

BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 8, No. 25

Marine Corps Logistics Base Barstow, California

June 24, 2004

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Summer is officially upon the high desert and heat casualty prevention is paramount.

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Check out the Marine Corps Web site.

<http://www.usmc.mil>

MCLB to receive new commander

Barstow Log
Press Release

Marine Corps Logistics Base Barstow will receive a new base commander during a public ceremony scheduled for 8 a.m. June 29 at Sorensen Field here.

Col. Steven J. Thompson will replace Col. Liz Bergman, who will transfer to the logistics department of the Commander, Naval Air Force, U.S. Pacific Fleet, located at Naval Air Station North Island in San Diego.

Thompson's previous assignments include assistant chief of staff of operations for the 2nd Force Service Support Group at Marine Corps Base Camp Lejeune, N.C., and the 3rd FSSG, Okinawa, Japan. He was also the assistant chief of staff of logistics for Marine Corps Base Camp Butler, Okinawa, and the humanitarian as-

sistance and logistics plans officer for the U.S. European Command, headquartered in Stuttgart, Germany.

Thompson holds a bachelor's degree from Appalachian State University, Boone, N.C., and is a graduate of the Marine Corps Ground Supply Officers Course, Amphibious Warfare School, Marine Corps Command and Staff College, and the Air War College Seminar.

His awards include two Defense Meritorious Service Medals, two Meritorious Service Medals and the Navy Commendation Medal.

Sorensen Field is located next to the base's main gate, near which general parking will be available. In case of inclement weather, the ceremony will be held at Building 44, the base gym, located at the corner of A and 15th streets.

Explosive Resistant Support



By Lance Cpl. Ashley Warden

Sgt. Santiago Real, quality assurance analysis specialist with the Blount Island Command, tests the depth of the Explosive Resistant Coating that was sprayed onto a panel. Real knows the depth is right when he hears metal hitting metal. **See story and photos on Page 4.**

New leadership steps into MCLB HqBn



Photo by Lance Cpl. Jenna Lassandrello

Maj. Wayne O. Cox II receives the colors from outgoing battalion commanding officer Maj. Clarence "Gup" Guthrie III during a change of command ceremony June 16.

By Lance Cpl. Jenna Lassandrello
Combat Correspondent

A new battalion commanding officer assumed his position during a change of command ceremony held on June 16 in front of the MCLB Barstow Headquarters Building.

Maj. Wayne O. Cox, II will succeed Maj. Clarence T. Guthrie III as the commanding officer of Headquarters Battalion at MCLB Barstow. Guthrie plans to move his family to Mississippi where he intends on starting a civilian law career but plans to continue to serve in the Marine Corps Reserves.

Cox enlisted in the Marine Corps in 1988 and was subsequently selected to attend Officer Candidate School in Quantico. Cox has held a variety of command and staff billets starting his career as the platoon commander and supply officer with the 4th Service Support Group in Washington, D.C.

Cox held the billets of assistant officer in charge, deployment assistant officer in charge, Deployment Support Unit; operations officer, Storage; officer in charge, Storage; assistant officer in

charge, General Account; officer in charge, Customer Service; and the officer in charge, Repairable Issue Point, while stationed with the 2nd Force Service Support Group at Camp Lejeune, N.C.

Cox also participated in several Maritime Prepositioning Force exercises during this tour and served as the supply officer, Combat Service Support Detachment 61, Joint Task Force 160, Guantanamo Bay, Cuba, in support of Operation Sea Signal.

In January 1997, Cox was assigned to Headquarters Battalion, Marine Forces Reserve in New Orleans, where he served as the supply officer, S-4 officer, and the officer in charge, Supply Management Assist Team.

In 1999, he was assigned to 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C. where he served as the Assistant Division Supply Officer before being reassigned as the Division Supply Officer.

In November 2002, Cox deployed with the Combined Joint Task Force Horn of Africa as the Material Readiness Officer in support of Operation Enduring Freedom.

Cox has earned a bachelor of science degree at Bowie

See **COMMAND** Page 15

BARSTOW LOG
SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

<https://www.barstow.usmc.mil>

Base Commander bids 'A Final Farewell'

By Col. Liz Bergman
Outgoing Base Commander

Marines, sailors and civilian employees of MCLB Barstow, Tuesday at 8 a.m. we will hold the base change of command ceremony at Sorensen Field.

This will bring to conclusion my tour as your commanding officer. I hope that many of you will be able to attend, but for those who can't and for those I am unable to personally meet I want to take this final opportunity to say thank you.

... I want to take this final opportunity to say thank you.

It has been a privilege to serve as your commanding officer. I want to sincerely thank you for all your efforts on behalf of the base, LogCom, and the Marine Corps. You are a talented and remarkable team.

You have made so many lasting contributions over the past three years, it is impossible

for me to recognize them all.

But I want to say thank you for making this base a great place to work and to live. So let me review some of our efforts:

There have been many changes in the past three years and I will start with the overall topic of installation reform and reorganization.

You were the Marine Corps' leading organization in standing up a base operation Most Efficient Organization. This remains an ongoing

challenge and as you improve your internal processes you also export your skill and experience.

I think every base that has followed you into this arena has either visited you or asked for your assistance which you have willingly shared.

You are leading the way for the Marine Corps and you can

all be justly proud of this accomplishment. Along with this we saw the reshaping of the base Installation and Logistics Department and public works.

This integration of MEO and I&L has been key to sustaining and improving our infrastructure.

Our Administrative Support Department also stood up just before my arrival and over the past three years, they have matured into a first-rate man-

See **FAREWELL** Page 10

Working to cause no offense

By Lt. Cmdr. Randel Livingood
Base Chaplain



I was thinking the other day how often as a chaplain I offer pastoral care to people who are in conflict.

In fact, it seems that most of the time when people come to see me they are in conflict with another person and are looking for ways to

resolve their dilemma.

I think this is not an unusual set of circumstances for many people and that in fact we all find ourselves in that predicament from time to time.

You may be able to recall times in your life when you have been in conflict with someone else and you may even be able to remember what the conflict was about.

I have come to believe that most of the time when there is conflict there are two, or more, people involved who believe themselves to be "right."

Usually by the time these people come to the chaplain they have gone way past the stage of even remembering what initially brought the argument about and now are just

angry at each other because they have had their pride injured in some way.

These kinds of problems are not uncommon and often result in much estrangement and discontent.

Most of us do not like to be in conflict with the people who work with us or those who make up our family, yet these are the people with whom we are most likely to argue.

I think that most times the difficulties begin simply enough and then grow out of proportion.

Usually as a statement is made or an action is taken and someone takes umbrage with what was said or done.

That person then informs the other that they are incorrect and therein begins the conflict.

Of course certain personality types may be more prone than others to engage in these kinds of situations, but it seems that almost anyone is capable of doing so.

The fact is that sometimes being "right" is not as important as cultivating and maintaining a good relationship.

The challenge is recognizing that and doing something about it. In today's readings from Matthew 17:22-27 I read an

See **CHAPLAIN** Page 12

Just did my job ...



Photo by Pfc. Nich R. Babb

Maj. Christina H. Wesely, former staff judge advocate, worked here for the past two years and retired Friday after serving 20 years in the Marine Corps. At her retirement ceremony she was awarded a Meritorious Service Medal for her service here. Highlights of her MSM citation include finishing over 600 legal assistance matters and saving over \$40,000 in tax preparation costs for active duty personnel and retirees.

Chapel Services

Protestant Sun. 8:30 a.m.

Catholic Rosary

Bible study will now be held at the Colonel's Workshop, Building 573 Tuesdays and Thursdays from 11:30 a.m. to 12 p.m.

For more information, call 577-6849.



Marine Corps Logistics Base Barstow, California
Colonel Ingrid E. Bergman, Commanding Officer

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For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, phone: (661) 945-5634.

News Briefs

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Thursdays for the next week's issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Lunch Menu

Unless otherwise indicated lunch menus for the Family Restaurant, Cactus Cafe and the Lanzer Lounge are the same. Lunch menus are subject to change.

Today – Italian wedding soup and salad bar.

Friday – 12 inch tuna sub and potato chips.

Monday – Memorial Day holiday – Menu service at Family Restaurant from 9 a.m. to 2 p.m.

Tuesday – Sliced pork loin, mashed potatoes and gravy.

Wednesday – Boneless chicken breast with honey lemon sauce.

Active duty military \$3.25, all others, including civilians \$4.75.

Lunch entrees include roll/butter, vegetable, coffee, tea or soft drink.

Lunch hours: Family Restaurant: 10:30 a.m. to 1 p.m. Cactus Cafe: 11 a.m. to noon. Lanzer Lounge: 11:30 a.m. to noon.

For more information, call 577-6428.

Breakfast

Breakfast at the Family Restaurant is from 5:30 to 7:30 a.m. and at the Cactus Cafe from 5:30 to 6:30 a.m. Prices: Active duty military \$1.60, all others \$3.25.

Family Night Dining

Tonight – Spaghetti Night! Spaghetti, garlic bread, tossed green salad, dessert and fountain drink of your choice.

Family Night dinners are served at the Family Restaurant every Thursday from 5:30 to 7:30 p.m.

Prices are the same for military and civilian: \$6 adults, \$4 children (5-11 years).

Children under 5 years dine free.

Club Membership

A Permanent Change of Station move can generate a lot of stress; so much to do and so many places to out-process.

The good news is it's easier than ever to transfer a club membership.

Individuals planning to PCS in the near future should stop by the club system to let them know when they are leaving.

The club will in turn notify

the club at the member's next command and his or her club dues will be suspended two months during the PCS process. Members' existing Marine Corps club membership card is recognized wherever they go for their convenience while on leave or traveling.

Regardless of the type of club card, it is accepted at any Marine Corps or sister service club and other MCCA activities.

Within the first 30 days of checking into a new command, members should stop by the club system and provide them with their new address and phone number.

FSD Gym Open

The Fleet Support Division gym, located in Building 406, has reopened. The gym hours are from 6:30 a.m. to 3:30 p.m.

Wrightwood Mountaineer Days

Escape to the past when goldminers were digging for their fortunes.

Where sheriffs kept the law with a six-shooter in the streets.

Come and learn about the mountain days of years past, July 3 and 4.

Admission is free.

Food, music and a trader's encampment are scheduled activities along with an Indian settlement.

For information and directions, call (760) 249-4320.

Job Watch

<u>Ann No.</u>	<u>Title/Series/Grade</u>	<u>Open</u>	<u>Close</u>	<u>1st Cutoff</u>	<u>Location</u>
SW0525-CE	Accounting Technician (OA) GS-0525-05 (SUMMER HIRE)	06-10-04	open cont.	N/A	MCLB Barstow
SW0303-CE	Clerk GS-0303-03 (SUMMER HIRE)	06-10-04	open cont.	N/A	MCLB Barstow
SW0326-CE	Administrative Support Clerk GS-0303-04 (SUMMER HIRE)	06-10-04	open cont.	N/A	MCLB Barstow
SW3502-CE	Laborer WG-3502-02 (SUMMER HIRE)	06-10-04	open cont.	N/A	MCLB Barstow

Applicants interested in the above positions should submit resumes online at the following Web sites:

<http://www.donhr.navy.mil> or <http://www.usajobs.opm.gov>.

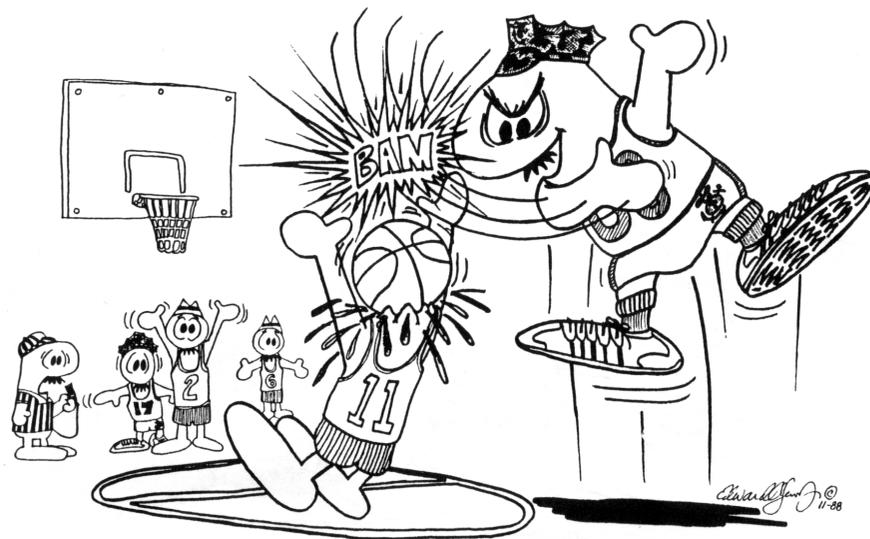
For information regarding Open Continuous announcements point your browser to <http://www.donhr.navy.mil>.

For more information concerning job announcements visit the Self-Service Center, Building 236, Mondays through Fridays from 7 a.m. to 3:30 p.m. or call the Human Resources Office at 577-6357/6279/6481.

This is not an official list. Please see the Web sites listed for a complete list.

101 things you should never ask a Marine to do

By E. Temple



Never ask a Marine to play basketball.

Classic Car and Quilt Show

The 4th anniversary celebration of the Route 66 Mother Road Museum Classic Car and Quilt Show is scheduled Saturday from 9 a.m. to 3 p.m. at the Historic Harvey House Casa del Desierto.

For an entry form or more information on the Classic Car and Quilt Show, check the Web site or call (760) 255-1980.

Doughnuts

The Marine Corps Birthday Ball Committee is sponsoring a doughnut sale Friday. The sale will take place at Nebo from 6 to 8 a.m. at Boll Field (parade deck). Drive through service

will be available so you won't have to leave your car.

Doughnuts will be sold at the Yermo Annex from 6 to 7 a.m. in front of the Maintenance Center, Building 573.

Prices range from \$7 per dozen to \$4 per half dozen, or .75 cents each.

For more information, contact Danielle Heinze, headquarters Battalion clerk, at 577-5307, or email danielle.heinze@usmc.mil.

Leave Sharing Program

Lance W. Kemock, Installation and Logistics Department, has been affected by a medical emergency and is in need of leave donations. Anyone desiring to donate

leave may do so under the Leave Sharing Program by filling out a leave donor application, available from department/section heads. For more information, contact Donna Wilder at 577-6638, or Johnnie Curtis at 577-6734.

USC vs. Colorado State

The University of Southern California is hosting a Joint Forces Day football game against Colorado State Sept. 11.

All military personnel, firefighters, police officers and their family and friends qualify for "two for one" ticket prices.

For tickets and more information, call (213) 740-4160 and mention code "JFD."

MCB spraying vehicles with explosive resistant coating

By Rob L. Jackson
BARSTOW LOG staff

Maintenance Center Barstow is normally called upon to repair and rebuild equipment that has been battle worn or is in need of work because of every day training and operational use.

This time, however, the Maintenance Center has been tasked by the Marine Corps Logistics Command to perform another task vital to the survival of the Marines participating in Operation Iraqi Freedom II.

This monstrous undertaking includes putting together a team of Marines, volunteers from different commands, and training them to train Marines in theater in applying a new type of explosive resistant coating on vehicles already equipped with protective armor plating.

The group of 25 devil dogs volunteering for this assignment come from Marine Corps Logistics Bases Albany and Barstow, Blount Island Command, Fleet Support Division Barstow, and Marine Corps Sys-

tems Command, Quantico, Va., according to Mischa Sharpe, head of the Engineering Division, Maintenance Directorate, Marine Corps Logistics Command, at Albany, Ga. They are also under the operational control of Col. Rob Gerlaugh, Commander of Maintenance Center Barstow.

The coating being used is produced by a company in Lakewood, Wash., and is used on dumpsters, as truck bed liners and to protect icebreaker ship bows, according to the company's Web site.

"The State Department Technical Support Working Group and the Marine Corps Warfighting Lab worked together testing different types of resistant coatings," said Sharpe.

A lot of the coatings tested could not be used because of delaminating problems, meaning when hit with ballistics it would fall off or when the coated vehicle was in motion it would fall off, she said.

As an example of how well the ERC performed during the ballistics test, Sharpe explained that the folks in Quantico used two vehicles,

one sprayed with the coating and the other without.

The vehicle without the coating was literally destroyed when subjected to an explosive device whereas the other vehicle, enhanced with the protective armor plating, survived pretty much intact.

"By itself the explosive resistant coating is no good but when sprayed on the protective armor plating it provides additional protection for the humvees," said Sharpe.

During testing the coating was applied to 3/8-inch armor kits but it turned out that this combination was too heavy and caused a few problems for the humvees.

"They have problems with the frame, transmission seals and such, and that's one of the reason we're looking at this coating," Sharpe revealed. "We can go back to the 3/16-inch armor and with the coating it'll provide as much protection as the 3/8-inch metal but it's not nearly as heavy."

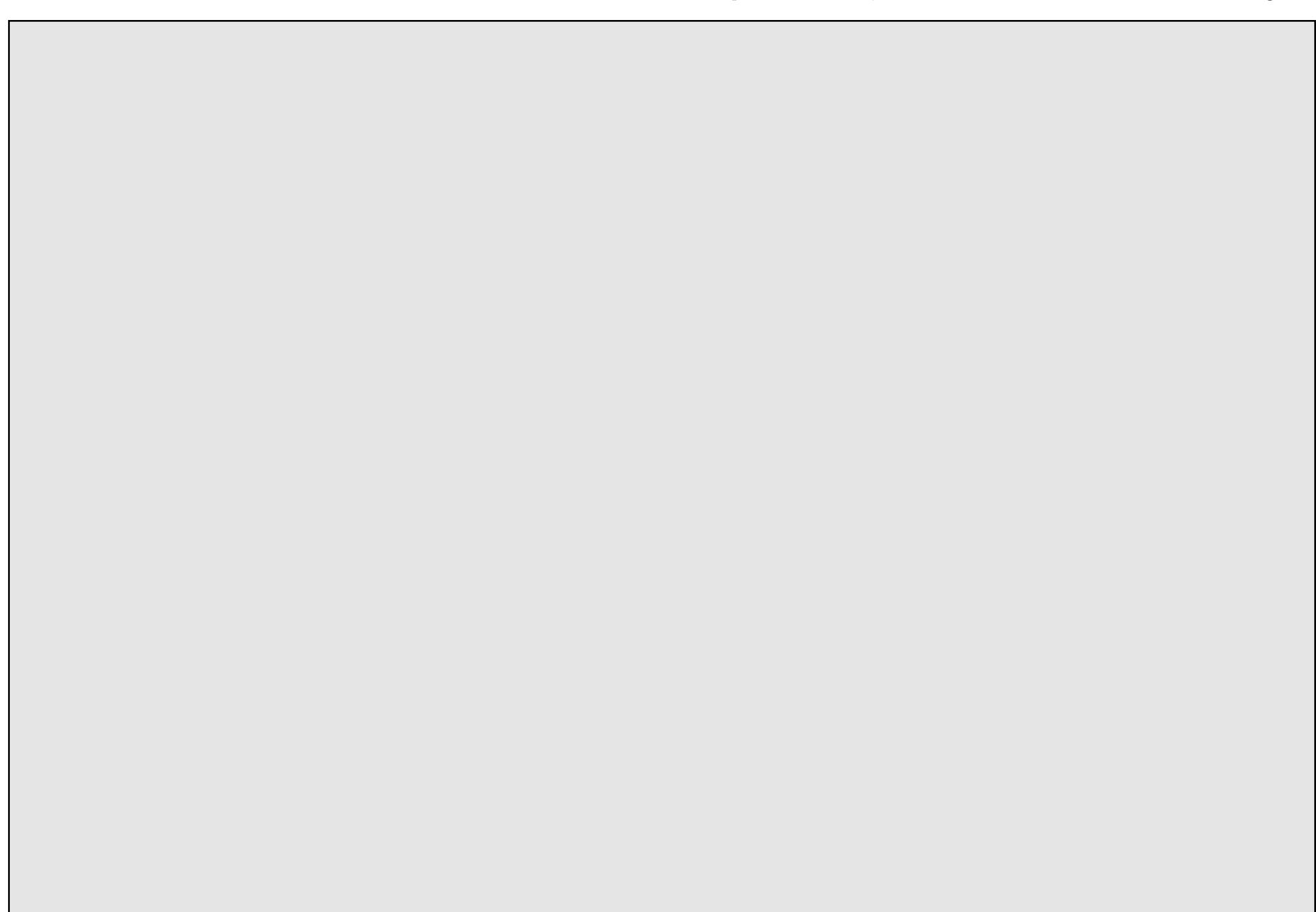
To give the Marines that extra protection and a chance of surviv-

See **COATING** Page 15



By Lance Cpl. Ashley Warden

Sgt. Santiago Real, a quality assurance analysis specialist from Blount Island Command, places plugs into holes in an armored panel. These plugs will keep the holes in the plating from being filled as well as let the sprayer know how much of the coating has been applied to the panel.



Knowledge: the weapon for fighting heat injuries

By Lance Cpl. Ashley Warden
Combat Correspondent

Temperatures are on the rise and with that an increased risk of heat injuries presents itself.

Recognizing the signs and symptoms as well as knowing how to properly treat these injuries could prevent serious injury.

Heat injuries may occur during physical exercise or in any hot weather operation or activity when an individual is not properly hydrated, acclimatized, exposed to extreme heat, is in Mission-Oriented Protective Posture gear or other personal protective clothing required by the job, is inside closed spaces or wears body armor.

Previous heat injury, alcohol consumption, use of dietary supplements, fatigue and skin trauma such as sunburn are some other contributing factors.

Injuries caused by heat can be divided into three categories: heat cramps, heat exhaustion and heat stroke.

"Heat cramps are muscle spasms caused by heavy sweating," said Michelle Bledsoe, safety specialist. These are painful cramps in the stom-

ach, legs and arms caused by the loss of electrolytes in the body from sweating. Heat cramps may occur without the individual being thirsty.

To treat individuals with heat cramps, move them to a cool shady area and loosen clothing.

The individual should be monitored and given water as tolerated, ensuring that the affected drinks at least one full canteen.

In NAVMED P-5010, heat exhaustion is a condition resulting from peripheral vascular collapse due to excessive water and salt depletion.

Symptoms include headaches, profuse sweating, dizziness, nausea, vomiting and weakness, said Bledsoe. The casualty may also become faint and lose consciousness.

The symptoms occur when the body has depleted its water and salt supply, Bledsoe said.

This injury can occur in fit individuals involved in physical activity or any other hot weather operation, especially if the person is not acclimatized to the environment.

To treat, move the individual to a cool shady area and loosen or remove clothing.

If ice packs are present, use them by putting them under arms, armpits and neck. Spraying or pouring water on the individual and fanning can also create a cooling effect. If mental status changes, the individual needs urgent medical evaluation. As with heat cramps, make sure the victim slowly drinks at least one full canteen.

"Heat stroke is a more serious heat injury," said Bledsoe.

Heat stroke is when the body's core temperature is greater than 105 degrees Fahrenheit or any change in the affected individual's mental status with any elevated core temperature.

"Heat stroke is life threatening," said Bledsoe.

"The condition happens when the body's internal air conditioning system is overworked."

Indicators of heat stroke include: the individual stops sweating and may experience headaches, dizziness, nausea, fast pulse and respiration, seizures and mental confusion.

The afflicted may collapse and become unconscious.

Persons engaged in work or physical activity are more rapidly affected than those not physically engaged.

To treat heat stroke, move the individual to a cool shady area, loosen or remove clothing, elevate legs and place ice packs if available. Cool the victim by pouring or spraying water and fanning. If conscious, the individual should slowly drink at least one cup of cool water every 20 minutes.

If abdominal discomfort occurs, do not force water.

Seek medical attention immediately.

There are three major ways to prevent heat injuries; hydration, acclimatization and wet-bulb globe temperature monitoring an appropriate work/rest cycles.

"Drink lots of water; don't wait until you are thirsty," suggests Bledsoe. Proper hydration begins 24 to 48 hours in advance of long marches or working in high humidity environments.

If a unit knows it will engage in activities that require high levels of hydration, it should enact a unit hydration protocol, which prohibits alcohol intake, the use of dietary/muscle building supplements, cardiovascular exercise in excess of 30 minutes and encourages consumption of low to

See HEAT Page 9

Navy 'family man' takes honors as Junior SOQ

By Lance Cpl. Jenna Lassandrello
Combat Correspondent

The Junior Sailor of the Quarter title has been awarded to Hospitalman 2nd Class Terry Morocco, the radiology leading petty officer at MCLB Barstow Branch Medical Clinic.

Much of his success, he says, is not due to his efforts but due to the efforts his family puts into his success. Not everyone agrees with that though, according to Hospitalman 1st Class Allan Maluto, who nominated Morocco.

"I nominated Morocco because he always does great work and makes it a point to complete the mission," said Maluto.

The self-proclaimed family man joined the Navy to gain structure and direction in June 1992, and attended

basic training at the Naval Training Center in San Diego.

After completing Hospital Corps School there, Morocco was stationed at the Naval Medical Service Center in San Diego where he served two years.

Next, he attended Field Medical Service School, also in San Diego, and was stationed with the 1st Marine Division at Marine Corps Base Camp Pendleton, Calif.

Morocco felt he needed a new twist in his Navy career and applied to be a basic X-ray technician. Consequently, he attended Basic X-ray Technician School at the Naval School of Health



HM2 Terry Morocco

"Behind every good military career is a good family." -- HM2 Terry Morocco, BMC Junior Sailor of the Quarter

Sciences in San Diego.

The next stop in his "West Coast career" took Morocco to Naval Air Station Lemoore, Calif., where he worked for two years before going back to school to become an advanced X-ray technician.

In the beginning of 2002, Morocco came to MCLB Barstow, Calif.

He deployed along with 50 percent of the Branch Medical Clinic staff here in support of Operation Iraqi Freedom in 2003.

In December, Morocco's time in the Mojave Desert will conclude and he will take his new position aboard the USS

New Orleans, which docks at the 32nd Street Naval Station in San Diego.

Morocco's future plans include retiring from the Navy and finally settling down in central California.

He also plans to continue working in the radiology field as a civilian.

"My family has been instrumental in making my career a success," said Morocco of his wife Fawn, daughters Kaela and Lyndsiy, and son Michael.

"Family is the most important thing, maybe even more in the military life because they provide stability and security that would otherwise not be there," he said.

"It is true what they say ...," said Morocco.

"... Behind every good military career is a good family."

Morocco felt he needed a new twist in his Navy career and applied to be a basic X-ray technician.

BARSTOW LOG Reader Survey

Please complete the form below and drop it off at the Public Affairs Office, located in the Green Wing of Building 15, by July 9, 2004.

People who prefer to submit an electronic form may download a fill-in PDF file from <https://www.barstow.usmc.mil/survey> and send the PDF file with saved changes via e-mail to the following e-mail address: editor@barstow.usmc.mil.

We will not obtain personal information about you when you submit the survey unless you choose to provide such information to us. If you choose to submit this form, any contact information you provide will be solely used to respond to your request and not stored. If you have any questions regarding this form, please call (760) 577-6430.

1. **Unit** (if applicable): _____ 2. **Work section** (if applicable): _____

3. **Duty status** (circle one): Active Duty Civilian employee Family member Military retiree Reserve military

4. **Sex** (circle one): Male Female 5. **Age**: _____ 6. **Service/rank** (if applicable): _____

7. **If you read the Barstow Log, how do you prefer to read it?** (Circle one)

Newspaper Web site (<https://www.barstow.usmc.mil/pao.htm>)

8. **What would you like to see in the Barstow Log?** (Circle all that apply)

Courts Martial/Police Blotter Leisure/Travel Section Cartoons/Artwork

9. **What would you like to see MORE of in the Barstow Log?** (Circle all that apply)

News stories Feature stories Sports stories Classifieds Guidance Photos

Opinion/commentary Around the Corps stories News about deployed Marines and sailors

10. **What would you like to see LESS of in the Barstow Log?** (Circle all that apply)

News stories Feature stories Sports stories Classified Guidance Photos

Opinion/commentary Around the Corps stories News about deployed Marines and sailors

11. **At which of the following locations should the Barstow Log be made available?**

Family Housing Units Barracks Individual Units Commissary MCCS PX

Other location (specify): _____

12. **Please rate the overall quality of the Barstow Log by circling a number from 1 to 10.**

(1 is the lowest quality, and 10 is the highest quality.)

1 2 3 4 5 6 7 8 9 10

13. **Please indicate how often you read the Barstow Log** (circle one): Every Week Often Once in a while Never

14. **Would you like to make a comment?** _____

HEAT from Page 5

Heat flags indicate activity safety, not temp.

moderate amounts of cool water throughout the entire day before the event, states Marine Corps Order 6200.1E.

Thirst is not a reliable indicator of the body's need for water during periods of heavy work or in hot environments.

The loss of fluid should be replaced hour by hour as opposed to salt losses that can be replaced adequately with a salty diet on a daily schedule. Sports drinks should not be the sole source of hydration.

They are helpful in replacing fluids and nutrients lost during periods of heavy work activity, but cold water is more than adequate in most situations.

Marine Corps Order 6200.1E states that fluid needs may range from two quarts in a garrison situation to three gallons a day when consuming field rations and performing heavy work in a hot environment.

Individuals should drink 13 to 20 ounces of water 10 to 20 minutes before exercise or work in the heat.

Like hydration, the WBGT Monitoring System also helps to prevent heat injuries.



Green flag
(80 to 84.9 WBGT). Heavy exercise for unacclimatized personnel will be conducted with caution and under constant supervision.



Yellow flag
(85 to 87.9 WBGT). Strenuous exercise, such as marching at standard cadence, will be suspended for unacclimatized personnel in their first two or three weeks. Outdoor classes in the sun are to be avoided.



Red flag
(88 to 89.9 WBGT). All physical training will be halted for those personnel who have not become thoroughly acclimatized by at least 12 weeks of living and working in the area. Personnel who are thoroughly acclimatized may carry on limited activities not to exceed six hours per day.



Black flag
(90 WBGT and above). All strenuous outdoor activity will be halted for all personnel.

The WBGT index is a good indicator of how external heat stresses the body.

Traditional settings, long forced marches or mid-day training, under which it was developed, is where it is most useful.

The heat index corresponds with heat flags, which are posted around base to indicate certain training conditions.

There are four different flags that can be posted at any given time: green, yellow, red and

black. Each flag has varying degrees of exercise which are allowed under the given weather conditions. On base, the WBGT index is checked every half hour starting May 1 through September 30 from 9 a.m. to 4 p.m. Mondays through Fridays, said Bledsoe. This tool determines flag conditions and work/rest cycles and works by incorporating the effects of air velocity, humidity and radiant heat.

Along with the WBGT, being acclimatized can also reduce the

risk of heat injury.

Acclimatization is the body's ability to undergo physiological adaptations to function in a hot environment.

"A period of three weeks is optimal for acclimatization, with progressive degrees of heat exposure and physical exertion," states NAVMED P-5010, article 9-35. Acclimatization is a process that involves repeated exposure to heat sufficient enough to raise the core body temperature by at least one

degree Celsius and to induce moderate to heavy sweating.

"Take a break if you notice you are getting a headache or overheated," suggests Bledsoe. Some other precautions include wearing lightweight, light colored clothing and drinking solutions with electrolytes to replace lost water and minerals.

By taking the proper precautions, knowing the symptoms and how to treat heat injuries, the risk of serious injury is greatly reduced.

Success: CWC 726 to



Above: Tony Duarte, the M198 155mm Howitzer recoil project team safety officer and pneudraulic system mechanic, live fires the M198 155mm Howitzer as he test the recoils built at Maintenance Center Barstow's Cost Work Center 726. The test firings were the culmination of over ten years work on the project, producing and testing 400 recoils made and repaired here.

Below: The M198 155 Howitzers are towed by Medium Tactical Vehicle Replacement, also known as the 7-ton truck, to the Marine Corps Air Ground Combat Center Twentynine Palms, Calif. There the weapons were test fired to check the efficiency and ability of the recoils made here.



By Lance Cpl. Ashley Warden
Combat Correspondent

Success. To some it means attaining considerable wealth, becoming famous or achieving a certain outcome. For a number of civilian workers in Maintenance Center Barstow's Cost Work Center 726, hydraulics shop, it means the firing of the 400th M198 155mm Howitzer recoil built here.

The project began in 1992 when CWC 726 received a M198 155mm Howitzer recoil, the weapon's shock absorber, and continues even after firing the 400th recoil May 11 at Marine Corps Air Ground Combat Center Twentynine Palms, Calif.

Back then; the team didn't know anything about the recoils, much less how to make one, said Tom Gutierrez, supervisor for the CWC 726 hydraulics shop.

"I volunteered to do (the project) because of the challenge," said Joe Pacheco, M198 155mm Howitzer recoil project team leader. "It was something we didn't have on this base before."

"Without knowing anything (Joe Anguiano and Joe Pacheco) were sent to Letterkenny Army Depot, Pa.," said Pacheco.

"We didn't have any tools at that time," said Pacheco. While at the Army post, both Anguiano and Pacheco, the first two assigned to the project, drew pictures of the tools used at the school and brought them back when they returned. After making tools from the drawings, the team began on its first recoil.

"If we wanted special tools, we had to make them," said Anguiano, pneudraulic systems mechanic.

"The tools we made kept breaking all the time."

In the beginning, the project was on low priority.

The project wasn't financed, so if tools were needed, the team had to make them.

When the Howitzers first came on base, CWC 726 only received five or six of the weapons to tear apart and experiment with. Personnel were sent to school to learn more about the weapons.

This resulted in contracts of up to 125 Howitzers the team currently works on.

Each week more guns are added to the workload because of the need to support the ongoing operations in Iraq.

"To start with nothing but hand drawn pictures and go to the 400th recoil, shows a lot of success," said Gutierrez.

It wasn't until 1995 that the team got its first contract. Finally, the project was funded.

"It was a lot of work, trial and error to get where we are today," said Wendell Grange, the head of the M198 155mm recoil project.

"We had a whole lot of failures in between (the first and 400th)," said Grange.

With the Marine Corps introducing the Lean Thinking concept, CWC 726 cleaned up shop. The idea of the program is to put safety first and stresses the importance of organization, cleanliness and efficiency.

Under the directive, the shop was cleaned up and the workers took extra care in what they were doing with the recoil, said Gutierrez.

"It proved that working together and solving problems internally has paid off," he said. In the past 64

FAREWELL from Page 2

power section.

They continue to provide outstanding support to all our Marines, and civilians, provide oversight and organization for our manpower planning and keep the paperwork flowing is support of orders, plans and policies. Well Done!

The Communications Division continues to communicate, communicate, and communicate. You worked through PREMISE, OSCAR, ESI and NMCI to name a few.

You ensured the integrity and security of our overall communication system and kept our system up and

viable.

Thank you for sustaining this effort.

Comptroller, with the less than enviable role of over seeing our limited resources, through a determined effort managed to keep the gates open, the lights on, and you all wanting more.

The ladies in the budget office are true experts and I couldn't have picked a better management team.

The finance office also grew in the past three years adding several more reserve activities to their list of supported organizations and doing this so well.

Finally, REA kept a watchful eye on our activities providing requested and required analysis.

The Public Affairs Office leads the way in keeping the base personnel informed, and

producing a first-rate newspaper. You're a talented group and you stayed out front on all our public affairs issues.

The Business Performance Office works more installation programs than I could possibly list.

However, their efforts remain key to our overall success in present and future installation issues as they take on commercial activities inventories, balance score carding, civilian leadership development, ABC modeling, BRAC input, beneficial suggestions, ISO improvements and ICE to name a few. It is a huge effort and thank you for keeping us all informed, engaged, and on the leading edge.

The HRO office although challenged with the efforts of

regionalization you have continued to show a compassionate concern for the workforce.

This is certainly reflected in the receipt of the Stinson award for the EEO program.

Contracting and Purchasing efforts help turn out good ideas into reality through their programs.

They also provide oversight to our government purchase card program and were recently recognized as having the best, small installation program in DOD.

A noteworthy effort.

The legal team of SJA and OGC provided me with outstanding advice.

You have resolved complex legal issues, and provided a variety of administrative legal services for the community at

large.

The command is well served by your professionalism and teamwork.

MCCS focused on improving our quality of life and providing first-rate customer service.

We see these worthwhile efforts from the exchange, family restaurant, the stand-up of Lanzer's Lounge at MCB, personal support from Marine and Family Services, our CDC, as well as our revamped education center.

Thank you for your genuine concern for those you so willingly serve.

To those of you in Public Safety, we have seen significant changes in our security posture since 9/11 and you continue to be ever vigilant.

Thank you for keeping us

firings, there has only been one failure.

The project does not only require the work of those assigned to it, but the work of others in the shop as well as different Cost Work Centers.

"In order for these guys to be successful, everyone else must pick up the workload," said Gutierrez. Work is of plenty in the hydraulics shop, considering it supports all the major lines on base. The recoil is built in the hydraulics shop, and then is completed with the help of the machine shop, turret shop and optics.

"Without their support, we wouldn't be able to build these things," said Gutierrez.

Of all the bases in the Marine Corps, MCLB Barstow contains the only shop that builds recoils for the M198 155mm Howitzer.

"It seems like no one else wants to touch the weapons but us," said

Pacheco.

Once the process is complete, the M198 155mm Howitzers, with the recoils built here, are taken down to Marine Corps Air Ground Combat Center Twentynine Palms, Calif. for a live test fire.

The test firing allows the team to make sure the recoils are functioning properly, that they don't slam back into place after firing and look for leaks.

Once the weapons reach Twentynine Palms, they are transported to the test grounds.

"That is what they do in actual combat," said Pacheco.

"We want to make sure it won't break under the punishment it is going to take." The live firings also give the weapon the full concussion of the rounds fired.

The shoot starts at sun up. The members of the team sit out in the desert until cleared to fire, said Tony Duarte, the team's safety officer.

Since February, the team has been conducting test firings every 30 days with at least 12 Howitzers fired per test date. Marines from Marine Corps Base Camp Pendleton, San Diego, Calif. are also involved in the firing procedures.

"We are very proud we have built 400 of these recoils to support our troops and our customers," said Anthony Sanchez, pneudraulic systems mechanic. "This is a big achievement, it takes a long time to get to where we are."

Through the joint effort of different shops at Maintenance Center Barstow, the M198 155mm Howitzer recoil project has been a success. From the first recoil in 1992 to the 400th this year, the team has overcome obstacles to come out ahead.

Even now, the team continues to build and test fire weapons, which are destined to support our troops in Iraq.



Tony Duarte and Anthony Sanchez, pneudraulic system mechanics for Maintenance Center Barstow's CWC 726, check the nitrogen pressure on the recoil. The pressure is brought down to 1100 pounds before firing to get an accurate reading.

Right: Tony Duarte, the project safety officer, checks the serial numbers and production numbers on the M198 155mm Howitzers and records them in a log-book.

This process keeps a record of which weapons were fired on which days.



Left: MCB CWC 726 employees present at the 400th firing of the recoils made and repaired here are pictured. Back row from left to right: Wyndall Grange, Ken Osako, Tony Duarte, Chris Bennivitez, Mike Brown and Hector Reyes. Front row from left to right: Anthony Sanchez, Andrew Bright and Ron Moore.



Photos courtesy of Tom Gutierrez

safe as you stand those long hours at our gates, patrol our perimeter, and our streets.

Our Fire and Emergency Services Division reached new levels of service with the stand up of our paramedic program.

You have continued a remarkable prevention and education program. Thank you for being always ready.

Base Safety efforts are all hands – all the time.

The numbers speak for themselves; we have seen a steady decline in mishaps for each of the past three years, which directly reflects both an all hands effort along with the dedication to training and oversight provided by our safety specialists.

Well done to all of you as you continue to ensure that we safely

meet our mission.

The Environmental Department provides the oversight and guidance so we can be good stewards of our natural and cultural resources, and ensure we comply with all local, state, and federal regulation.

This is a significant task in the state of California.

You're a great team and you bring a special dedication to your work.

"Blue in support of Green" the Navy-Marine Corps team is doing well in Barstow and thanks to all of our sailors for your focus on health and well being.

We were also proud to be able to provide support to your families, as many of you served in Operation Iraqi Freedom. You represent the finest tradi-

Let me finish by acknowledging that each of you makes decisions every day that impact the success of the base.

tion of our naval service and certainly give meaning to the phrase "we take care of our own."

To all the Marines of the Headquarters Bn: I am sure most of you did not expect to be serving in Barstow; however, your service here is an integral part of our success.

Your enthusiasm and energy are inspiring.

You are impressive in your abilities to accept and meet the challenges of the base.

I know you will each continue to give MCLB Barstow

and the Marine Corps your best efforts.

To the base tenants, Maintenance Center Barstow and Fleet Support Division: thank you for all your efforts in support of our armed forces across the nation and throughout the world.

The XO, sergeant major, my front office staff, and the base inspector— I would need another two pages to list everything you have done for me to make this a successful tour. Your efforts were always timely and professional. Suffice it to say I couldn't have done it

without you.

I know I have only touched on the myriad of accomplishments over the past three years and that I probably missed one or two that stand out to each of you. It is not a deliberate oversight, but a true reflection of the diversity and significance of your accomplishment. Let me finish by acknowledging that each of you makes decisions every day that impact the success of the base. It is those daily efforts small and large that allow the base to succeed at its mission.

You each have my thanks for a job well done. God bless you all.

Semper Fidelis,
Col. Liz Bergman
Commanding Officer, MCLB Barstow

CHAPLAIN from Page 2

interesting story where Jesus and Peter had a discussion about paying temple taxes. Jesus indicated to Peter that as a child of the King he did not have to pay taxes, but that in order not to cause offense they should go ahead and pay the tax. I think that is a great lesson for all of us to learn. Even though we may truly believe and even know that we are correct about something it may be much more beneficial for us to simply go along with what is being said. This is always a matter of judgment, but don't you find that the majority of arguments you are involved in are over petty and inconsequential things? How often do you find yourself in an argument over something really dramatically important? As an example, in seminary, a pool for budding theologians, there are often arguments over points of scriptural meaning. We make jokes about "splitting hairs of meaning." The fact is that the arguments we had were often verging on the ridiculous and one day the professor said

something that I thought had a lot of meaning and could very well apply to many instances in our lives. We were always being asked, "what our theology was," and we were expected to be able to defend that, which was why we had so many theological "discussions." We would verbalize our theology and the professor would counter with, "Your theology is that for which you would be willing to give your life." He would then ask, "Are you willing to give your life for that belief?" We found that there were very few things we believed that we would actually be willing to give our lives up over. I think if we took the time to ask ourselves that same question when we find ourselves involved in conflict we might be better off. "Is my being right really worth the cost of the hard feelings of being in this argument?" If the answer is no then we need to do what Jesus did and simply work to cause no offense.

Peace,
Fr Randel

NMCRS raises more than \$7,000 during annual fundraiser

MCLB Barstow Marines, sailors and civilian personnel combine efforts for six-week drive and realize combined goal of 100 percent contact.

By Pfc. Nich R. Babb
Combat Correspondent

The Navy Marine Corps Relief Society wrapped up a six-week-long fund raising crusade May 21 by raising a total of \$7,273.38 through food sales, sports competitions and personal donations at MCLB Barstow.

The NMCRS was established to give struggling sailors and Marines money they need to pay off certain types of expenses they have.

The Communications Division was the "cream of the crop" this year, by raising more than \$1,200 through seven fundraisers.

They also made the most money

last year for the fundraiser with more than \$1,400.

A few of the fundraisers included a root beer float sale sponsored by the Administration and Support Division, a bake sale and a three-point shoot out sponsored by the budget office, two dunk tank events, one being sponsored by Headquarters Battalion, and the other by the Fleet Support Division, and a "good parking-spot drawing" sponsored by the Environmental Division.

"100 percent contact was the goal and it was obtained." -- 1st Lt. Michael R. Smith

The bake sale sponsored by the budget office raised the most money in one event by acquiring a total of \$535.

The fundraisers themselves only raised a total of \$2,956.38, but with the contributions from individual participation the total grew to over \$7,000.

"100 percent contact was the goal and it was obtained," said 1st Lt. Michael R. Smith, the finance officer here.



The Hobby Shops

Jewels of the Desert

By Jim Gaines
MCCS Publicity

Active duty, retired and reserve military personnel, civilian Marines and family members aboard Marine Corps Logistics Base Barstow, welcome to a well-kept secret!

Marine Corps Community Services' skill hobby shops serves and supports you! The MCLB-MCCS Recreation Branch provides you with facilities to enhance your skills and the quality of life.

This is the foundation of the hobby programs. Recreation programs provide leisure time activities, which support the quality of life commensurate with generally accepted American values.

All programs are attractive to family participation. These activities serve to solidify the military community and foster community pride, marine morale, esprit de corps, and family wellness.

Recreation eases the impact of the unique aspects of military life, such as frequent relocation and deployment in that most programs/activities are provided at all bases throughout the world.

Every attempt to keep fees and charges as low as possible is made.

We hope you take advantage of the facilities available to you.

The Recreation Branch staff stands ready to serve you. The following is a brief summary of great "hidden resources" self-help Hobby Shops located in Building 375:

The Auto Hobby Shop

Save money on auto repair by doing it yourself.

The self-help garage is equipped with the necessary tools, equipment and technical expertise to perform most types of automotive maintenance and repairs on privately-owned

vehicles.

To keep your vehicle in top-notch shape, we offer three inside bays with two lifts and four outside bays, equipment and knowledgeable staff to assist you with all of your do-it-yourself automotive projects.

The shop has a wide range of hand and power tools for tune-ups, minor repairs, and adjustments.

Open Wednesdays through Fridays 1-9 p.m. (summer hours until Sep. 1) and Saturdays and Sundays 10 a.m. to 6 p.m. Call 577-6441. The shop manager is Jason Linville.

The Ceramic Hobby Shop ...

Features a large collection of molds and greenware to choose from for any occasion or holiday. Special orders and trips to local ceramic shows are just a few of the offerings that are available.

Help is available for pouring, cleaning, glazing and painting your projects and to assist and answer questions.

The shop is a great place to learn new forming and decorating skills and create unique pieces while enjoying a relaxing atmosphere. Open Wednesdays through Sundays 9 a.m. to 5 p.m.

Call 577-6228. The interim shop manager is Greg Williams.

The Wood/Rock Hobby Shop

Woodworking and lapidary are popular hobbies.

Tools, equipment and helpful staff are available to make your various projects at a fraction of the price.

If someone has an idea, but doesn't know exactly how to make it come to reality, the staff can help you realize your idea.

This is a great opportunity to start a new hobby and gives people a chance to be creative.

Open Wednesdays through Fridays, 1 to 9 p.m., and Saturdays and Sundays, 10 a.m. to 6 p.m. Call 577-6692. Manager is Bob Izumi.

Keep up to date on Hobby Shop events and specials in the MCCS column in the Barstow Log, the MCCS Events Guide and the MCCS E-News on the LAN.



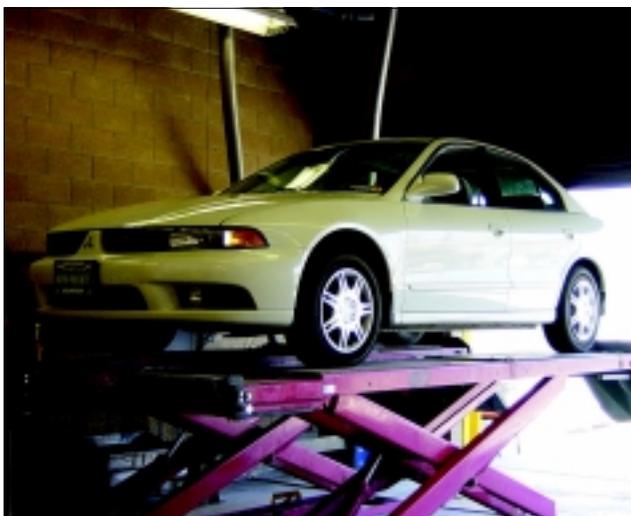
The Ceramic Hobby Shop has a wide variety of greenware to choose from for your project.



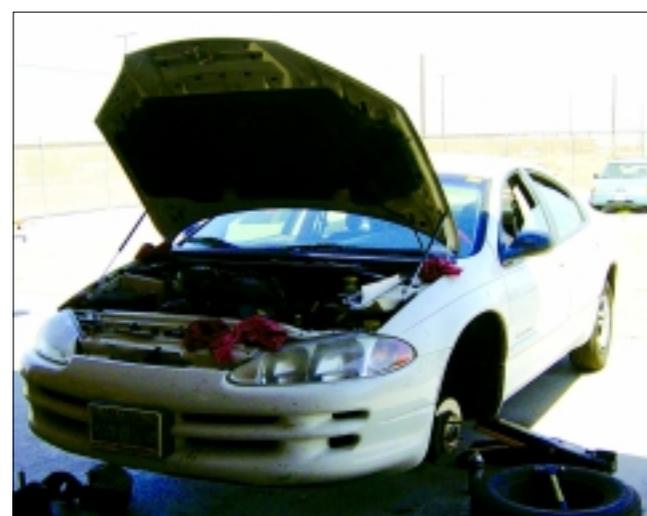
The Wood Hobby Shop offers you the opportunity to make anything from a bird house to a bookcase



The Rock Hobby Shop provides you with the tools to make clocks, belt buckles as well as pendants.



The Auto Hobby Shop has lifts to facilitate such work as oil changes.



Tire rotation and repair is easy at the Auto Hobby shop. All the tools you'll need are available.



By Lance Cpl. Ashley Warden

Marines who volunteered for the Explosive Resistant Coating project look at the machine which dispenses the ERC product. They make adjustments, which determine the consistency of the product, as well as make sure the machine is warmed up to do its job. The Marines trained outside in desert conditions to experience first hand what the conditions would be like in Iraq.

COATING from Page 4

ing detonated improvised explosive devices and other types of projectiles, the material must be at least 3/4 of an inch thick when applied to the 3/16-inch plating.

The Marines volunteering for this assignment are really motivated and anxious to get on with the task ahead, according to Sharpe.

“All of these guys are great, highly motivated and eager to learn,” said Dave White, sandblast supervisor

and the Marines’ ERC application instructor. “Most of these guys have never had any experience with spraying, but on just their second or third try they had it down to a science.”

White said the training, which had to be accomplished in a short

time, included showing the Marines how to disassemble the vehicle, prepare the metal, use proper spraying techniques and perform preventive maintenance on the machine.

“The training has been very intense, and a lot to learn in just a couple of weeks,” said Cpl. Gregory Horn, a cable splicer with MCLB Barstow’s Communication Division. “But we’ve learned a lot, and right now we’re ready to go.”

According to Horn to get the job done correctly one person has to watch the gauges on the machine, and one must assist with the hose because it’s so cumbersome, while the third Marine applies the coating.

Horn and the other Marines on the team are part of what’s been dubbed the New Equipment Training Team and their assignment, once the I Marine Expeditionary Force Forward is ready for them, is to go into Iraq and train Marines in theater how to apply the explosive resistant coating.

To date the NETT has applied the ERC on two humvees, a two-and four-door model.

These vehicles will be taken to a test facility in Nevada and run through a 1000-hour durability test to see how well the coating holds up and how well the vehicle will hold up with the additional weight, according to White.

Sgt. Eric Santiago, a tactical network specialist assigned to Marine Corps Systems Command, Quantico, Va., said he is looking forward to going to Iraq and performing this important task.

“This is a great opportunity for us to go over, to do something good to help protect our fellow Marines’ lives and I’m ready to go,” he said.

COMMAND from Page 1

State University, a master’s degree from Webster’s University and a master of science Degree from the Naval War College.

Cox has also graduated from the Basic Officer’s Course, the Basic School in Quantico, Va.; the Ground Supply Officer’s Course, Marine Corps Combat Service Support Schools at Camp Johnson, N.C.; the resident Amphibious Warfare School in Quantico, V.A.; the Advanced Logistics Officer’s Course; and most recently the College of Naval Command and Staff, Naval War College in Newport, R.I.

Cox’s personal decorations include the Defense Meritorious Service Medal, Navy and Marine Corps Commendation Medal with two Gold Stars, the Navy and Marine Corps Achievement Medal, and the Military Outstanding Volunteer Medal.



By Jim Gaines

**MCCS Publicity
All American Sale**

From July 1 through 5 enjoy 10 percent off all beverages and BBQ grills and supplies.

Mid Summer Evening Specials every Monday and Tuesday throughout July from 6 to 9 p.m. Save 10 to 25 percent off on sale items - look for "Happy Face" balloons marking the items.

For more information please call the Super Seven Store at 256-8974.

The Super Seven Store and Gas Station hours are: Mondays through Fridays 6:30 a.m. to 9 p.m., Saturdays, 8 a.m. to 9 p.m., and Sundays 10 a.m. to 6 p.m. Credit card sales for gas at the pumps are 24/7.

Club activities

At the Oasis Club this week:

Tonight is Happy Hour from 3:30 to 5:30 p.m. Tomorrow is TGIFriday Family Night. Tuesday is Burn Your Own Steak Night, and Wednesday is Movie Night.

At the Enlisted Club this week: Boss's Night tonight at 5 p.m. Mondays are darts, pool and TV. Tuesdays are Karaoke Nights, Wednesday features Midweek Relaxation Hour from 6:30 to 7:30 p.m., Thursday is darts, pool and T.V. and Friday is TGIFriday Night. Saturdays and Sundays are Bar and Grill Nights.

For more information please call 577-6418

Movies on the patio

Free movies every Wednesday at the Enlisted Club on the patio. Bring your own chair, blanket and picnic dinner and take in a movie. Wednesday's movie is "Harry Potter, Chamber of Secrets." The film is

rated PG. The length of the film is two hours, 40 minutes.

Movies begin at dusk. Movies will be shown inside the Enlisted Club in case of inclement weather. For more information please call 577-6817.

New Parent Support

Classes for new and expecting parents from the New Parent Support Program.

New Parents Basic Training July 6 from 9 a.m. to noon in FAP classroom, Building 129. This class is for parents expecting a child in July, August or September. The class offers all the information of Fort Irwin Expectant Parent Classes except the hospital tour and anesthesia lecture. After taking this class couples will automatically be signed up for the anesthesia/hospital tour at Fort Irwin.

For details on this class or other New Parent Support Program classes please call Robin Lindsay at 577-6332.

Family Swimming Pool

The Family Swimming pool is open full time. The Oasis Club Pool is closed until further notice. The Family Swimming Pool is open to all active duty ranks, reserve forces, retired military personnel, DOD, MCLB civilian employees, family members and guests when accom-

panied by the sponsor/employee. All ID holders may bring one guest. Children under 11 years old must be accompanied by a parent or guardian of at least 18 years.

The Family Swimming Pool schedule is as follows:

- Monday - Closed.
- Tuesdays through Fridays - Lap swimming 11 a.m. to 1 p.m.
- Tuesdays through Fridays - Recreational swimming to 7 p.m.
- Saturdays and Sundays - Recreational swimming 11 a.m. to 7 p.m. For more information please call 577-6971.

Pool Party

Presented by Semper Fit - 101 Days of Summer and the Second Platoon. July 1 from 3 to 6 p.m. Check with your unit reps. for more information. Everyone Welcome.

Wood-Rock Inventory Sale

The Wood-Rock Hobby Shop is having an inventory Sale! Everything must go! We've slashed the entire sale to 50 percent off!

Fantastic deals from the Wood Hobby Shop are stains, varnishes, antiquing kits, steel casters, hinges and more.

From the Rock Hobby Shop - clocks, clock motors, buckles, pendants, bolo slides, horse pins

and more.

Drop by and take a tour, let us show you all about these great hobbies.

Please call 577-6692 for more information.

Massage at Semper Fit

Celebrate July by treating yourself to a relaxing or muscle strengthening massage. Wednesday appointments at the Gym/Fitness Center available from 8 a.m. to 8 p.m. The cost is \$40 per hour.

For more information please contact Linda Harper, RN, MSN at 760-257-1207.

Archery Range

Are you a straight shooter? A Robin Hood? Or want to give archery a try? Drop by and give it a shot! Call 577-6705 or stop by

Building 167 to check out the key.

The range is located in Building 327. We have targets available and limited equipment, but it's a lot of fun.

Resort accommodations

Check with ITT for resort accommodations for only \$249 a week, or go online to www.afvclub.com. If you are making reservations use the MCCS installation number #302. Please call 577-6541 for details.