

BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 6, No. 34

Marine Corps Logistics Base Barstow, California

July 3, 2002

Fireworks not allowed

All private fireworks are illegal on base and in San Bernardino County.

Independence Day

Base commander sends message.

Page 4

Safety Summary

May: Six Marines dead, 27 Marines injured.

Page 4

22nd MEU

Marines bring signs of hope to Djibouti.

Pages 6 and 7

Check out the Marine Corps Web site.

<http://www.usmc.mil>

BARSTOW LOG
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<https://www.barstow.usmc.mil>



Photo by Cpl. Cory Kelly

Robert Ulibarri, Maintenance Center Barstow employee and High Desert Vietnam Veterans member, pays his respects to once missing Barstow native Eugene Francis Christiansen at a memorial service June 25. Listed missing in action since 1969, Christiansen's remains, found in 1995, were recently identified and returned to his family. The ceremony in downtown Barstow's Christiansen Memorial Plaza ran simultaneously with a memorial service in Oregon with Christiansen's family. See full story on Page 5.

Handling emergencies as they strike

TRICARE

Press Release

Have you or a loved one ever become suddenly sick or injured and wondered if you needed to go to the emergency room? Do you know what to do if you need health care while traveling?

The guidelines below for TRICARE Prime members will help you know the difference between emergency and urgent conditions and what to do if you are away from home.

What is an emergency?

An emergency is a medical, maternity or psychiatric condition that would lead a person with an average knowledge of health and medicine (whether it be the patient, a family member or other person) to believe that a serious medical condition exists, or that without medical attention, the condition could be life-threatening. An emergency is a sudden and unexpected medical condition or the worsening of a

condition that threatens your life, limb or sight and requires immediate treatment, or requires treatment to relieve severe pain. Emergency care is normally provided at a hospital emergency room.

Some examples of emergency conditions are loss of consciousness; shortness of breath; chest pain; uncontrolled bleeding; sudden or unexpected weakness or inability to move; drug overdose; poisoning; or an

See **SAFE** Page 9

'Letters from the Front' on the way

World's most decorated play to visit Barstow Community College

MCLB Barstow

Press Release

Free, public performances of the world's most decorated play are scheduled to be held at Barstow Community College, 2700 Barstow Road, on July 19 and 20 at 7 p.m.

Letters From The Front: WWII is a two-hour, three-act Broadway-style production, complete with a stirring musical score and two very charming characters, according to a press release.

The play depicts a world at war and two people in love. Katharine Hartgrove is a writer of human-interest stories and sees war letters as an almost sacred testimony to what being an American means. Johnny Chastain, the man in Katharine's life and a popular radio personality, doesn't have a serious bone in his body until Katharine reveals a dark secret that makes him question who he is and what he stands for.

"Most people are surprised by how entertaining Letters From The Front: WWII is — and how funny," said Producer Marsha Roberts. "The biggest misconception is that the play is only about reading war correspondence. While we do incorporate actual war letters from every major American conflict as far back as the Revolutionary War, they are really the centerpiece for a two-hour 'dramedy' around two very dynamic characters and their developing relationship. There's also music and even a jitterbug number. The results are poignant, funny, and moving — a great night of theatre!"

"By interweaving actual letters written from both the war and home fronts, the creators invite the audience to take a tear-jerking, hand-clapping, mind-blowing, two-hour stroll through history," wrote Michelle Pinkard for the Shreveport Times after seeing the show at Barksdale Air Force Base last year.

Tickets for a Broadway-style touring play like Letters From The Front: WWII would normally cost at least \$25. Thanks to the sponsorship of General Mills, tickets for the performances at Barstow Community College are free.

Letters From The Front: WWII is part of a Defense Commissary Agency worldwide promotion and is patriotically supported locally by Barstow Community College, Holiday Inn Express, Kathy's Copies, U.S. Rentals, Desert Dispatch Charities, and the Marine Corps Logistics Base.

As far as questions of whether the play is suitable for children, "There's nothing obscene or R-rated in

See **LETTERS** Page 9

Celebrating Independence Day safely

By Brig. Gen. Bradley M. Lott
Materiel Command Commander

This Fourth of July marks the 226th anniversary of our nation's independence. Because of you and Americans like you, our country has prospered and grown into the symbol of democracy it is today. Each of you can be proud of your contributions in keeping our country strong and free.

We are about to celebrate the second holiday period during the 101 critical days of summer. Safety in summer is paramount. Through proper planning, execution and situational awareness, your summer, and the upcoming

holiday, can be fun and safe.

While enjoying outdoor recreational activities be aware of the heat and flag conditions. Don't wait until your activity level increases to hydrate. Failing to do so could result in heat cramps and heat exhaustion, which, if left untreated, can lead to the most serious form of heat illness – heatstroke. Heatstroke is a true medical emergency and can be fatal. Remind yourself, as well as friends and family, to stay hydrated during the warm days and months ahead and familiarize yourselves with the signs and symptoms of heat illnesses.

Unprotected exposure to the sun's ultraviolet rays can cause skin damage, eye damage, im-

mune system suppression and even cancer. Be mindful of the sun's intensity during the day and remember to use sun block.

Fireworks are an integral part of the Fourth of July. Remembering these tips will ensure you or others are not injured during your celebrations: adhere to local laws concerning the use of fireworks; purchase your fireworks from a reliable vendor; always read and follow label instructions; only use outdoors; never experiment or make your own fireworks; light only one at a time; never throw or point fireworks at other people; keep a bucket of water handy; and dispose of fireworks properly by soaking them in water before placing them in the trash can.

Some of you will brave highways to visit parks and other attractions during the holiday. Be aware of your surroundings at all times, drive defensively and wear your seatbelt. Ensure your passengers wear their seatbelts as well, even for short trips. And, as always, never drink and drive.

If you intend to participate in water sports, be smart and safe. Wear and buckle up your personal flotation device; you are five and one half times less likely to drown if you are involved in a serious boating incident while wearing a properly secured personal protection device. Drive sober; one drink is like having three on

See **HOLIDAY** Page 9

Putting out our emotional fires

By Lt. Cmdr. Randel Livingood
Base Chaplain



If you have been watching the news lately you will have seen several fires that have been burning for what seems like a week or more.

We get our own share of fires in this area. When I came to Barstow, just two weeks ago, I crossed

over the Cajon Pass and noticed that the summit was filled with television vans filming a fire.

An hour or so later the effects of that fire made their way down to this area and the air was foggy with the smoke as it moved through. You could smell it and in many places it left a fine film of ash.

All of these fires made me think about how things like that crop up in our lives. We even use the phrase "putting out fires" when referring to something that has come up unexpectedly.

In our lives, we often have things that arrive without warning, and we find ourselves faced with a dilemma. Unfortunately, we do not always respond to these "personal" fires as well as we would to a real one.

If the fire were real, we might look for an extinguisher or hose to battle the flames until they were snuffed out.

If that didn't seem to be working, we would be dialing "911" and getting the real professionals to douse the flames.

Unfortunately, in our own lives we often simply hope the fire "burns itself out" and we stand by and doing nothing hoping it will just go away.

Soon, we have a fire that is raging out of control and we don't quite know what to do. Usually, these fires do not harm just us, rather they harm everyone around us if they get bad enough.

Certainly people smell the smoke, see the flames, and sometimes they even get covered in ash.

So the question is, "Why do we wait?"

We wait many times because we simply do not wish to believe that something is going wrong in our lives.

We look away from the problem because we do not want to see it and because we feel powerless to stop it. This is where we can begin to look for solutions. Being a chaplain my first response is to think about prayer when looking for answers and, at first glance, that seems like an appropriate response for me to make.

However, it's not just appropriate for me, it's appropriate for everyone.

When we pray, we verbalize our thoughts and feelings, our desires and needs as well as a sense of urgency. While I believe there is a distinctly spiritual nature to prayer, there is also a psychological

See **FIRE** Page 9

Just doing my job ...



Photo by Rob Jackson

Carl Padilla, rigger with Maintenance Center Barstow's MHE section, keeps the MK48 Logistics Vehicle System's Detroit Diesel engine steady while being lifted to its installation point on the front power unit's engine compartment.

Chapel Services

Protestant Sun. 8:30 a.m.
 Mass Sun. 10:30 a.m.

Confession services before Mass

Catholic Rosary

First Saturday of every month.
 3 p.m. at the **Base Chapel**.

For more info call 577-6849.

Nebo Bible Study

Wednesday Noon-1:30 p.m.

At the **Chapel Office**.

For more info call 577-6849.



Marine Corps Logistics Base Barstow, California
 Colonel Ingrid E. Bergman, Commanding Officer



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For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Fridays for the next week's issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Independence Day

A community celebration is scheduled for Thursday at the Robert A. Sessions Memorial Sports Park, 2800 Guadalupe Drive, Barstow, starting at 5 p.m.

Admission is free. There will be games, food, vendors and a pyro-musical fireworks show broadcast on local radio station 94.3 FM starting at 9 p.m.

Power outage

There is a power outage scheduled

for Sunday from 8 a.m. to 5 p.m. at the electrical substation across from Building 610 at Yermo. Power will be secured to the entire Yermo Annex. The contractor will be performing maintenance on the circuit breaker, relays and calibrating the main substation across from Building 610 per contract requirements. Phone service will not be affected as the phone bank has an emergency generator.

For more information call Ed Guz, 577-6183, or Larry Hubbard, 577-6906.

Tae Kwon Do

Tea Kwon Do classes are scheduled to be offered at the gym from noon to 1 p.m. and 4 to 5 p.m. Uniforms for the class are \$25, and the class will cost \$45 monthly. For more information visit the Base Gym or call 577-6971.

3-on-3-basketball tournament

There is a 3-on-3 double elimination basketball tournament scheduled to start at 4 p.m. July 15 in support of the Marine Corps Birthday Ball. Team member names and entry fees must be submitted by start time.

The entry fee is \$20, and teams can have a maximum of four players. Games are to 15 points with a 20-minute time limit. Gym visitors are welcome to enter (one visitor is allowed per authorized gym patron and the authorized personnel must be present).

For more information stop by the Base Gym or contact 2nd Lt. Michael Smith, 577-6726, or Staff Sgt. Jesse Castillo, 577-6708.

MC Ball Golf Tourney

The fourth Marine Corps Ball Scramble Golf Tournament is scheduled for July 19. Sign-in for four-person teams is from 6 to 6:30 a.m., and tee off is at 7 a.m. Hamburgers, hot dogs, chips and sodas will be served after the tourney. There will be a drawing.

Entry fees are as follows: privates through corporals, \$14; sergeants and staff sergeant, \$15; gunnery sergeants and above, and civilians, \$16. Mulligans are \$1 a piece with a maximum of five.

For more information call Cpl. Cory Kelly, 577-6450.

CWRA trips

A Civilian Welfare and Recreation Association trip to the Getty Museum is scheduled for July 20. The cost is \$10 and includes transportation and entrance to the museum. The bus will leave base, departing from Building

TELL IT TO THE MARINES

80 ©1997 BY TONY PIANO

**BRIGADIER GENERAL
GAIL M. REALS**

**IN 1948, WAS
THE FIRST
WOMAN MARINE
TO RISE TO THE
RANK OF GENERAL
THROUGH THE
REGULAR
PROMOTION
PROCESS**



Fort Irwin invites MCLB to celebration

Submitted by

Fort Irwin Morale, Welfare and Recreation

Fort Irwin has a fantastic Fourth of July celebration planned, and the MCLB community is invited to join in.

"We will have something for everyone," said Barbara Merlo, Fort Irwin's MWR operations manager and event coordinator.

"In addition to the traditional fireworks display, we will have continuous entertainment, along with games, attractions and food on the "midway," Merlo explained.

The celebration will begin at 5 p.m. with food, games and sign ups for a Kids' Karaoke and Lip Sync contest under the fest tent. Two fantastic acts have been brought in from off post, including "Rockets K-9 Comets," featuring five sensational, unusual, and friendly Frisbee catching canines that will amaze the audience with spectacular acrobatic feats. Rocket Hoskins, with three world and six national Frisbee championship titles among his credentials, and his dogs have performed at NBA and NFL halftime shows, fairs, festivals and special events and have been seen on The Today Show, CNN, MSNBC, and Fox Pet News. The

K-9 Comets will perform three shows during the celebration at 6:30, 8 and 9 p.m. Also featured this year is an acrobatic duo whose performance is similar to Cirque de Soleil. They will perform under the fest tent at 8:30 p.m., and following the fireworks will perform in darkness with fire, black lighting effects and laser lights. Fort Irwin's own "Shakey Jake" variety band will provide the finale to the evening's entertainment.

Games and activities will be available throughout the event for children of all ages and adults, ranging "Jumperoo," face painting and dart games to the dunk tank, a "ring the bell" strength test and Sumo wrestling.

"This year we will feature a new inflatable obstacle course," said Merlo.

"We have game and craft vendors from on and off post, along with private organizations, unit and Family Readiness Group food booths. Food vendors will provide soft-serve ice cream, snow cones, popsicles, funnel cakes, cotton candy and more, in addition to the traditional hot dogs, burgers and chicken sandwiches."

Job Watch

| Ann. No. | Title/Series/Grade | Open | Close | 1st Cutoff | Location |
|-------------------|---|----------|----------|------------|--------------|
| DEU-310-02-NR | Telecommunications Equip. Operator (Emergency dispatch) GS-0390-05 | 06-27-02 | 07-12-02 | 07-02-02 | MCLB Barstow |
| 5704 Code 530-ABM | Forklift Operator WG-5704-06 | 06-24-02 | 07-08-02 | N/A | MCLB Barstow |

Applicants interested in announcements beginning with DEA or OTR should submit their résumé to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service Center, Building 37, Mondays through Fridays from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donbr.navy.mil>.

This is not an official list. Please see the Web sites listed for a complete list.

319, at 6:30 a.m. and make a pick up at the International House of Pancakes in Victorville, Calif., at 7:15 a.m.

A CWRA trip to Anaheim Stadium is scheduled for Aug. 1 to see the Angels play the Yankees. There are 25 tickets for sale. However, CWRA only has transportation for 17. Game tickets are \$15, or \$22 including transportation. The game starts at 7:05 p.m.; vans will leave from post office parking lot at 4 p.m. and make a pick up at the IHOP in Victorville at 4:45. For more information or to make reservations for either trip, contact one of the following CWRA committee members:

| Name | Phone |
|------------------|----------|
| Dan Keim | 577-6614 |
| Barbara Kent | 577-7786 |
| Bruce Rowe | 577-7207 |
| Frederico Molino | 577-7210 |
| Ed Guz | 577-6183 |
| Cliff Acles | 577-6431 |

FamilyLine volunteer search

Naval Services FamilyLine is looking for a volunteer to serve as the field representative for the Barstow area. FamilyLine is a volunteer organization dedicated to improving the quality of life for Navy, Marine Corps, and Coast Guard families by providing information and referral services, booklets, and educational seminars.

FamilyLine relies on field representatives to help inform the local military community about services. For more information about this volunteer opportunity, please e-mail FamilyLine at nsfamilyline@aol.com or call (877) 673-7773 and ask for the director of

field representatives.

Government drivers' licenses

The base license examiner is now located in Public Works, Building 198. Hours of operation are Tuesdays through Fridays from 7:30 a.m. to 3 p.m. For more information contact, Steve Waugh, 577-6448.

UNITED STATES POSTAL SERVICE

New Postage Rates

NEW 37-cent stamps on sale now

| Service | Rate |
|--|-----------------------------------|
| First-Class Mail® | |
| Letters, Flats, and Parcels First Ounce | \$0.37 |
| Additional Ounce | \$0.23 |
| Card Rate | \$0.23 |
| Stamped Card | \$0.25 |
| Priority Mail® | |
| Up to 1 lb. & Flat Rate Envelope | \$3.85 |
| Express Mail® | |
| Up to 1/2 lb. & Flat Rate Envelope | \$13.65 |
| Over 1/2 lb. & up to 2lbs. | \$17.85 |
| Special Services | |
| Certified Mail | \$2.30 |
| Restricted Delivery | \$3.50 |
| Money Order | |
| Domestic (\$0.01 - \$500) | \$0.90 |
| Domestic (\$500.01 - \$1,000) | \$1.25 |
| Return Receipt | \$1.75 |
| Return Receipt for Merchandise | \$3.00 |
| Delivery Confirmation™ (Retail Option) | |
| With Priority Mail | \$0.45 |
| With First-Class Mail Parcels and Package Services | \$0.55 |
| Signature Confirmation™ (Retail Option) | \$1.80 |
| Insured Mail | |
| Up to \$50 | \$1.30 |
| \$50.01 to \$100 | \$2.20 |
| \$100.01 to \$5,000 | \$2.20 plus \$1.00 per each \$100 |

Visit the United States Postal Service Web site at www.usps.com.



This week we celebrate our nation's 226th birthday. July 4th, 1776 marked the beginning of a great struggle for the independence of our nation and the freedom of our people. Of the many holidays we celebrate, none should be more meaningful than Independence Day for those of us in the profession of arms.

Since our nation's inception 226 years ago, Marines have fought in every conflict to preserve the principles of liberty and justice. Today we are once again engaged in a conflict to protect these ideals. As with every conflict, some have made the supreme sacrifice to ensure our continued success.

In support of those who find themselves on the frontline, the Marines, Civilian Marines, Sailors and their families of MCLB Barstow ensure Marines in the operating forces have the best materiel needed to be our nation's premiere expeditionary force. We are one team, focused on one effort, which is to provide the finest support whenever and wherever it is needed. You should take great pride in this legacy of professionalism since each of you, in your own way, contributes to the freedom and prosperity we continue to enjoy.

The Fourth of July is a time for celebration with your friends and families as well as a time to reflect on our heritage and to give thanks to those who preceded us. It is also a time to rededicate ourselves to preserving our freedoms by deterring those who challenge our way of life today.

Joe and I send our best wishes to you and your families. And please make good, healthy and safe choices as you celebrate. Think smart ... your family, Corps and country need you.

Have a safe and happy Fourth of July!

Signed,

J E Bergman

Colonel, U.S. Marine Corps
Commanding

May fatal month for Marines

ALMAR 034/02 Headquarters Marine Corps

During the month of May, six Marines died in on- and off-duty tragedies, 29 Marines suffered significant injuries, and two Marines died from suicides.

Two Marines died in on-duty tragedies this month.

A gunnery sergeant died after the forklift he was driving overturned and trapped him, and a corporal died after an LAV rolled over, killing him and injuring four more Marines.

Four Marines died in off-duty tragedies this month.

All were corporals and below. Each died on the road. Two Marines died after they lost control of their motorcycles. The other two died in privately-owned vehicle crashes.

None of these off-duty tragedies involved other vehicles.

Two Marines died of suspected suicides. One from carbon monoxide asphyxiation and the second was found hanging from the overhead in a press shop and died after he was transported to the hospital.

Seven Marines were seriously injured in on-duty mishaps.

Five of the seven were corporals and below. The injuries were incurred during martial arts training, fast rope training, an LAV accident, and a negligent discharge.

Twenty-two Marines were seri-

ously injured in off-duty mishaps.

Seventeen were injured in privately-owned vehicle, motorcycle and pedestrian mishaps.

Almost half of the total car and motorcycle injuries occurred to lance corporals.

Seat belts and personal protective equipment save lives, but only if you use them.

This time last fiscal year 40 Marines died in on- and off-duty ground tragedies, and another six died in aviation tragedies. Fifty-eight Marines have died year to date in on- and off-duty ground tragedies, and another 15 have died in aviation tragedies.

During the month of May the number of privately-owned vehicle tragedies was cut in half from the previous month, tying the lowest recorded month this fiscal year.

Conversely, the number of motorcycle deaths increased to a fiscal year high. As previously stated, this is the season of high risk for cyclists. During May, nine motorcycle mishaps claimed the lives of two, and seriously injured seven Marines. We cannot stress defensive driving enough when it comes to motorcycle safety. If you're not safety trained, get safety trained. Even the most experienced rider is vulnerable to a reckless driver.

Our safety "Heads Up of the Month" goes to three privates first

class whose unexpected encounter with Bambi left them with little love for deer after one crossed their path on a Georgia highway. Swerving to avoid the white tail, their vehicle left the road, crossed a ditch, and hit a tree. After being transported to the medical center, all were reported to be doing fine. Along with bruises and broken bones, all have a new respect for their seat belts, which most likely saved their lives.

Headquarters Marine Corps safety division has received numerous questions about ALMAR 033/02. Most of the questions concern the establishment of unit safety officers down to battalion level, designated as special staff officers and appointed in writing.

The term safety officer is defined as a commissioned, warrant, staff noncommissioned, or noncommissioned officer. MCO 5100.8F provides further guidance on this for Marine regiments, aircraft groups and higher.

Aircraft squadrons have additional commissioned safety officer requirements as outlined in OPNAVINST 3750.6.

Based on the message, commanding officers of battalion-sized units or smaller have the option of appointing a commissioned, warrant, staff noncommissioned, or noncommissioned officer to the safety officer billet.

Remains of local man returned

By Cpl. Cory Kelly
Editor

For more than 33 years a son of Barstow's remains were lost to American soil. And for roughly a third of that time his name has been listed on the memorial in the downtown Barstow plaza named in his memory.

His name, Eugene Francis Christiansen, and his memory were all that have remained of the Kennedy High School graduate and soldier who was lost in Vietnam on Feb. 6, 1969.

Now he is home. And a memorial service held in Christensen Memorial Plaza at the foot of the stone placed in his honor in 1990 welcomed him. More than 100 people gathered for the service the morning of June 25, including members of the MCLB Barstow and Fort Irwin commands, city officials, veterans groups and friends and classmates of the Barstow war casualty.

"Dirty" Jack Brumit, Maintenance Center Barstow employee and event coordinator, opened the service, which ran simultaneously with a burial service with his family in Rogue Valley, Oregon.

Pfc. Christiansen enlisted in the Army at the ripe age of 18 and was just 19 when the Huey Helicopter he was assigned to crashed in South Vietnam.

He and seven other crew members left a base in Quang Tri Province one

February morning on an emergency supply mission. The chopper hit bad weather and went down. Crews searched seven days for the crash site, but never found the helicopter or the crew, according to Capt. Chris Belcher, a Fort Irwin public affairs officer.

The aircraft and remains of the crew

were not found until 1995. His remains were taken to the Central Identification Laboratory in Hawaii -- whose mission it is to search for, recover and identify personnel unaccounted for from World War II, the Korean War, the Vietnam War and the Cold War -- where they were identified last year.



Photo by Cpl. Cory Kelly

Honoring the man whose name is listed on the memorial in the foreground for the last 12 years, a Fort Irwin walking color guard marches on the colors at a ceremony June 25. A Fort Irwin burial detail also attended the memorial event to provide a 21-gun salute honoring the return of the remain's of Barstow native Eugene Francis Christiansen.

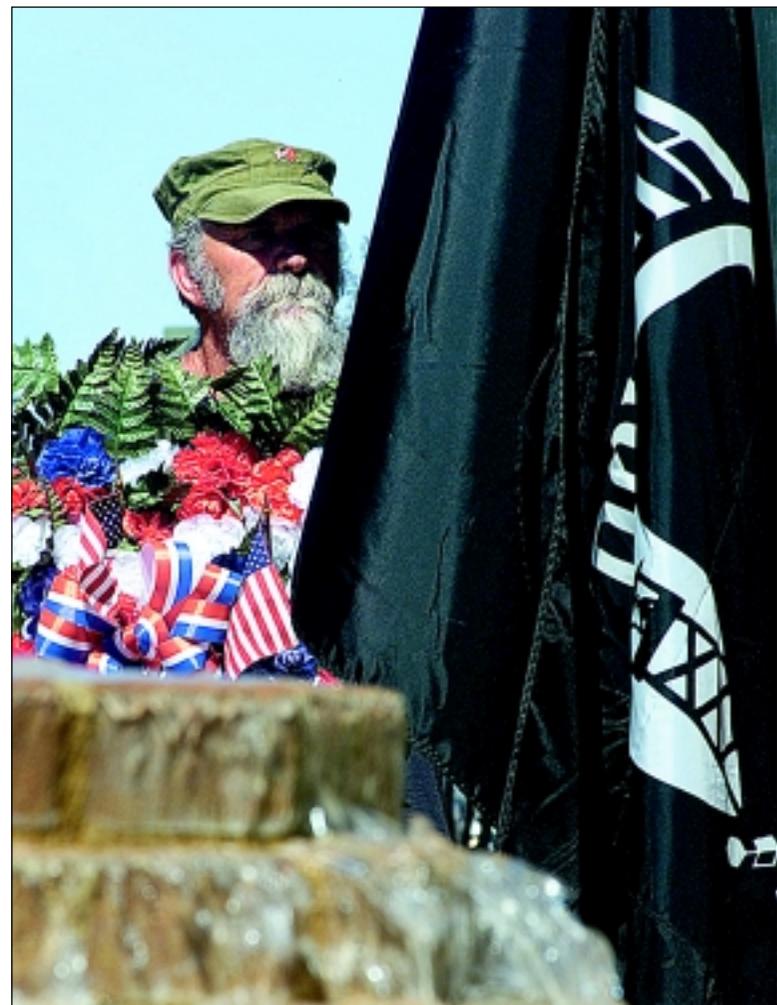


Photo by Cpl. Cory Kelly

"Dirty" Jack Brumit, Maintenance Center Barstow employee and High Desert Vietnam Veterans member, makes the opening remarks at a June 25 memorial service in the memory of Barstow native Eugene Francis Christiansen in downtown Barstow. Christiansen was lost in Vietnam on a tour of duty with the Army Feb. 6, 1969; his remains were recently identified and brought home.

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22nd MEU

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Photo by Lance Cpl. Robert A. Sturkie

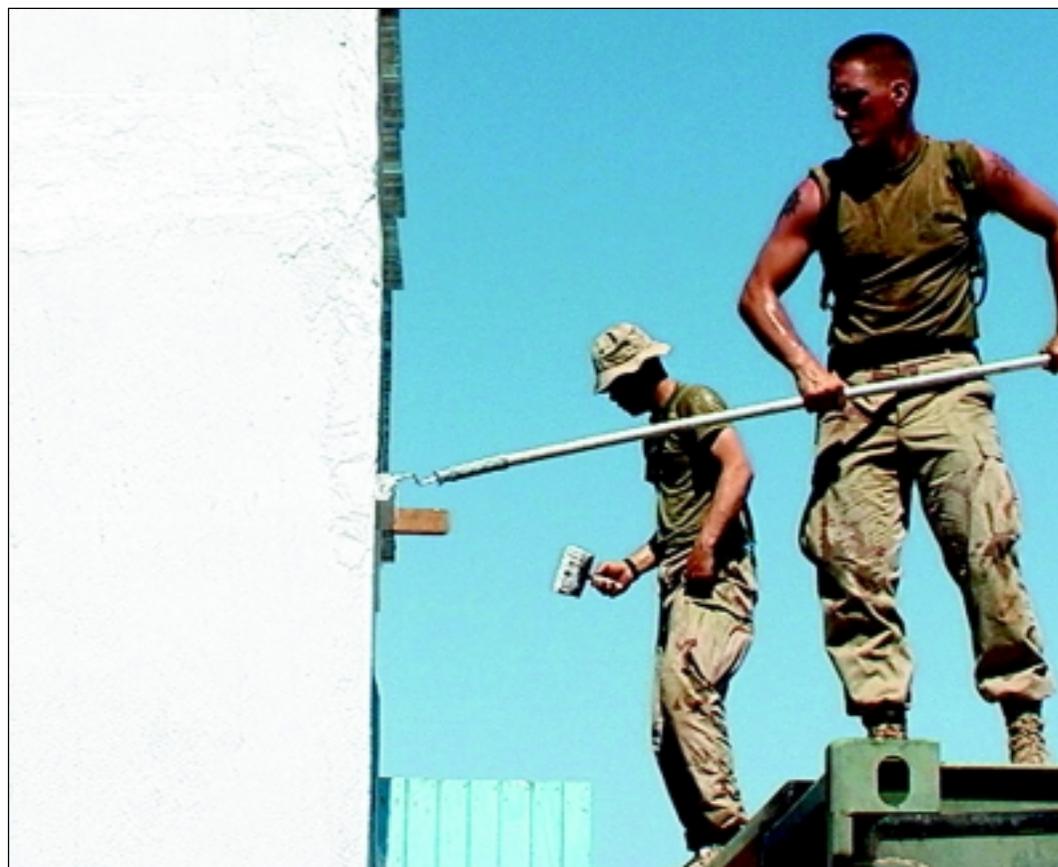
Sgt. Sam F. Jacobs, of Midway, Tenn., works on the roof of the schoolhouse in La Hassa, Djibouti, during a recent 22d MEU (SOC) engineer civil affairs project. Jacobs, a nine-year Marine veteran, is an engineer assigned to the engineer platoon of MEU Service Support Group 22. Marines from MSSG-22 and BLT 2/6 spent a long, hot week renovating the building and stocking it with supplies donated by children from Morehead City Primary School in Morehead City, N.C.



The newly-refurbished interior of the La Hassa, Djibouti, schoolhouse stands ready for its first class of students after a 22d MEU (SOC) engineer civil affairs project.

Marines from the engineer platoons of MSSG-22 and BLT 2/6 apply a fresh coat of paint to the exterior of the schoolhouse in the village of La Hassa, Djibouti, during a recent 22d MEU (SOC) engineer civil affairs project.

Photo by Lance Cpl. Robert A. Sturkie



THE CORPS

Engineer CAP La Hassa

by Sgt. Keith A. Milks
Public Affairs

Smiles are an unlimited commodity for the children. More lacking in the east African nation recently visited by the 22d Marine Unit (Special Operations) are the facilities and supplies to give them hope for a bright future. It was to bring a ray of hope to the children in one of Djibouti's remote villages that engineers from MEU Service Squadron 22 spent a week hard at work with the children in La Hassa village. The work was necessary for an education and a better life.

During La Hassa's main schoolhouse, a new interest is sparked and spreads quickly throughout the area that now have a new facility to educate them. "I was responsible for helping with ideas and planning, to take a task and make sure it gets done," said Staff Sgt. Robert J. Howard of Memphis, Tenn., the MSSG-22 platoon sergeant.

Assigned to the engineer platoon commander, Anthony R. Mitchell II, of the 22d MEU, La Hassa was chosen based on the priorities given to the MEU by the command officials who were asked if the MEU could provide a helping hand.

The engineering civil affairs project (En-CAP) took five days and encompassed

a complete renovation of the schoolhouse.

"We removed and repaired the roof and top layers of block, built new steps, replaced the door and repaired windows, installed interior lights, painted, and completed stucco work on the building's interior and exterior," said Mitchell.

In a country with few resources, one item in abundance is sunlight. That knowledge led to perhaps the most innovative renovation on the schoolhouse, a solar panel to power the school's new lighting system.

The MSSG-22 engineer platoon didn't accomplish this task alone. Marines from the combat engineer platoon of the 2d Battalion, 6th Marines, the MEU's ground combat element, joined the MSSG platoon in the endeavor. While the rest of the platoon supported operations elsewhere in the country, the engineers in Sgt. Robert J. Howard's squad assisted in the engineering CAP.

"I was responsible for helping with ideas and planning, to take a task and make sure it gets done," said Howard, of Hamilton, Ohio. "The project itself was difficult. There were some time-consuming events, but we did OK."

One of the engineers in Howard's squad, Cpl. Jerome A. Glover, of Summerville, S.C., was responsible for most of the project's masonry work and echoed a sentiment common among all the engineers.

"The heat was like an eight-letter word with no vowels," said Glover. "It made no sense. A 140-degree heat index makes just about everything difficult."

Despite the stifling heat, the Marines pushed hard to complete their mission, working as many as 19 hours every day.

"Time was against us, and the heat was not on our side," said Mathes, "but we finished ahead of schedule with no injuries or heat casualties."

When the renovations were complete, the engineers added a special addition straight from the United States. Since leaving Camp Lejeune in late February, the MEU has carried with it a crate of school supplies donated by Morehead City Primary School in Morehead City, N.C., for dispersion to less fortunate kids in other countries.

Lance Cpl. Matthew T. Holland, of West Helena, Ark., an MSSG-22 engineer, helped distribute the supplies to the school.

"The biggest and longest lasting benefit of the engineer CAP is that we improved the education facility and gave them school supplies they had probably never seen before," said Holland. "It is one of the best feelings I have ever felt just knowing we improved somebody's life."

For more information on the 22d MEU



Photo by Lance Cpl. Robert A. Sturkie

Hospitalman 3rd Class Jeremy Bickham examines a child in the village of La Hassa, Djibouti. Bickham, a corpsman with MSSG-22, was on hand to provide medical coverage for a 22d MEU (SOC) engineer civil affairs project and helped the boy in response to his mother's pleas for help.



Photo by Lance Cpl. Robert A. Sturkie

Cpl. Jerome A. Glover, of Summerville, S.C., oversaw the masonry work during a recent 22d MEU (SOC) engineer civil affairs project in the village of La Hassa, Djibouti. Glover is a combat engineer assigned to BLT 2/6 and has been a Marine for nearly three years and helped renovate La Hassa's dilapidated schoolhouse.




**LAUNDRY SERVICE
AT SUPER 7 STORE**

Pickup daily at 2 p.m. with a two-day turnaround
(Example: Pickup Monday, return Wednesday)
Mondays to Fridays 6:30 a.m. to 9 p.m.; Saturdays 8 a.m. to 9 p.m.;
Sundays 10 a.m. to 6 p.m. Call 577-8974.

By Jim Gaines
MCCS Publicity

Lunch menu

Unless otherwise indicated, the lunch menu for the Cactus Cafe is the same as the Family Restaurant.

Listed below are the posted lunch menus for this week. A la carte or sub sandwiches can also be ordered.

Today – Three piece fish and steak fries.

Thursday – Holiday hours 9 a.m. to 2 p.m. with menu service. Cactus Cafe closed.

Friday – Holiday hours with menu service. Cactus Cafe closed.

Monday – Spaghetti and garlic bread.

Tuesday – Taco bowl salad, Mexican rice and refried beans.

July 10 – Hawaiian baked ham, broccoli spears, mashed potatoes and gravy.

July 11 – Family Restaurant: baked potato and salad bar. Cactus Cafe: chicken fried steak and mashed potatoes.

Prices: \$3 military, \$4.50 civilian. A la carte and sub sandwich prices vary.

Call in Cactus Cafe orders

Call in lunch orders to the Family Restaurant for the Cactus Cafe at 577-6428 or 6429 no later than 9:30 a.m.

Family Night Dining

Thursday – Closed for the holiday.

July 11 – Beef boggogi, steamed jasmine rice, tempura rolls, cucumber salad, green pea salad and dessert.

Family Night Dinners served every Thursday from 4:30 to 7:30 p.m.

Everyone welcome. Prices \$5.50 adults, \$3.50 children 5 to 11 years. Children under 5 years are free.



MCCS HOLIDAY HOURS

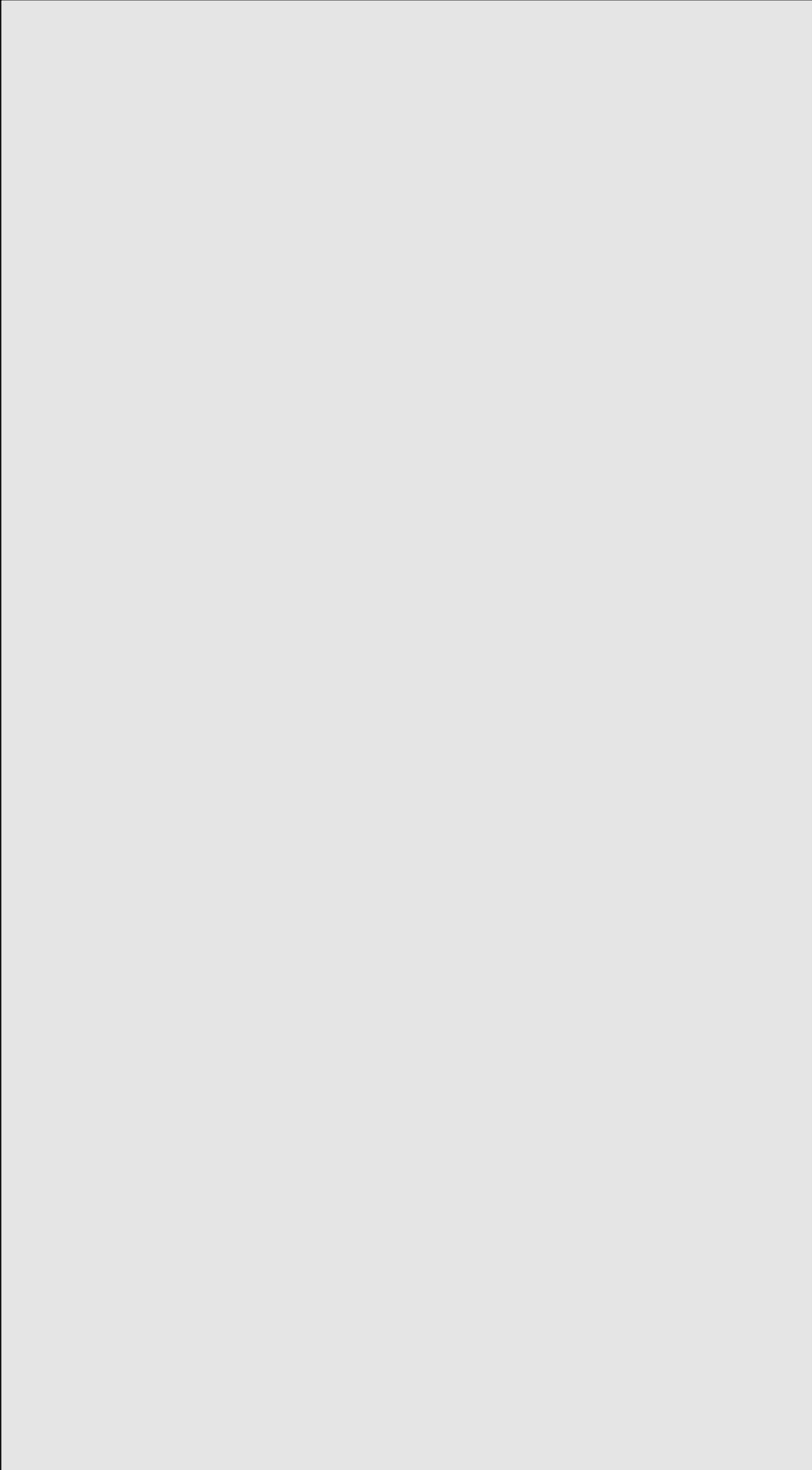
| | |
|------------------------|-----------------|
| Super 7 Store | 10 am - 6 p.m. |
| Super 7 Gas Station | 10 am - 6 p.m. |
| Yermo Exchange | Closed |
| Family Restaurant | 9 a.m. - 2 p.m. |
| Cactus Cafe | Closed |
| Auto Hobby Shop | Closed |
| Ceramic Hobby Shop | Closed |
| Wood/Rock Hobby Shop | Closed |
| Bowling Center | Closed |
| Golf Course | 6 a.m. - 8 p.m. |
| ITT | Closed |
| Oasis Club | Closed |
| Enlisted Club | Closed |
| MCFTB/Semper Fit (Gym) | 8 a.m. - 3 p.m. |
| Personal Services | Closed |

JUNIOR GOLF LESSONS

Golf instructor Oscar Valenzuela will conduct golf lessons for children and youth from 6 to 18 years of age.

Lessons will be taught Wednesday and Thursday and July 10 and 11. Classes will be from 9:30 to 11:30 a.m.

The cost is \$20 for four lessons. For more information call 577-6431.





Nonjudicial punishment proceedings results

A staff sergeant was charged with the following articles:

Article 92 – *failure to obey a lawful order.*

Article 107 – *making a false official claim to superiors.*

Article 132 – *making a false claim against the United States.*

The staff sergeant received a letter of reprimand and a forfeiture of \$600 a month for a period of one month. The forfeiture was suspended six months.

A lance corporal was charged with the following articles.

Article 86 – *unauthorised absence.*

Article 91 – *willfully disobeying a lawful order from a commissioned officer.*

The lance corporal received 14 days at the Correctional Custody Unit, Camp Pendleton, Calif.

SAFE from Page 1

individual who is in immediate danger of harming him/herself.

Other examples of emergencies include major depression, suicide attempts and an unexpected medical complication which puts the mother or fetus at risk.

Note: TRICARE does not consider delivery of a baby after the 34th week an emergency.

If you are at home, or away from home in an emergency call 911 or go directly to the nearest hospital emergency room.

You do not need to call your primary care manager or the Health Care Finder to receive emergency care. However, if you are hospitalized, you or a family member must call your primary care manager's office or call the Health Care Finder at (800) 242-6788 within 24 hours.

A primary care manager is a medical provider at the hospital who has the responsibility for providing your primary care and arranging or coordinating your specialty care.

Remember, if you are enrolled in TRICARE Prime, always carry your

TRICARE Prime ID card with you.

What is an urgent condition?

Urgent care is needed to prevent an illness or injury from becoming worse. An urgent condition is not life threatening, but needs medical care within several hours or a day. The difference between an urgent condition and an emergency condition is that an emergency condition needs immediate medical care to prevent death or a serious worsening of health.

If you have an urgent medical condition, call your doctor's office. Your doctor will either provide the care at his or her office, or send you to an urgent care center.

Enrolled in Prime and need urgent care?

If you have an urgent medical condition while you are traveling two hours or more away from home, you will need permission, or an authorization, from the Health Care Finder before you receive care. Call (800) 242-6788 to reach a Health Care Finder. Health Care Finders are available 24 hours a day for urgent situations. If you need a routine medical appointment, wait until you get

TRICARE

Customer Care: (800) 242-6788
 Health Care Finder: (800) 242-6788
 Claims: (800) 930-2929
 Health Care Info. Line: (800) 611-2883

Branch Medical Clinic

Central Number (760) 577-6491
 Central Appointments ext. 101
 Clinic Nurse ext. 117/131
 Health Benefits Advisor ext. 102
 Immunization ext. 113/114
 Laboratory ext. 104
 Medical Administration ext. 108
 Outpatient Records ext. 103/118
 Pharmacy ext. 106/107
 Radiology (X-ray) ext. 111
 Chief of the Day (760) 272-8459
 Industrial Hygiene (760) 577-7758
 Occupational Health (760) 577-7747
 Yermo Dispensary (760) 577-7326

The clinic is open Mondays through Fridays from 7:30 a.m. to 4:30 p.m. except for holidays (limited services, i.e. Pharmacy Services not available).

home.

Going to a foreign country?

Before you leave, stop by a TRICARE Service Center, or Beneficiary Service Office for details on what to do if you need medical care out of the country.

LETTERS from Page 1

Letters From The Front: WWII," said Roberts. "But keep in mind that this is an honest and personal look at war-time experiences. Kids from middle school and up enjoy the play. Younger children are usually not mature enough to understand the play's themes and consequently become restless. As a courtesy to the actors and the audience, it is recommended that they not attend."

Those interested in authentic war letters or who want to learn more about the play can do so on the Internet at www.letters-from-the-front.com. Call the Marine Corps Logistics Base Barstow public affairs office at (703) 577-6430 for more information about the local presentation of the play.

FIRE from Page 2

aspect.

By verbalizing our thoughts in prayer we have a chance to "talk things out" without anyone else being there. We hear ourselves think and feel, and more often than not we come up with solutions to our problems. Sometimes these solutions are brought about in us through the blessings of the Almighty, other times it is the good gift of common sense at work.

As we celebrate Independence Day, and we see the fireworks exploding, let us remember that if a "fire" starts up in our life that the answer to putting it out may be prayer.

Blessings,
 Chaplain Livingood.

HOLIDAY from Page 2

shore when combined with the fatiguing effects of the sun, wind and motion of a boat. Look first, watch out for swimmers and other boaters and navigate properly.

Before you go boating ensure you are properly trained. Use the buddy system when diving, and never enter the water if you've been drinking.

If you plan to have cookouts, keep

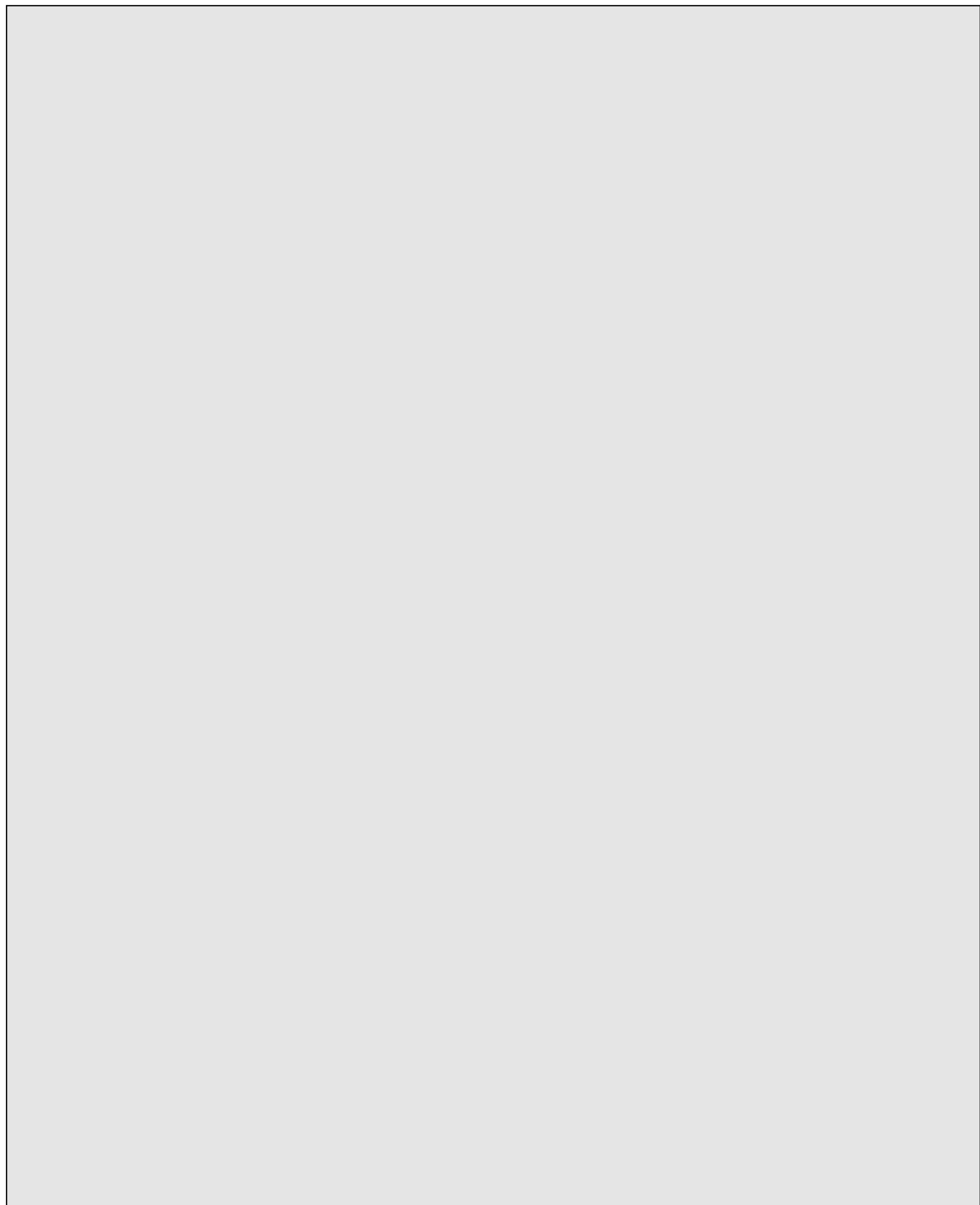
children away from the barbecue pit at all times. The coals will be extremely hot while you are cooking, and even after you have finished cooking the coals will retain their heat for a long time afterward.

Lastly, school is out and children are everywhere. Bases and neighborhoods can become like school zones with increased activity and movement of children; be cautious and keep an eye open for children run-

ning into the roads.

Have fun as you celebrate our nation's birthday, on this upcoming Fourth of July, but also use the risk management tools you have learned to keep yourselves healthy and safe.

I want all of you to return to work on Monday well rested and ready to continue the great efforts of the patriots and service men and women who have gone before us.



MOTORHOME: 1978 Dodge Winnebago, Minni Winni, 23 feet, stove, fridge., roof A/C, generator, sleeps 6, runs good, some interior work needed, priced to sell at \$2,000, OBO. Call 254-2221 AWH.

MISCELLANEOUS: Refrigerator - white, Frigidaire, 19.8 cubic ft., glass movable shelves, like new, \$300 OBO. Call 252-1502 LMSG.

MISCELLANEOUS: 1999 Honda dirt bike, CR 80 expert, bought in 2000, race ready, race tech suspension front and rear, recent top end overhaul, new clutch, extra tires and plastic, plugs, jets, etc., renthal bars, lever guards, oversized chain, good tires, spare air filter, owners/service manual very clean, \$2,500 OBO. Call Ron 252-5365 AWH.

MISCELLANEOUS: 16 ft. car hauler trailer extra wide with 4 ft. mesh ramp and diamond plate deck, elect brakes, good tires w/spear, heavy

duty jack good condition, used very little, \$1,100 OBO. Call 254-2221 AWH.

MISCELLANEOUS: Refrigerator. Works good, \$100. Call 254-1978.

MISCELLANEOUS: Nordic Trak exercise machine. Xlt. cond., \$600. International Time Share, \$12,000. Call 256-0293.

MISCELLANEOUS: 6 ft. Stockland camper shell with carpet kit. Good cond. Call 252-4369.

MISCELLANEOUS: 13" color TV (Emerson) with remote \$60; direct TV receiver, regular price \$130, selling price \$80, crystal chandelier, 2' X 1/2', 97 crystal droplets hang from 5 tiers, 6 bulb, \$70; 2 tennis rackets, Wilson Enforcer, royal blue, seldom used, \$12 each. Call 252-1160

MISCELLANEOUS: Racket ball racket with case, \$15; badminton set,

poles, net, anchors, 4 rackets, birdie and case, \$20; tether ball and sturdy pole, \$10; 2 Hamster exercise balls with stand and free standing exercise wheel, \$10; playschool electric garage and accessories (5 yrs and up) \$20; Goose bumps book collection (47), \$50. Call 252-1160

MISCELLANEOUS: Seven piece almond cookware, (JC Penny) \$25; chocolate lollipop kit (dinosaurs and ice cream molds) \$10; three piece microwave cookware (Sears), brand new, \$80; toaster oven, used once, \$25. Call 252-1160

MISCELLANEOUS: Teal green sofa w/queen bed, 2 years old Xlt. cond. \$300. Call 254-2295.

MISCELLANEOUS: Refrigerator, Amanna, 20 + cubic feet with adjustable glass shelves and ice maker \$300. Call 254-9866 lv msg.

MISCELLANEOUS: Twin, four-

poster canopy bed frame, good cond., \$75. Call 254-9866 lv msg.

MISCELLANEOUS: Bowflex Power Pro XTLU, All attachments included, like new, \$800. Full size pool table, accessories included \$500. Call 252-8325.

GARAGE/YARD SALE: Furniture, tools, appliances, electronics, and more, some new, some used. Something for everyone, Friday and Saturday rain or shine, 34726 Birch Rd., Barstow (Grandview)

WANTED: 2 Door Honda Civic 1988 or newer, running or not, also 2 door Acura 1992 or newer, running or not. Call 254-1913.

AD PLACEMENT

Non-business BARSTOW Log Classified Ads are free for base employees and active or retired service members and their family members. Non-business ads may be submitted to:

editor@barstow.usmc.mil

To place business-related adds call:

Aerotech News and Review

(661) 945-5634

