

# BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 6, No. 39

Marine Corps Logistics Base Barstow, California

August 8, 2002

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**Check out the Marine Corps Web site.**

<http://www.usmc.mil>



Photo by Rob Jackson

After roughly five minutes, the structure coated with Barricade, left, is still standing while the structure coated with Knockdown has been reduced to burning rubble.

## Diaper gel protects homes

By Rob L. Jackson  
BARSTOW LOG staff

Disposable diapers are designed to provide a protective barrier for a baby's behind. Now the same substance used in those diapers can be used to provide a protective barrier around a home against a raging fire.

The substance, called Barricade, is baby diaper gel and was discovered by John Bartlett, a firefighter from Palm Beach County, Fla., who noticed a disposable diaper was the only thing that survived in a house fire, according to Nathan Beber, MCLB Barstow firefighter and technical representative.

"Barricade gel was discovered in 1994, and since then the fire-resistant gel has taken off," said Beber.

The gel is currently being used by the Los Angeles Fire Department, U. S. military and Florida Power and Light Company, one of the nation's largest utility companies, according to an article by Firehouse.com.

Marine Corps Logistics Base Barstow firefighters recently tested the substance to see firsthand if the substance does what it is advertised to do.

Beber and fellow firefighters constructed two shelters, coating one with Barricade and the other with "Knock-

down," a Class A foam firefighters normally use to protect homes from fires.

The conditions were ideal for the test in that the winds picked up as soon as the structures were set afire, blowing the flames toward the Barricade-protected shed. After approximately five minutes the structure sprayed with Knockdown completely burned, leaving nothing more than a smoldering pile of burned wood. Whereas the structure coated with Barricade held on for at least another 10 minutes.

"I'm sold," said MCLB assistant fire chief, Steve Mulcare, after watching the gel-coated building resist the flames. "This stuff is amazing," he added.

"This gel can be useful to us at the Tees and Trees golf course, at the Mojave River bottom where foliage can create a fire hazard," said MCLB Fire Chief Robert Wyman.

"The gel works really well and is relatively inexpensive," said Beber. "The gel was designed to adhere to the outside surface of the home. It is sprayed on the windows, under the eaves and on the roof to protect it from radiant heat."

Spraying the substance on the windows of a home protects the interior of a home from igniting due to the intense heat — radiant heat — from passing through the glass, according to Beber.

One of the most important advantages of using the gel is that it offers better resistance to fires, and because it holds up longer than the Knockdown firefighters are allowed more time to protect other homes from going up in flames.

"With the Knockdown, firefighters have to baby-sit a home to keep it from burning completely," said Beber.

Wild land fires, where wind gusts can cause flames to move through a neighborhood quickly, are California's biggest danger. Falling embers from the flames on rooftops made of wood shingles, or radiant heat, is what causes a home to go up in flames, according to Beber.

Barricade has been tested in temperatures of up to 3,500 degrees and still managed to hold off the flames. One 1.25-gallon jug of the gel, which when applied resembles shaving cream, can coat 500 to 700 square feet.

Though it is not on the market yet, Barricade can be purchased in two types of kits, a homeowner's kit and a firefighter kit. One comes with an attachment for applications with a simple garden hose and the other has the firefighter's attachment.

For more information about Barricade contact Nathan Beber at (760) 985-9820, or go to the manufacturer's Web site at [www.barricadegel.com](http://www.barricadegel.com).

## Housing to be destroyed

By Sgt. Joseph Lee  
BARSTOW LOG staff

A Lakeside, Calif., company received a contract Aug. 1 for the demolition of some housing complexes in Family Housing here, which is scheduled to start Sept. 3.

Clauss Construction beat out three other bidders for the \$1.2 million contract that has several phases.

The first phase is the Eniwetok housing complex, streets and utilities from Chosin Street to Montezuma Street. This phase should be completed by Jan. 2, 2003. The other phases to the contract, which include more housing complexes, should be completed by Sept. 12, 2003.

According to Lt. Col. Charles Bridgeman, director of the Installation and Logistics Department here, the complexes are being demolished to eliminate excess housing in the area, and because the housing and utilities are old.

If and when future housing is built, utilities will need to be rebuilt as well, said Bridgeman. The cost of refurbishing the current complexes is not reasonable. It would be easier to start over from the ground up.

Once destruction begins, the work will be conducted from 7 a.m. to 5 p.m. Mondays through Fridays. The area will be fenced off, but parents should keep children out of the area.

It is yet to be determined if there are any environmental concerns such as asbestos or lead, but all safety precautions and OSHA regulations will be followed, said Stella Madero, contract specialist at the Resident Office In Charge of Construction.

For more information regarding destruction of Family Housing complexes, contact David Madrid at 577-6872.

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<https://www.barstow.usmc.mil>

# 3rd quarter Question to the Corps

*How to send a response and send in suggestions by Marine Mail as well*

**ALMAR 037/02**  
Headquarters Marine Corps

A special thanks is sent out to the Marines, sailors and civilians who responded to the calendar year 2002, second quarter "Question to the Corps."

All the responses were viewed and taken into consideration to help make a better Corps.

This ALMAR announces the calendar year 2002 "Question to the Corps" for the third quarter.

**Q** Technology has enabled significant advancements in stand-off precision weapons. How can the Marine Corps best leverage this technology to improve our close air support for the troops on the ground?

In addition to the announcement of the "Question to the Corps," you are reminded about the "Marine Mail" program. The criteria for "Marine Mail" are provided below for consideration.

What aren't we doing that we should be doing?

What are we doing that we should do differently?

What are we doing that we shouldn't be doing?

What new concept or idea should the Marine Corps investigate to improve its warfighting capability?

Submit a "Question to the Corps" reply and/or a "Marine Mail" through any of the following venues: USMC Internet Web page at <http://www.usmc.mil/cmc>; fax to (703) 614-5035; e-mail to [marinemail@hqmc.usmc.mil](mailto:marinemail@hqmc.usmc.mil); or postal mail to Marine Mail (CMC),

HQMC, 2 Navy Annex, Washington DC, 20380-1775.

Stick to the submission criteria and a reply will be sent back within 30 days of receipt. Submissions that do not meet at least one of the criteria or respond to the quarterly "Question to the Corps," will be returned without action.

Suggestions and comments that are received will continue to make the Corps a better place for all to serve.

Semper Fidelis, J. L. Jones, General, U.S. Marine Corps, Commandant of the Marine Corps.

## Patriotism a learned trait

By Lt. Cmdr. Randel Livingood  
Base Chaplain



At worst, I used to think my father was crazy, at best I could not understand him.

What I am talking about is his vibrant patriotism.

I was just a boy and we would be watching television or listening to the radio and the "Star Spangled Banner" or "America The Beautiful" would begin, or Kate Smith singing "God Bless America," which was his personal favorite. What I did not understand was when those songs would play how he responded.

I can remember him stopping whatever he was doing, rising to his feet, putting his hand over his heart, and with tears running down his face he would mouth the words to those songs along with the singer. It seems to me he always ended the song with fist of victory raised high and a loud God Bless America ringing from his direction.

I thought he was odd, just emotional, or maybe old fashioned. At my age I thought he was just old period. It wasn't until a few days ago that I really began to understand what he was feeling.

I was driving down the road to work and I always drive by a couple of high schools. As I drove

by the first high school I noticed that something was wrong with the flags. The rope had come detached from the cleat that was supposed to hold it and both the California State flag and the American flag were at the bottom of the pole swinging loosely, in the ever-present desert breeze, without touching the ground.

I started to drive by knowing that someone would soon come out of the school and fix the problem when the memory of my father came to me. I saw him once again standing at the sound of the opening notes of those patriotic songs and before I knew it I was pulling a u-turn in the middle of road.

I drove straight into the parking lot and pulled up next to the flagpole. I jumped out and raised the flags to the top of the pole and secured the rope around the cleat so it would not come loose again, saluted the flag, got in my truck and drove away.

Somehow I felt a little better as I left and said a quiet "thank you" to all those who have given their lives for this country and all who still serve in so many ways. My act was not grand and probably no one even saw it happen, but I felt as though I was not standing there alone, I was standing there with a host of patriots who would stand with me to honor this great country by raising the flag.

Am I crazy? Maybe. Am I misunderstood? Probably. Am I a patriot? Definitely!

Fr Randel Livingood

## Just doing my job ...



Photo by Cpl. Joshua Barnhardt

Master Sgt. Richard Holman, MCLB Barstow's new provost sergeant, addresses the people in attendance after receiving a Meritorious Service Medal, which he earned from his time spent at Marine Corps Air Station, Iwakuni, Japan.

### Chapel Services

Protestant Sun. 8:30 a.m.  
Mass Sun. 10:30 a.m.

**Confession services before Mass**

### Catholic Rosary

First Saturday of every month.  
3 p.m. at the Base Chapel.

For more info call 577-6849.

### Nebo Bible Study

Wednesday Noon-1:30 p.m.

At the Chapel Office.

For more info call 577-6849.



Marine Corps Logistics Base Barstow, California  
Colonel Ingrid E. Bergman, Commanding Officer



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For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

# NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Fridays for the next week's issue. Submit news briefs via e-mail to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

## TRICARE pre-enrollment

Active-duty family members who reside with their sponsors in remote locations may pre-enroll in the TRICARE prime remote for active-duty family members program. Pre-enrollment runs Aug. 1 through 20. The pre-enrollment period allows beneficiaries to be enrolled in TPRADFM prior to the elimination of the interim waived charges benefit on Aug. 31.

To pre-enroll, family members must submit a TRICARE prime enrollment application to their regional managed care support contractor by Aug. 20, or family members will be TRICARE standard as of Sept. 1. When the TPRADFM becomes fully implemented on Sept. 1, enrollment will be required to receive the TPRADFM benefit. Members who have elected not to enroll in TPRADFM by Aug. 31 will resume responsibility for any applicable cost shares, co-payments, and deductibles with TRICARE standard or TRICARE extra.

A major benefit of TPRADFM is for ADFM in TPR locations without available network primary care managers (PCM). These ADFM will, for the first time, be able to enroll in TPRADFM without having designated PCM. Under the TPRADFM benefit, ADFM may use the services of authorized TRICARE providers in TPR location where network PCMs are not available. ADFM who pre-enroll to the TRPADFM program have the same cost-shares and deductibles as family members enrolled in TRICARE prime, including the elimination of co-payments, enhanced access and preventive services, and reimbursement of travel expenses for medically necessary care starting Sept. 1.

To enroll in either TPRADFM or TRICARE prime, the active-duty sponsor and family members must first be enrolled in the defense eligibility reporting system. To verify their DEERS enrollment, sponsors and family members may contact or visit a military identification card issuing facility. To pre-enroll in TPRADFM

program, enrollment forms are available by contacting their regional managed care support contractor. A list of local and regional toll free telephone numbers are available on the TRICARE Web site at [www.tricare.osd.mil/remotel/benef/adf.html](http://www.tricare.osd.mil/remotel/benef/adf.html), or from the worldwide TRICARE information center, toll free at 1-877-DOD-CARE (1-877-363-2273).

## TRICARE Online

Now family members of active-duty service members, retirees, and other eligible beneficiaries can schedule their own routine appointments with their primary healthcare provider at any time day or night by visiting [www.tricareonline.com](http://www.tricareonline.com). At TRICARE Online registered users will see available appointment times, choose one that's best for them, and book it online.

TRICARE Online also features the following: trusted health information, TRICARE benefits information, tools for beneficiaries to create their own confidential personal health record, and medical educational tools such as pharmacy information, and anatomy and condition explorers.

Eligible TRICARE members may register at [www.tricareonline.com](http://www.tricareonline.com) or by visiting the Branch Medical Clinic here and speaking with Ensign Danny Nixon or Lt. Cmdr. Mike Ramos. For more information, visit [www.tricareonline.com](http://www.tricareonline.com) or call (760) 577-6491, extension 122.

## Vacation Bible School

Vacation Bible School will be held Monday to Aug. 16, from 8 a.m. to noon at the base chapel. The theme is Joys of Jesus and is open to children from 4 to 12 years of age. Please contact Donatella Maffin at 252-7566 or the base chapel at 577-6109 to register.

## Yermo hot link sale

A hot link sale in support of the Marine Corps Birthday Ball is scheduled for today starting at 11 a.m. in front of Maintenance Center Barstow, Building 573. Hot links will be \$2, with sauerkraut, onions, ketchup and mustard included.

## Swimming lessons

Registration for two weeks of swimming lessons is scheduled to be held Monday at the Family Pool at the base gym from 7:30 to 9 a.m., followed by swimming lessons between 9 and 11 a.m.

The cost for the lessons is \$15 per person, and registration will be conducted on a first-come, first-served basis since there is a limit of 10 people for each of the three levels of classes.

Classes on Mondays through Fridays from Tuesday to Aug. 23 will be

held between 8:30 and 10:30 a.m.

Contact Jennifer Wales, base health promotion coordinator, at 577-6817 for more information.

## MC Ball Golf tourney

The fifth Marine Corp Ball Scramble Golf Tournament is scheduled for Aug. 16. Sign-in for four-person teams is from 6 to 6:30 a.m., and tee off is at 7 a.m. Hamburgers, hot dogs, chips and sodas will be served after the tourney.

Entry fees are as follows: privates through corporals, \$14; sergeants and staff sergeants, \$15; gunnery sergeants and above, and civilians, \$16. Mulligans are \$1 a piece with a maximum of five.

## 3-on-3 basketball tourney

A 3-on-3 double elimination basketball tournament in support of the Marine Corps Birthday Ball is scheduled for Aug. 19 at the Base Gym starting at 4 p.m.

The entry fee is \$20, and teams can have a maximum of four players. Team member names and entry fees must be submitted by start time. Games are to 15 points with a 20-minute time limit.

Gym visitors are welcome to enter (one visitor is allowed per authorized gym patron and the authorized personnel must be present).

For more information stop by the Base Gym or contact 2<sup>nd</sup> Lt. Michael Smith, 577-6726, or Staff Sgt. Jesse Castillo, 577-6708.

## Single Marine Program

The Single Marine Program will be taking a trip to the Wild Animal Park in San Diego Aug. 17. There are 20 slots available for single Marines and Sailors who want to go. There will also be a trip Sept. 21 to the Rose Bowl to see the UCLA Bruins play the Colorado Buffaloes. There are 30 spaces available for that trip.

Meetings are held every Tuesday at 2 p.m., in the conference room in Building 302. If you would like to sign up for any of these events then e-mail Lance Cpl. Daniel Humble or Lance Cpl. Joshua Pascua.

## Catholic Sunday school

Catholic Sunday school classes are scheduled to begin Sept. 22 at the Base Chapel from 9:40 to 10:20 a.m. Classes are for children kindergarten through high school, including first communion (7 years old and up), and confirmation (14 years old and up). The classes are free. To find out how to volunteer or for more information call Donatella Maffin, 252-7566, or the Base Chapel, 577-6849.

## Marine Corps seeks family members of Marine hero

Anyone who knows the where-



abouts of family members of Gunnery Sgt. Robert W. Grove, after whom the Yermo athletic field at MCLB Barstow is named, is requested to contact or ask the family members to contact the base commander's secretary at (760) 577-6555, the base sergeant major at (760) 577-6238, or the base public affairs office at (760) 577-6449 or 1-800-843-8762, extension 6.

## GEICO Military Service Award

Applications are being accepted for the 2002 Government Employees Insurance Company, GEICO, Military Service Awards. The deadline for nominations is Oct. 11.

One service member from each of the services is selected each year for awards for contributions in each of the following areas: drug and alcohol abuse prevention, fire safety and fire prevention, and traffic safety and accident prevention.

For nomination qualifications and package submission guidelines or more information, see MARADMIN 391/02 available online at [www.usmc.mil](http://www.usmc.mil) or contact Eleanor Kaufer, (703) 614-1202/3164.

## All-Marine Boxing Team

Marines interested in trying out for the All-Marine Boxing Team in the Armed Forces Boxing Tournament Feb. 10 through 15 in Ventura County, Calif., must submit their resumes by Sept. 30. There will be an All-Marine Boxing Tournament Nov. 19-21 at Marine Corps Base Camp

## MCB change of command

Col. Robert Gerlaugh will take command of Maintenance Center Barstow from Col. Ervin Rivers Wednesday at 8 a.m. The ceremony will take place at Building 573.

All base employees are invited to attend.

## HQBN change of command

Maj. Brian T. Ballard will be handing over command of Headquarters Battalion, MCLB Barstow, to Maj. Clarence Guthrie III Aug. 21 at Boll Field. The ceremony will start at 8 a.m.

All base employees are invited to attend the change-of-command ceremony.

Lejeune, N.C. to determine the participants for the All-Marine Team.

Marines interested in applying can obtain resume forms at the Marine Corps Community Services Web site, [www.usmc-mccs.org](http://www.usmc-mccs.org), or at the local Semper Fit office. For more information see MARADMIN 416/02 available online at [www.usmc.mil](http://www.usmc.mil).

## Environmental and safety training

Environmental and safety training is available for free to base employees online at [www.mclbtraining.com](http://www.mclbtraining.com). More than 50 different training and safety courses are available at the site.

## Key Volunteers Network training

Key Volunteer Network training is scheduled for Tuesday and Wednesday evening, Aug. 13 and 14, at 5 p.m. at the Oasis Club. All active duty spouses are invited to attend. Refreshments will be served. For more information contact Lt. Col. Charles M. Hamilton, family readiness officer, at 577-6556.

# Supplemental training temporarily offered online

By Rob L. Jackson  
BARSTOW LOG staff

MCLB Barstow has a knack for coming up with new ideas and innovative ways to do business and, in the case of personnel, conduct training for both its Marines and civilian Marines.

The newest idea, currently in a pilot stage, is online training. Recently, the MCLB Barstow Environmental Division, in conjunction with Base Training, Base Safety and AFGE Local 1482, got together to bring the base [mclbtraining.com](http://mclbtraining.com), an Internet-based training program.

"One of our environmental obligations is to provide environmental awareness training to 2,200 people inside the boundaries of MCLB," said Jack Stormo, head, Environmental Division. "We don't really have a good way to do that because we don't have a huge auditorium. We have to interrupt people's work schedules and get them together in groups in the facilities that we have."

There has never been a convenient way to explain the simple truths of the environmental business, according to Stormo.

"It makes it a lot easier when we start telling them the difficult and complex ideas that we want them to do if they already have this general awareness background," he said.

Last February, Environmental personnel opened discussions with potential providers of online training to explore how MCLB Barstow might obtain the ability to give its personnel that general awareness background. Three of the major companies in the business submitted proposals, according to Stormo.

"The list of library courses that were already available from [TargetSafety.com](http://TargetSafety.com) had the most complete assortment of safety, environmental, and other required training on sexual harassment, ethics, and diversity and more," he said.

[TargetSafety.com](http://TargetSafety.com), the provider MCLB Barstow decided to use for this pilot study, proposed making 1,400 classes per month available via the Internet — 1,400 awareness and refresher classes. According to the head of Environmental Division, these are not replacement courses for those being taught in a classroom environment.

"The interaction of people, putting things on the board, the traditional classroom arrangement; there are some classes that that's the way to provide them," said Stormo. "But awareness and refresher training are for people who've already had the basic classroom training."

The Internet-based company offered a library of 53 courses. Stormo presented a proposal to the command



in May, and MCLB commanding officer Col. Liz Bergman approved a pilot study that would attempt to determine how easy it could be accessed and how often the courses would be used. This pilot study is slated to go from July 1 through September 30.

During this period, unrestricted access is allowed to anyone having access to an online-connected personal computer. The process is very easy, just go to [www.mclbtraining.com](http://www.mclbtraining.com) and fill out a simple registration form. One can start taking any of the courses listed on the Web site. It can even be accessed from home at no cost to the user, according to Stormo. MCLB Barstow absorbs the total cost.

"I decided that if 1,400 courses were available and 600 courses were taken then that would be an acceptable level of utilization, and it would

only cost about \$2.50 per course," he said. "So at least for those refresher and awareness classes, it's substantially cheaper than traditional classroom training."

[TargetSafety.com](http://TargetSafety.com) states that the retention is about 25 percent better for interactive online training than the traditional classroom, because people can take the courses at their own pace.

People can go back as many times as necessary to review the parts they not completely understand the first time.

There's a summary at the end of each section and a test to confirm whether the user has learned all the interactive online training.

"If you complete the test with at least a 70 or better, you can go to the course evaluation and print out your own certificate," Stormo revealed.

"The courses are designed to last about 45 minutes, but most folks complete them in about 20 or 30 minutes."

Another great thing about the interactive training is that all of the courses are either Occupational Health and Safety Administration, National Fire Prevention Association or Environmental Protection Agency-approved courses.

"So we're talking about coursework that has required regulatory content," Stormo emphasized.

One more thing about the Web site is that if a person is in the middle of a course and gets interrupted for any reason, the stopping point can be bookmarked and picked up later when the individual goes back to continue the course. This saves the time of having to start from the beginning again.

During the pilot study, the training being offered now is considered supplemental training, not required training.

However, according to Stormo, once the pilot study has been completed MCLB Barstow will look to get Headquarters Marine Corps approval on courses like sexual harassment, ethics and such. If the approval comes through, then it will become required training.

As of July 29, 192 people had registered and 491 courses had been completed.

# AROUND THE CORPS

## Field first aid kits redesigned to save lives

By Jan Davis  
Bureau of Medicine and Surgery

QUANTICO, Va. - Few hospital corpsmen in the world know more about saving Marines in the field than Thomas M. Eagles.

As a young corpsman in Vietnam, he served six years in the battlefield, patching up wounded Marines, flying medevac, building dispensaries, and even saving an injured child from an active minefield.

Hospitalman Master Chief Eagles retired nine years ago, but his intense caring for the well being of others hasn't changed. He wears civilian clothes, but he still works to save the lives of Marines and sailors, even if from behind a desk.

Eagles is now an acquisition project officer with Marine Corps Systems Command. His mission is to make a better individual first aid kit for Marines and Navy medicine personnel to

carry in the field. According to Eagles, it's the first time in more than 20 years the kit has been revamped.

"My number one imperative (to improve the kit) is to provide Marines with a new capability to stop bleeding as quickly as possible," said Eagles. He said that half of warriors wounded in the field who die, do so because of blood loss - a statistic that hasn't changed since World War II, and one he has a personal interest in improving.

"I've seen Marines bleed to death in the field," said Eagles, grimly. "It's not something I want to see again."

His search for a way to stop bleeding led him to a coarse, super clotting powder that he found almost serendipitously. An informal conversation with a visitor to his office led to a discussion about a moisture-absorbing component of his newly developed oxygen generator.

"I asked him if it would stop bleed-

ing," said Eagles. "He said his boss had cut himself while shaving and it worked, and that his little daughter had scraped her knee and it worked on that, too. I asked him to overnight mail a sample of it to me."

At the same time, the Office of Naval Research and the Marine Corps Warfighting Laboratory were working on developing a dressing that would control bleeding.

"ONR and MCWL had money to look at three (clotting) candidates," said Eagles. "We had three lined up to look at, but one didn't get FDA clearance in time. We needed a third, so I asked them to look at the sample."

Eagles admitted that he wasn't enthusiastic about the powder.

"I had to change my way of thinking," said Eagles. "The others I looked at were pads, something corpsmen were familiar with. This was completely different."

Besides being exceptionally effective in stopping the bleeding, the sample,

now called QuickClot, is simple to use - tear a corner off the plastic bag and pour the powder on the wound. Virtually indestructible, and biologically and chemically inert, it is well suited for the harsh conditions of the battlefield.

It's also much cheaper than the other proposed candidates.

Another change to the kit includes a newly developed tight-cinching battle dressing, made from common materials.

"It's really just an elastic wrap bandage, a feminine pad, a Velcro strip, and a shower hook," said Eagles. The big difference from battle dressings used in the past is that it's easy and quick to use, and super absorbent.

In fact, like QuickClot, it can be applied with one hand in less than thirty seconds.

The third new key component in the kit is a crinkled absorbent vacuum-packed rolled bandage that can either be unwound and used like gauze or

wadded into the wound as a backup for QuickClot.

"The three of them used together are incredibly effective in stopping bleeding," said Eagles. "I'm convinced it will change the statistics."

The remaining contents of the kit include 10 Band-Aids for scrapes and scratches, water purification tablets, and Betadine, a germ killing liquid.

The contents fit tightly into an olive green cloth pack.

Another plus for the new kit is that it weighs only 11 ounces, 5 ounces lighter than the old one. The weight saving is something to be excited about when a Marine's pack may already weigh 80 pounds or more.

Eagles said that a few of the new field first aid kits are already in use in Afghanistan and are scheduled for widespread use in the field with the Marines as early as next year.

One of Eagles' next projects is to evaluate the hospital corpsman's medical kit used in the field.

# COMMANDER'S CORNER

Maintenance Center Barstow

## Commander says farewell to MCB employees

By Col. Ervin Rivers  
Commander

It's customary for the outgoing commander to write a lengthy article summarizing his experiences and challenges. I'm not going to do that in this Commander's Corner. Instead, I'd like to be brief.

I have often said to many of you that there is a gap between knowing and doing. Many people know lots of stuff, but only the successful people take that knowledge and apply it. For those who seek to narrow the knowing and doing gap, I say:

- 1) Practice the "FAIR" concept; Feedback, Assistance, Inclusion, and Respect.
- 2) Work together as a team. Eliminate management versus labor positions and focus on the command as a whole; its mission and its people. Practice

the 7 habits...you know what they are.

3) Implement the Theory of Constraints (TOC); increasing throughput is the key.

4) Identify and correct the negative, but also accentuate the positive.

5) Never forget your customers and never let them forget you ... ISO 9001/2000.

6) Take pride in your work and your command because the products and services you provide saves lives and help our Armed Forces protect the freedom we all cherish.

7) In a professional way hold each other accountable for making mission.

8) Never sacrifice security for convenience.

9) Remember it's not a world where the big eat the small, but one where the fast eat the slow.

10) Don't let the limitations of others become

your limitations ... real power lies in one's ability to motivate and inspire not in one's ability to control.

I've enjoyed the opportunity to work with Barstow's critical mass of doers and hope that I've contributed in a positive way to this hard-charging command.

What I have learned I will apply in some future scenario, I'm sure of that. I go next to Headquarters Marine Corps to be the executive assistant to the deputy commandant for Installations and Logistics.

What I know about being an EA is that when the general says "I've made a decision, now go and work out the details," he'll likely be talking to me and a few others he regards as his critical mass of doers.

God Bless,  
E. Rivers, Col. USMC



## Congratulations

By Col. Ervin Rivers  
Commander

I would like to recognize and thank you for your continued efforts as members of the Maintenance Center Barstow Team and for your hard work and dedication. This is the last time I will congratulate you on your competitive priorities of throughput, quality, and cost.

June 2002

### Time Off Awards

(4 hours)

Steve Baisa                      Joann Bond  
James Bishop                    Richard Gilmore

Marty Ulibarri

(9 hours)

Charles Blakley                Michael Leach  
Salvador Flores                Thomas Pitard

Sammy Velasquez

(18 hours)

Ted Burke

June 2002

### On the Spot Awards

Leo Agee	Willie Hampton
Paul Aviles	Reynaldo Jantoc
Edward Ballard	Stephen Jaramillo
Louie Banwarth	Robert Poole
Charles Bohn	Bill Roberts
Lester Brown	Don Snyder
Lisa Burke	Doris Soto
Carl Coleman	Donna Stone
Mary Dube	Dale Whitacre
Javier Garibay	Marlene Williams
Dennis Hall	George Yee

July 2002

### Time Off Awards

(8 hours)

Ed Funcke                      Michael Milender  
James McMullin                Leroy Prindle

(9 hours)

Jackie Bolton                 Paul Clemmons  
Larry Chandler                 Pedro Delgado

July 2002

### Time Off Awards

(9 hours)

Debbie Dominguez	Russell Lynn
Mary Eclarino	Dennis Lyon
Brian Fisher	Dianna McCormick
Brenda German	Karyl Morris
Paula Hazelett	Robert Nelson
Gregory Johnson	Ellen Nemes
Thomas Kennedy	Tulu Niusulu
Dina Kimmerling	Margot Padilla
J. C. Lovette	Anthony Rose
James Luse	Glenn Stoops

Janet Towery

(18 hours)

Allen Howard                 Thomas Putnam

### On the Spot Awards

Louis Alvarez	Rosemaria Sauer
Steven Bourbin	Carmen Silva
Tulu Niusulu	Janet Towery

Melvin Wade

## Review of Habits 2-7 of Highly Effective People

### Habit 2: Begin with the End in Mind

Principles of Leadership

Mental creation first, then the physical creation

Personal Mission Statement providing focus and direction for our lives

Providing a balance by living a Principle Centered life

### Habit 3: Put First Things First

Principles of Personal Management

Prioritizing that which is most important

Building relationships by planning and preparation

Focus on important issues on a weekly basis

### Habit 4: Think Win-Win

Principles of Interpersonal Leadership

Win-lose scripting is common in our world

Thinking Win-Win or No Deal is the highest form of maturity

Work within your Circle of Influence

### Habit 5: Seek First to Understand, Then to Be Understood

Principles of Empathic Communication

Empathic listening is deeply understanding another person, emotionally, as well as intellectually.

Listen with both ears and eyes.

Avoid autobiographical responses.

### Habit 6: Synergize

Principles of Creative Cooperation

1 + 1 = 3 or more

Celebrating differences means viewing them as opportunities.

Creating a "Third Alternative" results in mutually beneficial solutions.

### Habit 7: Sharpen the Saw

Principles of Balanced Self-Renewal 4 Dimensions

Physical - exercise, stress management

Social/Emotional - service, empathy, synergy

Spiritual - value clarification and commitment, study and meditation

Mental - reading, visualizing, planning, writing

# Millennium Challenge

Story and photos by Sgt. Joseph Lee  
BARSTOW LOG staff

Most Marines get motivated when they get the opportunity to see the Marine Corps' newest high-tech gadgets.

A group of Marines from MCLB Barstow got the opportunity July 29 to see some new gadgets in action as they were treated to a VIP tour of Southern California Logistics Airport in Victorville, Calif. The Marines witnessed part of an experimental training exercise called Millennium Challenge 2002, which started July 24 and is scheduled to conclude Aug. 15.

Upon arrival to the airport, which used to be George Air Force Base, Col. Douglas J. Jerothe, commanding officer of experimental operations at the Marine Corps Warfighting Lab, Quantico, Va., welcomed the Marines and introduced them to the grand scheme of the experiment.

Marines from 3<sup>rd</sup> Battalion 7<sup>th</sup> Marines in 29 Palms, Calif., along with Army special forces, Marine reconnaissance, and a combat service support team assembled from 1<sup>st</sup> Force Service Support Group, Camp Pendleton, Calif., were out there to kick in doors and clear abandoned houses while testing experimental equipment and practicing Military Operations on Urbanized Terrain.

The Marines were introduced to Maj. Robert S. Barr, operations officer at MCWL, who led them through a detailed brief pointing out the individual pieces of equipment that the Marine Corps is testing during this exercise.

Most of the Marines had never heard of some of the equipment. Equipment such as new deployable Internet-based real-time communications gear to help commanders see movement of units from a command location; combat identification equipment that can be used to identify other M-16s during a firefight which may help reduce events of fratricide; new personal radio equip-

ment that allows easier use and further reach, and the Joint High Speed Vessel, a catamaran capable of 40 knots. According to Barr, the JHSV was pulled from operations in Afghanistan for testing off the coast of Southern California during MC '02.

According to Barr, approximately 13,500 U.S. military and civilian personnel are currently participating in MC '02.

The exercise is a joint war-fighting experiment bringing together live field forces and computer simulation at several locations in the United States.

Other locations for the training include Marine Corps facilities at Camp Pendleton, Calif.; Nellis Air Force Base, Nev.; the Army's Fort Irwin National Training Center, Calif., and the Navy's Western Sea Range off the West Coast.

After the brief, the Marines were driven through the "play box," where live training was being conducted in a neighborhood of condemned buildings. The area depicted a war zone, with skeleton-like vehicle remains scattered in fields of dried grass and weeds that used to be green lawns.

Shots echoed through buildings as battle-dressed Marines could be seen clearing rooms through broken out windowpanes during the drive through the box.

The weapons they were using had the barrels painted blue, indicating the use of "sim-rounds," which are basically high velocity paint ball rounds fired through normal weapon systems such as an M-16 or M-4 assault rifle. In addition to the normal combat gear worn by Marines, and the new experimental gear, the grunts from 3/7 also wore neck padding and a facemask, similar to those worn while playing paint ball.

The Barstow Marines watched as the squad advanced slowly on an enemy-controlled location. As they advanced, Gunnery Sgt. Jack Sheaffer, operations chief for MCWL, was advancing with them dressed in a green flight suit, making sure they were covering all possible avenues of approach in the urban environment.

As suddenly as the smoke grenade released their source of concealment, the Marines rushed through the smoke in fire teams, kicking in the door and neutralizing any enemy presence.

"Being here in Barstow, I have never really had the opportunity to see our infantry Marines in action," said Cpl. Sara B. Scott, Headquarters Battalion supply clerk. "I



A Marine from 3rd Battalion, 7th Marines, sights in on an enemy-controlled location so his fire team may advance. Marines from 3/7 demonstrated their MOUT abilities to Barstow Marines with an assault and clearing of a building controlled by more 3/7 Marines portraying an opposing force.



A lance corporal from 3rd Battalion, 7th Marines, shows Barstow Marines how to operate some of the equipment being tested during MC '02.



Col. Douglas Jerothe, commanding officer of experimental operations at MCWL, welcomes Barstow Marines to the Southern California Logistics Airport and MC '02.



Lance Cpls. John Rios and Sara Scott, supply clerks for HQBN, examine a weapon modified with experimental equipment.

See  
**CHALLENGE**  
Page 8

## CHALLENGE from Page 7

just wish I could have gotten out there with them.”

After their tour through the box, the Marines were shown some of the new support equipment being used in the experiment by the Camp Pendleton-based combat service support team.

The support team also provided real support to the operation, extracting wounded and delivering ammunition, supplies and food to the grunts in action. MCLB Marines sat in on a portion of the team's after action debrief.

“They are discussing with the ana-

lysts of the experiment what worked well and what may need improvement,” said Staff Sgt. Michael Carr, operations staff, Transportation Support Battalion, 1<sup>st</sup> FSSG. “This is done so the decision makers at Headquarters Marine Corps can hear what the lance corporals on the ground like and dislike about what decisions they are making.”

“I always wondered if the Marine Corps actually asks for the constructive criticism of the Marines on the ground, and if they ever do anything with that information,” said Cpl. Gabriel A. Lopez, travel clerk with the finance office here.

“Now that I have actually seen the

analysts retrieving that information from the younger Marines, it makes me feel better about the way we do things in combat. I feel like the equipment being used has actually been tested and approved by the people that will actually be using it, our fellow support and infantry Marines.”

High-tech gadgets and live-fire exercises definitely gets a young Marine's attention and interest, but advancing the military's ability to fight and win while minimizing its own casualties captures the nation's attention.

MC '02 is all about making a stronger, faster, better prepared military to secure peace at home and abroad.



Captain John F. America, commander of the ground combat element at MCWL, points out to Barstow Marines the dangers of exchanging fire in an urban environment.

## Wanted: VITA volunteers

**Submitted by**  
Office of the Staff Judge Advocate

pare may be electronically filed.

The time for filing taxes is once again right around the corner.

The Volunteer Income Tax Assistance (VITA) program is looking for a few dedicated volunteers to assist active-duty military, retired military and their respective dependents with the preparation of their 2002 income tax returns.

The VITA program allows these personnel to avoid the sometimes-hefty processing fees, usually \$70 to \$90, that civilian agencies charge. Providing a high quality of service is key.

This program is sponsored by the Internal Revenue Service in cooperation with Headquarters Marine Corps through the Office of the Staff Judge Advocate (OSJA).

All VITA volunteers must attend a two-week training program offered by the Internal Revenue Service and California Franchise Tax Board during January 2003.

Volunteers will become knowledgeable in federal and California tax law. In addition, volunteers will be trained to use tax wise computer software so that all tax returns they pre-

Each volunteer will be required to commit at least eight (8) hours per week from Feb. 1, 2003 to April 15, 2003 at the Tax Center to provide tax assistance.

More intensive tax training could be offered through OSJA to a 10-week H&R Block Tax Training Course beginning on Sept. 9 upon approval of management and individual supervisors.

If you are interested in participating in the VITA program or would like further information, please contact Jacque Fadeley or Barbara Kulseth at 577-6874 or 577-6771.

### Legal Assistance Office services

The legal assistance office is located in Building 236. Some services offered by appointment only:

Adoptions, landlord/tenant disputes, consumer law issues, name changes, contract disputes, non-support problems, creditor problems, probate/estate planning, divorces, review of contracts, fitness report rebuttals/bcnr petitions, wills and durable powers of attorney, guardianships, and immigration.



*Thursday* – Breaded fried pork chops, mashed potatoes and gravy.

Call in Cactus Cafe lunch orders to the Family Restaurant at 577-6428 or 577-6429 no later than 9:30 a.m.

The Family Restaurant is open for lunch from 10:30 a.m. to 1 p.m. The Cactus Cafe is open for lunch from 11:30 a.m. to noon.

You can also order a la carte or sub sandwiches, available at the Family Restaurant and the Cactus Cafe.

Prices: \$3 military, \$4.50 civilian.

Includes roll and butter, vegetable and drink of choice.

**Family Night Dining**

*Tonight* – Beef and chicken enchiladas, Mexican refried beans, chili verde, soft flour tortillas, tossed green salad and dessert.

Family Night Dinners served every Thursday from 4:30 p.m. to 7:30 p.m. Everyone is welcome.

Prices \$5.50 adults, \$3.50 children 5 to 11 years old. Children under 5 years old are free.

*Lunch additional/alternatives at the Family Restaurant & the Cactus Cafe*

*A La Carte Menus*



- BURGERS
- Hamburger \$1.95
- Hamburger w/cheese \$2.25
- Hamburger w/cheese & bacon \$2.45
- Double Burger \$3.45

- SANDWICHES
- Fish \$2.65
- Chicken \$2.95
- Club \$3.65
- BLT \$2.65
- Grilled Cheese \$1.95
- Grilled Ham & Cheese \$2.95
- Patty Melt \$2.95
- Tuna Melt \$2.95

*Subs Menus*



- HOT SUBS
- Philly Steak & Cheese \$1.95
- Italian Meatball \$2.25
- Ham & Cheese Melt \$2.45
- Turkey & Cheese \$3.45

- COLD SUBS
- Roast Beef \$3.45
- Sub Club \$3.45
- Turkey \$3.45
- Turkey & Ham \$3.45
- Cold Cuts \$3.45
- BLT \$3.45
- Tuna \$2.95
- Veggie \$2.25

*And now the Family Restaurant is open a half an hour longer - until 1 p.m.*

**By Jim Gaines**  
MCCS Publicity

**End of Summer Sale**

This sale runs through Aug. 30. Save on great bargains such as: 15 percent off luggage and wallets, 15 percent off Black Hills gold, 20 percent off long sleeve men's and women's shirts and 20 percent off all men's and women's fragrances.

The Super 7 Store is open Mondays through Fridays from 6:30 a.m. to 9 p.m., Saturdays 8 a.m. to 9 p.m., and Sundays 10 a.m. to 6 p.m. Call 256-8974 for more information.

**Posted lunch menu**

Unless otherwise indicated the posted lunch menu for the Cactus Cafe is the same as the Family Restaurant.

*Today* – Family Restaurant: baked potato and salad bar. Cactus Cafe: roast sirloin of beef, mashed potatoes and gravy.

*Friday* – Hoki fish, fried rice and broccoli.

*Monday* – Salisbury steak.

*Tuesday* – Chicken cacciatore and mashed potatoes.

*Wednesday* – Prime rib, baked potatoes, green beans almondine.

1998 DODGE DURANGO SLT: 5.2L engine (318), 4 speed automatic trans. w/overdrive, P/W, P/S, part-time shift on the fly 4-wheel drive, overhead console w/minitrip computer, AM/FM/CD player with equalizer, CD changer control, 12 disc CD player, cloth seats, towing package, heavy duty cooling, 61,500 miles, \$18,000. Call Fort Irwin 380-4354.

1987 NISSAN 300ZX: Red, good condition, good tires, engine runs good, A/C, P/W, PDL, 5 speed, may need throwout bearing and minor tune up, \$3,200, OBO. Call 252-2269 AWH.

1994 ISUZU TROOPER: 4x4, 5-speed, low mileage, loaded. Great family SUV for highway or off road. Call 252-1908 for details.

MISCELLANEOUS: Marcy EM1 Pro Universal Home Gym, steel plates, lat station, ab section, leg station, etc., very good condition \$600, OBO. Call 252-2269 AWH.

MISCELLANEOUS: 1996 Karavan trailer w/spare tire for single jet ski 5' x 12', registration good until September 2002, \$300: 1997 Axte/longrun trailer w/spare tire for single jet ski 6 ½ ' x 13 ½', registration good until August 2002, \$400. For more info call Randy, 252-2311.

MISCELLANEOUS: Sell or trade 5<sup>th</sup> wheel 15' x 8' F199 Jeep Wrangler, best offer. Call 254-3675 AWH.

MISCELLANEOUS: Truck tires, LT 235-85-R16, good condition, \$30 each. Call 256-6629.

MISCELLANEOUS: Sofa, loveseat, pillow back set, \$650, 3-pc coffee table and table glass top set \$250, oak dinning table, padded chairs, \$250, turntable microwave \$85, moving must sell all new. Call 255-3009.

MISCELLANEOUS: Home theater speakers, two 3-way bass reflex front speakers, 37.5" tall, black ash, 170 W, one center speaker, black ash \$100 takes all three. Call 255-3009.

MISCELLANEOUS: G. E. Refrigerator, frost free, White, 18 Cu. ft., xlt. Cond., \$150. Call 256-6629.

MISCELLANEOUS: Microwave oven Sharp \$25; coffee table \$10, IDE Zip 100 MB internal drive \$25; arcade Pong game from Japan 2 player table top \$200; laser disk player RS232 output, \$75. Call 252-7789 AWH.

MISCELLANEOUS: Used windows, 8' x 4', 6' x 4', 3 each 4' x 4', 3' x 3', 3' x 2' bath, \$35 for all. Used RR ties, have 12 must take all \$35. Call 243-1392.

MISCELLANEOUS: Kenwood stereo component system, includes; Kenwood stereo power amplifier, 300 watts KM-207, Kenwood stereo control amplifier KC-207, Kenwood stereo synthesizer tuner KT-57, Kenwood compact disc (CD) player

DP 1010, 2 Each "Infinity" studio speakers, \$800. Call 253-5926.

WANTED: 2-door Honda Civic 1988 or newer, running or not, also 2-door Acura 1992 or newer, running or not. Honda car parts and Acura car parts. Call 254-1913.

WANTED: TV, DVD player and surround sound system, one or all components. Call 254-1913.

## AD PLACEMENT

Non-business BARSTOW LOG Classified Ads are free for base employees and active or retired service members and their family members. Non-business ads may be submitted to:

[editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil)

To place business-related ads call:

**Aerotech News and Review**

**(661) 945-5634**



