

BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 6, No. 52

Marine Corps Logistics Base Barstow, California

November 7, 2002

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Check out the Marine Corps Web site.

<http://www.usmc.mil>

BARSTOW LOG
SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

<https://www.barstow.usmc.mil>

Health and safety fair

Fair to spread ideas at Base Gym Wednesday

By Rob L. Jackson
BARSTOW LOG Staff

A Federal Employees and Retirees Health and Safety Fair will be held at the Base Gym, Building 44, Wednesday from 2 to 7 p.m.

The health fair provides federal employees and retirees, base residents and their family members, the opportunity to get a preventive check-up.

Scheduled health screenings include: body fat testing, glucose and blood pressure checks, and skin cancer screening.

The fair is being held in conjunction with the Health Benefits Open Season, which starts Monday and continues through Dec. 9.

During the open season eligible individuals who are not currently registered with a health plan may enroll.

Eligible members already enrolled can change from one plan to another.

All federal employee and retirees – including the U. S. Postal Service, Bureau of Land Management, Federal Bureau of Investigation and Department of Social Security Administration – and their family members are encouraged to take advantage of the fair.

Health organizations scheduled to attend include: Blue Cross (HMO), Blue Shield of California Access Plus (HMO), and Blue Cross/Blue Shield Service Benefit Plan (PPO), PacifiCare Health Plan, Mail Handler's Benefit, Kaiser Permanente, Universal Care and Health Net.

Other base and local agencies scheduled to attend include: California Highway Patrol, American Red Cross, American Cancer Society, MCLB Branch Medical Clinic, MCLB Fire and Emergency Services Division, MCLB Provost Marshals Office and the Veterans Home of California-Barstow.

Editor's Note:

For more information about the Federal Employees Health and Safety Fair contact Jennifer Wales, Health Promotions Coordinator, at 577-6817.

MCLB leads annual Mardi Gras parade



Photo by Rob Jackson

Col. Liz Bergman, base commander, and Master Gunnery Sgt. Kim Ortamond, staff noncommissioned officer in charge of the Marine Corps Mounted Color Guard, lead the mounted color guard and the rest of the Mardi Gras Parade in Barstow the evening of October 31. For more coverage on the parade see Pages 6 and 7.

MCLB reaches out for Red Ribbon Week

By Cpl. Joshua Barnhardt
BARSTOW LOG Staff

Last week marked the time when the nation emphasizes the drug prevention campaign through Red Ribbon Week, and MCLB Barstow did its part by reaching out to the community.

The Personal Services Division helped support Red Ribbon Week last week by having Staff Sgt. Joseph Johnson, substance abuse counselor for PSD, talk with the youth of Barstow by visiting them at school.

Johnson went to Thompson, Henderson, Montara, and Crestline Elementary Schools, and Kennedy

Middle School in Barstow to talk with kids about the dangers of drugs.

"It is part of Personal Services Division's substance abuse counseling community outreach program to help deter our youth from using drugs," said Johnson.

"At the elementary schools, I get out there interact with the children and give them the history of how Red Ribbon Week got started," said Johnson.

Red Ribbon Week started in 1986 after a Drug Enforcement Agent was kidnapped and killed by drug dealers. The ribbons were first worn in remembrance of the agent and Red Ribbon Week was instituted soon

after.

Johnson reinforces his message with gifts to the children.

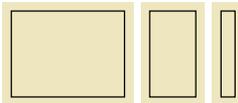
"I give the children pencils, notebooks, crayons and coloring books with Red Ribbon Week slogans on them," said Johnson.

He takes a different angle with the older students of Barstow.

"When I go out to the high schools and middle schools, I take the drug identification kit and the beer goggles and try to educate the students on what drugs look like and the effects they have on the body," said Johnson.

See RIBBON Page 4

THE COMMANDER'S FORUM



The "Commander's Forum" is a tool of the base commander to hear and address the concerns of base residents, employees and others. To contact the Commander's Forum, call the hotline at 577-6535 or send your concerns via e-mail to Forumc@barstow.usmc.mil.

Q This is the Cable Shop, Yermo base. We were wondering what the policy is for somebody retiring then coming back to work for one of the contractors.

It's within the same shop. If you could get back to us on this we'd be happy.

Thank you.

A The response to the question will vary depending on the situation, but, generally, an employee who retires is free to seek and accept employment with any source as long as there are no ethical or legal restrictions.

For example, employees who retired with separation incentive pay

(buyouts) have certain restrictions placed on them.

Before accepting or negotiating employment with a potential employer after you retire or otherwise separate from federal service, you are encouraged to seek a "Safe Harbor Letter."

A Safe Harbor Letter is a post employment opinion from the designated

ethics officer.

Please contact the human resources

officer at 577-6479 if there are any questions on this matter.

SUBMISSION guidelines

The Commander's Forum is used to keep the work force informed, to explain why things are the way they are or appear to be, and, when possible, to correct situations or make improvements.

It is a valuable two-way communication channel through which people may address concerns they're not able to resolve through the normal chain of command.

Every Commander's Forum call or e-mail is researched, even if it is not published in the BARSTOW LOG. If "callers" identify themselves, they will receive a response.

The key to having a question and its response published in the BARSTOW LOG is that the it be specific and address things that may impact a significant amount of the base employees or tenants.

Bringing light to first sight

By Lt. Cmdr. Randel Livingood
Base Chaplain



A very funny thing happened to me on the way into the office this morning. I had just left the driveway and was heading down the road when I saw a white SUV make a U-turn in the middle of the road in front of me.

I really did not pay much attention except to note the vehicle and ensure that I was giving them enough room for traffic safety. As I approached the place where the SUV had turned around, I noted that it was just finished parking and that two people were exiting the vehicle. What happened next made me laugh all the way to work.

All of a sudden out popped these two cheerleaders. Complete with bobby socks, tennis shoes, and cheerleading skirts. Then I noticed something a little odd, they both had platinum blonde hair. As I got closer I noticed something else, they were young men.

So many thoughts ran through my head at that moment. First, I wondered what in the world two young men were doing in skirts, then I remembered all those years of military training and decided not to ask or tell. Then I thought to myself, these guys must be doing this for some

sort of high school prank.

As I approached them in my vehicle I began laughing and of course they both noticed the big blue truck and so I gave them a "thumbs-up" and a big smile. It just made me laugh to see that kind of thing and I said to myself, thank you God for a good laugh this early in the morning. But, being the deep spiritual thinker that I am, (just ask me, I'll tell you) I began to recall how quickly I assessed the situation this time, but how that at other times I had misunderstood the way others appear.

I began to recall many instances where people had been labeled in one way or another simply based on appearance and I was reminded afresh how that behavior describes our humanness. We do tend to make all kinds of assumptions about people based on their appearance, especially these days when we are all on a heightened sense of alert for our own safety. We may see things in others that simply are not there.

Yes, we can look at people who dress in particular way and when we categorize them we may generally be correct. What we have to be careful about are those people who may appear to be something they are not. That statement goes both ways. In other words, someone may look "bad" and really be quite nice. I always picture a guy with a spiked purple Mohawk haircut and body piercings helping a senior citizen carry something

See **CHAPLAIN** Page 9

Just doing my job ...



Photo by Sgt. Joseph Lee

Gunnery Sgt. Hilda Goodman, administrative chief, stamps a document as part of her Base Adjutant duties. Goodman was the treasurer for the Marine Corps Ball Committee and sold the tickets for this year's ball.

Chapel Services

Protestant Sun. 8:30 a.m.
Mass Sun. 10:30 a.m.

Confession services before Mass

Catholic Rosary

First Saturday of every month.
3 p.m. at the Base Chapel.

For more info call 577-6849.

Nebo Bible Study

Wednesday Noon-1:30 p.m.

At the Chapel Office.

For more info call 577-6849.



Marine Corps Logistics Base Barstow, California
Colonel Ingrid E. Bergman, Commanding Officer



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NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Fridays for the next week's issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.



Birthday Message from the Secretary of the Navy

As we honor the 227th birth of the United States Marine Corps, our Nation continues our strong and decisive response to the terrorist acts of September 11th. Although the war on terror is still far from over, the Navy and Marine Corps, our fellow services and our allies have terrorized the terrorists, defeated the Taliban and freed the people of Afghanistan.

President Bush, two years before the War on Terror began, foresaw the challenges our nation now faces when he noted that, "Moments of national opportunity are either seized or lost and the consequences reach across decades." Like the Marines of Belleau Wood, Iwo Jima, and Inchon, today's Marines are answering the President's call to make the world safe for our children and grandchildren.

During this year our Nation will continue to count on your Honor, Courage, and Commitment. Like the generations of Marines that have come before you, I know that one day, our Nation will celebrate your courage and sacrifice during Operation Enduring Freedom as another chapter in the victorious combat legacy of the United States Marine Corps.

Happy Birthday Marines! It is an honor to serve alongside each and every one of you.

God Bless you, your families and the United States of America.

Semper Fidelis!

Gordon R. England
Secretary of the Navy

- Adults and children over six months of age who need regular medical care or had to be in a hospital because of metabolic diseases (like diabetes), chronic kidney disease, or weakened immune system (including immune system problems caused by medicine or by infection with human immunodeficiency virus);

- Children and teenagers (aged 6 months to 18 years) who are on long-term aspirin therapy and therefore could develop Reye Syndrome after the flu; and

- Women who will be more than 3 months pregnant during the flu season.

Remaining flu shots will be given to dependents on a first-come, first-serve basis in December. If you have any questions, please contact the clinic at 577-6491.

Leave Transfer

Charisma Turner, Badge, Maintenance Center, and Bernadette Andrews have been affected by a medical emergency. Anyone desiring to donate leave under the leave-sharing program may obtain a leave donor application through his or her division or center administrative officer.

For more information contact Pat Snyder at 577-7284.

Native American Luncheon

Native American Heritage Month is observed during the month of November and this year's theme is "Honoring Life, Honoring Elders, Honoring Heritage." In recognition of this observance, the Native American Indian Program Committee is hosting a luncheon on Nov. 19, from 11 a.m. to 12:30 p.m. at the Oasis Club. The featured speaker for this event is Teddy Draper, Navajo Code Talker, former Marine and MCLB employee.

Ticket cost is \$6.50 and must be purchased by Nov 13. For more information contact Marva Johnson, Special Emphasis Program Manager, at 577-6965.

CFC campaign underway

The annual Combined Federal Campaign kicked off Oct. 21 and will run through the end of November. This year's CFC coordinator, 1st Lt. Michael Smith, MCLB Finance Office, is looking toward a successful outing.

For this year's campaign, as in the past, the goal is make 100 percent contact with all MCLB Barstow civilian and military personnel. The following are the key personnel for the different cost work centers to contact for making a donation to any of the many organizations:

- Communications Division
Ruby Adams 577-6751
- Maintenance Center
Cindy Malloy 577-7146
- Base Safety
Gunnery Sgt. Craig Stanley 577-6003
- JSA/OGC
Barbara Kulseth 577-6771
- Commissary
Robin Leeks-Ellis 577-6403
- 4th Platoon
Staff Sgt. James Daly 577-6062
- Fleet Support Division
1st Lt. Jason Kut 577-7611
- HRO
Meredith Taylor 577-6478
- MCCS
Margie Bunt 577-6896
- Building 15
Bertie Dailey 577-6350

CWRA Turkey Drawing

The Civilian Welfare and Recreation Committee will hold its annual Thanksgiving Drawing for four \$15 gift certificates to Stater Brothers, drawn each Thursday. The winner of the first drawing was Earnest Hawkins.

To participate, fill out a drawing slip and put it in a turkey can. To find turkey cans, or for more information, call Dan Keirn at 577-6614.

USMC Birthday/Veterans Day Safety Message

Nov. 11 marks the 84th anniversary of recognizing our nation's veterans. As we take time to reflect and honor our veteran's accomplishments, let us enjoy the time with family and friends in a safe and healthy environment.

Safety is an inherent responsibility for everyone. Moreover, we are responsible to understand and comply with all established safety rules and regulations. All unsafe practices must be corrected and reported.

If you plan on attending one

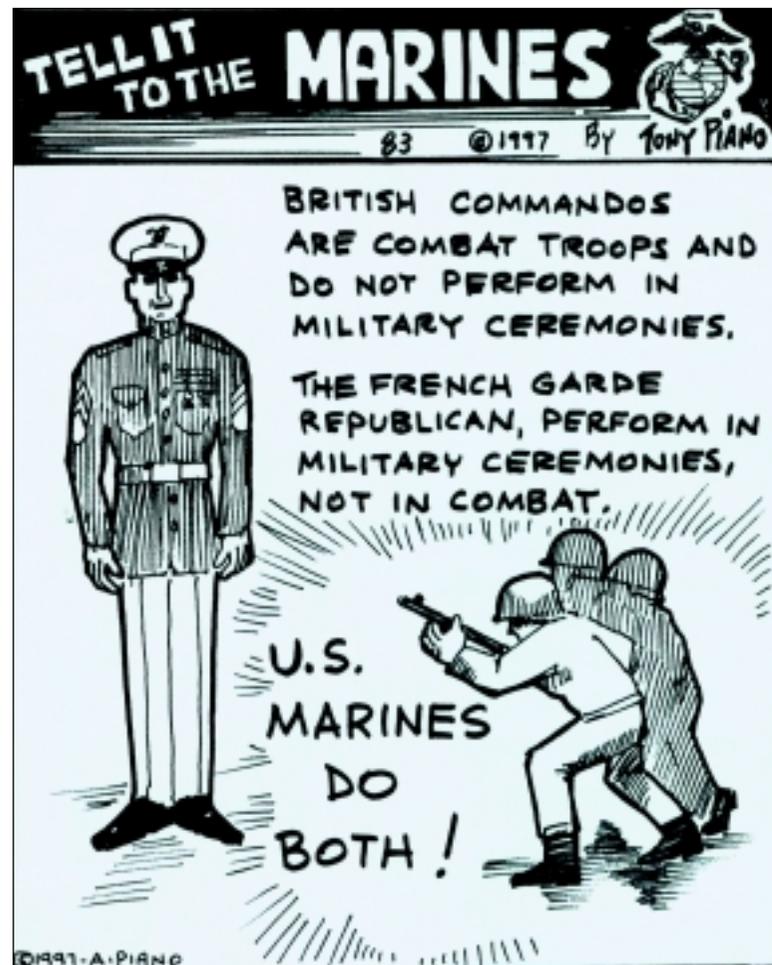
of the many Marine Corps Birthday balls, and your plans include alcohol consumption, do not "over indulge." use a designated driver or command sponsored arrive alive program. Enjoy the occasions and remember as Marines, sailors and Civilian Marines, we have an obligation to protect our democracy so future generations may live in the free society that our veterans handed down for our preservation.

Marine Corps Material Commander Maj. Gen. Bradley M. Lott sends.

Celebration of American Freedom

All veterans in the Barstow area and the Barstow Veterans Home are invited to a special celebration to honor their service to our country.

Barstow First Assembly is hosting a special event Sunday at 10 a.m. The will be a Marine Corps Color Guard, patriotic music, videos and special presentations. Each veteran in attendance will receive a special gift.



According to Pastor Charles Mattix, the members of Barstow First Assembly and the citizens of Barstow have dedicated the entire service to honor all veterans who served the nation to preserve freedom and democracy, and the freedoms of other nations as well.

Mattix notes that this community event will highlight recognition of WWII, Korean and Vietnam veterans, along with those who have served during peacetime.

Everyone is welcome to attend the celebration, located at 501 Avenue A at the south end of the street. Nursery and childcare are provided. Call 256-7177 for more information.

Veterans Home of California-Barstow events

Residents of the Veterans Homes of California-Barstow invite all Marines and their families to join them for a Veterans Day luncheon and program Monday at noon. Lunch is provided free courtesy of the AMVETS Service Foundation. Marines and their families are also invited to attend a candlelight dinner at the Veterans Home at from 4:30 to 6 p.m., Monday and the cost is \$4.00 per person.

On Nov. 28 Marines and their families are invited to enjoy Thanksgiving lunch with the Veterans Home residents and the cost is \$4.00 per person. Also on Nov. 28 the residents are cordially inviting members of the Single Marine Program out to have lunch and enjoy televised football games. There is not cost to the Marines and refreshments will be provided. For more information on any of the events, contact Amy Kenneally at 252-6288.

Knott's Berry Farm Salutes Armed Forces

Knott's Berry Theme Park presents its 13th Annual Salute to the Armed Forces from now until Nov 24. During this time all military personnel, past and present, will be admitted free. To take advantage of this special offer personnel, whether retired or active duty, must show proof of service with a current military identification card, DD214, or a Veterans Administration hospital identification card. For more information call (714) 220-5200 or visit the Web site at www.knotts.com.

Adopt-a-Vet

Once again the Chaplain's office will be sponsoring the Adopt-a-Vet Program. The Chaplain has just received names and wish list of vets from the Veteran Home of California - Barstow. If you would like to participate in this year's program, e-mail RP2 Dennison or Chaplain Livingood and request a name(s) and wish list of the person(s) you would like to sponsor. For more information on this program please call the Chaplain's office at 577-6849.

Branch Clinic administering Flu vaccine

Flu season is here. The clinic has received a limited amount of vaccine and began giving flu shots Oct. 29. Per current directives, priority for immunization will be given to active duty members and the following groups of people who are at risk of developing serious complications from the flu:

- Retirees over 65 years of age;
- Adults and children over six months of age who have chronic heart or lung conditions, including asthma;



Birthday Message from the Commander of Marine Corps Materiel Command

Each November 10th, the Marine Corps celebrates the courage, honor and commitment of the Marines who served before us. We look back and see 227 years of unbroken service to the United States with battle honors from Tripoli and Belleau Woods to Guadalcanal and Iwo Jima, and to the Persian Gulf and Afghanistan. This past serves as a strong foundation for whatever we may be called upon to do in the future.

Last year our Corps' birthday fell just two months after the September 11th attack. This birthday finds us in the middle of the war on terrorism. The world is still a very dangerous place. The Bali explosions, the French tanker attack and the vicious assault on Marines training in Kuwait underscore that fact. Before the War of Independence, Thomas Paine wrote: "These are the times that try men's souls." He could very well be writing about today.

Always remember, the Marine Corps is a family that encompasses active Marines, Marines who have retired or left the Corps, and civilian Marines. We intuitively understand just how deep the Marine goes into our soul. "Once a Marine, always a Marine," is more than motto, it is a creed. That's why we've lasted more than two and a quarter centuries.

Thank you for your dedication to Corps and country.
Happy Birthday, Marines.

Semper Fi!
Bradley M. Lott, Maj. Gen.
U.S. Marine Corps

RIBBON from Page 1

Although Johnson is fairly new to the local campaign, he has already added his own flavor to help drive his message home.

"This is my second year participating in Red Ribbon Week in Barstow," said Johnson.

"Last year I decided to write a pledge using the core values of honor, courage

and commitment, and I put it on a card so the kids could have something to hold onto," said Johnson.

He is looking to not only participate in drug prevention for Red Ribbon Week, but make it a year-round effort.

"I spoke at the Red Ribbon Week breakfast and talked about how everybody comes together during Red Ribbon Week and then after that it kind of falls off," said Johnson. "What I de-

ecided to do this year is develop a program to keep the campaign going throughout the year. I will be working at the Youth Activities Center in a program I termed the 'youth summit' and 'teen summit' where I can meet with the youth of the base the last Friday of each month and deal with topics like self-esteem, decision making, peer pressure and things of that nature."



Photo by Cpl. Joshua Barnhardt

Staff Sgt. Joseph Johnson, substance abuse counselor for the Personal Services Division, picks out a volunteer during his presentation for Red Ribbon Week at Montara Elementary School.

AROUND THE CORPS

Marines, community get down, dirty

By Staff Sgt. Sergio Jimenez
Los Angeles Public Affairs Office

BAKERSFIELD— On the starting line, it was clear on the runners' faces who came to win, who came for fun, and who came to survive. Approximately 700 racers of all ages, colors, shapes and sizes braved chilly weather just outside the city limits to take part in the grueling 10K Volkslauf Mud Run Oct 26.

The Marine Corps League and the Marine Corps Reserves sponsors the annual race that benefits Toy For Tots and local charities.

"This course was designed and built by Marines, so you know it had to be challenging," said Tim Linscott, league member. "The race has grown in popularity because of its tough reputation."

For the first 3/4-mile runners had to navigate through various ditches and berms, filled with water and mud. The runners then had to scale a three-

walled obstacle and numerous other obstacles designed to slow down speedy runners, according to the race Website, www.Volkslauf.com. Runners were further challenged by a dozen obstacles involving water, mud pits, rope swings and mud-filled tunnels before reaching the home stretch.

"By the time we reached this point, I didn't know if I could go any further," said Pfc. Alejandro Ramos, bulk fuel specialist, 4th Force Service Support Group. "If it wasn't for the motivation I got from my team, I wouldn't have been able to make it."

Ramos, along with Sgt. Ernie Gutierrez, Lance Cpl. Roland Fernandez, Lance Cpl. Daniel V. Rosas and Pfc. Rigoberto Garcia-Leon were there to keep bulk fuel's winning tradition alive. According to Gutierrez, Bulk Fuel has won first place in the military division for three

See **MUD RUN** Page 9



Photo by Staff Sgt. Sergio Jimenez

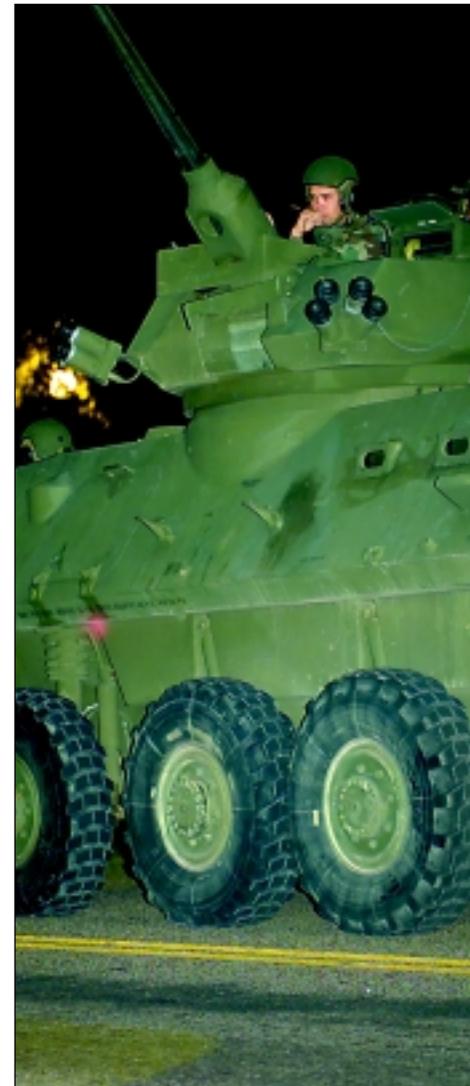
Sgt. Anthony Bolanos, a recruiter from Recruiting Substation Bakersfield, catches his breath just yards from the finish line in "Happy Valley," a deep, water-filled trench with an area deep enough to swim through during the annual 10-kilometer Volkslauf Mud Run in Bakersfield, Calif., Oct. 26.

MCLB Barstow participates in Mardi Gras Parade



Photo by Cpl. Joshua Barnhardt

The Fire and Emergency Services Division was represented by vehicles and Sparky, the Fire Prevention mascot.



Marines from Fleet Support Division drive a L... Main Street during the Mardi Gras Parade.

Lance Cpl. Daniel Perez, Marine of the Quarter, takes his ride in the Mardi Gras Parade Oct. 31.



Photo by Rob Jackson

Parade



Photo by Cpl. Joshua Barnhardt

Light Armored Vehicle down



Photo by Rob Jackson

Col. Liz Bergman, base commander, is greeted by Lawrence Dale, mayor of the City of Barstow, and Congressman Buck McKeon, who represents the 25th District of California at the beginning of the parade.



Photo by Cpl. Joshua Barnhardt

(Above) Hospital Corpsman 3rd Class Dominic Topete, sailor of the year, waves to the crowd on his ride down Main Street.

(Left) Lance Cpl. Brian Bannister and Staff Sgt. Jimmy Hill represent the Single Marine Program, who had its own float in the parade to show its support for community events.

Photo by Cpl. Joshua Barnhardt



By Jim Gaines
MCCS Publicity

Discount sales at MCX

The Veterans Day Sale is underway with big discounts on VCRs, Asics shoes, grills and men's and women's shorts.
The November Sale runs all month long with discounts on comforters, wallets, handbags, Kodak Advantix cameras, scooters and Tommy Hilfiger shoes.
The Thanksgiving Sale begins Nov. 18 with discounts on TVs, Goldstar refrigerators, Waterford Crystal and red tagged clothing.
The Super Seven Store is open Mondays through Fridays 6:30 a.m. to 9 p.m., Saturdays and Sundays 10 a.m. to 6 p.m. Call 256-8974 for more information. Call the Railhead Exchange in Yermo at 577-7092 for information and hours of operation.

Lunch menu

Unless otherwise indicated the lunch menu for the Family Restaurant and the Cactus Cafe are the same.
Today – Pork taco bowl salad.
Friday – Baked mahi-mahi.
Monday – Holiday hours.
Tuesday – Stuffed pork chops.
Wednesday – Chicken Provolone.
Thursday – Lasagne.

Call in your Cactus Cafe lunch order to the Family Restaurant at 577-6428 or 577-6429 no later than 9:30 a.m.
Prices: \$3 military, \$4.50 civilian. Includes roll/butter, vegetable and drink of choice.

Family Night Dining

Wednesday – Beef stir fry, chicken stir fry, fried rice, rolls, tossed green salad and dessert. Prices: \$5.50 adults, \$3.50 children 5 - 11 years. Children under 5 years always free.

MCCS HOLIDAY HOURS



The Super Seven Store will be open
Friday 6:30 a.m. - 6 p.m.
Saturday - Monday 10 a.m. - 6 p.m.
The Oasis Club will be closed Thursday, Saturday and Monday.
Open Friday
The Enlisted Club will be closed Thursday and Friday.
Open Saturday 6:30 p.m. - 11 p.m.
Open Sunday 9:30 a.m. - 6 p.m.
Open Monday 7:30 p.m. - 11 p.m.
The Family Restaurant will be open Monday 9 a.m. - 2 p.m. with menu service
Tees n' Trees Golf Course will be open Monday 7 a.m. - 6 p.m.
The Hobby Shops and Bowling Center will be closed Sunday and Monday.
ITT will be closed Monday.
Personal Services will be closed Monday.
The Gym/Fitness Center will be open Monday 8 a.m. - 3 p.m.

**Knott's Berry Farm's
13th Annual Salute to the Armed Forces
FREE ADMISSION FOR MILITARY**

Past and present military, Nov. 3 through Nov. 24 Veterans or current military personnel and spouse (or one guest), plus up to two dependent children (ages 3 - 11) get in free! Free admission offer not valid for special ticket events. Proof of military service required.



Birthday Message from the Commander of Marine Corps Logistics Bases

The birthday of our Corps provides a fitting opportunity for Marines to reflect on our rich heritage, examine our current role in the defense of our country and renew our commitment to meet future challenges with the same vigor, determination and resolve as our predecessors.

In a world that changes daily, the Marine Corps' values of courage, honor and commitment remain steady. Our record of success in battle sets Marines apart from all others. We are guardians of freedom. We fight, and sometimes die, simply because we're Marines and our nation calls us. We serve with pride ... pride in those who went before us, those who serve beside us and those who will follow us.

This is obviously a historic and challenging time for our nation. Terrorism has hit home and each day brings new, unconventional challenges. With that in mind, Marines will probably be called upon to support the Commander-in-Chief on many fronts in the upcoming months. I am confident our Marines here and those in the fleet remain vigilant, just as we have been through our illustrious history. It is our challenge to be the most prepared when the nation is least prepared and each of us must take up that challenge.

Few military organizations are held in such high esteem as the U.S. Marine Corps. Americans know they can rely upon the Marines to defend their freedom at all costs, and our mission is to do just that.

Many elements of the future may be uncertain, but the unwavering strength and resolve of our Corps is not among them.

So today, as we commemorate this special occasion, to each who wears, or has worn, the eagle, globe and anchor, and to the families and civilian-Marines who support us, stand tall.

This is your time to proudly celebrate the magnificent 227 years of sacrifice and service that Marines have given to this nation.

Semper Fidelis, and may God bless you all.

Happy Birthday!
Richard S. Kramlich,
Brig. Gen. U.S. Marine Corps

Libraries Sponsor Hometown Holiday Greetings Program

By Bryan Driver
HQMC Personal and Family Readiness Division

Installation MCCS Libraries have partnered with the Army and Air Force Hometown News Service to allow Marine Corps personnel to take part in the annual Newspaper Holiday Greetings program from Sept. 30 to Nov. 30.

The Newspaper Holiday Greetings program uses computer technology to allow participants to submit personalized holiday greeting to over 1,000 hometown newspaper editors for publication.

The entire process is automated from the moment the person filling out the online form on a computer at the installation library clicks the "send" button to the final step when Hometown News emails the greetings to newspaper editors.

The greeting is composed from the information supplied on the electronic newspaper holiday greetings form.

Hometown News does not edit the greeting. Whatever you put in the blocks is exactly what is sent to the editors.

An automation program will insert bridges into the greeting

where appropriate.

"The releases are distributed according to zip codes and state.

"The system will use the zip code to email the holiday greeting to every newspaper covering that area." according to Gerry Proctor, Army and Air Force Hometown News Service chief of marketing.

In addition to having the holiday greeting delivered to several different newspapers, participants can submit multiple greetings to people across America.

"Each person can submit as many greetings as they want," Proctor said. "You can send holiday greetings to your parents, in-laws, brothers, sisters, aunts, uncles and anyone who is a relative as long as you have their city, state and zip code."

Editor's Note:

For more information concerning the Hometown Holidays Greeting Program, call Robin Cross-Walker, base librarian, at 577-6395.

MUD RUN from Page 5

years in a row. According to Ramos, teamwork has been the secret to bulk fuel's success.

"When the race got tough, I saw a lot of teams leaving their team members behind," said Ramos. "I think we won first place because they didn't leave me behind."

According to Linscott, the final and toughest leg of the course was a gauntlet of 15 obstacles that meandered through a crowd of more than 4,000 cheering spectators. The racers had to climb a giant ladder, maneuver through several low crawls, rope swings, walls, and other barriers to reach the final obstacle known as "Happy Valley," a long, deep trench with an area deep enough to swim.

"By the time we got to where we could see Happy Valley and the finish line, we were totally exhausted," said Sgt. Anthony Bolanos, a recruiter from Recruiting Substation Bakersfield. The only thing that was keeping his team going was pride, he said.

The recruiter team of Bolanos, Sgt. Alfredo Arano, Sgt. Bradford Hudson, and Cpl. Anthony Ramos took third place with a time of 1 hour, 34 minutes, 34 seconds.

Future Marines Miguel Figueroa, a 2602 graduate of East Bakersfield High, and Carlos Martinez, a 2602

graduate of North High School, also came to race alongside their recruiters. They used the opportunity as a challenging workout before going to recruit training in November and Martinez also wanted to get a small taste of what he will see at MCRD San Diego. Both said they got what they expected and more.

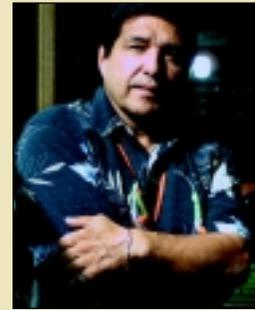
Linscott said he expects more people will come out to get a small taste of the Marine Corps next year. We would love to host them and put them through the rigors of the course, he said laughing.

His goal is to have more Marines participate. "Right now most Marines are familiar with the mud run in Camp Pendleton," said Linscott. "Camp Pendleton's is a nice course, but it isn't anything like this."

According to Gutierrez, bulk fuel is already looking forward to next year's race. "We are not going to let anyone come in here and beat us."

GUNNY'S PICKS

Week 10



Congratulations to Richard Pino, Shop Planner, Cost Work Center 623, MCB, this week's winner of the Gunny's Picks. Pino went 11-2 this week not including the Monday Night game between Miami and Green Bay. Because he won, Pino had this to say: "Look for the Rams to win the next eight in a row, Cowboys and Raiders will lose the next eight and the Raiders will play in Portland in 2004. Cowboys owner will sell the team." After that bold statement, the "Swami" takes the Chargers over the Rams

to halt their roll. Here's a look at the rest next week's match ups.

To submit your choices for Gunny's Picks, fill out this section of the newspaper and drop it off at the Public Affairs Office in the Red Wing of Building 15, or e-mail who you think will win each game to editor@barstow.usmc.mil.

- | | |
|-------------------------------|-------------------------------|
| Atlanta at Pittsburgh* | *San Diego at St. Louis |
| Cincinnati at Baltimore* | Seattle at Arizona* |
| Detroit at Green Bay* | Washington at Jacksonville* |
| Houston at Tennessee* | Kansas City at San Francisco* |
| *Indianapolis at Philadelphia | *New England at Chicago |
| *New Orleans at Carolina | Miami at NY Jets |
| *NY Giants at Minnesota | |

Monday Night

Oakland at Denver*
Total points: _____

Name, work section and phone number: _____
Monday night's game is a tie-breaker and must include a total score.

CHAPLAIN from Page 2

heavy. The appearance and the reality stand in stark contradiction to each other. On the other hand, the person in the three piece suit who appears to be the picture of integrity is actually the leader of some major company who is perpetrating terrible acts against their own employees. So appearances can be deceiving. That is why it helps you and I to remember to try and look past outside appearances and as Christian Scriptures says, to look on the heart.

The challenge there is that in

order to look on the heart we have to allow others to get close enough to us to see the heart. That is a pretty scary proposition in this day and time. So what is the resolution?

I believe that about the best we can do is to stop ourselves short of making judgments on minimal amounts of information. If we are able to accomplish that small feat of spiritual strength we may be on the path to reversing the trend that sees everyone as an enemy until proven otherwise.

Blessings,
Fr Randel Livingood



ROTC Cadets from North High School, Bakersfield, Calif., struggle through one of many low-crawl obstacles during the 10-kilometer Volkslauf Mud Run, Bakersfield, Calif., Oct. 26.

1981 DATSUN PICKUP: Extended cab, 5 speed, A/C, new tires, runs good, smogged and regs exp 6/03, camper shell included, \$1,100. Call 252-0988.

1985 FORD PICKUP: Automatic, A/C, PW, dual gas tanks, camper shell, trailer brakes, has been smogged and new tags, \$2,800 OBO. Call 252-2018.

1986 FORD MUSTANG: 3.8 Liter, t-top, hatch back, 120K, runs xlt., A/C, C/C, power \$1,500, OBO. Call 255-2115, ask for Jim.

1994 T-BIRD: 73K miles, xlt cond; 97 Dodge 1500 Ram Club Cab, SLT Laramie, must sell both. Call 253-0067.

1994 WRANGLER: 2.5L, 6" lift, 33" M/T's, revolver shackles, Detroit locker, flowmaster exhaust, new soft top, front sliders, plus most factory parts, \$7,500. OBO. Call 256-9551 or (909) 584-1422.

1997 CHEVY ASTRO VAN: A/C, C/C, P/W and door locks, CD player, good tires, roof rack, factory tinted glass, runs great. \$8,000. Call 256-6103 AWH.

1997 ISUZU RODEO L5: 405, one owner fully loaded automatic, V-6, new tires, 12 disc CD changer and cassette, chrome rims. Asking \$8,400. Call 256-1364.

1997 YAMAHA 350 Banshee, new rear tires, FMF pipes and silencers, pro flow intake, K & N air filter, good shape, \$4,500, OBO. Call 252-5365, ask for Ron AWH.

MISCELLANEOUS: Why pay \$30,000 for a new SUV when you can have a really nice 4x4 for your family for only \$6,800, loaded with lots of extras, low mileage, lots of fun for family off-roading or traveling the highway. Call 252-2908 for more details lv. msg.

MISCELLANEOUS: 1969 Aristocrate 15-foot travel trailer, needs minor work, tags current, \$900, OBO, or trade for vehicle. Call 252-2815.

MISCELLANEOUS: Hand made heart shaped boxes made from exotic woods, felt lined. Call 255-2115.

MISCELLANEOUS: Sears Kenmore washer and dryer, both in good working condition, \$125. Call 252-7198.

MISCELLANEOUS: New never used golf clubs, bag and shoes, size 10 1/2, \$120. Call 254-1913.

MISCELLANEOUS: Firewood, you cut and haul, price determined on side; king and queen box spring beds, \$50 each. Call 253-3669.

WANTED: Exercise equipment: treadmill, exercise bike, and universal weight set; Honda and Acura car parts. Call 254-1913.

WANTED: Girl's 16-inch bicycle. Call 253-2394 AWH.

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