

# BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 8, No. 21

Marine Corps Logistics Base Barstow, California

May 27, 2004

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**Check out the Marine Corps Web site.**

<http://www.usmc.mil>

**BARSTOW LOG**  
SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

<https://www.barstow.usmc.mil>

## DOD standardizes HIV test intervals

By **Gerry J. Gilmore**  
American Forces Press Service

WASHINGTON, May 21, 2004 — Military members are now required to be tested for HIV every two years, according to a Defense Department health policy change implemented March 29.

The Armed Forces Epidemiological Board recommended the change, which standardizes the HIV testing interval across the services, according to Dr. David N. Tornberg, deputy assistant secretary of defense for clinical and program policy, during a May 20 interview.

DOD requires HIV testing, Tornberg explained, because it is responsible for maintaining the health and well-being of all service members.

Previously, Tornberg noted, HIV testing intervals varied among the armed services. The military began

testing service members for HIV, he said, in the mid-1980s.

Today, "we're optimizing testing," Tornberg explained, citing medical studies that show very few people with HIV become sick with AIDS within two years of being infected.

Therefore, service members who test HIV positive under the new two-year interval, he noted, are most likely to benefit from anti-viral drugs and other treatments that help keep the disease at bay.

"We're looking to protect the individual," Tornberg said, noting that HIV-positive service members are not automatically discharged and may continue on with their military careers.

The two-year interval also enables DOD to consolidate HIV testing for deployments. For example, he noted, Guard and Reserve members are now

See HIV Page 9



Photo by Cpl. Ryan Walker

Platoon sergeant, Sgt. Michael A. Perez, aviation system repairer, 1st Stinger Battery, Marine Air Control Group 18, 1st Marine Aircraft Wing, leads his "stack" to assault and clear a building during Military Operations in Urbanized Terrain exercises in the Central Training Area May 10. See story and photos on Page 13.

## Request mast: What Marines should know

By **Lance Cpl. Jenna Lassandrello**  
Combat Correspondent

Marine Corps Order 1700.23E defines request mast as "the right of all Marines to directly communicate grievances to, or seek assistance from, their commanding officers." Request mast includes both the right of the Marine to communicate with the commander, normally in person, and the requirement that the commander consider the matter and personally respond to the Marine requesting mast.

Marines first learn of the request mast process in recruit training and the issue is revisited many times throughout their tour in the Corps. But no matter how many classes Marines have sat through, there may be things that are overlooked when it comes to the policies and procedures of requesting mast.

"It is very important for all Marines, no matter their rank, job, location or anything else, to read and be familiar with the request mast policy," said Maj. Clarence

Guthrie III, commanding officer of Headquarters Battalion, MCLB Barstow.

"You can never know when the need for knowing the policy might come about."

All Marines, active duty or reserve, who are attached to a Marine Corps command, to include Marines serving on temporary additional duty and uniformed members of other services who are attached to a Marine Corps command, have the right to request mast.

It is basic Marine knowledge that the proper way to get an issue resolved is through a Marine's chain of command, but request mast gives Marines a way to formally take their complaint or grievance to someone higher in the "chain."

Request mast should not be used to disregard the chain of command, said 1st Sgt. Donald George, Headquarters Battalion first sergeant.

"The chain of command should be given every opportunity to deal

with the problem first," said George.

The request mast process is the preferred method for submitting formal complaints about equal opportunity issues such as discrimination and sexual harassment or other issues such as hazing.

"Sometimes different factors can prohibit a Marine from using his chain of command, and request mast is a formal way to circumvent the chain of command when needed," said Guthrie.

Request mast can be used to provide privacy on more sensitive topics that Marines may not wish to discuss with their chain of command, said George. "It is not mandatory for Marines to give a reason when requesting mast," he said.

A Marine can request mast to his or her commanding officer or any superior commander in the chain of command, up to and including the Marine's commanding general.

Some Marines may believe they have a right to request mast to whomever they choose. The order

actually states that although Marines may be granted the privilege of forwarding an application for request mast with higher commanders, such as the commandant of the Marine Corps, there is no right to request mast with such a higher commander.

Any general in the chain of command between the Marine's immediate commanding general and the commandant of the Marine Corps has the power to stop the request mast at his or her level. Although Marines have the right to request mast, that right will only allow them to communicate their grievances to their commanding general or lower unless the commanding general forwards the request to a higher commander.

"Due to the fact that most request mast problems can be solved at the unit level, the Marine Corps has always preferred that Marines give their lower-level commanders an opportunity to help them first,"

See MAST Page 9

# Base commander's Memorial Day message

By **Col. Liz Bergman**  
Base Commander

Since 1868 our nation has set aside Memorial Day to remember those who have made the ultimate sacrifice to ensure the blessings of liberty that we all enjoy.

Sometimes the significance and symbolism of Memorial Day are over-shadowed by a day off from work, a family gathering, picnics and the many other traditions of the early days of summer.

**"I ask each of you to take a moment this Memorial Day to remember our nation's fallen patriots, and reflect upon their sacrifice and the sacrifices of their families."**

However, today we continue to see the sacrifices made by our Marines, soldiers, sailors, airmen and Coast Guardsmen in service to our country.

To properly honor them is an enormous undertaking — for how do we adequately thank

those, who in selfless service to our freedom, have laid down their lives for us?

They deserve our respect, their nation's thanks, and should be remembered with dignity and reverence.

I ask each of you to take a

moment this Memorial Day to remember our nation's fallen patriots, and reflect upon their sacrifice and the sacrifices of their families.

On this Memorial Day let us reaffirm our commitment to the cause of freedom as we rededi-

cate ourselves to supporting the ideals of our great nation.

Make it a day of remembrance.

Let it stir your pride and conscience and cause you to cherish and build a better community, nation and world where freedom, peace, dignity and basic human rights prevail.

Joe and I hope you enjoy this special holiday and ask you to do so safely.

You are important to your family, community, MCLB Barstow, and the nation.

## Feasts teach us life lessons

By **Lt. Cmdr. Randel Livingood**  
Base Chaplain



May 20 was the celebration of the Feast of the Ascension. It was the period of time 40 days after the celebration of Easter in the Christian Church. While I realize that there are many

who do not celebrate these feasts, I believe that there are some important ideas to be gleaned from recognizing some of the events surrounding these feasts. Easter is a wonderful feast day that is enjoyed by many people and does not always have religious or spiritual connotations in its celebration. Easter is viewed as a time of life giving or fertility and seems very often to signal the beginning of spring when the earth starts putting forth buds, and flowers, and grass and all kinds of things that grow. It is also the time that we start to venture out of our homes to enjoy the mild weather and take advantage of being able to sit outside and enjoy the wonder-

ful scenery with which we are blessed in the high desert. On the other hand, Ascension is a little more challenging to incorporate into our lives partially because it is less understood than Easter. Ascension is the time that marks the last moments of Christ on the earth. It marks his departure from this earth to the glories of heaven and so is important because it delineates the time of firsthand, face-to-face, tangible experiences with Jesus to faith experiences with Jesus. It may seem as though this is only a feast day that Christians can celebrate or learn from, but I believe that it is a day that we can all learn from.

If you read the story of the ascension, you will see that there are words exchanged right before Jesus departs into heaven.

There had been lots of instruction throughout the last three or so years that Jesus had spent with his disciples and he had been preparing them for what was to be in their futures. He had been instructing them on what to do and how to do it after he left. In fact, his last words to them besides the blessing he

See **CHAPLAIN** Page 15

## Just doing my job ...



Photo by Pfc. Nich R. Babb

Dave Lincourt, a machinist in Maintenance Center Barstow's Cost Work Center 714, spray paints parts that are mounted on the engines of light armored vehicles. Lincourt is a Los Angeles native and enjoys working out and riding motorcycles in his free time.

### Chapel Services

Protestant Sun. 8:30 a.m.

### Catholic Rosary

Bible study will now be held at the Colonel's Workshop, Building 573 Tuesdays and Thursdays from 11:30 a.m. to 12 p.m.

For more information, call 577-6849.



Marine Corps Logistics Base Barstow, California  
Colonel Ingrid E. Bergman, Commanding Officer

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# News Briefs

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Thursdays for the next week's issue. Submit news briefs via e-mail to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

## Lunch Menu

Unless otherwise indicated lunch menus for the Family Restaurant, Cactus Cafe and the Lanzer Lounge are the same. Lunch menus are subject to change.

**Today** – Italian wedding soup and salad bar.

**Friday** – 12 inch tuna sub and potato chips.

**Monday** – Memorial Day holiday – Menu service at Family Restaurant from 9 a.m. to 2 p.m.

**Tuesday** – Sliced pork loin, mashed potatoes and gravy.

**Wednesday** – Boneless chicken breast with honey lemon sauce.

Active duty military \$3.25, all others, including civilians \$4.75.

Lunch entrees include roll/butter, vegetable, coffee, tea or soft drink.

Lunch hours: Family Restaurant: 10:30 a.m. to 1 p.m. Cactus Cafe: 11 a.m. to noon. Lanzer Lounge: 11:30 a.m. to noon.

For more information, call 577-6428.

## Breakfast

Breakfast at the Family Restaurant is from 5:30 to 7:30 a.m. and at the Cactus Cafe from 5:30 to 6:30 a.m. Prices: Active duty military \$1.60, all others \$3.25.

## Family Night Dining

**Tonight** – Spaghetti Night! Spaghetti, garlic bread, tossed green salad, dessert and fountain drink of your choice.

Family Night dinners are served at the Family Restaurant every Thursday from 7:30 p.m.

Prices are the same for military and civilian: \$6 adults, \$4 children (5-11 years).

Children under 5 years dine free.

## Blood Bank Drive

A blood drive is scheduled for Today from 11:30 a.m. to 3 p.m. in Building 44, the Base Gym, and from 11:30 a.m. to 3 p.m. at the Maintenance Center, Building 573.

Healthy individuals who are at least 17 years of age are encouraged to donate. All prospective donors should be free of illness and infections, weigh at least 110 pounds and not be at risk for AIDS or hepatitis.

All departments should submit a list of donors to the Human Resources Office no later than Monday. The Fleet Support Division and the Installation and Logistics Department are to submit a list of donors to the Maintenance Center.

Each department's administrative officer should designate a representative who will be in attendance one half hour prior to the scheduled time frame. These representatives will be responsible for checking donors in and calling substitutes for those who are unable to donate due to absence or rejection.

Please ensure that volunteers do not arrive prior to their scheduled time. The schedule has been set up to ensure a smooth flowing blood drive without long waits for employees.

For more information, contact Josie Marquez at 577-6483.

## Power Outage

Due to the changing of internal Motor Control Center panels, the following power outages are scheduled for the following dates, times and locations:

Friday from 3 p.m. to 12 a.m. in Building 598.

Saturday from 12 a.m. to 12 a.m. Sunday in Building 598

Sunday from 12 a.m. to 4 p.m. in Building 598.

For more information, call the Public Works Division Utility Manager at 577-6911/6608.

## Disabled Employee Awareness Luncheon

A Disabled Employee Awareness Luncheon is scheduled to be held at the Oasis Club June 17 from 11 a.m. to 12:30 p.m.

Elisa Sedlacek, community advocate for the Center on Deafness High Desert, will be the keynote speaker.

Grilled chicken salad and a roll or Salisbury steak with mashed potatoes and gravy will be served.

Tickets cost \$7.50 and can be purchased by June 10 from any of the following people:

Marva Johnson- Human Resources Office 577-6965

Jack Stormo- Installation and Logistics Department 577-6937

Richard Kastner- Maintenance Center 577-7037

Ed Tintos- Maintenance Center 577-7193

Michael Olguin- Fleet Support Division e-mail: [micheal.olguin@usmc.mil](mailto:micheal.olguin@usmc.mil) or Michelle Noice at [michelle.noice@usmc.mil](mailto:michelle.noice@usmc.mil)

The event is open to everyone with supervisor's approval.

## June Social Events

The following social events are scheduled for the month of June.

A hail and farewell for officers and



Never ask a Marine to put on tattoos.

staff noncommissioned officers departing in the months of June and July is scheduled for June 3 at 4 p.m. All hands are invited.

Lt. Col. Charles Hamilton's retirement ceremony and reception is to be held at the Oasis Club June 9 at 3 p.m.

June 16 at 8 a.m. is the Headquarters Battalion change of command ceremony. The ceremony is to be held at Building 15 by the flagpole.

Maj. Christina Wesely's retirement ceremony and reception is scheduled for June 18 at 4 p.m. in the Oasis Club.

June 24 at 3 p.m. is Col. Liz Bergman's farewell reception at the Oasis Club.

Master Sgt. Vanhovel's retirement ceremony and reception is scheduled for June 25 at 3 p.m. in the Oasis Club.

The base change of command ceremony is scheduled for 8 a.m. June 29 at Sorensen Field.

## DEFY

The Drug Education for Youth pro-

gram has extended the deadline for registration. The new deadline is today.

The mandatory parent orientation will be held at the base Chapel at 6:30 p.m. tonight and applications will be accepted at the orientation.

The physical portion of the applications will continue to be accepted after Today.

The DEFY program is a mentoring program for children ages 9 to 12 that will include a summer camp, monthly trips and lots of fun throughout the whole year.

Applications are located at the Base Chaplain's office, the Youth Activities Center and the Headquarters Battalion office. For more information, contact Staff Sgt. LaFawn Skipper at 577-6849.

## Healthcare Notice

The Joint Commission on Accreditation of Healthcare Organizations will conduct an accreditation survey of Weed Army Community Hospital on June 8 and 9.

The purpose of the survey will be

to evaluate the organization's compliance with nationally established Joint Commission standards. The survey results will be used to determine whether, and the conditions under which, accreditation should be awarded to the organization. Joint Commission standards deal with organizational quality of care issues and the safety of the environment in which care is provided.

Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint Commission's field representatives at the time of survey.

The requests must also indicate the nature of the information to be provided at the interview.

Such requests should be addressed to Division of Accreditation Operations, Office of Quality Monitoring, Joint Commission on Accreditation of Healthcare Organizations, One Renaissance Boulevard, Oakbrook Terrace, IL 60181, faxed to (630) 792-5636 or e-mailed to: [complaint@jcaho.org](mailto:complaint@jcaho.org).

## Job Watch

Ann No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
SW2005-04-178548-CE	Supply Technician (OA) GS-2005-05	5-18-04	6-1-04	5-20-04	MCLB Barstow
SW3546-04-184772-DE	Railroad Repairer WG-3546-08	5-20-04	6-2-04	5-24-04	MCLB Barstow

Applicants interested in the above positions should submit resumes online at the following Web sites: <http://www.donhr.navy.mil> or <http://www.usajobs.opm.gov>.

For information regarding Open Continuous announcements point your browser to <http://www.donhr.navy.mil>.

For more information concerning job announcements visit the Self-Service Center, Building 236, Mondays through Fridays from 7 a.m. to 3:30 p.m. or call the Human Resources Office at 577-6357/6279/6481.

This is not an official list. Please see the Web sites listed for a complete list.

# MCCS, Semper Fit, SMP collaborate for '101 Days'

## *Summer-long event offers Marines a glimpse at a safe, alcohol-free, healthy lifestyle*

**By Pfc. Nich R. Babb**  
Combat Correspondent

A Marine sits on his couch watching re-runs on television while the sun is beating down outside of his window. The air conditioning is broken, and the only way to stay cool is drinking a chilled beverage. He thinks he is melting, so he keeps physical activity to a minimum. With the awful weather outside and the sweltering heat, there is nothing for the Marine to do this summer.

Nothing, except attend various activities sponsored by Marine Corps Community Services, along with the Single Marine and Semper Fit programs on base, as part of the 101 Days of Summer campaign, starting Memorial Day weekend and ending Labor Day weekend.

101 Days of Summer was started at Marine Corps Air Station Miramar, Calif., and is intended to denounce alcohol and

drug use among Marines, said Staff Sgt. Joseph D. Johnson, MCLB Barstow substance abuse counselor, alcohol and drug prevention specialist and the suicide prevention counselor.

"The campaign deglamorizes drug and alcohol abuse by offering alternate healthy activities for Marines to participate in," said Johnson.

According to the SMP schedule of events, there are six activities planned for the campaign including a flag football tournament June 11, toga pool party July 1, the Desert Challenge July 30, a drug-free run Aug. 13, and a "barracks bash" Aug. 27 to cap it off. These activities are designed to promote good health, teamwork, drug and alcohol awareness, and to have some good clean fun, Johnson said.

In addition to having fun, there are going to be points awarded to Marines when they participate in the events of the campaign.

Marines receive points by attending an event and being on a team that ranks high at the end of a competition, said Johnson. At the completion of the 101 Days of Summer program, individuals with the three highest point totals are going to be awarded high-profile prizes for their efforts. Johnson said, although nothing is confirmed, prizes such as weekend getaways and tickets may be amongst the many rewards.

Also, raffles and door prizes are going to be given out at each event, said Johnson.

The first big activity scheduled is a flag football tournament June 11, starting at 7 a.m. Immediately following the conclusion of the championship game, a barbecue is going to commence, Johnson said.

The criteria for participating in the tournament are eight-man teams with players filling three linemen positions, one quarter-

back and four ball advancement positions on offense, with the same players playing defense. The games will be 30 minutes long, or first to five points with double elimination. A team reaches a first down when two completions are made.

Finally, each team is required to have at least one female Marine participating, according to the SMP executive council.

Johnson said that last year's 101 Days of Summer "was pretty effective, with fairly good participation."



Photo by Cpl. Andy J. Hurt

Cpl. Gregory Horn takes a leap into summer fun during one of last year's events. A toga pool party is slated for July 1.

For more information, contact Johnson at 577-6851, or Sgt. Daniel L. Peters at 577-6500.

# Punishment for on-base driving offense updated

By Lance Cpl. Jenna Lassandrello  
Combat Correspondent

Driving may be dangerous, but crashes are not inevitable -- they're preventable, often with the application of some common-sense risk management like wearing a seatbelt and not using a cell phone.

"These two issues are particularly important on MCLB Barstow because they are two of our most common problems," said Master Sgt. Richard Holman, the provost sergeant for the Provost Marshal's Office, about seatbelt and cell phone use.

MARADMIN 225/03 focuses on these two issues and establishes a standard minimum penalty for not wearing a seatbelt, said Master Sgt. David Vanhovel, the base inspector.

Probably the biggest change in this MARADMIN is the seriousness on the issue of the use of seatbelts, said Holman.

"The Marine Corps loses too many Marines due to not wearing seat belts," said Holman.

Currently, the maximum punishment for not wearing a seat belt on base is two points on the driver's base driving record and 15 days suspension of driving privileges on base.

The MARADMIN states that the minimum penalty for failure to wear a seatbelt on

a Marine Corps installation will be a one-week suspension of all driving privileges on base, plus attendance of a four-hour remedial driving class focused on safety belts.

"A revised version of the base policy is in the works and will have changes reflecting the MARADMIN penalties," said Vanhovel.

But in the revised base policy, the penalties will be a seven-day driving suspension and four points added onto the driver's base record for the first violation.

For the second violation, it will be 30 days suspension, and for the third violation it will be six months suspension, said Vanhovel.

"The base commander's policy on the matter is that if you are not wearing a seat belt you are wrong," he said.

The base policy applies to not only the drivers of privately owned vehicles but also to all passengers, including applying to child restraints, and to any motorized vehicle on base equipped with seat belts (including the construction equipment).

"(Drivers on MCLB Barstow) who do not want to conform can walk," said Vanhovel. One of the reasons for people having accidents while driving is because they are talking on cell phones, said Holman.

"It is just a common habit that when the phone rings we answer it. But when people get involved in their conversations, they pay

less attention to their driving and it becomes dangerous," said Holman.

Before MARADMIN 225/03 there was no specific recognition of the hazard of driving and talking on the phone, so on MCLB Barstow it was categorized as "inattention to driving."

But MARADMIN 225/03 states "operators of privately owned vehicles on Marine Corps installations shall not use cellular phones while the vehicle is in operation, unless they are using a hands-free device. A hands-free device is a feature that is included or available with most of today's cellular telephones that permits a driver to use the telephone without lifting or holding the handset to the driver's ear."

"Cell phone use is a big issue on this



Photo illustration by Cpl. Andy J. Hurt

**Unsafe Practice:** Talking on car or cell phones without hands-free devices while driving is not only against base policy, it can be deadly if a Marine loses his focus on the road.

base, but the chance you might be saving a life, yours or someone else's, is worth the inconvenience of pulling over," said Holman. "Marines are held to a higher standard, in and out of uniform. That applies to everywhere they go and everything they do, even driving," said Vanhovel.

"We are trying to establish good, safe driving habits in everyone on base and (save) lives at the same time."

# Electrical Safety Month raises awareness

## MCLB Barstow Safety Office offers safety tips for home, work that may save lives

**By Lance Cpl. Jenna Lassandrello**  
Combat Correspondent

May is recognized as National Electrical Safety Month and is a way to raise awareness to the risks of electricity, said Jonathan Moore, a safety specialist with the Base Safety Office.

"People take it for granted and forget about the dangers that come with the benefits," said Moore.

There are several steps that can be taken to prevent electrical accidents:

### In the home:

- Check outlets and make sure there are no loose fitting plugs.

Keep wall plates in good condition and make sure to put safety covers on unused outlets that are accessible to children.

- Make sure that all cords are free of cracks or frays and are placed in low traffic areas. Never nail or staple cords to hold themz in place and do not put anything on top of cords. Extension cords should only be used temporarily.

-- Make sure that all light bulbs are the recommended wattage and securely fastened to prevent over heating.

-- Keep appliances away from water. If an appliance falls into the water, do not reach in to get it, even if it turned off.

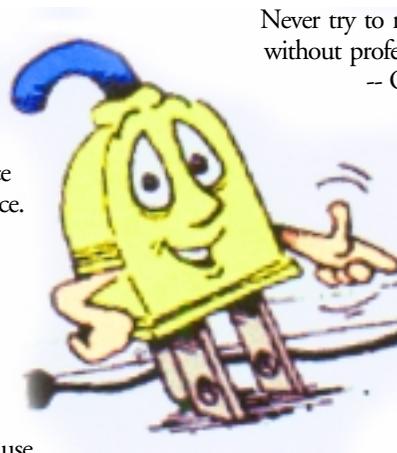
Turn off the power source and then unplug the appliance.

### Outside:

-- Do not use electrical equipment in wet conditions.

-- Inspect power tools for damage before each use.

If damaged, discontinue use and repair or replace.



Never try to repair electrical products without professional training.

-- Only use extension cords marked for outdoor use outside.

-- Watch for overhead power lines when handling or using a metal ladder.

-- Keep outdoor outlets dry. Do not leave power tools plugged

in when not is use.

-- Do not wear jewelry or loose clothing when using electrical tools.

### At work:

-- Use the right tools for each job.

-- Isolate equipment from energy sources.

-- Test circuits and conductors before beginning work.

-- Wear protective equipment.

-- Check safety regulations when a ladder or part of a vehicle will be elevated near overhead power lines.

-- Use non-conductive tools when possible. Electrical shocks can cause reactions from a tingle to a current that stops the heart depending on the voltage. Being conscious of the dangers of electricity can prevent accidents, said Moore. For more information on electrical safety, contact the Base Safety Office at 577-6266.

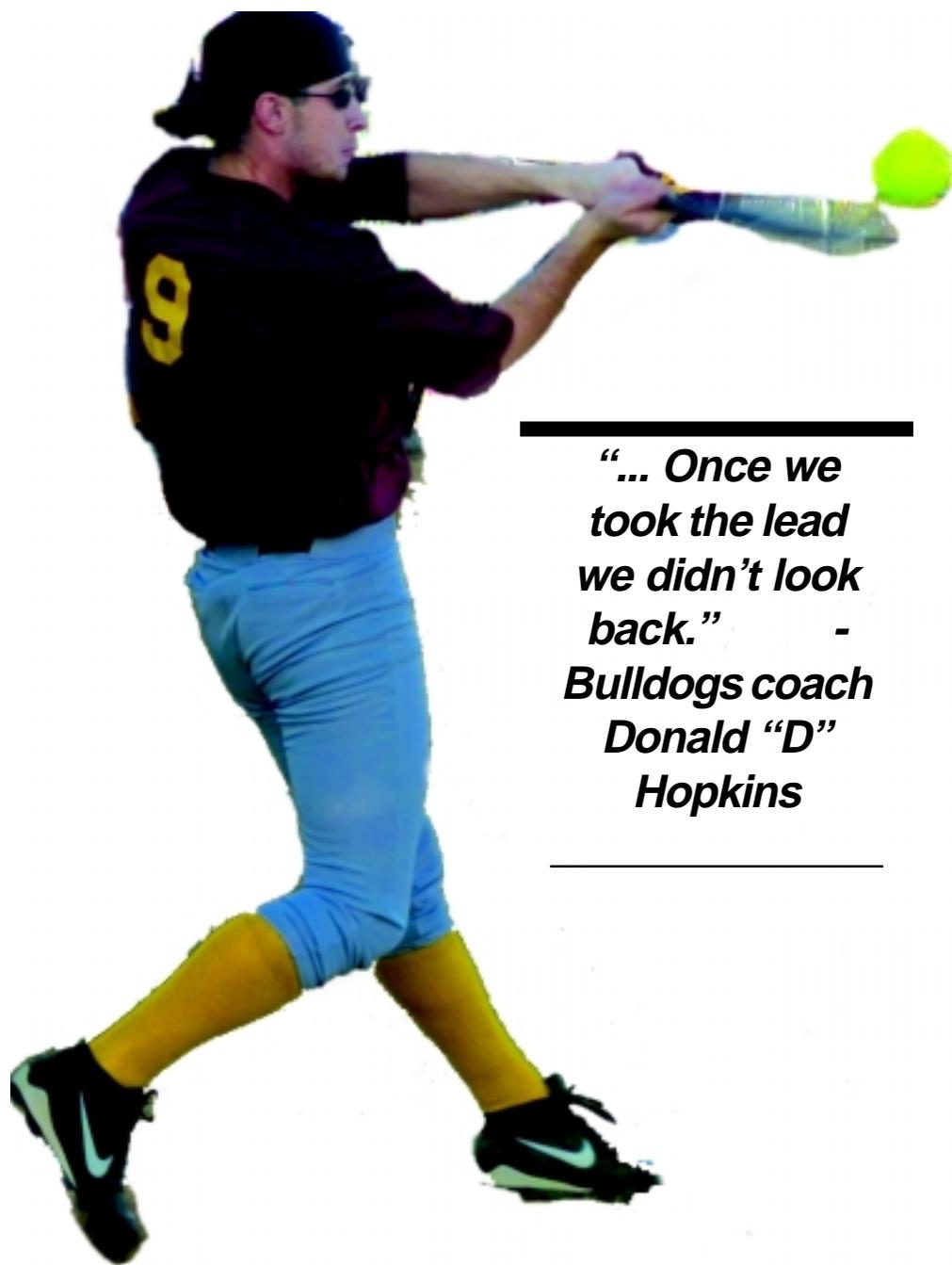
**Electrical shocks can cause reactions from a tingle to a current that stops the heart depending on the voltage. Being conscious of the dangers of electricity can prevent accidents.**

### Editor's Note:

*"Mr. Plug" and information in this article were taken from the Electrical Safety Foundation International Web site at [www.esfi.org](http://www.esfi.org).*



# SPORTS




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**“... Once we took the lead we didn’t look back.” - Bulldogs coach Donald “D” Hopkins**

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Photo illustration by Cpl. Andy J. Hurt

## Bulldogs chew up Phantom Sports in doubleheader

**By Pfc. Nich R. Babb**  
 Combat Correspondent

The MCLB Barstow Bulldogs in a softball doubleheader May 20 went undefeated against Phantom Sports by holding them to a final score of 18-15 in the first game and trampling them 25-12 in the second at the Robert A. Sessions Memorial Sportsark.

Marco Catano hit two inside the park home runs, which scored a total of four points for the Bulldogs in the first game.

Preceding the first game the Bulldogs chose to be the home team after winning a coin toss. Matthew Shockey lead the team in the bottom half of the first inning by advancing to first base on a dropped fly ball. With Shockey on first, Catano came up to bat and smoked a ball that hit the back fence to score two. The Bulldogs ended the inning, nearly going through the entire batting order, leading 7-4.

The second inning was almost identical to the first, with Shockey hitting another single and Catano hitting another inside the park home run to make the score 9-9.

The Bulldogs won the game after four innings when the 60-minute time limit ran out.

The final score was 18-15.

The second game started with the Bulldogs batting first and scoring six runs to lead the Phantom Sports team 6-3 at

the end of the first inning.

With the scored tied 10-10 in the top of the third, James Hainer hit a triple to put some wind back in the Bulldog’s sails and scored two runs. Hainer was followed by a home run from Hopkins to give the Bulldogs a four-run lead in the third.

After the opposing team went scoreless in the top of the fourth, the Bulldog’s set Phantom Sports way behind in the fourth inning with an in-field three-run homer from Andy “Big Hurt” Hurt giving the Bulldogs a 21-10 lead.

Before the inning was over David Lewis injured his elbow when, during a rushed home plate play, slid headfirst too early.

Despite the injury, the Bulldog’s came out on top when they finished the game 25-12 after five innings of play.

Donald “D” Hopkins took the reigns as coach this year, and plans on just going out and having some fun, while winning.

“I think they did well. In the first game it went back and forth and we came out on top, but in the second once we took the lead we didn’t look back,” said Hopkins, “The games went well considering the amount of work the players have and the minimum amount of practice they get.”

The Bulldog’s next game is today at 6 p.m. at the Robert A. Sessions Memorial Sportsark.

## Sports Briefs

### All Marine Triathlon Team

The All Marine Ironman Team is scheduled to compete in the Ironman World Triathlon Championship in Kona, Hawaii Oct 16.

Marines interested in competing must submit resumes no later than June 20. Resumes will not be considered if received after this date. Most recent competitions and times must be included. Qualifying for the Ironman by racing qualifying events or selected by general lottery does not guarantee selection to the All Marine Team. Race experience at the distance of the championship, previous race results and the course competed in will be considered when selecting the team.

Team composition will consist of three men and one woman to

compete in the military division in conjunction with the Ironman Hawaii World Championship. Alternates will also be selected in case a replacement is needed.

Semper Fit will fund airfare, team uniforms and entry fees.

Team selections must be submitted to Ironman no later than July 4.

Resumes can be found at [www.usmc-mccs.org/semperfit/sports/sports\\_main.asp](http://www.usmc-mccs.org/semperfit/sports/sports_main.asp).

### All Marine Softball team

The All-Marine Women’s Softball Trial Camp is scheduled for Sept. 13 through 18 at Peterson Air Force Base, Colo. The Armed Forces Championship will be used to select the Armed Forces Team, which will compete at the women’s National Championship Sept. 24 to 26 in San Antonio, Texas.

Marines interested in competing must submit resumes to Semper Fit no

later than July 12.

Resumes can be found at [www.usmc-mccs.org/semperfit/sports/sports\\_main.asp](http://www.usmc-mccs.org/semperfit/sports/sports_main.asp).

### All Marine Golf Trials

The All Marine Golf Championships are scheduled for Sept. 11 through 18 at the Marine Air Ground Task Force Training Command Twentynine Palms, Calif. Marines will be chosen to participate in a 72-hole medal play. The top six men and three women in the competition will proceed to the Armed Forces Championship Sept. 19 through 25 at Fort Carson, Colo.

Marines interested in competing must submit resumes to Semper Fit no later than July 15. Resumes must include proof of current handicap, which must be four or lower for men and 14 or lower for women. A command endorsement stating that the Marine will be made available to attend

all events if selected must also be contained in the endorsement.

Resumes can be found at [www.usmc-mccs.org/semperfit/sports/sports\\_main.asp](http://www.usmc-mccs.org/semperfit/sports/sports_main.asp).

### All Marine Rugby Team

The All Marine Rugby Training Camp is scheduled for Oct. 10 through 17 at Marine Corps Base Camp Lejeune, N.C. There, an Armed Forces Team will be selected to compete in the Regional Championship Nov. 4 through 11 in Jamaica. The Armed Forces Championship will be held Oct. 18 through 23. Marines interested must submit a resume to Semper Fit no later than Aug. 22 and must include playing experience in the last two years.

Resumes can be found at [www.usmc-mccs.org/semperfit/sports/sports\\_main.asp](http://www.usmc-mccs.org/semperfit/sports/sports_main.asp).

# National 'Click-it-or-Ticket' campaign hits MCLB Barstow

Submitted by  
Base Safety Office

Starting Tuesday and continuing through June 6, teenagers and young adults will be surrounded with the strong message, "*Click It or Ticket*. If you won't buckle up to save your life, then buckle up to save yourself a ticket," as MCLB Barstow's Provost Marshal's Office joins more than 13,000 law enforcement agencies in a nationwide crack down on seat belt law violators.

The message to teens and young adults will be seen and heard in television and radio ads, across college campuses, over public high school public address systems, and through enforcement in locations where young people congregate – such as schools and sporting events. The two-week enforcement wave will be supported by more than \$30 million in Congressionally-funded national and state advertising.

It is based on a proven public

health model to increase belt use called "high visibility enforcement." Last year, the national *Click It or Ticket* push, with paid advertising, increased seat belt use by four percentage points – to 79 percent, the highest rate ever recorded.

"The only proven way to get significant increases in belt use among young people and ultimately save lives is through high visibility enforcement, including targeted and intense advertising to alert people to the enforcement," said Gunnery Sgt. Michael Parker from the MCLB Barstow Base Safety Office.

"Teens and young adults are killed at far higher rates in crashes because they are caught in a lethal intersection of inexperience, risk taking and low safety belt use. These tragedies are predictable and therefore preventable, using proven techniques like high visibility enforcement mobilizations."

According to the National Highway Traffic Safety Administration, 4,530 teens ages 16-19, died



and some 320,000 more were seriously injured in traffic crashes in 2002. And while young drivers ages 15-20 account for 6.6 percent of licensed drivers (12.6 million), they represented 14 percent of all drivers involved in fatal crashes and 16 percent (1,862,000) of police reported crashes in 2001.

Teen seat belt use in states with strong belt laws is consistently and substantially higher, presenting compelling evidence of the need to enact primary laws throughout the United States, according to a new analysis of government fatality data.

## HIV from Page 1

to have been tested for HIV within two years of a mobilization of more than 30 days.

Tornberg pointed out that both male and female service members could acquire HIV, which can be transmitted sexually, through intravenous drug use, or via blood transfusions.

People can help protect themselves from being infected with HIV, Tornberg observed, by employing safe sexual practices, including having monogamous relationships, and by not engaging in drug abuse practices.

The HIV infection rate across the military is about 2 out of every 10,000 service members, Tornberg said, which is equal to or lower than the civilian population in the United States for the same age and gender.

"Our service people can avoid HIV infection, as can all individuals," he concluded.

## MAST from Page 1

said Guthrie. "If the problem can't be worked out at the lower level it will be forwarded up the chain until it is resolved."

"Although request mast is a

right of a Marine, it can also be denied for a number of reasons," said Guthrie.

Marines can be denied the right to request mast if there are other specific avenues of redress available to the Marine. An example would be if a Marine were charged under the Uniform Code of Military Justice, he or she would not be able to request mast on the matter for which being charged. The appeals process is in place so that a Marine can express grievances; therefore, request mast would not be the appropriate action to take, said George.

If a Marine decides to exercise his right to request mast, he should notify his chain of command and then meet with the battalion first sergeant to discuss the problem. The Marine is not required to divulge any information to the first sergeant on the subject of his grievance unless he wishes. If he decides to, however, it would allow the first sergeant the opportunity to seek other means of resolving the problem without taking it to the level of request mast.

See **MAST** Page 15

# Marines seek out, capture, destroy

Story and Photos By Staff Sgt. Bill Libson  
1st FSSG

CAMP TAQADDUM, Iraq (May 20, 2004) — In the past week, Marines based here have unearthed some of the largest stockpiles of weapons found this year, which, left unfound, could have outfitted insurgents with the materials needed to construct improvised explosives and attack U.S. forces.

Discovered in various locations east of the camp by Weapons Company, 3rd Battalion, 24th Marine Regiment, more than 1,000 mortars, artillery shells and rockets — not to mention a cornucopia of other weapons — have been either captured or destroyed.

Now, as a result, Marines have stepped up the number of foot patrols they conduct, armed with metal detectors and shovels, in hopes of finding even more.

"We have had tremendous amounts of success in a short amount of time," said Capt. Adam T. Strickland, 32, a platoon commander with the battalion which, falls under tactical control of 1st Force Service Support Group here.

During a routine patrol May 13,

Marines searched a culvert running under a stretch of train tracks only to find dozens of mortar rounds wrapped in an old inner tube. When the Marines spotted rockets peeking through the ground, they realized they were standing on top of a hidden cache of weapons. In the next few moments, Marines dropped down on their hands and knees and dug through the dirt, uncovering more munitions.

"It was like an Easter egg hunt," said squad leader Sgt. Dorelle M. Harrison, a 21-year-old a native of Hartford, Conn., whose Marines stumbled upon these weapons.

The find seemed to set off a chain reaction.

On May 16, the company went hunting specifically for weapons. In just a few hours the Marines had located six separate piles, which contained a pair of surface-to-air missiles, two dozen rockets and more than 100 rocket-propelled grenades.

During a search of a nearby village on May 18, more than 200 mortar and artillery shells were uncovered.

Yet again, on May 20, a tip from a shepherd led Marines to a stash of rifle grenades and RPGs. Earlier on the same day; they found artillery shells, mortar rounds and TNT.

Some of the most harmless looking items found were perhaps the most disturbing.

Several 9-volt batteries and thin copper wire discovered in one of the caches could have been used to build improvised detonators for roadside bombs.

Insurgents commonly rig artillery shells to explode along supply routes hoping to disrupt convoys by crippling vehicles and killing Marines, said Master Sgt. Charles D. Goolsby, 39, an explosive ordnance disposal technician with Marine Wing Support Squadron 374, who provides bomb disposal services around Camp Taqaddum.

Five of the artillery shells found May 18, were already wired with detonation cord and plastic explosives when they were discovered.

What the Marines have come to find is that insurgents are hiding weapons in fields and palm groves near roads so that they can access them easily, said Sgt. Kenneth C. Cyr, a 27-year-old squad leader from Prairie Grove, Ark.

In addition to the bombs, the company captured a dozen mortar systems and two homemade rocket launchers possibly used to lob ordnance at Marine bases.

While most of the ordnance is

destroyed of bomb exper are carried b displayed fo the end, all

These rec uted to the tactic: walk

"Walk th the people. been doing anything, w altruistic m Strickland, a

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Shortly a ment, two n the camp, si named Wea work ahead

Iraqis open their gate to Marines with Weapons Company, 3rd Battalion, 24th Marine Regiment, so Marines can search the house for weapons May 18, 2004, in a village near Camp Taqaddum, Iraq. The company has stepped up foot patrols in the area in order to interact with locals and seize unauthorized weapons.

Between May 13-18, the company unearthed some of the largest stockpiles of weapons found this year, which could have outfitted insurgents with materials necessary to construct improvised explosives and attack U.S. forces.

The reserve infantry company, which provides security to the 1st Force Service Support Group at Taqaddum, is based in Springfield, Mo.



A Marine places mortar rounds on the ground near an Iraqi village May 14, 2004. During a patrol of the area May 13, reserve Marines from Weapons Company, 3rd Battalion, 24th Marine Regiment, stumbled across dozens of mortar rounds hidden in a culvert. After a thorough search of the area, Marines uncovered what they believe to be the largest cache of weapons found by Marines in the Al Anbar Province this year, hidden mostly in buried plastic barrels. The wide assortment of mortars, rocket-propelled and hand grenades, plastic explosives, artillery shells and rockets, as well as other munitions and bomb-making equipment, was later destroyed by Marine explosive ordnance technicians in a nearby field.