

# BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 6, No. 51

Marine Corps Logistics Base Barstow, California

October 31, 2002

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**Check out the Marine Corps Web site.**

<http://www.usmc.mil>

**BARSTOW LOG**  
SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

<https://www.barstow.usmc.mil>



Photo by Cpl. Joshua Barnhardt

Lt. Col. Charles Hamilton, base executive officer, puts all his energy into pulling himself across a rope suspended above a swimming pool at Pine Summit in Big Bear, where MCLB Barstow held the Big Bear Challenge. Hamilton cleared the rope to stay dry. See related story and photos on pages 6 and 7.



## A message from the Commandant of the Marine Corps

We all know that a powerful combination of teamwork and individual achievement forms the strength of our Corps.

We are Marines, first and foremost. Through innovation, trust, and mutual respect, we have evolved into an adaptive and flexible fighting force ideally suited for 21st Century challenges.

Though the character of war continually changes, we understand that the nature of war is timeless: that the ultimate arbiter of battle is the human will.

We recognize this, and we embrace the values that strengthen our will and define our character.

For two hundred and twenty-seven years, Marines and their families have dedicated themselves to the cause of the defense of freedom. Our accomplishments adorn the

masthead of the Battle Color of the Marine Corps for all to admire, and they reflect the importance of the legacy we inherit and willingly accept.

Through shared experience and success in battle, we distinguish ourselves by selfless service - in a sense, we are a fraternity of sacrifice. As stewards of our rich heritage, we continually reflect upon the generations of Marines who, in their time, faithfully answered our country's call.

In their example we will find the strength and inspiration necessary to meet the coming challenges.

We celebrate this connection with our history, yet we remain focused on the challenges of our future. We have an important dual responsibility; to remain ready for today, while transforming our capabilities to meet the challenges of tomorrow.

We find profoundly gratifying, our life-long pride of association with fellow Marines - active, reserve, veteran, and civilian - and the knowledge that we contribute daily to securing our Nation's freedom.

I encourage all Marines to celebrate the camaraderie, enrichment, and fulfillment of service with men and women subordinated to a greater cause: preparing for an exciting future and extending the legacy of our great Corps.

Happy Birthday, Marines!  
Semper Fidelis,

*James L. Jones*

JAMES L. JONES  
General, U.S. Marine Corps

## MC Ball to be held Wed.

By Cpl. Joshua Barnhardt  
BARSTOW LOG staff

MCLB Barstow's Marine Corps Ball will be held at Primm Valley Resort Wednesday. Cocktail hour starts at 6 p.m., the ceremony will begin at 7 p.m. and dinner will be served at 8 p.m.

The guest speaker for the ball will be Dick Cesaroni, a former Marine who worked for the Los Angeles County Sheriff's Department for nearly 34 years. He is now the president of the Los Angeles Chapter of the 1st Marine Division Association.

Putting on the Marine Corps Ball takes quite a bit of effort from the members of the Marine Corps Ball Committee. Each committee member helps plan year-round to make it a successful event, said Sgt. Alma Frago, Marine Corps Ball Committee president.

They are in charge of setting up all the activities to raise money for the ball and are involved in every minute detail of the ball itself. From the ballroom, to the fork on the table, the Marine Corps Ball Committee has to know where everything will go and when it will happen.

This year, the committee raised over \$18,000 to provide Marines and civilian Marines tickets at a lower cost and to offset the cost of the location of the event and the meal.

"I have put in quite a bit of time this past year for the ball," said Frago. "It was worth it though. I really want to show everybody a good time."

Their biggest gratification is when the ball is over, and it turned out to be a success.

"Our goal is to make sure the ball goes off without a hitch," said Cpl. Efrén Rangel, Marine Corps Ball Committee secretary. "It looks like we are in good shape."

# THE COMMANDER'S FORUM

The "Commander's Forum" is a tool of the base commander to hear and address the concerns of base residents, employees and others. To contact the Commander's Forum, call the hotline at 577-6535 or send your concerns via e-mail to [Forumc@barstow.usmc.mil](mailto:Forumc@barstow.usmc.mil).

**Q** Why is it command policy for female Marines to wear either their dress blues or service alphas to the Marine Corps Ball when they are going with a male Marine?

I am proud of earning the title of Marine, and I am honored to wear the uniform, but the Marine Corps Ball is one time a year that I could have the chance to look like a lady and dress up for my husband, who is a Marine.

Since I do not rate to wear a mess dress uniform, I end up looking almost exactly like the male Marines at the ball.

If the command policy to wear my uniform during the ceremony is not flexible, then could the rules be relaxed so that female Marines could change into a dress after the ceremony and come back to the ball if they wanted to?

I would like to take pictures in a dress with my husband because I get

to keep those forever and I want them to look nice. Thank you.

**A** First let me address the issue of being an "Anonymous Marine."

The office of the Base Sergeant Major is always open for Marine business. You will never be turned away or ignored and you should never be concerned about asking a question.

The Marine Corps Birthday Ball

is a formal occasion celebrating the heritage of our Corps and the service of all past and present Marines. As with all formal occasions, the attire for the evening is prescribed on the invitation.

Your invitation states Service Dress Blue. However, you are allowed to attend in your Service Alpha uniform.

It is your option to wear the best uniform you can afford for your rank as a Marine.

You are a Marine first, whether you are married to a Marine or not, and your uniform will be according to the occasion as prescribed.

If both Marines, husband and wife, are from this command the uniform for your birthday ball will be your best Marine uniform.

Officers and staff noncommissioned officers also have that option to wear their evening dress uniform. There will be no exception for any Marine to change over to gowns and/or other formal attire after the ceremony.

Your attendance at your Marine Corps birthday ball in your uniform distinguishes you as someone very special.

This night, and on this occasion, your service as part of a heritage that spans 227 years is being celebrated.

You state you are proud of your title of Marine and the uniform you wear, then I know you will have a wonderful evening with your fellow Marines celebrating your title and your service. Happy birthday Marine!

## Integrity a Marine's virtue

By Lt. Cmdr. Randel Livingood  
Base Chaplain



Next week we will celebrate the 227<sup>th</sup> birthday of the United States Marine Corps. It is a special time for many people, all of whom have either served in a Marine uniform or been affected by someone in a Marine uniform. As I prepare for my own role in the upcoming celebrations, I like to cast my thoughts back to the times I have served with Marines and the many encounters I have had with them over the years.

During my ruminations I began to ponder what it was about Marines that made them so special. Was it the uniforms or haircuts that they wear? No, I don't think so because anyone can cut their hair or buy a uniform so that cannot be what makes a Marine special.

Was it the courtesy that Marines display? No, I don't think it is their courtesy that sets them apart; although my wife, Nancy, says that you will never meet a more courteous person than a United States Marine.

The quality that I had been looking to iden-

tify was the rock solid integrity, that is the mark of distinction of each Marine.

Integrity is the ability to do the right thing when no one is around to make certain you do it. It is the ability to do the right thing when it is difficult, when it costs you something personally. It is also something that only you can give yourself and only you can give it away. The reason Marines have such strong resolve to maintain their integrity is because they realize how important it is to themselves and others.

I am reminded of the way the ancient Spartans felt as they went into battle, each knowing that no matter what happened they would stand shield by shield, shoulder to shoulder in order to overcome their enemies.

They, just like United States Marines, displayed indissoluble integrity. Marines reflect something special, something significant and something spiritual with their attitude toward integrity and I sometimes wonder how many have tapped into the spiritual side of their lives and followed the Psalmist's words in Psalm 41:11-12: *"By this I know you are pleased with me, that my enemy does not triumph over me. In my 'integrity' you hold me fast and shall set me before your face forever."*

Blessings,  
Fr Randel Livingood

## Just doing my job ...



Photo by Rob Jackson

Maj. Clarence Guthrie III, commanding officer, Headquarters Battalion, MCLB Barstow gives the presentation of Park University graduates to family and friends during ceremonies held Oct. 26 at the Oasis Club.

### Chapel Services

Protestant Sun. 8:30 a.m.  
Mass Sun. 10:30 a.m.

**Confession services before Mass**

### Catholic Rosary

First Saturday of every month.  
3 p.m. at the Base Chapel.

For more info call 577-6849.

### Nebo Bible Study

Wednesday Noon-1:30 p.m.

At the Chapel Office.

For more info call 577-6849.



Marine Corps Logistics Base Barstow, California  
Colonel Ingrid E. Bergman, Commanding Officer



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# NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Fridays for the next week's issue. Submit news briefs via e-mail to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

## Federal Health and Safety Fair

A Federal Employees and Retirees Health and Safety Fair will be held at the base gym, Building 44, Nov. 13 from 2 to 7 p.m.

The health fair provides federal employees and retirees, base residents and their family members, the opportunity to get a preventive check-up. Scheduled health screenings include skin cancer screenings.

The fair is being held in conjunction with the Health Benefits Open Season, which goes from Nov. 11 through Dec. 9.

During the open season eligible individuals who are not currently registered with a health plan may enroll. Eligible members already enrolled can change from one plan to another.

All federal employees and retirees – including the U. S. Postal Service, Bureau of Land Management, Federal Bureau of Investigation and Department of Social Security Administration – and their family members are encouraged to take advantage of the fair.

Health organizations scheduled to attend include: Blue Cross (HMO), Blue Shield of California Access Plus (HMO), and Blue Cross/Blue Shield Service Benefit Plan (PPO).

Other attendees included are: California Highway Patrol, National Association of Retired Federal Employees, American Red Cross, American Cancer Society, MCLB Branch Medical Clinic, MCLB Fire and Emergency Services Division and the Veterans Home of Barstow.

For more information contact Jennifer Wales, Health Promotions Coordinator, at 577-6817.

## Leave Transfer

Charisma Turner, Badge, Maintenance Center, and Bernadette Andrews have been affected by a medical emergency. Anyone desiring to donate leave under the leave-sharing program may obtain a leave donor application through his or her

division or center administrative officer.

For more information contact Pat Snyder at 577-7284.

## Motorcycle training course

All base employees and family members who ride motorcycles aboard MCLB Barstow, are required by base regulation to attend a motorcycle safety course by Dec. 1. This applies to all riders no matter how much experience they may have. If riders do not have this course by Dec. 1, they will not be allowed access aboard the base with their motorcycle. The next Motorcycle Safety Course will be held in the classroom of Building 236 on Friday, from 7 a.m. to 3 p.m.

Riders will need to bring the following with them:

A current motorcycle license or permit, a motorcycle, a reflective vest, full fingered gloves, a helmet, long sleeves, long pants and over the ankle boots.

This is the last chance to get this course completed this year.

For more information, call Steve Waugh at 577-6448.

## Branch Clinic administering Flu vaccine

Flu season is here. The clinic has received a limited amount of vaccine and began giving flu shots Tuesday. Per current directives, priority for immunization will be given to active duty members and the following groups of people who are at risk of developing serious complications from the flu:

- Retirees over 65 years of age;
- Adults and children over six months of age who have chronic heart or lung conditions, including asthma;
- Adults and children over six months of age who need regular medical care or had to be in a hospital because of metabolic diseases (like diabetes), chronic kidney disease, or weakened immune system (including immune system problems caused by medicine or by infection with human

immunodeficiency virus);

- Children and teenagers (aged 6 months to 18 years) who are on long-term aspirin therapy and therefore could develop Reye Syndrome after the flu; and

- Women who will be more than 3 months pregnant during the flu season.

Remaining flu shots will be given to dependents on a first-come, first-serve basis in December. If you have any questions, please contact the clinic at 577-6491.

## Native American Luncheon

Native American Heritage Month is observed during the month of November and this year's theme is "Honoring Life, Honoring Elders, Honoring Heritage." In recognition of this observance, the Native American Indian Program Committee is hosting a luncheon on Nov. 19, from 11 a.m. to 12:30 p.m. at the Oasis Club. The featured for this event is Teddy Draper, Navajo Code Talker, former Marine and MCLB employee.

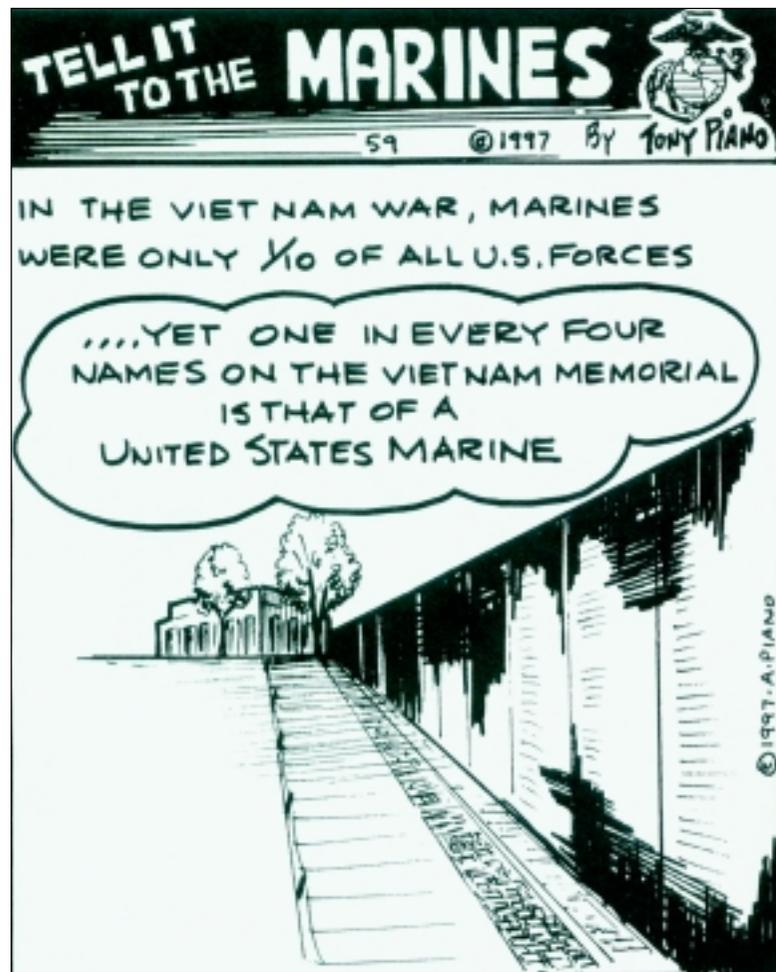
Ticket cost is \$6.50 and must be purchased by Nov 13. For more information contact Marva Johnson, Special Emphasis Program Manager, at 577-6965.

## CFC campaign underway

The annual Combined Federal Campaign kicked off Oct. 21 and will run through the end of November. This year's CFC coordinator, 1st Lt. Michael Smith, MCLB Finance Office, is looking toward a successful outing.

For this year's campaign, as in the past, the goal is make 100 percent contact with all MCLB Barstow civilian and military personnel. The following are the key personnel for the different cost work centers to contact for making a donation to any of the many organizations:

- Communications Division Ruby Adams 577-6751
- Maintenance Center Cindy Malloy 577-7146



- Base Safety Gunnery Sgt. Craig Stanley 577-6003
- JSA/OGC Barbara Kulseth 577-6771
- Commissary Robin Leeks-Ellis 577-6403
- 4th Platoon Staff Sgt. James Daly 577-6062
- Fleet Support Division 1st Lt. Jason Kut 577-7611
- HRO Meredith Taylor 577-6478
- MCCS Margie Bunt 577-6896
- Building 15 Bertie Dailey 577-6350

## Tobacco cessation class

On Nov. 4, the Branch Medical Clinic, Personal Services Division, and Semper Fit will be offering a free tobacco cessation class.

Come by to learn more about the effects of using tobacco and how to stop using it. There will be one class from 11:30 a.m. to 12:30 p.m. and another from 4:30 p.m. to 5:30 p.m. Both classes will be held at the Base Gym, Building 44. Please contact Jennifer Wales, Semper Fit Health Promotions at 577-6817 or email to [walesjm@barstow.usmc.mil](mailto:walesjm@barstow.usmc.mil).

## CWRA Turkey Drawing

The Civilian Welfare and Recreation Committee will hold its annual Thanksgiving Drawing for four \$15 gift certificates to Stater Brothers, drawn each Thursday starting today.

To participate, fill out a drawing slip and put it in a turkey can. To find turkey cans, or for more information,

call Dan Keirn at 577-6614.

## 4th Annual Fun Run

The Barstow Boys and Girls Club 4th Annual Tortoise and Hare Fun Run/Walk will be held Saturday. This Fun Run/Walk benefits the Barstow Boys and Girls Club and offers 5K, 10K and 15K routes through Barstow.

Early bird entry fee is \$20. Call the Boys and Girls Club at 255-2422 for an entry form or more information.

## Marine Corps Birthday cake cutting ceremonies

In honor of the Marine Corps birthday, there will be three different cake cutting ceremonies Tuesday.

Maintenance Center Barstow will have its ceremony in front of Building 573 at 8 a.m.

Headquarters Battalion, MCLB will have a ceremony at Sorensen Field at 10 a.m., which will feature a parade of past Marine Corps uniforms, worn by MCLB Marines.

The Veterans Home of California - Barstow will have a cake cutting ceremony at 2 p.m. in the Veterans Home cafeteria.

All Marines, civilian Marines, retirees, and family members are invited to attend any of these ceremonies.

For more information, call the Public Affairs Office at 577-6430.

## Job Watch

Annc No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
0085-CODE-530-AW	Security Guard GS-0085-03(Term NTE 366 Days)	10-18-02	11-01-02	N/A	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their résumé to:

**Human Resources Service Center, Southwest**  
ATTN: Code 522 (announcement number)  
525 B Street, Suite 600  
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service Center, Building 326, Mondays through Fridays from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donbr.navy.mil>.

This is not an official list. Please see the Web sites listed for a complete list.

# USMC fatalities and injuries from Sept.

ALMAR 053/02  
Marine Corps News Release

During the month of September 2002, six Marines died in on-duty and off-duty mishaps. One Marine died in an apparent suicide, and 10 Marines and one sailor suffered significant injuries. The following is a summary of our casualties for the month of September 2002.

**Fatalities:**

One Marine died in an on-duty mishap this month. A second lieutenant assigned to MATSG-21 died after his aircraft crashed during a solo training flight in a civilian aircraft.

Five Marines died in off-duty mishaps this month. A sergeant and a lance corporal died in separate motor vehicle accidents. A sergeant from Weapons Training Battalion, MCRD, San Diego perished with his wife and two children after reportedly losing control of his vehicle while traveling at a high rate of speed. A lance corporal from H&HS Co., Marine Barracks, Washington, D.C. was a passenger in a vehicle, when the driver lost control and struck a guardrail, causing the death of

the lance corporal.

Two corporals died in motorcycle mishaps. One corporal from MALS-11, an inexperienced rider who had already crashed once, lost control a second time fatally hitting a guardrail. The other corporal, from BLT 2/6, suffered fatal injuries after crashing his motorcycle while on annual leave.

A private first class from NAMTRA MARUNIT, MCAS Cherry Point died when he fell from a zip line at a water park.

**Suicides:**

One Marine died in an apparent suicide this month. A corporal from 3rd Bn., 10th Marines died from a self-inflicted gunshot wound to the head.

**Injuries:**

Three Marines and one sailor sustained serious on-duty injuries in September. A corporal from 4th Recon suffered multiple spinal fractures after executing an improper parachute landing from a C-130. A sergeant from 25th MEU (FWD) severely injured his left hand after a flash bang exploded in his hand during a room clearing exer-

See **SAFETY** Page 8



Photo by Cpl. Cory Kelly

Bethany Charles, a Key Volunteer, explains to Junko Kut and her husband, 1st Lt. Jason Kut, Fleet Support Division's Operations Officer, some of the different opportunities available to family members stationed aboard MCLB Barstow at the Spouses Info Night. Junko Kut was one of many military wives who attended the Spouses Info Night at the Oasis Club Oct. 23.

# DeCA Scholarships for Military Children program

By **Bonnie Powell**  
Defense Commissary Agency

FORT LEE, Va. – The 2003 Scholarships for Military Children program opens for business Nov. 1 and the burning question is “how has being the child of a military service member influenced your educational goals?” That’s the essay topic for 2003 and if the two previous years are any indication, it’s a question applicants should consider carefully when applying for the \$1,500 scholarships.

“According to program administrators, the essay has been a key factor in deciding recipients,” says Edna Hoogewind, program liaison for the Defense Commissary Agency. “Although the minimum grade point average to apply for these scholarships is 3.0, the average recipient has a 3.8 or better. The grades of the applicants are so high that factors such as community involvement, activities and the essay become extremely important.”

The nonprofit Fisher House Foundation, best known for building family comfort homes near military medical facilities, administers the Scholarships for Military Children program.

“We’re certainly pleased to administer this program as it serves the military community exclusively and is rapidly becoming one of the premiere scholar-

ship programs worldwide,” says Jim Weiskopf of Fisher House Foundation. “We utilize the services of Scholarship Managers, a professional firm that has handled more than 400 programs. They do everything relating to the process of deciding who is awarded a scholarship and it’s a very painstaking process when you have more than 5,000 applicants.”

The Scholarships for Military Children program has awarded 920 scholarships and nearly \$1.5 million in its first two years. All funds for scholarships are donated by the various manufacturers, brokers and suppliers that provide products for sale in military commissaries, which are recognized as a valuable quality of life benefit and an integral part of the military community. “Most of the scholarship recipients also participate in formal recognition ceremonies, which take place each spring and summer at local commissaries,” says Hoogewind.

Applications for the 2003 program can be downloaded from <http://www.commissaries.com> or <http://www.fisherhouse.org> starting Nov. 1. They can also be picked up at any commissary. The deadline for returning applications by hand or mail to a commissary is Feb. 21, 2003. “That’s in the store, not post-marked,” reminds Hoogewind.

“There are very few changes from last year,” says Hoogewind. “The essay topic

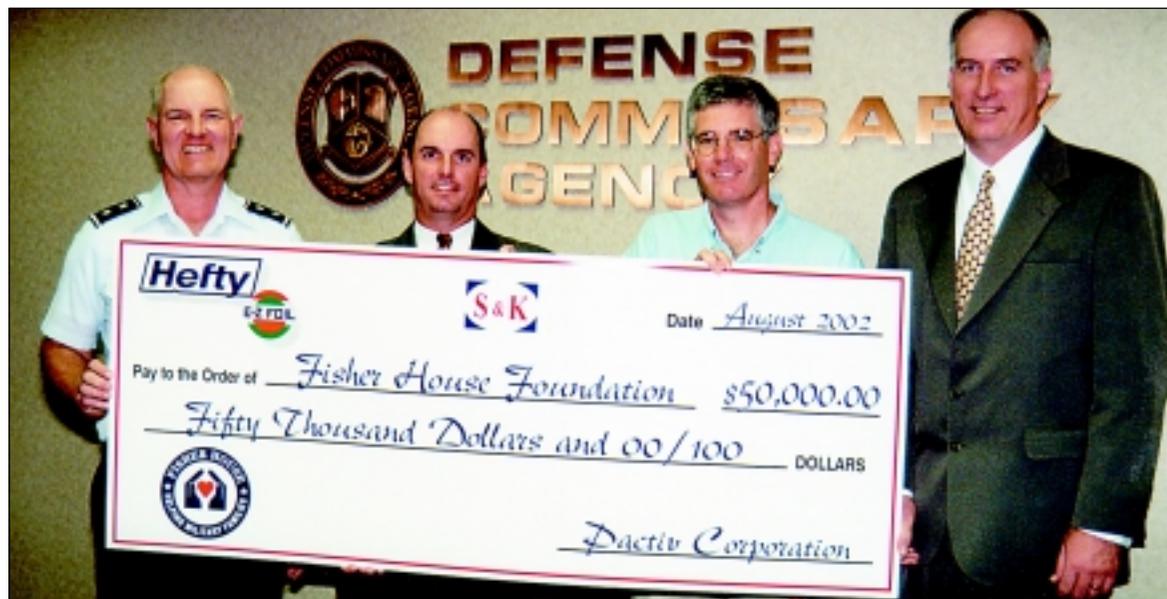
is new and we have a two-page instruction sheet to make things easier for the applicants. The application can also be filled out on a computer, then printed and mailed or delivered to the nearest commissary. It should be an improvement over handwritten applications for both the student and Scholarship Managers.”

The scholarship program is open to

dependent unmarried children (under the age of 23) of active duty personnel, Reserve, Guard and retired military. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System (DEERS) database. Applicants should ensure that they, as well as their sponsor, are currently enrolled in the DEERS database and that they have a current ID card. All applicants must be

citizens of the United States. The applicant must be planning to attend, or already attending, an accredited college or university full-time in the fall term of 2003.

Students attending a community or junior college must be enrolled in a program of studies designed to transfer directly into a four-year program. See instruction sheets for additional criteria.



Official DOD Photo by Herb Greene

DeCA director, Air Force Maj. Gen. Michael P. Wiedemer (left) looks on as David Coker, executive director of Fisher House Foundation (right), accepts a ceremonial donation of \$50,000 from Mike Hatfield and Peter Murphy of S & K Sales to kick off the 2003 Scholarships for Military Children program.



Cpl. Efren Rangel tries to keep his balance while crossing a log about 50 feet off the ground.

Lance Cpl. Jeremiah Russo tries to move from the tree to the next piece of apparatus during the last obstacle of the Big Bear Challenge.



Lance Cpls. Diane Jones and Marco Catano hold each other up as they walk across two wires that require trust one another and use each other's force to hold themselves up.

## MCLB Marines compete in B

Story and photos by Cpl. Joshua Barnhardt  
BARSTOW LOG staff

Enduring freezing temperatures early in the morning and physical and mental fatigue from having to complete strenuous events, the Marines of MCLB Barstow tore through the Pine Summit Camp at Big Bear Friday.

1st Lt. Casey Taylor, Staff Sgt. Christian Galbraith, Lance Cpl. Matthew Kogut, and Pfc. Curtis White made up the

winning team by gaining the most combined points for the challenge.

Teams received points for completing each event, but lost docked points if they did not follow the rules, or did not complete the event properly.

The first event consisted of each team member passing themselves across a rope strung across a swimming pool. If one team member fell in the water, the team lost points.

Then teams moved on to a combination of events.

Teams had to do a stretcher run, low crawl through a tunnel to avoid fire from snipers armed with paintball guns, and perform a fireman's carry for about 50 feet.

The teams then went through events that required more skill. They had to cross the Bosun's chairs, which are planks of wood tied to ropes that swing when the Marines tried to step from one to the other.

Then they moved onto an event where they had to hold each other's hands and walk down cables that were suspended about 50 feet in the air.

Each team member had to lean on the other to support themselves and hold them up until they reached the end. After that loomed the spider web.

Teams had to figure out how to get through a configuration of ropes without touching the ropes.

Then came the confidence course portion of the challenge. One member of each team had to climb a rock-climbing wall, then rappel down.

Next, the teams moved to the log walk. Each team member had to walk across a log suspended about 50 feet in the air. If any member of the team chickened out, the team lost all the points for the event, plus five points off their existing total.

After a short run, teams came to the last event, which consisted of a climb through a tube of ropes, crossing a rope walk, crawling round a tree and walk-



Cpl. Brandin Mosely struggles to shimmy across a rope suspended above a swimming pool. Mosely avoided getting wet in the 40 degree weather.



...ep splitting apart. The object of the ostacle is to get the two Marines to

# Big Bear Challenge

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rough mud,  
intball guns,  
at 60 yards.

ing through rope loops, then falling into a suspended cargo net.  
“I thought the event was motivating and a great change of pace from the things we do normally,” said Lance Cpl. Peter Vegliante, supply clerk for Fleet Support Division.  
“Congratulations to 1st Lt. Taylor, Staff Sgt. Galbraith, Lance Cpl. Kogut, and Pfc. White for winning the 2002 Big Bear Challenge on Friday,” said Maj. Clarence Guthrie, battalion commanding officer. “If I hadn’t touched the water, fallen off the Bosun’s Chairs, touched the rope, gotten shot in the butt, and fallen off the log, (my team) would have had a chance.”



**(Above)** Pfc. Curtis White hangs on near the top of a rock climbing wall, preparing to get to the top. White and his teammates, 1st Lt. Casey Taylor, Staff Sgt. Christian Gabraith, and Lance Cpl. Matthew Kogut won the Big Bear Challenge.

**(Left)** Sgt. David Bargas crawls through the mud during the low-crawl portion of the Big Bear Challenge.





By Jim Gaines  
MCCS Publicity

**Three MCX sales in November**

The Veterans Day Sale begins Nov. 1 with big discounts on VCRs, Asics shoes, grills and men's and women's shorts.

The November sale runs all month long with discounts on comforters, wallets, handbags, Kodak Advantix cameras, scooters and Tommy Hilfiger shoes.

The Thanksgiving Sale begins Nov. 18 with discounts on TVs, Goldstar refrigerators, Waterford Crystal and red tagged clothing.

The Super Seven Store is open Mondays through Fridays from 6:30 a.m. to 9 p.m., Saturdays and Sundays from 10 a.m. to 6 p.m. Call the Super Seven Store at 256-8974 for more information.

Call the Railhead Exchange at Yermo at 577-7092 for information

and hours of operation.

**Lunch menu**

Unless otherwise indicated the lunch menu for the Family Restaurant and the Cactus Cafe are the same.

*Today* – French dip.

*Friday* – Breaded Hoki fish.

*Monday* – Salisbury steak.

*Tuesday* – Chicken stir fry.

*Wednesday* – Beef pot roast.

*Thursday* – Pork taco bowl salad.

Call in your Cactus Cafe lunch order to the Family Restaurant at 577-6428 or 577-6429 no later than 9:30 a.m. Prices: \$3 military, \$4.50 civilian. Includes roll/butter, vegetable and drink of choice.

**Family Night Dining**

*Wednesday* – Fried chicken, mashed potatoes and gravy, steamed vegetable, rolls, tossed green salad and dessert. Prices: \$5.50 adults, \$3.50 children 5 - 11 years. Children under 5 years are free.

OASIS CLUB SCHEDULE FOR NOVEMBER				
Monday	Tuesday	Wednesday	Thursday	Friday
<i>OASIS CLUB IS CLOSED SATURDAY SUNDAY &amp; MONDAY</i>	<b>BURN YOUR OWN STEAK OR BUY OURS! 1ST &amp; 3RD TUESDAYS</b>	<i>CALL ANYTIME FOR INFORMATION &amp; UPDATES 577-6432</i>		<b>1 FIRST FRIDAY BBQ/Chuck Wagon Food</b>
<b>4 CLOSED *ALL RANKS MONDAY NITE FOOTBALL at ENLISTED CLUB</b> Doors open 5:30 pm	<b>5 BURN YOUR OWN STEAK and enjoy HAPPY HOUR 3:30 pm - 6 pm ADVISORY BRD MEETING 3:30 pm</b>	<b>6 CLOSED for the Marine Corps Ball</b>	<b>7 CLOSED for the Marine Corps Ball</b>	<b>8 TGIFAMILYNITE Snacks &amp; Drinks Bring the Family</b>
<b>11 CLOSED for the Veterans Day holiday</b>	<b>12 Darts, Pool &amp; PS2 Games</b>	<b>13 FREE PIZZA and a MOVIE NITE</b>	<b>14 HAPPY HOUR 3:30 pm - 6 pm</b>	<b>15 TGIFAMILYNITE Snacks &amp; Drinks Bring the Family</b>
<b>18 CLOSED *ALL RANKS MONDAY NITE FOOTBALL at ENLISTED CLUB</b> Doors open 5:30 pm	<b>19 BURN YOUR OWN STEAK and enjoy HAPPY HOUR 3:30 pm - 6 pm</b>	<b>20 FREE PIZZA and a MOVIE NITE</b>	<b>21 CLOSED *BOSSES NITE at ENLISTED CLUB DOOR PRIZES! 4 pm - 8 pm</b>	<b>22 TGIFAMILYNITE Snacks &amp; Drinks Bring the Family</b>
<b>25 CLOSED *ALL RANKS MONDAY NITE FOOTBALL at ENLISTED CLUB</b> Doors open 5:30 pm	<b>26 Darts, Pool &amp; PS2 Games</b>	<b>27 FREE PIZZA and a MOVIE NITE</b>	<b>28 CLOSED for the Thanksgiving holiday</b>	<b>29 CLOSED for the Thanksgiving holiday</b>

**SAFETY from Page 4**

cise. A captain from MARFOR Unitas received fractures to both hands when the hatch to his AAV

closed while the vehicle was in motion. A hospital corpsman from 3<sup>rd</sup> Bn. 6<sup>th</sup> Marines injured his right eye when a simulation round fragment passed through his field protective mask and

struck him in the eye.

Seven Marines were seriously injured in off-duty mishaps. Three corporals, a private first class, and a private were all injured in separate motor

vehicle accidents. One corporal from 8th Comm. severed his right hand, and seriously injured the left when they became caught between the car and the guardrail during an accident. Another

corporal, also from 8th Comm., suffered a broken right arm and femur, and lacerations to her head and

See **SAFETY** Page 9

# READY, FRONT

Headquarters Battalion, Marine Corps Logistics Base Barstow

## MCMAP hits Barstow *TFT campaign to start Nov. 4*

By Cpl. Cory Kelly  
Editor

The first procession of MCLB Barstow Marines to begin their Marine Corps Martial Arts Program training here earned their tan belts Oct. 23.

The MCMAP training, which takes the place of the Marine Corps Line Training Program, was taught during four consecutive half-day training sessions here at the Base Gym and Sorensen Field.

Staff Sgt. John C. Green, chief instructor, and his lead instructor, Sgt. Tony L Slater, led the 11 Marines who entered Barstow's first classes through roughly 26-hours of material and graduated all but one Marine.

"Not everyone who takes these classes is going to walk away with their belts," Slater explained on day one.

Green said the Marine Corps Martial Arts Instructors' Course at the School of Infantry in Camp Pendleton he attended had an attrition rate of almost 38 percent.

"We started with 44 and we graduated 27," Green said. "You only get out of it what you put into it."

Green explained that although the numbers sound intimidating, most of the drops were from injuries. By itself the drop ratio makes the MCMAP training all the more frightening to some because people start to think they're going to get hurt, which is not so according to Green.

"The instructor/trainer course is far more intensive training than the classes we are doing here," Green said comparing three-week instructors' course to the tan belt classes held here.

"We tried to mimic a little of what [Slater and I] got at the instructor's courses, in that we wanted to make the

course a challenge." Green explained to the students right after running the students through their last "combat conditioning drill." "I can show you all the moves on the syllabus and then test you on them, but what have you really learned? You're not going to learn anything unless you put something into it."

The combat conditioning drills, during which the students run through a series of obstacles geared toward developing muscle memory of the skills learned, offered the class a chance to develop as a whole.

The first Marines classed up here served as guinea pigs for the instructors and offered criticism into how the course should be shaped for following classes.

Lance Cpl. Matthew T. Kogut, a drafter and surveyor who already received his tan belt during boot camp, had previous experiences to help with his critique. "It was more intensive than at boot camp," he said. "You got a chance to learn more than just what was in the syllabus. I liked it a lot more."

Among the pending alterations is an extension to the classes' overall time. "We crammed a lot of stuff into four half-days," Slater said.

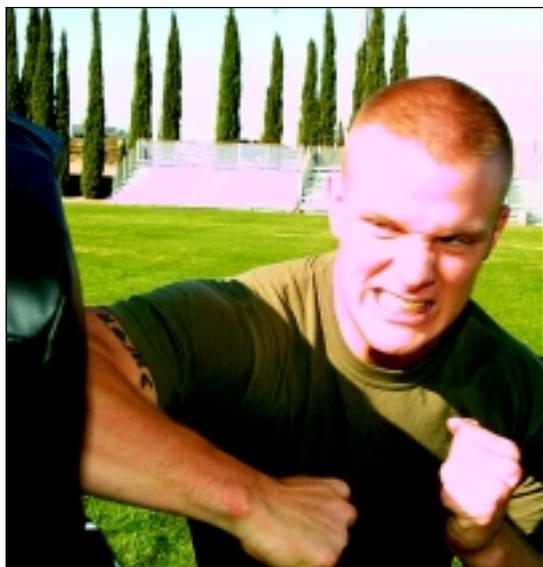
He explained that they are going to extend training time to a total of five half-day sessions.

The next MCMAP tan belt classes here are tentatively scheduled to begin 18 Nov. and 9 Dec.

### Editor's Note:

*Marines who have not received their tan belts through MCMAP should contact the Headquarters Battalion S-3 Training section at 577-6801/6459.*

Lance Cpl. Matthew Kogut, drafter and surveyor, performs an elbow strike on a pad during Marine Corps Martial Arts Program training. The training was conducted from Oct. 21 to 24.



Compiled by  
BARSTOW LOG Staff

The 2002 Barstow Community Toys for Tots campaign is scheduled to kick off Monday and MCLB Barstow military and civilian personnel are joining forces again to support the local effort.

As in previous years the goal of the on-base campaign is to give everyone the opportunity to donate unwrapped new toys to underprivileged children who might not otherwise have anything to wake up to on Christmas morning.

"Last year donations were down from previous years; we only collected about 1,100 toys," said Steven Mulcare, MCLB Barstow assistant fire chief. "This year we're hoping to do a lot better."

Locally, Toys for Tots is sponsored by the Barstow community and coordinated on base by the MCLB Fire and Emergency Services Division.

People may donate toys on base by dropping them in donation boxes at the following locations: Nebo and Yermo Fire Departments, Maintenance Center lobby, Housing Office, Family Restaurant, Base Gym, Warehouses 3, 5, 7, 401 and 406, Buildings 15, 17, 129, 170, 198, 236, 302, 322, 614 and the Golf Course.

The last pick up for toys will be Dec 6, according to Mulcare, however, the collection will continue until Dec. 20.

All donated toys, which will stay in the High Desert, will be presented on behalf of the base at the 23rd Annual Toys for Tots Telethon at the Elks Lodge Dec. 7. The telethon will air on Time Warner Cable Channel 6 and will feature live music, local personalities and an auction.

"Our crew will be there to help move toys and man the phones," said Mulcare.

Even though community volunteers

rather than the Marine Corps Reserve administer Barstow's Toys for Tots program, MCLB Barstow has been a major contributor to the success of this annual holiday charitable cause.

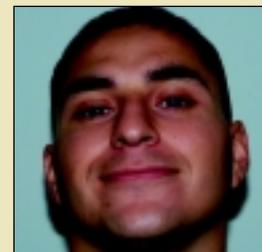
Last year Marines and volunteers collected and distributed more than 13.2

million toys to 6.1 million needy children in all 50 states, the District of Columbia and Puerto Rico.

For more information or to find out how to become more involved in the program, call the Nebo Fire Department at 577-6732/6866/6855.

## GUNNY'S PICKS

Week 5



Congratulations to Cpl. Efrén Rangel, computer specialist with Communications Division, this week's winner of the Gunny's Picks. Rangel, a Cowboys fan, went 9-5 this week to include the Monday Night game between the Eagles and Giants, beating out two others tied for the lead going into the match-up by one point. The "Swami" didn't do too bad either and still batting a thousand on the upset specials.

This week the "Swami" takes the Rams over the Cardinals. Here's a look at the rest of next week's match ups.

To submit your choices for Gunny's Picks, fill out this section of the newspaper and drop it off at the Public Affairs Office in the Red Wing of Building 15, or e-mail who you think will win each game to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

Baltimore at Atlanta\*  
Cincinnati at Houston\*  
Dallas at Detroit\*  
Minnesota at Tampa Bay\*  
New England at Buffalo\*  
\*Philadelphia at Chicago  
Jacksonville at NY Giants\*

\*Pittsburgh at Cleveland  
Tennessee at Indianapolis\*  
NY Jets at San Diego\*  
\*San Francisco at Oakland  
\*St. Louis at Arizona  
\*Washington at Seattle

### Monday Night

Miami at Green Bay\*  
Total points: \_\_\_\_\_

Name, work section and phone number: \_\_\_\_\_  
Monday night's game is a tie-breaker and must include a total score.

## SAFETY from Page 8

face, when the vehicle she was riding in spun out of control and hit a tree. The driver of that vehicle, a corporal from 22nd MEU, also suffered lacerations to his hand. A private first class from 2d Maint. Bn. was critically injured when another car ran a stop sign and struck his car. A private from Navy Supply School was injured as a passenger when the driver lost control, slid off the road, and hit a tree on the passenger's side. A sergeant from VMU-2 was seriously injured in a motorcycle mishap after hitting a ditch and being thrown from the bike. A private

from H&S Bn., 2d FSSG accidentally shot himself while cleaning a gun at his residence.

### Aviation:

A first lieutenant from VT-9 suffered injuries to his face when the canopy of his aircraft jettisoned in flight. The aircraft landed safely.

### Challenge:

Last fiscal year, a total of 70 Marines died in aviation, on-duty ground and off-duty mishaps. This fiscal year, 111 Marines have died in aviation, on-duty ground and off-duty mishaps.

Fiscal year 2002 has proven to be one of our toughest for off-duty safety. We can, and must do better in the coming year. Reducing the number of 'pre-

ventable' motor vehicle fatalities begins with something as simple as wearing your seatbelt, and ensuring all vehicle occupants do the same. The same effort that was put forth in reducing our on-duty ground mishaps by 35 percent from FY-01 to FY-02 can be applied to off-duty mishap prevention for FY-03.

Leadership must start at the lowest levels, where the rubber meets the road, and work its way up. NCOS, SNCOS and everyone up the chain must become vocal advocates of safety, day in and day out. When you become an advocate, you show your Marines how much you truly value their lives.

1981 DATSUN PICKUP: Extended cab, 5 speed, A/C, new tires, runs good, smogged and regs exp 6/03, camper shell included, \$1,100. Call 252-0988.

1985 FORD PICKUP: Automatic, A/C, PW, dual gas tanks, camper shell, trailer brakes, has been smogged and new tags, \$2,800 OBO. Call 252-2018.

1986 FORD MUSTGANG: 3.8 Liter, t-top, hatch back, 120K, runs xlt., A/C, C/C, power \$1,500, OBO. Call 255-2115 Jim.

1994 T-BIRD: 73K miles, xlt cond; 97 Dodge 1500 Ram Club Cab, SLT Laramie, must sell both. Call 253-0067.

1994 WRANGLER: 2.5L, 6" lift, 33" M/T's, revolver shackles, Detroit locker, flowmaster exhaust, new soft top, front sliders, plus most factory parts, \$7,500. OBO. Call 256-9551 or (909) 584-1422.

1997 ISUZU RODEO L5: 405, one owner fully loaded automatic, V-6, new tires, 12 disc CD change and cassette, chrome rims. Asking \$8,400. Call 256-1364.

1997 YAMAHA 350 Banshee, new rear tires, FMF pipes and silencers, pro flow intake, K & N air filter, good shape, \$4,500, OBO. Call 252-5365 Ron AWH.

MISCELLANEOUS: Why pay \$30,000 for a new SUV when you can have a really nice 4x4 for your family for only \$6,800, loaded with lots of extras, low mileage, lots of fun for family off-roading or traveling the highway. Call 252-2908 for more details lv. Msg.

MISCELLANEOUS: Boy's bike, dark blue, front shocks, nice, \$40. Call 256-2434.

MISCELLANEOUS: 1969 Aristocrate 15-foot travel trailer, needs minor work, tags current, \$900, OBO, or trade for vehicle. Call 252-2815.

MISCELLANEOUS: Fender guitar "telly" USA made in 80'S, sun burst, \$700, OBO. Call 843-8335.

MISCELLANEOUS: Story and Clark console piano with bench, needs tuning, \$400. Call 242-4553.

MISCELLANEOUS: Hand made heart shaped box's made from exotic woods, felt lined. Call 255-2115.

MISCELLANEOUS: Sears Kenmore washer and dryer, both in good working condition, \$125. Call 252-7198.

MISCELLANEOUS: Ez-up dome tent 8x12 nearly new \$100; Porta Potty 235 series 2.6 gas waste/freshwater xlt.. for camping, fishing or boats, \$50; LT215 85-R16 \$20, p185-70-r14, \$15, P175-70-r13, \$10 xlt. cond. Call 256-6629.

WANTED: Girl's 16-inch bicycle. Call 253-2394 AWH.

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**Aerotech News and Review**

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