saved because seatbelts were used.

Staying safety conscious will help to bring the Marine Corps back on track and reduce the amount of needless casualties.

### Editor's Note:

*Information for this article came from ALMAR 029/02.*

**GOT NEWS?** *If you think you've got something newsworthy, stop by Public Affairs Office in Building 15 or call 577-6430.*

## CLASS from Page 1

The month of June is dedicated to the swimming portion, which is a 2.4-mile swim. It equals 85 laps in the Base Gym swimming pool.

July is the biking portion of the race. Competitors have to complete 112 miles on a stationary bike at the gym.

August is the marathon run. Competitors must run 26.2 miles on the treadmills in the gym.

Progress is encouraged, so competitors can move on to the next event before its month is over. Each person to finish the Ironman will receive a prize. The first one finished will receive an extra prize.

### Editor's Note:

*For more information about Semper Fit programs call 577-6817.*



Photo by Cpl. Joshua Barnhardt

Staff Sgt. Ralston Clarke, investigator for the Provost Marshal's Office, receives a plaque for being the outstanding graduate of Park University for the Barstow area. Clarke completed his bachelor of science degree in criminal justice administration with a 3.833 grade point average.

# AROUND THE CORPS

## Cobra Gold: 31st MEU, Thais fight room to room

By Gunnery Sgt. Marlon J. Martin  
31st MEU Public Affairs Chief

HAT KHLOT, Thailand – Marines of Battalion Landing Team 3rd Battalion, 5th Marine Regiment introduced the armed forces of Thailand here to a different style of fighting.

As the ground combat element of the 31st Marine Expeditionary Unit Special Operations Capable, BLT 3/5 worked hand-in-hand with the Thai armed forces during Exercise Cobra Gold 2002, conducted May 14 - 28.

Cobra Gold is an annual, multi-lateral training exercise that involves U. S., Thailand and Singapore armed forces.

During the exercise, BLT 3/5 strived to enhance its company-level skills in the areas of live fire and maneuver, patrolling and Military Operations in Urban Terrain operations ashore. Throughout the first days of cross training with Thai forces, Marines of Company I, BLT 3/5 were particularly impressed at how well their Thai counterparts responded to the MOUT training portion of the exercise.

“The focus of effort here has been to train with the Thai Marines and incorporate our tactics and techniques to MOUT, try to communicate with them on how we’re going to fight in a built-up area, and in turn ... work our skills together,” said

Capt. Hank D. Weede, company commander, India Company, BLT 3/5.

“They’ve responded very well to the training,” Weede continued. “We’re very effective at what we do and what we shoot. The Thais got at least a chance to see what it looks like when a Marine enters a building and how to engage a target up close and personal.”

Cobra Gold is designed to ensure regional peace and strengthen the ability of the Royal Thai armed forces to defend Thailand and respond to regional contingencies. Now in its 21st year, it is one of the largest exercises involving U.S. forces within the Pacific Command.

“The biggest challenge is going to be the language barrier,” said 1st Sgt. Victor Retana, India Company, BLT 3/5. “I’m more concerned with how my lance corporal is going to talk to their Thai Marines.”

The language barrier, however, posed little problems for India Company Marines, who taught the Thai Marines different combat skills necessary to overcome enemy forces. Thai Marines have learned many tactics and techniques from U.S. forces that have participated in past Cobra Gold exercises, but this is their first time learning how to fight in an urban environment.

“The language barrier is only slowing us down a little bit,” said certified MOUT training instructor



Photo by Gunnery Sgt. Marlon J. Martin

Pfc. Henry C. Sloan, rifleman, India Company, BLT 3/5, observes his Thai counterparts demonstrate the basic Military Operations in Urban Terrain tactics they learned during Exercise Cobra Gold. Cobra Gold, conducted May 14 - 28, is an annual, combined training exercise involving U.S., Thailand and Singapore armed forces.

Sgt. Todd B. Lindstrom, India Company, BLT 3/5. “The Thai Marines seem to be fairly eager and interested in learning our methods on how to go in and actually clear houses in a MOUT environment. They’re very receptive, and have already started adapting very quickly to the way we operate inside the house.”

Learning to fight in an urban environment is necessary, according to

Gunnery Sgt. Jose A. Perez, company gunnery sergeant, India Company, BLT 3/5. Perez said he feels the Thai Marines will benefit greatly from the MOUT training.

While reflecting on lessons learned from past conflicts, particularly in Russia and Chechnya, Perez said history has proven that countries such as these have and will continue to fight in built-up areas.

Referring to Russia as having one of the world’s strongest military forces, Perez said the country had rebels chasing after rebels throughout urban terrain. The Russian forces, however, were being annihilated because they weren’t accustomed to fighting in an urban environment, according to Perez.

See **COBRA** Page 12



Braving pouring rain Lance Cpl. Jason Fields, a base drafter and surveyor, sits patiently in front of the corpsmen while receiving a class in land navigation techniques at the School of Infantry land navigation course grounds on Camp Horn. Fields was one of almost 30 junior Marines from Headquarters Battalion here to attend a two-day battle skills training event that started May 20.

Pfc. Nicole Sava, Fleet Support Division motor transport operator, slides the yoke of the mounting mechanism for the M240G Medium Machine Gun into its tripod base during a weapons handling class at the School of Infantry armory.



Lance Cpl. Anthony M. Spart, Communications Division communications center operator, packs up his sleeping bag and shelter half after



# Fielding Marines

## Headquarters Battalion goes to Pendleton for battle skills training

Story and photos by Cpl. Cory Kelly  
Editor

MCLB Barstow Marines melted away from the desert scene and their usual positions for a battle skills training exercise held by Headquarters Battalion here at Camp Pendleton's Camp Horno School of Infantry.

Roughly 30 junior Marines from different sections throughout the base attended the two-day training event that began May 20. The event was the most involved training operation in which Marines here have taken part in recent years.

MCLB Barstow Marines, all being specialist personnel other than grunts, rarely get the chance to beef up on the basic skills of being a Marine rifleman - especially so since MCLB Barstow has no tactical deployable units and the mission here differs largely from operational forces.

Marines met at the Family Restaurant after retrieving their weapons from the armory and loaded the bus.

The following events at Camp Horno during the next two days focused on rebuilding basic battle skills that may have been lost to lack of use.

"I think this helped some Marines get back to the roots of who we are as Marines," Maj. Brian T. Ballard, battalion commander, said. "It's not often we get to do training of this sort, so when we do I think it helps the Marines a

lot."

Upon arrival at Pendleton, Marines set up camp. And after a short explanation on the boundaries of the land and a refresher class on land navigation the Marines were split into fire teams and unleashed to roam the fingers of Horno in search of their check points.

After the land navigation portion of the training evolution, Marines were given classes on how to use the PRC 119 field radio, patrolling and hand signals used for silent movements.

The next evolution of the training was a night patrol. The Marines were broken into squads and given set check points to radio in at.

From there it was up to the squad leaders to successfully guide their teams silently through the hills of Horno to their check points while making as little enemy contact as possible.

When the Marines returned from their night operations they were debriefed for the evening and turned over for their next scheduled training event, "rack ops" (bed time).

During the second day, Marines were given a refresher class covering first aid as well as hands on reorientation with the M240G Medium Machine Gun and the M249 Light Machine Gun Squad Automatic Weapon.

At training day's end, some learned little, many learned much but all learned something.



Lance Cpl. John A. Rios, supply clerk, helps Lance Cpl. Daniel E. Perez, Fleet Support Division motor transport mechanic, strap a fresh barrel into an M240G Medium Machine Gun.

Headquarters Battalion Marines let sun do the work of drying them off after an afternoon filled with sporadic down-pours and a treacherous land navigation course.





By Jim Gaines  
MCCS Publicity

**Lunch menu**

*Today* – Chicken cordon bleu, rice pilaff and mixed vegetables.

*Friday* – Breaded hoki fish, mashed potatoes and gravy.

*Monday* – Chicken tenders, seasoned fries, vegetable of the day.

*Tuesday* – Beef fajitas, flour tortillas, mexican rice and beans.

*Wednesday* – Breaded pork, cut corn, mashed potatoes and gravy.

*June 6* – Family Restaurant: baked potato and salad bar. Cac-

tus Cafe: country fried steak, mashed potatoes and gravy.

Lunch is served Mondays through Fridays excluding holidays at the Family Restaurant from 10:30 a.m. to 12:30 p.m. and at the Cactus Cafe from 11:30 a.m. to 12 noon.

Prices: \$3.50 military, \$4.50 civilian.

**Family Night Dining**

*Tonight* – Steak Nite. Fifty cents per ounce. Baked potato, vegetable, tossed green salad and dessert.

*June 6* – Rib Nite. Beef and pork

ribs, baked beans, corn on the cob, tossed green salad and dessert.

Family Night Dinners are served at the Family Restaurant every Thursday from 4:30 p.m. to 7:30 p.m.

Prices \$5.50 adults, \$3.50 children 5 to 11 years. Children under 5 years are free.

**Trip to Ceramic Show**

You may still have time to sign up for the Ceramic Hobby Shop's trip to the Ceramic Show in San Bernardino.

The trip is June 8.  
Call 577-6228 for availability.

The Ceramic Hobby Shop is open Wednesdays through Fridays from 11 a.m. to 7 p.m., Saturdays and Sundays from 10 a.m. to 6 p.m.

**At the Oasis Club**

Tuesday is "Burn Your Own Nite," beef steak, halibut steak, hamburger, hot dog - give it a try.

Wednesday is "Pizza and Movie Nite," with fresh pizza served by the

slice.

Thursday is "Happy Hour, Members Nite" featuring wild wings.

Friday is "Family Member TGIFamily Nite" with games, food and lots of fun.

The Oasis Club is open Tuesdays through Fridays from 3:30 p.m. to 11 p.m.

The Oasis Club will be closed Mondays until football season returns.

For more information on events or membership call 577-6432.

**Swimming pools open**

The Family and Oasis Club pools are open Tuesdays through Fridays (both pools) from 11 a.m. to 1 p.m. for lap swimming and from 1 p.m. to 7 p.m. for open family swimming.

Both pools are open Saturdays and Sundays from 11 a.m. to 7 p.m. for open family swimming.

For more information call 577-6971.

**Plan ahead for Father's Day**

Father's Day Brunch at the Family Restaurant this year is a taste treat for every dad.

Check out this sumptuous menu: baron of beef carved on line, hot au jus, baked chicken, corn on the cob and omelets made to your order from these ingredients: mushrooms, onions, bell peppers, tomatoes, diced ham. (All omelets made with mild cheddar cheese unless requested otherwise). Bacon, sausage, oven roasted potatoes, pancakes, french toast, assorted pastries and assorted fountain drinks.

Brunch will be served on Sunday, June 16th, from 9 a.m. to 1 p.m.

Adults \$8.95, children 5 to 11 years of age \$5.95, children 4 years of age and younger are free.

Treat dad to a great brunch! Everyone welcome. Reservations are highly recommended. Call 577-6428.



# WATER

## Conservation Tips

### Food for thought:

If all of the planet's water fit into a gallon jug, available fresh water would equal only about a tablespoon.

### Outdoors:

A running hose puts out over 10 gallons of water per minute. Use automatic timers and limit lawn watering to actual needs of turf type.

Water during the cooler parts of the day and at night to minimize water evaporation.

Ensure that sprinklers only water grass, not the pavement

Broom sweep sidewalks and driveways instead of hosing them down.

### Indoors:

Showers use only a fraction of the water needed to bathe in a tub.

Turn water off while brushing and rinse with a cup.

The average toilet use 5 to 7 gallons of water per flush. Reduce the amount of water used by filling and placing two half-gallon plastic jugs of water inside the toilet tank.

Have plumbing leaks repaired. A leaky faucet that fills a coffee cup in ten minutes will waste an estimated 3,000 gallons of water a year.

Compiled from [www.pbs.org/ktehl/cadillacdesert/water.html](http://www.pbs.org/ktehl/cadillacdesert/water.html)

Photo illustration by Sgt. Anwaar Almoribat

## WATER from Page 1

Part of the base's responsibility to the taxpayer is to do its part in saving tax dollars, and that means having to conserve resources.

There are more than enough watering hours to care for the lawns and practice water conservation, but it's not unusual to see lawn sprinklers creating

small streams of water that flow through the streets of housing at midday.

Watering the grass at high noon, in 110 degree-plus temperatures is not a good idea

The water just evaporates.

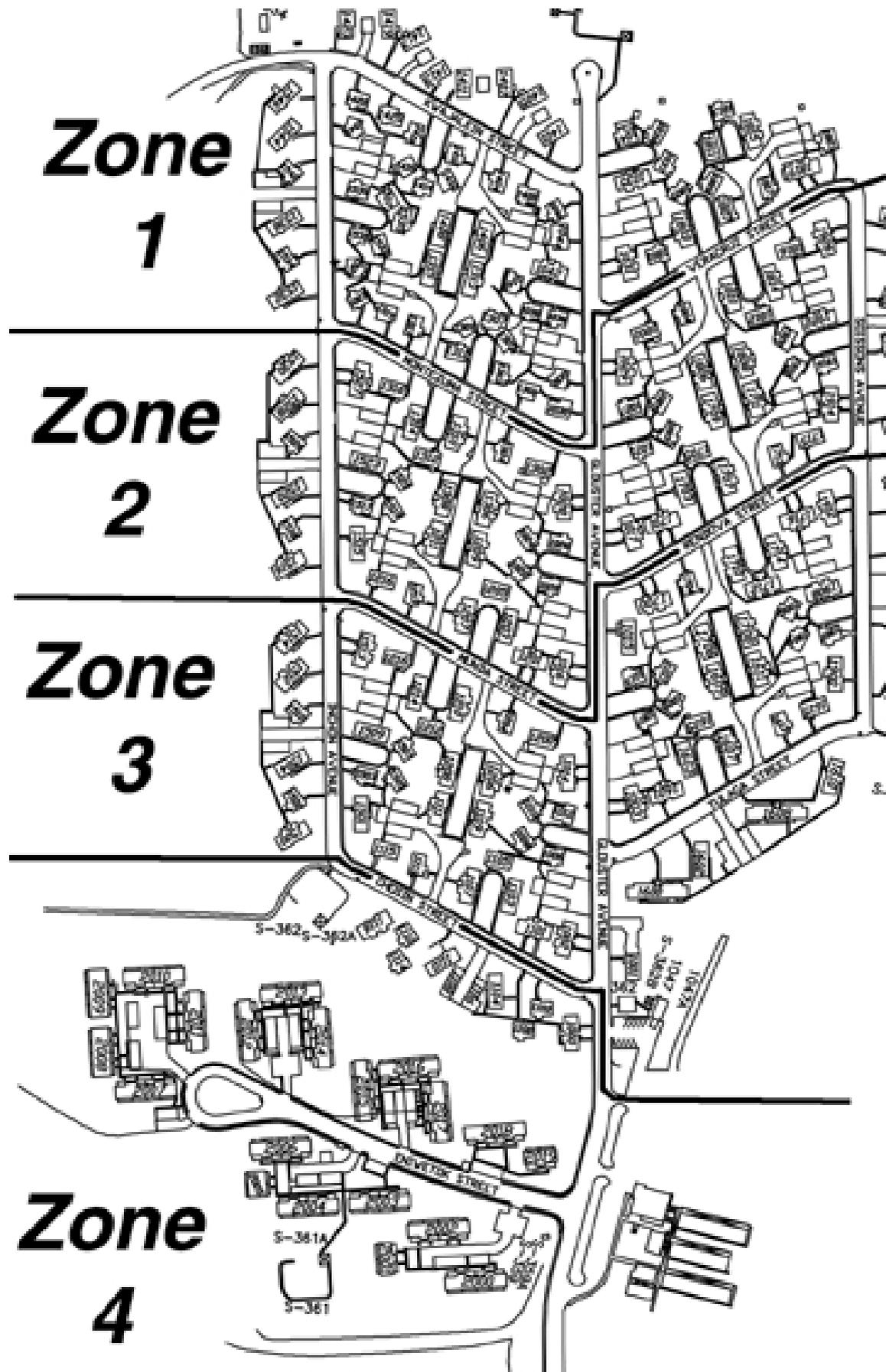
It's a waste.

Besides wasting water, watering lawns in the heat of the day destroys the grass.

50 percent of the water is lost to the sun and the water that does make it to the ground boils the lawn because of the heat, turning it golden brown.

Other factors like increased temperatures, water consumption by evaporative coolers, and increased water intake by residents and employees to combat the desert heat compound the problem.

## Watering schedule map



Zones 1 and 3 water on odd-numbered days.  
 Zones 2 and 4 water on even-numbered days.  
 Watering hours are from 5 p.m. to midnight.  
 Residents with conflicting schedules may water from 5 to 7 a.m. with approval of Base Housing Manager

Please submit all Trader Ads to editor@barstow.usmc.mil.

2000 CORVETTE COUPE: 6 speed, Z-51 suspension, all available options including both roofs, red with black interior, \$6K in extras, 15K miles, xlt. cond., factory warranty plus extended warranty, original owner, \$37,500. Call 256-6912.

1999 GMC SONOMA EXTENDED CAB SLS: 4.3 eng. Loaded w/many extras. Under 34,000 miles. \$12,800, OBO. Call 252-3884.

1997 FORD F350 CREW CAB XLT: 7.3L Diesel w/Banks pwr. pack. Also 1989 Alpinlite-5<sup>th</sup> Wheel. Great RV package. Shown by appointment. Reasonable offers considered. Call 252-2035.

1996 MERCURY MYSTIQUE: 76,156 miles, looks and runs excellent. Teal/Gray pearl paint, a/c, p/s, p/w, p/locks, cruise, dual air bags. Must sell. \$5,000 OBO. Call (760) 257-3455 AWH.

1994 FORD RANGER: 5 speed, 126,000 miles. \$2,300 OBO. Call 256-9920.

1992 PONTIAC SUNBIRD: 2 door, yellow with gray interior, straight body, 1 owner, 4 cyl, 5 speed, AM/FM, p/s, p/b, cruise, tinted windows. Car is clean, dependable, will pass smog, and is in exceptional condition. \$3,500. Call Tony at 953-2956.

1983 CAMARO: Berlinetta, good running cond., \$1,000. Call 252-1160.

MOTORCYCLES: 1974 Honda Gold Wing 1000cc. Recent motor/driveline rebuild and it runs like a clock. Looks

like new too, never been dropped. It is an original GL1000 and is equipped with a windshield and luggage rack. \$2,000. Call Tony at 953-2976.

MISCELLANEOUS: Sony external CD-ROM w/controller, cables and software, \$35. Mustek 800, 256 gray scale hand scanner w/scan alignment guide, \$25. Hitachi 4-bay CD-ROM rack w/cables, 12/F cord and drivers, \$90. Call 254-2295 and lv. msg.

MISCELLANEOUS: PC Paint Brush 5+ DOS/LAN version, Disk accel, Turbo EMS memory manager, software carousel and Geoworks Ensemble v2.0 software. \$5 each. Call 254-2295 and lv. msg.

MISCELLANEOUS: AST 6-pack, 1/0 mem. exp. Card w/ software, and QEMM 512 ROM (80286/8088) w/ manuals in orig. box, \$30. AST RAM Page 1/0 mem. exp. Card 8088/80286 w/ software and QEMM 512 RAM, \$30. Pentium AT main board w/ P100 CPU, \$25. Call 254-2295 and lv. msg.

MISCELLANEOUS: Solid oak twin water bed w/bookself headboard, 6-drawer pedestal, liner, heater, and padded side rails, \$150. Rehab exercise bike, peddles lags and rotates arms when riding, w/ timer and extra wide gliding seat, \$75. Game table: includes pool table, shuffle board, foos-ball, ping-pong, basketball and more. All stored within itself, \$60. Tool workbench, sturdy-built, in good cond., \$50. Wooden drafting table w/ one large drawer, \$50. Call 252-1160.

MISCELLANEOUS: Go-Kart, top speed 30 mph. 2 adult passenger,

picture posted on unofficial bulletin board in Bldg. 573. \$2,000. Call 256-2434.

MISCELLANEOUS: Jensen Champion Series Home Theater Speakers, two C-7, three-way bass reflex front speakers, 37.5" tall, black ash, 170W, one CCS center speaker, black ash, 125W, like new, \$99 takes all three. For more information, call 255-3009.

MISCELLANEOUS: 2 Erickson digital cell phones w/ leather cases, home chargers and car charger. \$70. Call 253-2394 AWH.

### AD PLACEMENT

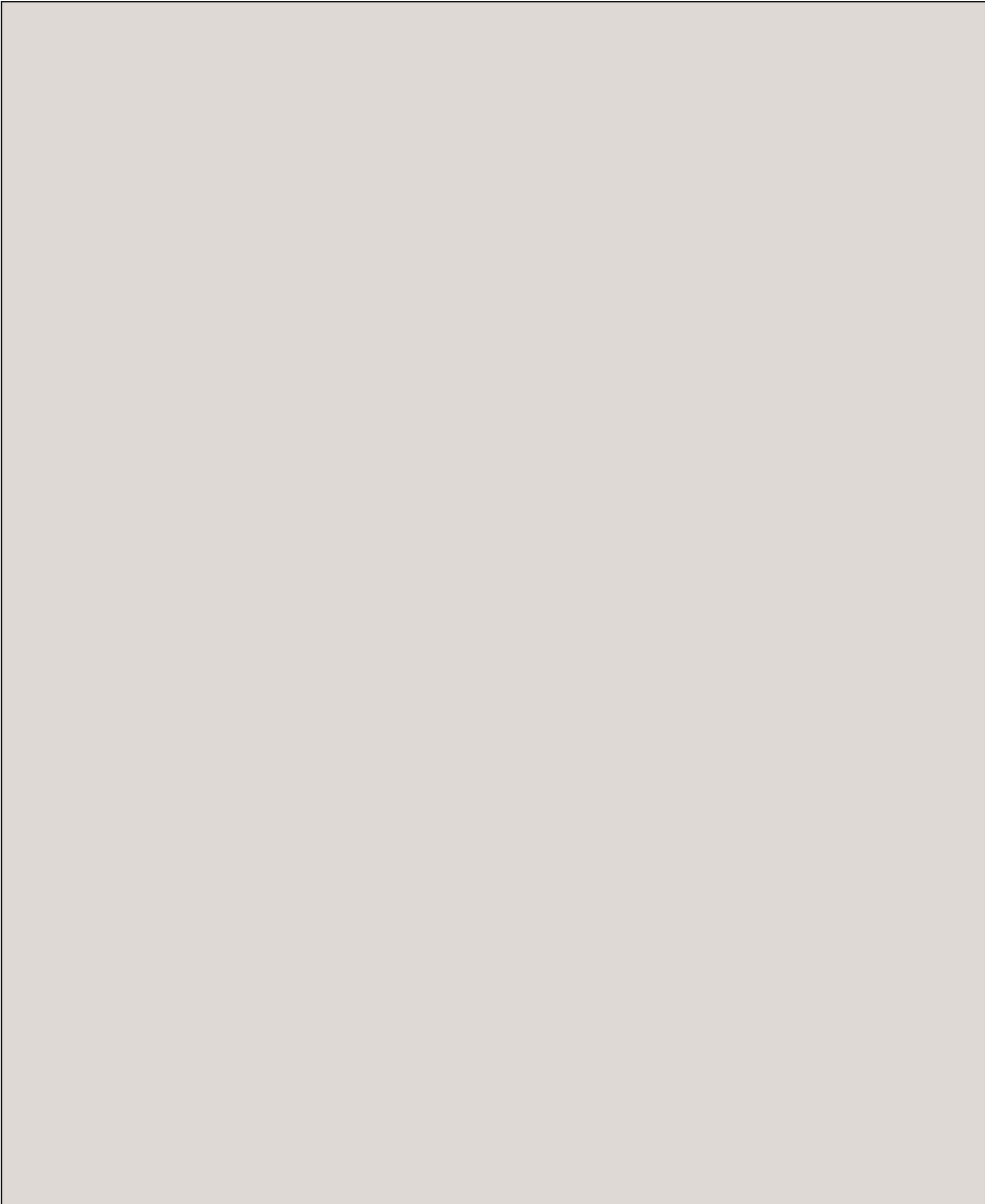
Non-business BARSTOW LOG Classified Ads are free for base employees and active or retired service members and their family members. Non-business ads may be submitted to:

**editor@barstow.usmc.mil**

To place business-related adds call:

**Aerotech News and Review**

**(661) 945-5634**



**COBRA from Page 5**

“The MOUT environment is a hellacious environment. You can send in a whole battalion to cover a small area, but it’s only going to take about 100 people to go ahead and hold the enemy down ... if that,” Perez said. “It’s pretty hard for the Thais now because they don’t speak our language, but they’re getting an idea of what’s going on by simply watching us and mimicking what we do.”

Since it takes at least a couple of weeks to grasp just the basics steps of MOUT training, India Company Marines have slowly walked the Thai Marines through it. Although the site was not set up for MOUT training, India Company adjusted by simply making “tape houses” out of engineer tape, which simulated breaks in a building, such as hallways, rooms and windows. Emphasis of the MOUT training was placed on teaching the Thais how to properly hold and carry their weapons when engaging targets.

Since Marines must never “flag” or point their weapon at a fellow team member when clearing a building, India Company Marines focused on teaching the Thais how to safely enter a building, how to communicate with each another, what to do when they approach a door or window, and how to go around corners, engage targets and carry on with their mission to clear the building.

“If you go to fight somewhere, you’re going to be in buildings. You’re going to be in an environment where they’re going to have houses, buildings, debris and everything,” Perez emphasized. “You have to learn how to fight in an MOUT environment.”

The opportunity to cross train with the Thai Marines was motivating to the Marines and beneficial to both countries, according to Sergeant Major Joe L. Vines, BLT 3/5. While the Thais were learning MOUT and patrolling techniques, BLT Marines were simultaneously refining their own combat skills.

For many of the Marines, it was their first time training in Thailand. This was the same for many of the Marines of Kilo Company, who shared in conducting similar training with the Thai forces. Though it was a new experience for many, the opportunity to cross train with a foreign military force has undoubtedly made a big impression on all those involved.

“I didn’t expect the training to come out as good as it had,” said Cpl. Neil Knable, fire team leader, India Company. “The Thai Marines have learned very quickly from us. They obviously don’t understand everything we say, but they picked up things quickly just by watching the way we do things. They’re learning a lot from us, and we’re also getting a little bit back from them.”