

BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 7, No. 38

Marine Corps Logistics Base Barstow, California

September 25, 2003

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Check out the Marine Corps Web site.

<http://www.usmc.mil>

BARSTOW LOG
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<https://www.barstow.usmc.mil>

Barstow's School-Age Care Program running

By Rob L. Jackson
BARSTOW LOG Staff

Marine Corps Logistics Base Barstow's School-Age Care Program now has a new home in the Clara McKinney Youth Activities Center.

The program was moved from the Child Development Center, where it has always been, to the Youth Center on Aug. 27 making it a separate program, according to Theresa K. Meugniot, administrator, Children, Youth and Teen Programs.

There are about 15 children currently enrolled in the program with more expected in the near future. The current group is divided into two groups: ages 5 up to 9, and 9 years and older. The younger group occupies the new classroom setting while the older group occupies the Youth Center.

Although the Youth Activities and the School-Age Care share the same building, the hours of operation are different and they are not the same program, said Meugniot.

The SAC goes from 6 to 8:30 a.m. and from noon to 6 p.m. "Open recreation starts at 5 p.m. and the SAC ends at six so they overlap one hour," said Meugniot.

With the SAC program there are three qualified staff members on duty at all times.

"We don't expect to hire any more

at this time with these numbers," said Meugniot. "Even with additional staff, and we do have additional staff on non-attendance days, there is a minimum of three staff members manning the program at all times."

According to Department of Defense Instruction 6060.3, by which all installation programs are run, School-Age Care programs are established for children enrolled in Kindergarten through 6th grade.

The goals of the program are to help children develop positive self-concept, stimulate creativity, encourage curiosity, promote physical development, develop communication skills, and help children with their homework.

"We are also part of the USDA Food Program, so we provide breakfast to all children and lunch to the kindergartners and provide a snack for the children who return off the bus," said Meugniot.

The program here offers a version of the Power Hour, which is the homework hour, according to Meugniot.

"Power hour is a Boys and Girls Club thing," said Meugniot. "Power hour is a chance for them to do their homework. If you need help with reading, if you need math help the teachers are there to help with those

See SAC Page 8



Photo by Rob Jackson

Aricia Phillips, SAC Program coordinator, shows 5-year old Tyren Espinoza how to create a project at the Youth Activities Center. The SAC Program went into effect Aug. 27.



Photo by Cpl. Joshua Barnhardt

Sgt. Maj. John Estrada, sergeant major of the Marine Corps, speaks with the Marines of MCLB Barstow Tuesday at the Base Gym. Estrada said that if it wasn't for the people here doing their job, the Marines in Operation Iraqi Freedom couldn't have done their job. He also said that it does not matter where Marines have been stationed when it comes time for promotion. It only counts how Marines have performed during their time at a duty station. Safety is a major concern for the Marine Corps, said Estrada. He considers it a leadership issue and expects Marines to find solutions to the Corps' safety problems, not just giving lip service.

Guidance from new Sgt. Maj. of Marine Corps

By Sgt. Maj. John L. Estrada
Sergeant Major of Marine Corps

Like my predecessors, I will be using memorandums to communicate my thoughts/ideas with you on a regular basis.

I encourage you to share this information with all of your Marines to include your commanders.

Warfighting Excellence: This will be our focus as Marines. I expect all of our senior staff noncommissioned officer leadership to again read our 33rd commandant of the Marine Corps' guidance.

I also strongly encourage this guidance/

vision be actively discussed during professional military education.

Here are some things to think of as we look to the future. How will the U.S. Marine Corps fight and win battles of the future?

How would Operation Iraqi Freedom have been fought differently if there were no access available from Kuwait? Do the curriculums of our academies/schools support our warfighting excellence?

Blue on blue incidents; how do we fix this? Our Corps provides sustained combat power from the sea for our nation when called upon to do so.

All Marines need to be focused on how

we are going to accomplish this in the future. I challenge all of our leadership to refocus on what we are all about as Marines.

Safety: As a Corps, we continue to lead all services in negative safety statistics. We are doing horrible, especially during off duty.

It is time for us to start attacking this as a very serious problem within our Corps. As Marines, we are not known for bringing up the rear in anything, but statistics and facts prove we are doing just that.

I challenge all of our Marines and Sailors to immediately stop paying lip service to

safety!

Worrying about just checking the box to cover your six before liberty is not working, and has not been for years.

I see this as a leadership issue. Encourage your Marines/sailors to get more proactive in finding ways to defeat this persistent and embarrassing problem for us as Marines.

Weight Control/Military Appearance: I expect our senior SNCOs to set the example and be in compliance with the MCO. I have yet to see anything written in

See **ESTRADA** Page 9

Lend helping hand to needy

By Lt. Cmdr. Randel Livingood
Base Chaplain



I have lived in Barstow for almost a year now and have had a small chance to acclimate myself to the some of the experiences of living in the high desert.

When I arrived in Barstow I was able to find beauty in the surrounding hills and magnificent sunrises and sunsets. I found beauty in the beautiful starry nights of the heavens in which the stars seemed so close that you could almost reach out and touch them. I arrived in October.

Well, now that I have just come through my first full summer in the high desert I have had a few other experiences. I found the heat to be relentless, the wind to be scorching, and oddly enough the humidity was enough at times to really get my attention.

It was at those times I was very thankful for air conditioning at work. During the summer, which is still sort of with us, I often reflected about how fortunate I was to have air conditioning and to have a place to sleep and to be able to work every day.

Those are things that some of us take for granted and for others those things are almost like a dream. The reason for my particular reflection today is that I have just finished reading Psalm 69:1-23,31-38.

I would like to quote a bit of that here so that you too may be able to pause and reflect for a moment on an experiential moment I am certain we all have had.

"1. Save me, O God, for the waters have risen up to my neck. 2. I am sinking in deep mire, and there is no firm ground for my feet. 3. I have come into deep waters, and the torrent washes over me. 4. I have grown weary with my crying; my throat is inflamed; my eyes have failed from looking for my God."

I believe that it is important for each of us to realize that these are feelings not uncommon to those without homes, jobs, or transportation. It is easy to discount the unpleasant things in life and to do our best not to think about them, but as citizens of this great country we are bound to think about and as people of faith we are obligated to do more than think; we are obligated to act.

How we act is simple. There are many permutations of how we could respond to such things but the easiest is to remember how we felt when the "waters" had risen up to

See **CHAPLAIN** Page 9

Just doing my job ...

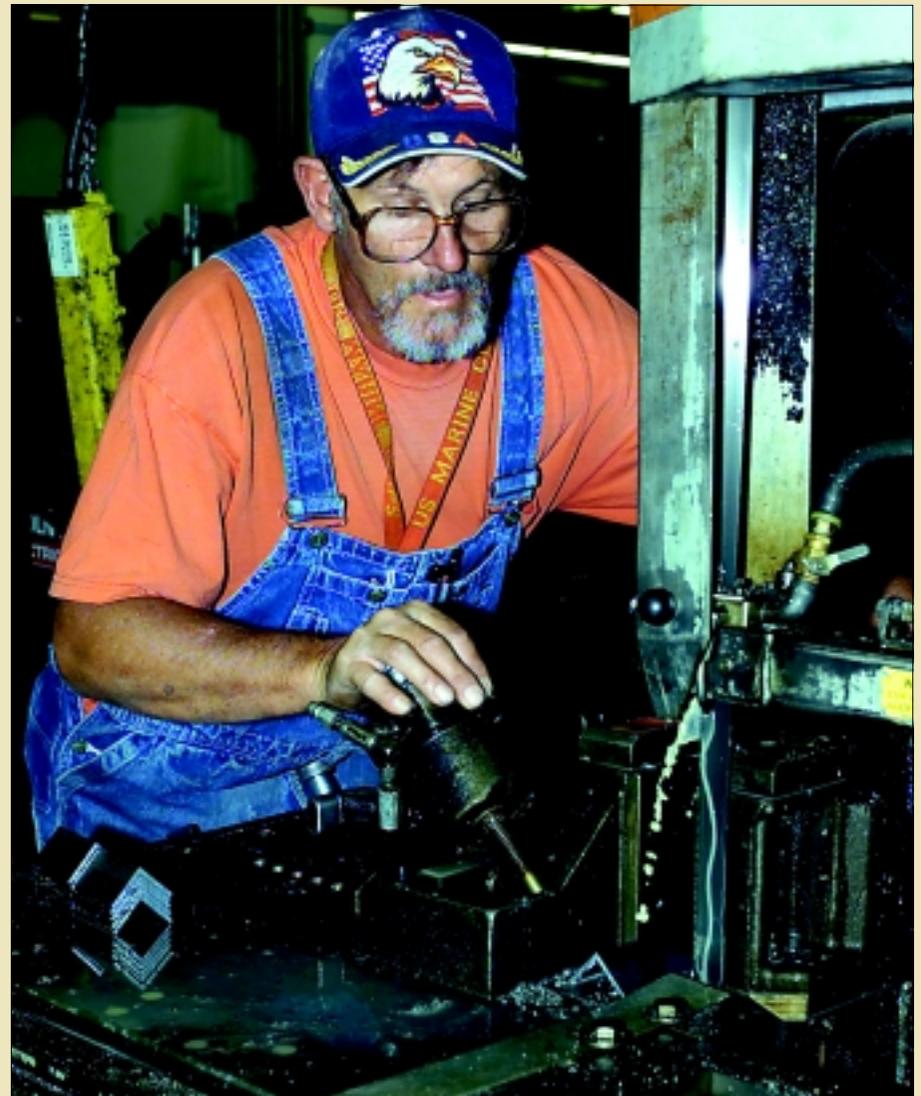


Photo by Rob Jackson

Wayne G. Woolley, welder/worker for Cost Work Center 743, Welding Shop, Maintenance Center Barstow, uses an auto band saw to cut metal pieces to be used for building a stand in the paint shop. Woolley has 35 years welding experience and has been with MCB for about 8 1/2 years.

Chapel Services

Protestant Sun. 8:30 a.m.
Catholic Mass Sun. 10:30 a.m.

Morning Prayer in the Building 15 Administration Office Tuesday at 8:30 a.m.

Catholic Rosary

First Saturday of every month.

3 p.m. at the Base Chapel.
For more info call 577-6849.

Episcopal Mass

Tuesday at 4 p.m. at Building 406 in Yermo.
Thursday at 11 a.m. at the Base Chapel.

For more info call 577-6849.



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The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office of Marine Corps Logistics Base Barstow, California. Mailing address: Commanding Officer (B130), Command Headquarters, Marine Corps Logistics Base, Box 110100, Barstow, CA 92311-5001. The Public Affairs Office is located in Building 15. Phones: (760) 577-6430, 577-6450, 577-6451, FAX 577-6350, DSN prefix 282.

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BARSTOW LOG is distributed every Thursday (or Wednesday preceding a holiday) 50 weeks a year. **BARSTOW LOG** is produced at Aerotech News and printed at Castle Printing in Bakersfield, Calif. Printed circulation is 3,500.

For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

News Briefs

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Thursdays for the next week's issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Lunch Menu

Unless otherwise indicated lunch menus for the Family Restaurant and Cactus Cafe are the same. Lunch menus are subject to change.

Today – Family Restaurant: Baked potato and salad bar
Cactus Cafe: Meatloaf and mashed potatoes

Friday – Breaded catfish

Monday – Chili mac

Tuesday – Beef fajitas

Wednesday – Beef stir fry

Active duty military \$3.25, all others, \$4.75. Lunch entrees include roll/butter, vegetable, coffee, tea or soft drink.

Lunch is served at the Family Restaurant from 10:30 a.m. to 1 p.m. At the Cactus Cafe from 11 a.m. to noon.

Cactus Cafe serves hamburgers, subs, salads and other line items available for walk in lunch – for other Family Restaurant lunch menu items, call in orders before 9:30 a.m. to the Family Restaurant at 577-6428.

Breakfast

Breakfast at the Family Restaurant is from 5:30 to 8 a.m. At the Cactus Cafe from 5:30 to 6:30 a.m.

Family Night Dining

Tonight – Prime rib night. Prime rib, baked potato or mashed potatoes and gravy, dessert and drink of choice.

The Family Restaurant is open Mondays through Wednesdays and Fridays from 4:30 to 6 p.m. for dinner. They offer a dinner menu as well as regular menu service.

Rodeo this weekend

The Barstow Rodeo Stampede will be held Saturday at 7:30 p.m. and Sunday at 5 p.m. at the MCLB Stables

just outside the main gate of the Yermo Annex.

Tickets can be purchased at ITT, or through Brenda German at the Maintenance Center. ITT can be reached at 577-6541 and German's phone number is 577-7139.

Tickets can also be purchased in town at the Barstow Area Chamber of Commerce, Soutar's Dodge, Desert Community Bank, Peggy Sue's Nifty 50's Diner and the Boot Barn in Victorville.

For more information, call 252-3093.

Pass and ID closed for lunch

The Pass and Identification section will be closed for lunch from 10:30 to 11:30 a.m. Mondays through Fridays. Normal hours of operation are now from 7 to 10:30 a.m. and 11:30 a.m. to 3 p.m. daily. Call 577-6969 or 577-6371 to schedule an appointment.

Deadline for CAC ID

All military and civilian employees (to include eligible contractors) are to have their Common Access Cards by Oct. 1. To get the new CAC IDs, personnel need to make an appointment at the Pass and ID office by calling 577-6969 or 577-6371.

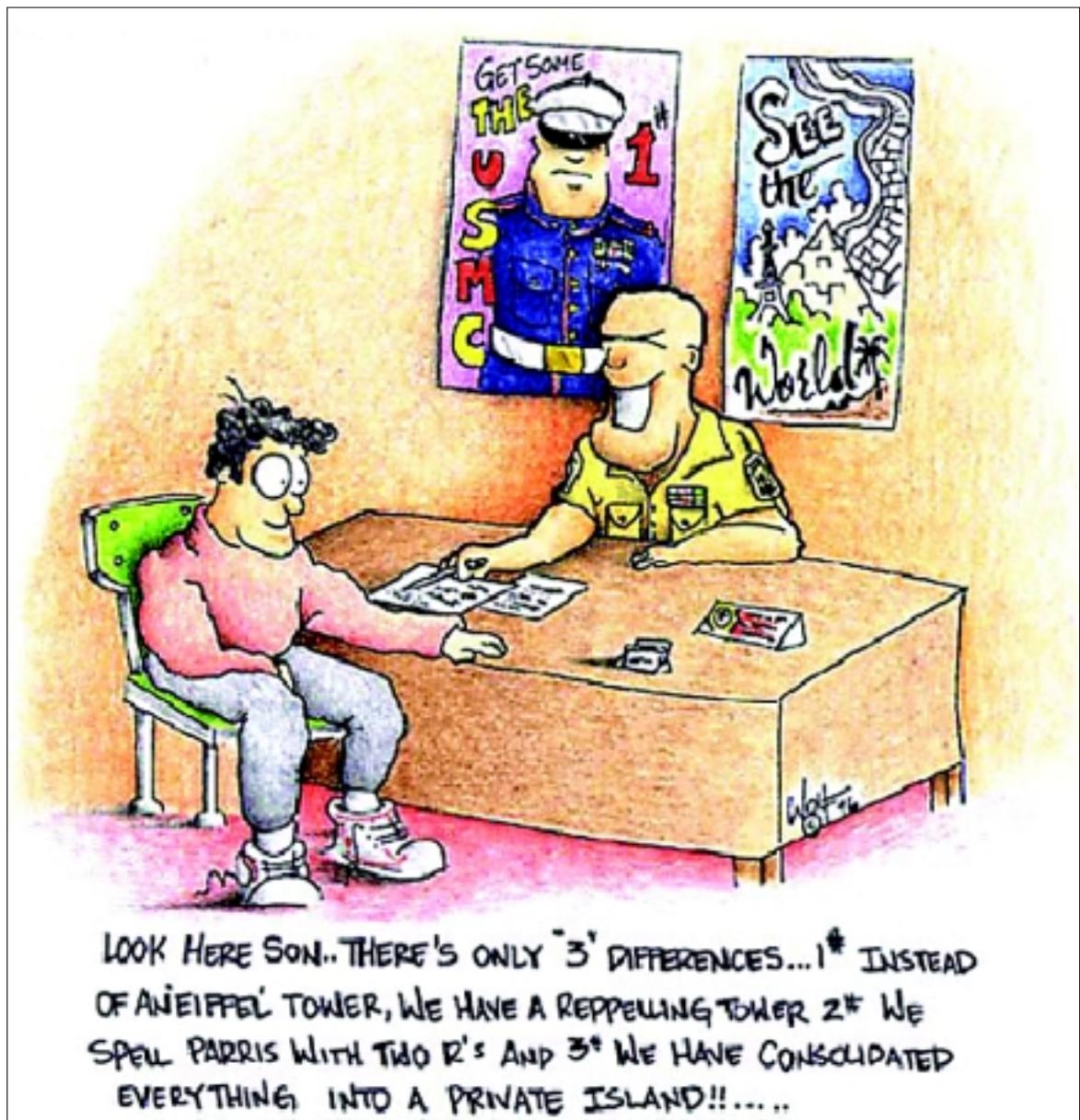
The Pass and ID office is open from 7 to 10:30 a.m. and from 11:30 a.m. to 3 p.m. daily.

CFC still going

The annual Combined Federal Campaign kicked off Sept. 15 and is scheduled to run through Oct 17. This year's coordinator, 1st Lt. Michael Smith, of MCLB Barstow's Finance Office, is looking forward to another successful campaign.

The goal again this year is to make 100 percent contacts with all of MCLB Barstow's Marines and civilian Marines. The CFC contacts are:

Name	Section	Ext.
Agnes Bialkaski	Base Safety	6266
Barbara Rodriguez	C&P	6247
Merideth Taylor	HRO	6478
James Brown	Utilities	6512
Viola Edwards	I&L	6294



Michelle Eichler	MCB	7811
GySgt. Cherry	PMO	6666
GySgt. Green	I&L	6183
Staff Sgt. Johnson	HqBn	6851
GySgt. Jones	Housing	6871
Bertie Dailey	PAO	6430
Heather Hess	MCCS	6963
Maj. Wesely	SJA	6879
Ruby Adams	Comm	6211
1st Lt. Kut	FSD	7611
Beverly Short	OGC	6249
Carlos Albornoz	Environ.	6856
CWO Charles	ASD	6727
Dallas Harris	DDBC	6434
Billie Reed	FSD	7857
Patty Geary	Commissary	6404

HM2 Corcoran Medical 6491 ext. 128

Horse Show

Equestrian Trails Inc., Corral 66 presents its first Halter and Performance Schooling Show and Jack Pot Barrel Races Oct. 4 at 8:20 a.m.

The event will be held at the Steer Head Arena in Hinkley on Highway 58 and sign-ups start at 7:45 a.m.

There will be trophies given out to winners and ribbons for the top six. The U.S. Army Black Horse Team will be performing at noon.

For more information, call 253-7312.

Special Olympics

The Special Olympics Second Area Bowling Competition will be held Oct. 4 at Paradise Lanes in Barstow.

The athlete check-in is at 10 a.m., opening ceremonies are at 11:30 a.m. and the competition begins at noon.

For more information, call 255-2787 or 256-1690.

MCCS One Source adds new category

MCCS One Source announced recently that it has added a new category to its online service. "Military Life" now appears on the home page as a second choice under "How may we help you?" Service members no longer have to dig to find important information.

MCCS invites personnel to check out the new category and send them any comments about "Military Life." The change is one of many that MCCS has made in its continuing effort to make the site more focused on service members and their families.

Temporary on-off ramp closures

The California Department of Transportation will close the Interstate 15 southbound Dale Evans Parkway on-ramp for 30 days beginning Sept. 3. This closure is necessary to reconstruct the ramp, the bridge deck and a segment of I-15 freeway lanes with long-lasting concrete.

The detour for the 30-day Dale Evans Parkway southbound on-ramp closure is as follows:

Take the northbound on-ramp at Dale Evans Parkway to the northbound off-ramp at Wild Wash Road; exit at Wild Wash Road and turn left to the southbound I-15 on-ramp and proceed south on I-15.

Job Watch

Ann No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-321-03-NR	Industrial Maintenance Mechanic GS-1601-14	09-15-03	10-14-03	09-19-03	MCLB Barstow
DEU-320-03-NR	Heavy Mobile Equipment Repairer WG-5803-08 (Term NTE 4 years)	09-18-03	10-29-03	09-22-03	MCLB Barstow

Applicants interested in the above positions should submit résumés online at the following Web sites: <http://www.donhr.navy.mil> and/or <http://www.usajobs.opm.gov>.

For information regarding open continuous announcements go to <http://www.donhr.navy.mil>

For more information concerning public job announcements visit the Self-Service Center, Building 236, Mondays through Fridays from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357, 577-6279, or 577-6481.

This is not an official list. See the Web sites listed for a complete list.

Navy BMC lab technician takes multiple challenges head on

By Cpl. Joshua Barnhardt
Editor

Thrown in a tough situation as an E-3, straight out of technical school, you find yourself in a position as the only one doing your job and running an entire section because over 60 percent of the workforce where you are stationed is off fighting a war.

That is where Hospital Corpsman 3rd Class Jeff Pearson, laboratory technician at the MCLB Barstow Branch Medical Clinic, found himself when he arrived at MCLB Barstow early in 2003. It is also what propelled him to win Junior Sailor of the Quarter for the Branch Medical Clinic.

Just out of laboratory technician school, Pearson found himself running his own lab, having no prior working experience. Once he mastered that, Pearson did not stop there. He passed the test for petty officer 3rd class and then started learning more.

"I went around the clinic and started learning how to do other jobs like working in the pharmacy, doing sick call, giving immunizations and working in primary

"My ultimate goal is to go to school, become an orthopedic surgeon, and get a commission."

Hospital Corpsman 3rd Class Jeff Pearson

care," said Pearson.

Learning all those different skills is what Pearson set out to do when he joined the Navy February 27, 2001. After graduating from Lake Havasu High School, he bounced around various colleges in Arizona, not really having any direction or challenges.

"I realized I wanted to be in the medical field because I like helping people," said Pearson. "I thought the best way to do that would be to join the military."

After weighing all his options, Pearson decided on the Navy and went to boot camp with the intention to one day become a doctor.

"My ultimate goal is to go to school, become an orthopedic surgeon, and get a commission," said Pearson.

When he is not at work, Pearson loves to golf. He played in high school and was on the Arizona High School State Champion team when he was a

sophomore.

Now Pearson just plays for fun, usually on the weekends.

"I like to play just to relax," said Pearson. "It is just fun for me."

Right now, Pearson is taking advantage of his time at MCLB Barstow by studying to become a petty officer 2nd class and apply to the School of Medicine for Uniformed Services University in Bethesda, Md.

"That school is ultra-competitive, so I'm working on getting ready for that," said Pearson.

Pearson looks at having to overcome so many obstacles when he first got here as an advantage.

"I had to learn how to do my job very quickly," said Pearson.

"Now I can concentrate on becoming better in other areas of the medical field."

Love, honor and tone of voice

By Cindy L. Martinez M.F.T.
Personal Services Division

Last week I addressed the importance of eye contact in communication skill building between couples.

This week I would like to address "telling your partner what you need with honor and respect" to enhance communication between couples.

Reciprocal honor and respect will build trust.

Couples must work toward similar goals of unconditional love and understanding.

They must learn to be supportive, while also accepting differences in views, ways of thinking and seeing the world from another's perspective.

Speak with a tone of calmness and understanding that will not cause a trying situation to escalate into a useless argument. Be aware of your tone as well as your words.

If your partner starts to raise his or her voice, avoid raising your own also. In-

stead, lower your tone of voice. The person will mirror that that is neither too loud nor too soft.

Avoid sounding cold or harsh, especially if you are angry. Stay alert during long discussions.

Yawning or rubbing your eyes blocks effective communication.

Give nods of understanding or ask questions for clarification while the other person is talking. It will facilitate communication.

Watch for words that can be used as weapons, such as "YOU ... IF ONLY ... WHY CAN'T YOU ..."

Normally when a partner slings his or her arrow, the other naturally slings one back.

The situation now has become a war, with wounded on both sides.

Learn from your mistakes when communicating with your spouse. It does not hurt to ask for feedback or review what has worked in the past.

For further help, call the Personal Services Division at 577-6533.

Test helps decide career choices

By Cpl. Joshua Barnhardt
Editor

One of the biggest problems facing people trying to make career decisions is knowing exactly what they want to do.

Most people use the trial and error method, switching from job to job because they are not satisfied with what they are doing. The Lifelong Learning Center, next to the Base Library, has a tool that can be used for free that can help to avoid playing occupation musical chairs.

The Kuder Test is a standardized test that asks certain questions to help determine what a person is most interested in. The questions are designed to figure out what interest level a person has in six different occupational areas.

Those areas are arts/communications, social/personal services, business operations, outdoor/mechanical, sales/management and science/technical.

After determining what the top two fields of interest are for a given person, the person is given descriptions of a typical workday for actual people doing jobs in those interest groups to show what a person might be doing if he or she chose that particular profession.

The test then shows the person what different occupations he or she could

perform based on certain levels of education. Those levels are high school diploma/GED, one to two years of college or experience, and bachelor's degree and higher.

Then the test shows what college majors a person with certain interest levels would be interested in and the colleges that provide those programs. A person can narrow the list of colleges by looking in particular regions, certain states, public and private universities, or even by looking for schools by name.

A person can delve even further in research by clicking on certain job titles and reading specific information about each job.

To take the test, go to the Lifelong Learning Center, talk to Francis Villeme, base education counselor, and he will give a basic run-down of the test and give each person some numbers to type into the Web site that will allow him or her to take the test.

Results can be viewed immediately after taking the test and Villeme can look at the results with each person to help him or her understand them better if the person so desires.

The test is free and available to all active duty service members at MCLB Barstow. For more information, call Villeme at 577-6118.

Guidelines for political activities

By Maj. Christina H. Wesely
Staff Judge Advocate

If you are on active duty or a civilian employee, the joint ethics regulations limit your involvement in political activities such as elections, rallies and fund-raising campaigns.

The following guidance should help you decide whether your involvement may jeopardize your career.

Civilian employees

In general civilian employees may participate in political organizations, campaigns and elections. As with all general rules, however, there are a host of limitations and exceptions.

The following is a synopsis of the prohibitions that apply to civilian employees.

Civilian employees generally may not:

- Use their official authority or influence to interfere with or affect the result of an election;

- Solicit, accept, or receive political contributions; solicit, accept uncompensated volunteer services from an individual who is a subordinate; or allow their official titles to be used in connection with fund-raising activities;

- Run for nomination or

election to public office in a partisan election;

- Solicit or discourage the political activity of any person who is a participant in any matter before or being carried out by the Department of Defense;

- Engage in political activities (to include wearing a political button) while on duty, while in a government-occupied office or building, while wearing an official uniform, badge insignia or other similar item, or while using a government vehicle; or

- Make a political contribution to their employer or employing authority.

Active duty members

Active duty members may vote, express their personal opinion on political issues and candidates, contribute to political organizations, and attend political rallies when not in uniform.

Members on active duty, whether or not in uniform, may not:

- Be a candidate for civil office;

- Participate in partisan political management of campaigns or make speeches in the course thereof;

- Participate in any radio, television, or other program or group discussion as an advocate of a partisan political party or candidate;

- Display large political signs on a privately owned vehicle (bumper stickers that support a party or candidate are permissible);

- Solicit or receive a campaign contribution from another member of the armed forces or from a civilian employee of the United States for promoting a political objective or cause;

- Allow or cause to be published partisan political articles signed or written by the member that solicit votes for or against a partisan political party or candidate;

- Speak before a partisan political gathering of any kind promoting a partisan political party or candidate;

- Perform clerical or other duties for a partisan political committee during a campaign or on an election day;

- March or ride in a partisan political parade; or

- Serve in any official capacity or be listed as a sponsor of a partisan political club.

If you are thinking of getting involved in the political process, and you are not sure where your plan fits in these guidelines contact your ethics counselor, Maj. Wesely, at 577-6771 or by e-mail at weselych@barstow.usmc.mil for an opinion.

POW/MIA Day sees local heroes honored



Photo by Rob Jackson

Lt. Col. Charles M. Hamilton, MCLB Barstow executive officer, shares a laugh with former Marine World War II POW Kai Martin during the POW/MIA Day ceremony at the Veterans Home of California-Barstow.



Photo by Cpl. Joshua Barnhardt

Bill Jackson, Veterans Home American Legion Post, explains what each item of the POW/MIA table represents at the POW/MIA Day ceremony Sept. 19 at the Veterans Home of California-Barstow.

(From left to right) Andrew Ramirez, Kai Martin, Mel Merrick, Chester Mathis, Orville Gilmore, and Robert Power make up the former POWs who attended the POW/MIA Day ceremony at the Veterans Home of California-Barstow Sept. 19.



Photo by Rob Jackson

Ramirez was in the Army and was captured in 1999 in Kosovo. Martin was in the Marine Corps and was captured in Bataan and Corregidor during World War II in 1942. Merrick was in the Army Air Corps and was captured in Germany during World War II. Mathis was in the Marine Corps and was captured in Korea during the Korean War in 1950. Gilmore was in the Marine Corps and was captured in Corregidor in 1942. Power was in the Army Air Corps and was captured by the Germans in World War II.



Photo by Cpl. Joshua Barnhardt

Sgt. Joseph Janez, career planner for Headquarters Battalion, MCLB Barstow, hands Orville Gilmore a flag display, which was given to all present former POWs at the POW/MIA Day ceremony Sept. 19 at the Veterans Home of California-Barstow.

Kung Fu fighting: Marines earning MCMAP tan belt

By Gunnery Sgt. John Green
MCMAP Brown Belt Instructor

Depending on your age bracket, the headline of this article is either a chart-topping song by Carl Douglas from 1974, or what Marines have taken to calling the Marine Corps Martial Arts Program.

As the tactics of war fighting have changed over the years, so have the tactics for Marines in hand-to-hand combat.

Many Marines believe that MCMAP evolved from the old Lineal Infighting Neurological Engagement system, but it goes much deeper than that.

Our martial arts program started with the Continental Marines sharpshooters on the riggings of Navy ships. The bayonet and sword were the landing unit's tools of trade.

Marines continued to hone their skills during World War I, when the bayonet was widely used in the

challenges of trench warfare. During World War II, Marines were trained in Eastern martial arts systems, such as judo and karate. Eventually, the Corps developed LINE training. This system was good in theory, but not in "line" with the offensive mind-set of Marines, as it was mostly defensive in nature.

In the mid 1990s, the not-yet 32nd Commandant of the Marine Corps Gen. James L. Jones had a vision of training Marines in a more

intense, realistic type of hand-to-hand combat. Jones envisioned a system that was more offensive in nature, going along with the character of Marines.

After assuming command in July 1999, he instituted his vision by hiring 10 experts to create a custom-designed program for Marines and their unique mission.

What evolved is a system progressive in nature, with weapons from your fists and rifle, to various

knife techniques.

Since the inception of MCMAP in 2001, it has gone through a myriad of changes. There is now a Martial Arts Center of Excellence at Marine Corps Base Quantico, Va., and the Marine Corps has been considering ways to incorporate MCMAP into the promotion process.

I don't know if MCMAP is here to stay, but it's a good bet that it's here for a while.



Photo by Lance Cpl. Andy J. Hurt

Lance Cpl Timothy Graham leads his squad in "Chinese Push-ups." MCMAP is designed to instill teamwork as well as strength and endurance.



Photo by Lance Cpl. Andy J. Hurt

Marines practice forward shoulder rolls during MCMAP tan belt training Sept. 19 at Sorensen Field here. According to the S-3 training statistics, nearly 56 Marines here have yet to be tan belt certified. About 125 Marines have received tan belt training here, and seven Marines have been gray belt certified.



Photo by Lance Cpl. Andy J. Hurt

Staff Sgt. Jeffery Skjelver struggles to fight off a smothering by Staff Sgt. Jose Sanchez utilizing ground elbow strikes during tan belt training.

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things.”

Other activities the children are doing include cooking projects and different art projects. The cooking is nothing major, just banana or zucchini bread or something like that. Meugniot noted that the children made snicker doodles recently too. Sometimes there are non-cooking projects as well.

According to Aricia Phillips, SAC program coordinator, the cooking projects are done on Thursdays. She also noted that since the program has moved into the Youth Center it has been going along very well.

Phillips has been working with children in school age care for about 18 years.

“In fact, some of the older children I have worked with since they were in pre-school,” she revealed.

Since moving into the Youth Center the playground area has been upgraded with new equipment and just recently shade covers were put up over the swings and climbing equipment. Other upgrades to the building are basically cosmetics, according to Meugniot.

“The exterior of the building was painted but not the classrooms or the doors,” she said. “And we’re looking at putting new carpeting in the classrooms.”

There are also future projects in the works as well.

The cost to get a child into the program is considerably low when compared to similar programs off base, said Meugniot.

Unlike the Child Development program, SAC fees are not based on a sliding scale. Patrons are charged a flat fee based on total family income set by the Department of Defense, said Meugniot.

“You can be on contract or hourly and the amount a person pays (under contract) is based on total family income,” she said. “For hourly care it’s \$3 per hour for one child and \$2.50 for each additional child.”

According to the Meugniot, parents are charged what DOD has set in place. There is no extra charge when children come in on school early out days. The parent is charged just the base amount of hours they have contracted for. What the Youth Programs do charge extra for is non-attendance

days.

“What that is,” said Meugniot, “is if your child is at the Youth Center for a full day you pay the \$5 summer camp fee in addition to your contract, because your contract is from 6 to 8:30 a.m. and 12 to 6 in the afternoon.”

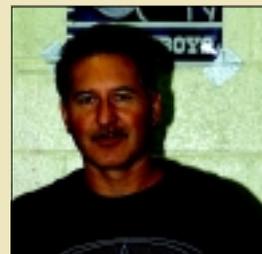
Department of Defense Instruction 6060.3 sets the standard by which all installation SAC programs are run. It also states “the purpose of the SAC program is to assist DOD military and civilian personnel in balancing the competing demands of family life and accomplishment of the DOD mission and to improve the economic viability of the family unit. SAC is not considered an entitlement.”

Eligible persons interested in the School-Age Care program or who have questions should contact Theresa Meugniot, Youth and Teen program administrator, at 577-6287, or contact Aricia Phillips, SAC program coordinator, at 577-6617.

Eligible patrons include active duty military personnel, DOD civilian personnel paid from appropriated funds or non-appropriated funds, reservists on active duty or during inactive duty training, and DOD contractors.

Gunny's Picks

Week 4



Congratulations to Rick Peralta, hydraulic mechanic, CWC 726, MCB, this week's Gunny's Pick winner. Peralta, a staunch Cowboy fan, went 11-2. The game of the week will be the Tennessee at Pittsburgh. Titans versus Steelers sounds like a classic gladiator match up. If these two teams are up to snuff this weekend this should be a four-quarter street fight. The

other game to watch is Kansas City at Baltimore. Can the vaunted Raven defense shut down the Chiefs high-powered offense? These questions and many others should be answered this weekend. Here are the pairings for Weeks 4.

To submit your choices for Gunny's Picks, fill out this section of the newspaper and drop it off at the Public Affairs Office in the Green Wing of Building 15, or e-mail who you think will win each game to editor@barstow.usmc.mil.

- *Tennessee at Pittsburgh
- New England at Washington*
- Atlanta at Carolina*
- *Kansas City at Baltimore
- *Jacksonville at Houston
- Philadelphia at Buffalo*
- Cincinnati at Cleveland*

- Arizona at St. Louis*
- San Francisco at Minnesota*
- San Diego at Oakland*
- *Dallas at NY Jets
- Detroit at Denver*
- *Indianapolis at New Orleans

Monday Night

*Green Bay at Chicago

Total points: _____

Name, work section and phone number: _____

Monday night's game is a tie-breaker and must include a total score.

GOT NEWS? *If you think you've got something newsworthy, call the public affairs office at 577-6430.*

ESTRADA from Page 2

the order that states Marines failing to meet standards be exempt or given 30-, 60-, 90-day grace period.

This type of nonsense has a very negative effect on the morale of those who are in compliance.

Expect me to ask if someone is within standards during my visits if they don't seem to be.

Non deployables: It is time for us to take a serious look at how we handle this issue.

All Marines must be worldwide deployable, and assignable.

No Marine should be retained and continue to serve in our Corps if it is not possible for them to deploy.

After reasonable time and effort has been given to their particular situation, then the call must be made to do what is right for our Corps.

It may mean sending them home; the bottom line is the needs of our Corps takes precedence over their individual needs. We are an expeditionary force, that means being able to deploy on short notice.

Non/partial PFT: I strongly recommend that everyone in a leadership position familiarize himself or herself with the MCO and comply.

After two partial PFTs the member should be evaluated for a medical board. It may not be a popular decision; however, it

is a fair decision in order to maintain high morale and effectiveness of Marines within your commands.

Special duty assignment/overseas screening: Sergeants major, I expect you to take an active role in ensuring that the Marines under your charge are properly screened for special duty assignment and overseas assignment.

My thoughts are you only send the very best Marines to special duty assignment.

Proper screening for these assignments ensures that we have the best leadership possible influencing the young men and women who are recruited into our Corps.

Those Marines selected to be drill instructor and combat instructors at our depots and SOIs have the important task of training those young men and women to join our operating forces.

Protection of our embassies worldwide is paramount; therefore, our Marine Security Guard program is crucial to our nation's security.

In almost all cases, these Marines return to you a much more capable leader after a successful tour of SDA.

Retirement: Approval of request to pull retirements after approval by HQMC affects promotions and staffing levels.

When senior SNCOs make the decision to retire, I expect it was a well thought out decision that should be adhered to.

There will always be certain cases to be looked at for medical/humanitarian

reasons; however, it's a case-by-case basis.

Awards/promotion ceremonies: The CMC and I will participate with early notifications of requests. I ask that you forward to me the sequence of events and supporting documents at least one day prior to the event.

Asking us to do so on the day we show up is inappropriate and unacceptable. No one should be asking the CMC for coins. Familiarize your Marines/sailors with his policy relating to coins. Spontaneous requests for anything are not looked at favorably.

New drill/ceremony manual: The new one has been signed; every command should have it by now.

Ensure that all of your subordinate commands are in compliance with the new order.

The days are gone when everyone had his or her own interpretation because of vagueness in the old order. As I go around our Corps, I will be paying attention to see if you are in compliance during parades/ceremonies.

Desert style uniform: Refer to MARADMIN 310/03 and pay attention to paragraph "C."

The bottom line is Marines can wear either uniform at their own discretion, unless otherwise prescribed by the commander for specific events (e.g. ceremonies, parades) when uniformity is required. The key wording here is specific events.

CHAPLAIN from Page 2

our necks. When we were feeling as though we were in quicksand and sinking fast.

When we have felt as though the flooding torrents of life had swept us past the shoreline and into the deep waters where we cried and screamed for help until our eyes were red and sore and our throats were failing as we looked for rescue from our great God. When we have remembered that then we can act in a right way toward those less fortunate than us.

Yes, sometimes those people have made choices that have landed them where they are. Yes, sometimes you will find people who will never change and will always be desperate in some way. There are others whom we should recognize as people who really are looking for a way to succeed and have learned from past mistakes.

These are the people who really need the help. The problem is that it is easy to forget how hard times can be when you have made the journey from poor to average.

It is hard to remember the pain of really not having enough gas to get to the store or to church or to the doctor when you have plenty. It is hard to remember what it is like to be in a place where there simply are no "good" choices left.

What remains is for us to be God's hands extended and to hear the cries of anguish and reach out when we can. I believe we can do that if we can only remember.

Peace,
Fr Randel

1999 FORD F-350: Crew cab, V10, A/C, P/W, locks, mirrors, CD cassette, \$21,000 Call 253-2858. Ask for Domingo.

1993 CHEVY S-10 TAHOE: 3.0 L, V-6, 5 speed, 140k miles, grey and red, little rust, very reliable, never had any major repairs, runs and starts xlt. \$1,500, OBO. Call Andy 252-3131, cell 443-622-9937.

1967 REBEL RAMBLER: 4 door, rebuilt engine and transmission, \$1,000, OBO. Call 252-9155.

MISCELLANEOUS: Sharp microwave/convection oven (needs a board) \$200, 10-gal. Suburban RV water heater, gas/propane, \$100, 4-burner drop-in gas stove w/high oven (new) \$250; Kenmore washer & dryer (working) \$200; Sharp Microwave \$40; Kenmore upright freezer (needs thermostat) \$75; 8-foot green velour sofa \$150; 5-foot glass & chrome table \$75. Call 252-4996 to see.

MISCELLANEOUS: Weslo treadmill \$75; Pentium III computer, w/monitor, software, scanner and desk \$150, OBO; surfboard \$50, OBO; cassette tapes (100) \$20, OBO. Call 252-2068.

MISCELLANEOUS: New 13,000 BTU RV AC w/heat pump \$500; shallow well pressure pump, \$35; Transport wheelchair w/cover and auto carrier, \$175; tub chair/potty chair (offers). Call 252-4996 to see.

MISCELLANEOUS: Kenwood Home Stereo System and CD player w/2 15" speakers, \$300; PS2 w/2 controllers and several games, \$200. Contact Dave, 256-7857.

MISCELLANEOUS: Electric dryer, works great, \$50 OBO. Call 252-2420

MISCELLANEOUS: Boys bicycle, 8 speed, (purple & silver) with mountain tires, \$45; Ghostbuster's toy house (3 story structure) \$10 & several super hero toys and costumes \$1; Remote control racing car, has monster wheels & accelerated climbing ability \$20. Call 252-1160.